MIAA COACHES’ STATE EXAMINATION
YOU MUST SCORE AN 80 OR BETTER TO PASS

DIRECTIONS: On the MIAA test answer form the participant must complete all identifying information. Answers are to be given by completely darkening the appropriate circle. There is one best answer to each question. Test must be completed within 6 months of the clinic.

1. From the time a student-athlete enters grade nine that student will be eligible to participate in athletics for a maximum of:
   a) 12 consecutive seasons
   b) 10 semesters
   c) 5 years of play
   d) Answers a and c

2. A student or coach ruled out of a contest twice in the same season shall be suspended from further participation in that sport and in all sports during that season for one year:
   a) True
   b) False

3. Jane is a member of her high school varsity soccer team. She is also the starting point guard on the school’s varsity basketball team. During the fall season Jane is invited to participate at a soccer tournament in Florida. The tournament is scheduled for the week between Christmas and New Year’s. Jane will miss two basketball games and two practices. Which of the following is true?
   a) Jane requires the permission of her principal, basketball coach and her parents
   b) As long as Jane’s parents are willing to pay all the costs of the trip she does not need the school’s permission
   c) Jane needs to notify her basketball coach, athletic director and principal that she has been invited to a non-school tournament during the basketball season. Jane requires a waiver of the bona fide student rule
   d) Jane requires the permission of her principal, basketball and soccer coach and her parents
4. The MIAA publishes its rules in the following manner:
   a) The book entitled “The MIAA Handbook” is found on the MIAA website
   b) Rules are available by utilizing the MIAA website
   c) MIAA staff is available to high school Principal and Athletic Director for rule interpretations
   d) All of the above

5. Jim is a student at County Regional Vocational High School. He wants to participate in cross country skiing but his high school does not offer the sport. Which of the following accurately describes Jim’s situation?
   a) Jim cannot participate in cross country skiing. He can compete only on teams sponsored by his high school
   b) Jim can play for another school which offers cross country skiing since his school does not offer the sport
   c) Jim can participate in cross country skiing at Vail High School, as he is a resident of Vail, MA
   d) Jim can enter the cross country skiing tournament at the end of the regular season

6. Because of a slow start, Anne is beginning her 5th year of high school. She is currently 18 years old and will turn 19 on October 1. Anne’s principal says that she is not eligible for girls’ volleyball. The principal’s statement is:
   a) True
   b) False

7. For schools to conduct a legitimate intramural program:
   a) It must be a direct offering of the high school
   b) It must be open to all students at the high school
   c) Coaching or instruction that is not offered to all participants must be prohibited
   d) All of the above

8. Student-athletes are required to take a physical examination:
   a) Every thirteen months
   b) Every two years
   c) Every three years
   d) Physicals are not required

9. Mary was at a party where alcohol was being consumed. Mary did not drink. Mary’s principal determined that Mary did not consume alcohol at the party. Is Mary in violation of the MIAA Chemical Health rule?
   a) Yes
   b) No
10. Local booster clubs may pay the fee for students to attend summer athletic camps if the students are unable to pay their own fee:

   a) True
   b) False

11. Tennis players may accept free tennis rackets, shoes, or other tennis equipment from companies or sales representatives:

   a) True
   b) False

12. Which of the following is not a part of the MIAA Philosophy?

   a) To establish uniform and equitable rules for youth in interscholastic athletics
   b) To prepare students to succeed rather than to win games
   c) To secure scholarships for elite athletes
   d) To elevate standards of sportsmanship and to encourage the growth of responsible citizenship

13. Christine has been declared ineligible for violating the MIAA chemical health rule. Does the MIAA rule allow her to practice with the team?

   a) Yes
   b) No

14. Jenny will be graduating on January 15 at the end of the first semester. She is currently on the girls’ basketball team and wants to participate in spring track. Which condition best describes her eligibility status?

   a) Jenny is ineligible for both basketball and track following her graduation
   b) Jenny is eligible for basketball but not track
   c) Jenny is not eligible for basketball and track
   d) None of the above

15. Coaches who begin their interscholastic coaching in Massachusetts after July 1, 2005 must successfully complete, over a three-year period, which of the following?

   a) NFHS Fundamentals of Coaching Course and test
   b) National Federation of High Schools Sport First Aid
   c) Pass the MIAA test
   d) All of the above
16. When may a coach provide coaching, training, or instruction to his or her team members during the school year?

   a) Only during that high school season  
   b) Anytime during the school year  
   c) At any time authorized by the school principal  
   d) Only on weekends before or after the seasons

