



# 2018-2019 BOYS' & GIRLS' NORDIC SKI FORMAT

## SPORT SPECIFIC INFORMATION

### 2018-2019 SKI COMMITTEE MEMBERS

<p>District A</p> <p>Mr. Jason Medeiros Assistant Principal Lincoln-Sudbury Reg. H.S.</p> <p>Mr. Adam Gagne Athletic Director Westford Academy</p>		<p>District F</p> <p>VACANCY Principal</p> <p>Ms. Melanie Martin Athletic Director Holyoke High School</p>	
<p>District B</p> <p>VACANCY Principal/Asst. Principal</p> <p>Mr. Jim Davis Athletic Director Belmont High School</p>		<p>District G</p> <p>Mrs. Mary MacDonald Principal Mt. Greylock Reg. (Williamstown)</p> <p>Mr. Chris Hunt Athletic Director Lenox Middle/High School</p>	
<p>District C</p> <p>VACANCY Assistant Principal</p> <p>Mr. Tim Collins Athletic Director Natick High School</p>		<p>District H</p> <p>Mr. Hollis Brooks Principal Boston College High School</p> <p>Mr. James O'Leary Athletic Director St. John's Preparatory (Danvers)</p>	
<p>District E</p> <p>Mr. Michael McCaffrey Athletic Director Groton-Dunstable RHS</p> <p>Mr. Pete McCauliff Athletic Director Lunenburg High School</p> <p>Brian Spadafino Principal Lunenburg High School</p> <p>VACANCY Assistant Principal</p>		<p>MASS</p> <p>Mr. Robert Putnam</p> <p>Coaches Reps: Mr. Scott Mighill &amp; Ms. Hilary Greene</p> <p>MASC</p> <p>VACANCY</p> <p>MIAA Liaison</p> <p>Mrs. Ann Trytko</p>	

## 2018-2019 BOYS' & GIRLS' NORDIC SKI TOURNAMENT

ENTRY REQUIREMENT & INFORMATION	DATE	TOURNAMENT DIRECTOR
<p>Tournament Entry Due: Must be completed and <b>in the hands</b> of the Tournament Director by the designated date and time.</p>	<p>Received on or before: Friday, February 15, 2019 at 8:00 pm</p> <p style="text-align: center;"><b>Late Submissions</b> <b>\$300.00 per incident payment is required for:</b></p> <ul style="list-style-type: none"> <li>• <b>Schedule committed late or w/incomplete info</b></li> <li>• <b>Late submission of tournament entry</b></li> <li>• <b>Incorrect final regular season record</b></li> </ul>	<p style="text-align: center;"><b>State Director</b> Joe Miller</p> <p style="text-align: center;">Tournament Director contact information is available in the "Members Only" section of the MIAA website</p>
<p style="text-align: center;">Tournament Date *</p>	<p style="text-align: center;">Tuesday, February 26, 2019 February 27, 2019 (back-up date) @ Notchview</p>	

<b>DEADLINE – Received on or before:</b>	
Girls'/Boys: Nordic Ski Entry	February 15, 2019 at 8:00 p.m.
Nordic Ski Team Sportsmanship Award	February 15, 2019

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# 2018-2019 MIAA BOYS'/GIRLS' STATE NORDIC SKI MEET

## A. TOURNAMENT ENTRY DEADLINE

1. **Official Entry - Friday, February 15, 2019 at 8:00 PM** – Submit entry to the Tournament Director to be received before this date.
2. It is the responsibility of each school to check with the Tournament Director to make sure that the entry has been received. This should be done by February 18, 2019.

## B. Tournament Information

- |                             |  |
|-----------------------------|--|
| 1. DATE                     | <b>Tuesday, February 26, 2019</b><br><b>February 27, 2019 (back-up date)</b> |
| 2. SITE                     | <b><u>Notchview</u>, Windsor, MA</b>   |
| 3. REGISTRATION             | 8:30 AM – 9:30 AM  |
| 4. COACHES MEETING          | 9:30 AM  |
| 5. COURSE OFFICIALS MEETING | 9:30 AM  |

### START OF RACES:

- |  |          |
|--|----------|
| Girls' - 7 KM - Girls' Freestyle, Wave Start ..... | 10:30 AM |
| Boys' - 7 KM - Boys' Freestyle, Wave Start .....   | 12:00 AM |
| Award Ceremony.....                                | 1:30 PM  |

**TOURNAMENT DIRECTOR:** Joe Miller

## C. GENERAL INFORMATION

### 1. QUALIFICATIONS:

Each school is entitled to a maximum of 6 female and 6 male entries.

