



Opioid and Other Substance Mis-Use Prevention Resources

In collaboration and partnership with a number of organizations, we have assembled this Toolkit of resources and materials available for use in your prevention efforts. We would ask that you

please credit the source! Wherever possible, please let us know if you used any of them and provide us with feedback!

Recent legislation in Massachusetts requires that parents of middle and high school athletes and other adults such as coaches, athletic directors, athletic trainers, and school nurses receive educational materials on the potential dangers of opioid use and misuse. “The educational materials shall also be distributed in written form to all students participating in an extracurricular athletic activity prior to the commencement of their athletic seasons.”*

The Massachusetts Department of Public Health (MDPH), Massachusetts Interscholastic Athletic Association (MIAA) and Massachusetts Technical Assistance Partnership for Prevention (MasTAPP) collaborated to provide action steps to help prevent opioid misuse and overdose among student athletes. This brief, 7-page packet also highlights resources for addressing possible alcohol or opioid misuse or addiction

<http://masstapp.edc.org/rx-student-athlete>

These educational and prevention materials can be copied and distributed to teacher coaches, student athletes, parents and community coalitions.



**Middlesex Partnerships for Youth
Said No Drug Dealer Ever Video 1:18
minute video**
www.mpyinc.org/opioid

If you need to download the video file, you can do so from this link: <https://vimeo.com/166510219>

This is a brief but very impactful video that can be used in the classroom, or during meetings with activity groups, teams or clubs.



Northwestern District Attorney's Office

Athletes Opioids Addiction Brochure

Athletes Opioids and Addiction 17.51 minute video

<https://vimeo.com/176348153>

This is a great video that can be used for presentations for pre-season meetings, student athlete and captains meetings, parent programs, community coalitions and in the classroom. Though it is almost 18 minutes long there are great messages about injury prevention, and treatment options.



Partnership for Drug-Free Kids

www.drugfree.org

This website provides a number of great resources.



MA Department of Public Health BSAS

<http://www.mass.gov/eohhs/gov/departments/dph/programs/substance-abuse/>

Massachusetts Bureau of Substance Abuse

Substance Abuse Helpline (800) 327-5050

<http://helpline-online.com>

Stop Addiction in its Tracks

www.mass.gov/stopaddiction

Massachusetts Health Promotion Clearinghouse provides great resources and handouts on many wellness topics that can be bulk ordered at no cost.

<http://massclearinghouse.ehs.state.ma.us/>



Hazelden Betty Ford
Foundation

[http://www.hazelden.org/OA_HTML/item/492139?Heroin-and-Prescription-Painkillers&src_url=itemquest.](http://www.hazelden.org/OA_HTML/item/492139?Heroin-and-Prescription-Painkillers&src_url=itemquest)