17. If a coach is excluded by an official from an interscholastic competition, and the official refuses to file a report, then:

   a) The coach is not bound by the conditions of the exclusion  
   b) A hearing is held to determine the severity of the infraction  
   c) The coach is still bound by the conditions of the exclusion  
   d) The official will be called for a verbal report

18. The MIAA chemical health rule:

   a) Is in effect from the earliest fall practice date to the conclusion of the academic year or final athletic contest, whichever is latest  
   b) Requires that the second violation by a student makes the student ineligible in all sports for one year  
   c) Does not include a penalty for tobacco use  
   d) Allows a participant in a treatment program to participate

19. Kim attends Gotham Academy, a large regional private school located in Gotham, MA. Kim is a resident of Gotham, MA and a varsity soccer player on the Gotham Academy school team. Many of her teammates live in Littleville, MA. During the summer of Kim’s junior year Kim and her parents move to the Town of Littleville. Kim enrolls at Littleville High School. What is her eligibility status?

   a) Kim is immediately eligible to play soccer because her parents changed residence  
   b) Kim is not eligible to play soccer at Littleville High School as the change of residence still allows Kim to attend her former school  
   c) Kim is eligible to play soccer at Littleville due to the granting of permission by the Gotham Academy soccer coach  
   d) Kim is eligible at Littleville due to the fact that there is no school bus from Littleville to Gotham Academy
20. Donald attends Moody High School. In his sophomore year he tries out for the boys’ basketball team and is cut. The next day Donald shows up for try-outs for the girls’ basketball team. What is correct?

a) Don has a right to try-out for the girls’ team due to his right to participate in interscholastic athletics
b) Don should be given the opportunity to try-out, as he is a better player than any of the girls on the team
c) Mixed gender teams are approved by the MIAA so clearly Don has the right to try-out
d) Don cannot try-out for the girls’ team because Moody High school offers a boys’ basketball team

21. To be eligible to play during the Fall Season a student must:

a) Have passed four major courses during the last marking period
b) Have passed the equivalent of four one-year major English courses during the previous year
c) Have taken four major courses during a summer school session
d) None of the above

22. Taunting includes actions or comments that are “intended to bait, anger, embarrass, ridicule, or demean others” when done by:

a) A player
b) A group of players
c) A coach
d) A spectator
e) All of the above

23. A player may:

a) Be a member of the soccer team during the school week, and play for the football team on the weekend as a “point after touchdown kicker”
b) Attend high school baseball practice on Saturday morning and pitch for the American Legion team on Saturday afternoon
c) Be a member of the baseball team and the track team as long as he only practices or plays with one of those teams on a given day
d) None of the above

24. A two (2) game suspension will be given to any student-athlete who is ejected from any contest for the following reason:

a) Fighting
b) Punching or kicking an opposing player
c) Spitting at someone
d) All of the above
25. During the summer, coaches may work at camps and clinics with their players:
   a) As long as they do not use the school’s uniforms or name
   b) If they have the permission of the high school principal
   c) If they work with less than 50% of possible candidates at all times
   d) None of the above

26. The mission of the MIAA is to:
   a) Provide leadership and support for the conduct of interscholastic activities
   b) Develop athletic schedules for members
   c) Help schools to be more effective in their educational programs
   d) Organize leagues throughout the state that will remain competitive

27. A “jamboree” is a sport competition involving a number of schools. How many jamborees may be conducted per season?
   a) One per season
   b) Unlimited as long as they take place before the season begins
   c) As many times during the season as desired as long as the maximum number of contests is not exceeded
   d) All of the above

28. Coaches “out of season” may:
   a) Conduct legitimate fund-raising events
   b) Arrange transportation of athletes attending summer camps
   c) Secure workout facilities for “captain’s practice”
   d) None of the above

29. James attends an open house at a MIAA member private school. During the open house he meets privately with the football coach in the athletic director’s office:
   a) There is no rule violation because the open house was open to the public
   b) There is no rule violation because the meeting took place in the athletic director’s office
   c) Should James enroll in the school he cannot play on their athletic teams because he was recruited
   d) None of the above

30. When a student-athlete transfers to a new school he/she becomes eligible:
   a) If Form 200 is signed off by the sending school
   b) After a 365-day wait period
   c) Immediately, if he/she moves with parents or legal guardians (not changing from one parent’s home to another’s)
   d) All of the above
31. Home-schooled students are eligible to play on the interscholastic teams of the high school where they reside. What action listed below must be accomplished:

   a) The teams that allow home schooled students to participate must get the approval of the schools they will compete against
   b) The superintendent of schools and the high school principal must approve
   c) The school committee must pass a policy allowing for home schooled students to participate
   d) None of the above