2. Each participant **MUST** be a member of a school ski team that is registered with the MIAA and has a school appointed coach. The school ski team must be a bona fide member of an MIAA ski league.

### 3. Race Date Evaluation / Race Format Information:

Below are the criteria set forth when conditions require a potential change to the primary date set by the MIAA Ski Committee during the spring meeting. Weather, race site conditions and availability of sites are all factors to be considered by the Race Director and MIAA Ski Committee Liaison to determine if a date/site change might be needed. Once a determination is made that the primary date may need to be changed, the MIAA Ski Committee Liaison will present the proposed change from the Race Director to the MIAA Ski Committee members for their concurrence. At that point the MIAA will communicate any changes to each Athletic Director at participating schools and the AD's will inform each of their coaches.

#### Primary Race Date Evaluation:

- 1) Site conditions are safe and allow for a full 7 kilometer course or a two lap race for a competitive race event.
- 2) Weather conditions allow for safe travel to and from the event.
- 3) Primary sites are Notchview Reservation (Windsor, MA) and Prospect Mountain (Woodford, VT), since both are cross country race centers with ideal terrain and grooming for the championship race.
- 4) Secondary sites are Weston Ski Track (Weston, MA) and Grafton Ponds (Grafton, VT) since they both have the capacity to provide a man-made loop in the event of no natural snow.

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**Criteria:**

- 5) The primary date (i.e. Tuesday of the week after school vacation or back-up days Wednesday or Thursday) will be utilized when conditions allow for a competitive race course at one of the primary sites noted in the Primary Race Date Evaluation section above.

**4. SCORING AND TEAM CHAMPIONSHIP:**

- a. Order of finish will determine points, low score will determine the team championship.
- b. The four fastest girls' and four fastest boys' will constitute the team score for their respective teams.
- c. Four girls' and four boys' must leave the starting gate and finish to qualify for the team championship and for any official team position.

**5. RACE RULES:**

- a. USSA/MIAA - Coaches should inform their racers of these rules.
- b. Bibs must be visible at all times.
- c. Participants must possess a valid ticket from the Ski area and abide by all rules and regulations as posted by the Ski area in order to compete.
- d. Non-participants who ski must pay their own daily fee.

**6. AWARDS:**

- a. A trophy as well as medals for each participant will be awarded to the champion & finalist in each race.
- b. Individuals medals will be awarded to the first ten (10) finishers in both boys' and girls' freestyle race.
- c. MIAA Sportsmanship awards may be presented.

- 7. SCHOOL REPRESENTATIVE:** The coach of record must check in the team and must remain at the championship site at all times or skier(s) will not be allowed to compete. Last minute coaching changes must be a member of school personnel and verified in writing by the principal before the skier(s) are allowed to compete.

- 8. Medical Coverage** – A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available on site.

**REMEMBER: GOOD SPORTSMANSHIP IS AN ATTITUDE - NOT AN ACTION.**



# Nordic Ski Team Sportsmanship Award



*The MIAA Tournament Management Committee has approved an Annual Sportsmanship Award to be presented to a school in every sport at the MIAA State Championship.*

*We encourage you to nominate a Nordic Ski Team for consideration by the MIAA Ski Committee for recognition at the MIAA State Nordic Ski Meet. Nominated teams do not have to be tournament teams but should exemplify the tenets of good sportsmanship to the highest degree. Self nominations are acceptable.*

*I would like to nominate the following team for consideration of the MIAA Nordic Ski Team Sportsmanship Award:*

School: \_\_\_\_\_ Division: \_\_\_\_\_

City/Town: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Principal: \_\_\_\_\_

Athletic Director: \_\_\_\_\_ School Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Coach: \_\_\_\_\_ Home Phone: \_\_\_\_\_

*Please provide a brief statement with regard to the reasons for this nomination below:*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Your Name** \_\_\_\_\_ **Signature** \_\_\_\_\_

**Position** \_\_\_\_\_ **School** \_\_\_\_\_

**Date** \_\_\_\_\_ **Phone** \_\_\_\_\_

Send to: MIAA Ski Committee  
33 Forge Parkway  
Franklin, MA 02038

***APPLICATIONS MUST BE RECEIVED BY February 15, 2019***

**Non-Discrimination Statement**

MIAA does not discriminate in its educational programs or activities on the basis of race, color, national or ethnic origin, ancestry, age, religion or religious creed, disability or handicap, sex or gender, gender identity and/or expression, sexual orientation, military or veteran status, genetic information, or any other characteristic protected under applicable federal, state or local law. Retaliation is also prohibited. MIAA – 10/11/18