

# 4th Annual Teen Mental Health Summit *Creating Communities of Awareness and Support Conference*

A collaborative effort of the:



There is a 72 hour cancellation policy for this program.

For more information contact:  
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**Friday April 27, 2018 8:00 am-2:00 pm**  
**Doubletree Hotel, Westborough, MA**

*Conference features keynote presentations, concurrent workshop sessions, and resource exhibits. \$55.00 per person registration fee includes light breakfast, hot buffet luncheon and conference materials.*

## **Workshop Topics Include:**

**Suicide Signs, Symptoms, and Prevention**  
**Key to SEL in Secondary Schools**  
**Mental Health and Substance Abuse**  
**The Brain, Trauma and Teens**  
**Living with Depression and Bipolar Disorder**  
**Developing a Conversation Around Mental Health**  
**Anxiety and Stress Reduction**  
**Peer to Peer Prevention**  
**Intervention and Postvention Planning**  
**Social Media's Mental Landmines**  
**The Secret Lives of Teens**

## **Who should attend?**

**School Administrators, Wellness Coordinators, Athletic Directors, Teachers, Coaches, Nurses, Guidance Staff, Team Captains, Student Ambassadors, Student Leaders, Activity Group Officers, Club Advisors, School Resource Officers, PTO's. Schools are encouraged to register a group of student and adult participants.**

**5 Professional Hours will be available following the submission of assessment and evaluation surveys.**