

**National Federation Course:
"Concussion in Sports – What You Need to Know"**

The NFHS is proud to announce the launching of its 13th course, "Concussion in Sports – What You Need to Know". It is the first course that the NFHS is offering at no cost. The only requirement is registering on www.nfhslearn.com, which is quick and easy. This 20 minute course is designed for coaches, officials, parents, administrators and students to learn how to recognize the signs and symptoms of concussions and a step-wise process to return to normal activity. Like all courses at www.nfhslearn.com there are printable resources available within the course.

Please take a look at the documents linked below. There are directions on how to access the concussion course, how to order courses in bulk, and a flyer describing the course.

[Ordering Instructions](#)

[Course Flyer](#)

[Bulk Purchasing Information](#)

[Listing of Available NFHS Courses](#)