## Fall Season 2017

(First practice on 8/24 - First meet on 9/3)

Sept. 3 - Sept. 16: Forward Group (100's)

Sept. 17 - Sept. 23 Back Group (200's)

Sept. 24 - Sept. 30: Inward Group (400's)

Oct. 1 - Oct. 7: Twist Group (5000's)

Oct. 8 - Oct. 14: Reverse Group (300's)

Oct. 15 - Oct. 21: Forward Group (100's)

Oct. 22- Oct. 28: Back Group (200's)

Oct. 29 - Nov. 4: Inward Group (400's)

Nov. 5 - Nov. 11: Twist Group (5000's)

Nov 12 - Nov 18: Reverse Group (300's)

## <u>Winter Season 2017 – 2018</u>

(First practice on 11/27 - First meet on 12/7)

<u>Dec. 7 – Dec. 16:</u> Forward Group (100's)

<u>Dec. 17 – Dec. 23:</u> Back Group (200's)

Dec. 24 - Dec. 30: Inward Group (400's)

Dec. 31 - Jan. 7: Twist Group (5000's)

Jan. 7 – Jan 13: Reverse Group (300's)

<u>Jan. 14 – Jan. 20:</u> Forward Group (100's)

Jan. 21 - Jan. 27: Back Group (200's)

<u>Jan 28 – Feb. 3:</u> Inward Group (400's)

Feb. 4 – Feb. 10: Twist Group (5000's)

Feb 11 - Feb 17: Reverse Group (300's)

## **NOTE:** Voluntary Dive

In the event of a postponed meet, the voluntary dive will correspond to the week that the meet is actually held, not when the meet was initially scheduled

## NOTE: League/Conference Championship Meets

Most leagues will designate forward as the required dive for their championship meet. Be sure to check with the head of your league/conference to be sure you have the correct dive at this meet prior to showing up with your divers.