32. If a student is ejected from the last regular season interscholastic contest:

   a) The suspension carries over to the following year in the same sport season
   b) The player is ineligible for the first tournament game of that team if they are in the tournament
   c) If the player is a senior, the penalty will be assessed in the next season in which the player participates
   d) All of the above

33. A request for a rule change:

   a) Must originate with one of the sport committees
   b) Must be co-signed by the school principal
   c) Can be initiated by any group or individual
   d) Can only be submitted once in any five-year period

34. “Captain’s practices” organized and conducted by the captains are:

   a) Not sanctioned, encouraged or condoned in any way by the MIAA
   b) A potential legal liability
   c) Depending on the school’s involvement could be a violation of season limitations
   d) All of the above

35. Sportsmanship report forms can be submitted by:

   a) Athletic Directors
   b) Principals
   c) Game Officials
   d) All of the above

36. A team may qualify for post-season tournament play by:

   a) Winning 50% of games played with MIAA schools
   b) Being runner-up in a league of five or more teams
   c) Playing in a league where your schedule is comprised of more than 70% of higher division schools and having no small and large school breakout and winning 50% of the contests played against equal or lower division teams
   d) All of the above
37. During the season that they participate in interscholastic sports the Grade Point Average (GPA) of student-athletes generally:

a) Go lower, but only by a small margin
b) Remained about the same as they are in “off seasons”
c) Improve during the seasons in which they participate
d) There are no conclusive studies on this subject

38. A single gender team may forfeit competition to a mixed gender team because of safety reasons:

a) Without tournament qualifying penalty
b) But then must count the forfeiture as a loss in tournament qualifying statistics
c) And then may apply for a waiver to the forfeit penalty
d) But must compete in the mixed gender tournament if qualified

39. Any student-athlete who willfully, flagrantly, or maliciously attempts to injure an opponent shall be ineligible to:

a) Play in the next game
b) Play in the next two games
c) Play in all sports for one year
d) Play until the principal grants specific permission

40. It is expected that coaches:

a) Will not publicly criticize any game official
b) Will not make comment about specific decisions of game officials
c) Will stress positive displays of sportsmanship
d) All of the above

41. MIAA Rules & Regulations apply to student-athletes competing for:

a) Freshman level teams only
b) Any sub-varsity level team
c) Any team in a MIAA-sponsored sport; regardless of level
d) Varsity level teams only

42. When is it too late for a student-athlete to switch from one MIAA sport to another (with approval of principal, athletic director, and coaches) at the same school in the same season?

a) After the first scheduled game of the season
b) After half the season is over
c) After tryouts have been completed
d) After ¼ of the season
43. During the time a student-athlete is playing for a HS team, which of these activities in the same sport season would constitute a violation of MIAA rules?

   a) Participation in a tryout or showcase
   b) Competing on a non-school team
   c) Attending a sports camp or clinic as a participant
   d) Missing a HS practice or game to participate with a non-school team in a recognized MIAA sport

44. During the school year, when is a student-athlete’s academic eligibility determined?

   a) When mid-term progress reports are issued
   b) On the last day of the marking period
   c) When report cards are distributed to all students
   d) When your coach informs you that you are eligible

45. When a student-athlete violates a MIAA eligibility rule and participates in a contest, which of the following will happen:

   a) The athlete is declared ineligible for the remainder of season
   b) The athlete’s school will be assessed a fine
   c) The athlete’s team will be required to forfeit the contest
   d) All of the above

46. Which statement regarding the eligibility of an in-season athlete is true:

   a) He/she will not jeopardize his/her eligibility by coaching or officiating in a youth league
   b) He/she can receive individual lessons in the skills of his/her sport
   c) If his/her sport is gymnastics, golf, swimming or tennis, he/she can practice (and play) with an outside team in his/her sport if the practices/games do not interfere with practices/games of his/her sport
   d) All of the above

47. A new coach hired after 7/1/07 must complete:

   a) A standard CPR Course
   b) A concussion course approved by the MA Department of Public Health
   c) The American Heart Association – AED Course
   d) All of the above

48. Schools may hold “open gyms” during the off season with the following rules:

   a) Open to one gender or the other gender only
   b) Must be held after 6pm
   c) Coaches in attendance can only play basketball
   d) None of the above
49. Coaches out of season are allowed to:

   a) Work individually with candidates
   b) Offer wellness workshops to candidates
   c) Meet with captains once a month
   d) None of the above

50. A student-athlete violates the Chemical Health rule and has to sit out 5 games. What games count towards the 5?

   a) Scrimmages
   b) Jamborees
   c) Regular season games
   d) Play-day