

MIAA Baseball Pitch Count ***Updated April 3, 2019

F.A.Q's

*A pitcher can exceed the maximum pitch limit if he is in the middle of an at bat but once the at bat is completed, the pitcher must be removed from the mound

*The calendar day in which a game is started shall be used to determine how many days of rest is required. Ex. If a game goes past midnight a pitcher shall not now be counted as eligible nor should a pitcher lose a day of rest because they pitched past midnight. Ex. A pitcher throws 72 pitches in a game on Saturday morning – rest required is 4 days so pitcher must rest on Sunday, Monday, Tuesday, and Wednesday before returning to the mound on Thursday.

*Doubleheaders – pitchers can pitch in both games but if a pitcher exceeds 50 pitches in the first game he cannot pitch in the second game. A pitcher cannot exceed 115 pitches on the day.

*Ambidextrous pitcher- pitch count guidelines apply to the individual pitcher not the individual arm

*This should be reviewed annually for the first few years by the MBCA.