

2018-2019 WINTER GYMNASTICS FORMAT



Sport Specific Information



District A	Dr. Carla Scuzzarella Principal Northeast Metro RVTHS VACANCY Athletic Director	District E	Ms. Maureen Monopoli Assistant Principal Shrewsbury HS Ms. Michelle Tontodonato Assistant Principal Algonquin Regional HS
District B	Ms. Paula Conis Assistant Principal Winchester HS Mr. Damien Bowen Athletic Director Academy of the Pacific Rim		Ms. Jessica Winders Athletic Director Hudson HS Ms. Johanna DiCarlo Athletic Director Westborough HS
District C	Wes Paul Principal Oliver Ames HS Ms. Courtney Albin Asst. Athletic Director Wellesley HS	District F	Ms. Christal Murphy Assistant Principal Westfield HS Mr. Dan Trudeau Athletic Director Westfield HS
District D	VACANCY Principal/Asst. Principal Mr. Daniel Buron Athletic Director Bridgewater-Raynham Regional HS	District H	VACANCY Principal/Asst. Principal VACANCY Athletic Director
Girls Game Officials	Ms. Kathy Ostberg	Boys Coaches Rep.	Mr. Rich Ellis
MASC	VACANCY	Girls Coaches Rep.	Mr. Steve Cudworth

MIAA Staff Liaison – Ms. Ann Trytko

2018 - 2019 MIAA WINTER GYMNASTICS TOURNAMENTS

ENTRY REQUIREMENTS & INFORMATION	DATES	TOURNAMENT DIRECTORS
Season Schedule & Commitment	Due on or before: January 15, 2019	Tournament Director contact information is available in the "Members Only" section of the MIAA website
Boys' Cut-Off Date	Monday, February 4, 2019	
Boys' Official State Entry Information Due	Tuesday, February 5, 2019 by 12:00 PM <i>Please e-mail entries to Tournament Director Michael Denise and do not submit the names of gymnasts who will not attend the meet.</i>	State Boys Michael Denise
Girls' Cut-Off Date	Wednesday, February 13, 2019	North, South & State Girls Amelia Braun
Girls' Official Sectional Entry Information Due	Thursday, February 14, 2019 by 12:00 PM	
Girls Tournament Roster Due	Thursday, February 14, 2019 1:00 PM at the MIAA Office. The top 12 teams from the North and South Sections will qualify for the Sectional Meets. They will be confirmed at the Seeding Meeting and information will then be posted on the MIAA website. <i>Phone calls will not be made.</i>	
Girls' Seeding Meeting		
Girls' Sectional Meets:		
South	Saturday, February 23, 2019 Algonquin Regional High School Check-in: 9:00am Meet: 10:00am	
North	Saturday, February 23, 2019 Algonquin Regional High School Check-in: 2:00pm Meet: 3:00pm	
	The top 4 Teams from the North and South Sectional Meets will advance to the State Meet	
State Meets:		
Boys	Friday, February 8, 2019 Newton North High School Meet: 6:30 PM	
Girls	Saturday, March 2, 2019 Algonquin Reg. High School Check-in: 1:00 PM Meet: 2:00 PM	
New England Girls Championship Meet	Saturday, March 9, 2019 Location TBD	<i>The top 3 teams from the State Championship meet will automatically qualify for the New England Meet.</i>

2018-2019 MIAA Gymnastics Tournament Format

A. Boys Championship Information

1. Qualifying Information (Team and Individual meets are held simultaneously.)

a. Team Championship

The team meet will involve the eight teams with the highest dual meet average. League Champions automatically qualify. Seeding will be determined by averaging scores from a team's five (5) best meets.

b. Individual Championship

Qualifying Scores for Boys' Individuals:

A gymnast must average the following scores in three dual meets or he must finish in the top three places in his league meet with a qualifying score.

Floor Exercise	6.5	Parallel Bars	5.0
Pommel Horse	4.5	Vaulting	8.0
Horizontal Bar	5.0	Rings	5.5
All Around	33.0		

2. Boys Eligibility Commitment Form Information

a. Please e-mail the entries to Tournament Director Michael Denise with your gymnasts in the listed events according to ability with your best gymnast last. The entered gymnasts must meet all MIAA eligibility requirements.

b. Each team may enter six gymnasts in each event.

c. Only one gymnast may enter all six events and he will be designated the All-Around. Two other gymnasts may compete in more than three events (unlimited).

d. In order to be considered for the all-around championship, a gymnast must compete in all six events.

3. **Medical Coverage** – A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available at the State Meet.

