



MASSACHUSETTS INTERSCHOLASTIC
ATHLETIC ASSOCIATION



Who Should Attend? Student Leaders, School Administrators, Wellness Coordinators, Athletic Directors, Teachers, Club Advisors, Guidance Counselors, Nurses, Coaches and anyone interested in learning more about effective model programs and best practices

Teen Wellness Workshop: A workshop for high school students and adults



Friday, February 8, 2019
at the MIAA Office, Franklin, MA

Registration: 8:00am
Workshop Time: 8:30am-1:30pm

Fee: \$40.00 per person includes light breakfast, lunch and materials

Featured Presentations:

Sports Nutrition: [Laura Moretti](#), Boston Children's Hospital

Seven Surprising Secrets to Success: [Pam Garramone](#)

I Got Lucky: [Scott Maloney](#)

Understanding Eating Disorders: [Michelle Pierce](#), MEDA

Cory's Cause: [Lori Gonsalves/Cory Palazzi](#)

A Focus on Vaping: [Traci Wojciechowski](#), Caron Treatment Centers

Bullying Prevention: [Rob Hackenson](#), Dynamic Influence

Early Cancer Detection: [Alicia D'Agostino](#), 15-40 Connection

Ben Speaks: [Judy Giovangelo](#)

A Mother's Journey: [Lisa/Kyle Brodeur](#)

How to Talk About Addiction: [Andy Short](#), Improbable Players

There is a 72-hour cancellation policy for this program.
Please direct all billing questions to the MIAA accounting department.

A workshop offered under the Wellness Pillar of the MIAA Educational Athletics Curriculum

WELLNESS

REGISTER ONLINE

5 PD Hours

contact: cbohmler@miaa.net

EDUCATIONAL ATHLETICS

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