

**The MIAA Sports Medical Committee has unanimously approved having this Protocol for all Track Tournaments – Medical Personal (Licensed Athletic Trainer, Physician, Physician’s Assistant, Certified EMT, or Nurse Practitioner) & Assistance to Athletes – as an icon for rule 56.2.**

### **Protocol - Medical Personal & Assistance to Athletes**

- A. **Meet Director** will review all policies regarding medical coverage with a designated individual in charge of Medical Staff. Meet Director will designate a **Head Athletic Trainer**.
- B. **Head Athletic Trainer** is in control of her/his staff and is responsible for:
1. Set up of Trainers Station in proximity of the finish line, have it well marked and be available from 1 hour prior to the meet/contest and remain until Meet Director gives the okay to shut down.
  2. Activation of the EMS system if a student-athlete needs a higher standard of care. EMS System will determine need based on their system protocols in Advanced Life Support or Basic Life Support.
  3. Hiring an ambulance if needed for the meet and working with the ambulance company to secure a back-up ambulance for additional coverage.
  4. Providing written documentation to Meet Director of:
    - a. Incident/Events taken place
    - b. Steps/Action taken
    - c. Student-Athlete Name/School/DOB/Medications/Past Medical History/Transport to what hospital, contact info for TD to follow-up with phone on condition of patient.
- C. **Communication:**
1. Head Trainer controls where her/his staff go - Important in Cross Country to have someone familiar with the course & have them have access (via a golf cart or similar transportation vehicle) in case of an injured student-athlete out on the course.
  2. Radios and cell phone protocol should be pre-established with the Meet Director and shared with all officials. Meet Director and Head Trainer will determine number needed for each meet.
  3. Between the trainers and Head Trainer is vital if an ambulance is summoned.
  4. Between the Meet Director, MIAA Liaison, School Administration, Parents & Coaches necessary for any and all situations that the Head Trainer deems serious and the student-athlete has been transported to a hospital.
  5. To coaches, parents, and or spectators that they shall not interfere with the Athletic Trainer's injury evaluation or recommendation.
  6. To parent(s) or coach if athlete is to be transported to a hospital.
  7. To a designated coach, parent(s), sibling or athlete over the age of 18 - who **MUST** accompany the athlete to the hospital.
  8. To coaches that they should have with them emergency contact information and a permission to treat document, signed by the athlete's parents if a parent is not present.

*updated 10/25/10*