B. Girls Gymnastic Championships Information

1. Qualifying Information

a. The Sectional team meets will include **twelve (12) teams**. Teams will be seeded on the basis of the average of their top four (4) scores throughout the year. ***Please note the following when submitting scores:***

- ***Dual meet scores may be submitted and counted once.***
- ***Tri-meet scores may be submitted and counted once.***
- ***League championship meet scores may be submitted and counted once.***
- ***League championship meet scores may only be submitted if a traditional "team score" was received (i.e. No more than two all-around competitors are allowed. All other gymnasts may enter no more than three events).***
- ***Individual scores may not be added to calculate a "team score" for league championship meets that do not provide a traditional "team score" as mentioned above.***
- ***Scores that were earned on one specific date against multiple opponents may not be submitted multiple times.***

b. League champions / runners-up will not automatically qualify for the tournament. At the sectional tournament the top four (4) teams from the North Sectional and South Sectional will advance to the state tournament.

c. ***Qualifying information and line-up must be submitted to the Tournament Director by Thursday, February 14, 2019 at 12:00 PM or sooner.***

- d. A Seeding Meeting with the Liaison, Tournament Director and league representatives will take place on **Thursday, February 14, 2019 at 1:00 PM** at the MIAA Office. Following the meeting the 12 qualifying teams from the North Section and 12 qualifying teams from the South Section will be posted on the MIAA website. *Phone calls will not be made.*
- e. No competitor or team will be allowed to compete without wearing the team uniform that has the school's name and/or insignia and/or colors.

2. Warm Up

Each team will be allotted a 10 minute warm up for each event. In addition, each team will be allowed a 1 minute touch warm up prior to each competitive event. *(When meets are conducted in a capital cup format, the allotted warm up time will not be 10 minutes.)*

3. Sectional Team Meet

- a. Please enter your gymnast(s) in the listed events according to competitive order. The entered gymnasts must meet all MIAA eligibility requirements.

Only student-athletes who are listed on the team roster will be admitted free of charge.

- b. Each team may enter six gymnasts in each event, not more than two of whom may be all-around performers. A team may compete 0, 1, or 2 all-arounds which must be designated on the entry form, as per the MIAA Handbook.
- c. The alternate will be allowed to compete only if there is an injury to one of your regular gymnasts.

4. Medical Coverage

A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available at the Sectional Meets and the State Meet.

5. Breakfast of Champions

The annual ***Gymnastics Breakfast of Champions*** event for the Principal, Athletic Director, Coach and Captains of the 8 teams who advance to the State Meet as well as representatives from the Boys State Championship Team will take place at the **MIAA Office on Wednesday, February 27th at 9:00 AM.**

Information Due Dates:

Form	Deadline
Season Schedule and Commitment	Tuesday, January 15, 2019
Boys' Team Sportsmanship Nomination Form	Friday, February 1, 2019
Boys' Official State Entry Information	Tuesday, February 5, 2019
Girls' Official Sectional Entry Information	Thursday, February 14, 2019 by 12:00 noon
Girls' Gymnastics Tournament Roster	Thursday, February 14, 2019 by 12:00 noon
Girls' Team Sportsmanship Nomination Form	Thursday, February 14, 2019

Boys' Gymnastics Team Sportsmanship Award

**APPLICATIONS MUST BE RECEIVED BY
February 1, 2019**

The MIAA Tournament Management Committee has approved an Annual Sportsmanship Award to be presented to a school in every sport at the MIAA State Championship.

We would like to encourage you to nominate a boys' gymnastics team for consideration by the MIAA Gymnastics Committee for recognition at the MIAA Boys' State Gymnastics Meet. Nominated teams do not have to be tournament teams but should exemplify the tenets of good sportsmanship to the highest degree. Self-nominations are acceptable.

I would like to nominate the following team for consideration of the MIAA Boys' Gymnastics Sportsmanship Award:

School: _____ Division: _____

City/Town: _____

Phone: _____ Fax: _____

Principal: _____

Athletic Director: _____ School Phone: _____

Home Phone: _____

Coach: _____ Home Phone: _____

Please provide a brief statement with regard to the reasons for this nomination below:

Your Name _____ **Signature** _____

Position _____ **School** _____

Date _____ **Phone** _____

Please send this completed form to:
Ann Trytko, MIAA Gymnastics Liaison
33 Forge Parkway
Franklin, MA 02038
508-541-9838 (Fax)
atrytko@miaa.net

Non-Discrimination Statement

MIAA does not discriminate in its educational programs or activities on the basis of race, color, national or ethnic origin, ancestry, age, religion or religious creed, disability or handicap, sex or gender, gender identity and/or expression, sexual orientation, military or veteran status, genetic information, or any other characteristic protected under applicable federal, state or local law. Retaliation is also prohibited. MIAA – 10/11/18

Girls Gymnastics Team Sportsmanship Award

**APPLICATIONS MUST BE RECEIVED BY
February 14, 2019**

The MIAA Tournament Management Committee has approved an Annual Sportsmanship Award to be presented to a school in every sport at the MIAA State Championship.

We encourage you to nominate a girls' gymnastics team for consideration by the MIAA Gymnastics Committee for recognition at the MIAA Girls' Gymnastics State Meet. Nominated teams do not have to be tournament teams but should exemplify the tenets of good sportsmanship to the highest degree. Self-nominations are acceptable.

I would like to nominate the following team for consideration of the MIAA Girls Gymnastics Sportsmanship Award:

School: _____ Division: _____

City/Town: _____

Phone: _____ Fax: _____

Principal: _____

Athletic Director: _____ School Phone: _____

Home Phone: _____

Coach: _____ Home Phone: _____

Please provide a brief statement with regard to the reasons for this nomination below:

Your Name _____ **Signature** _____

Position _____ **School** _____

Date _____ **Phone** _____

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