



An Asynchronous Online MSAA Professional Development workshop for: PreK-8 Teachers and Administrators

Bridging the Gap: Connecting Academics and Social Emotional Learning to Maximize Student Learning



Featuring Seaside Educational Consultants Presenter: **Maureen Gilman**

Asynchronous Online Workshop

- Earn 15 PDPs; Approved by DESE for Licensure
- Registrants work at their own pace within allotted timeframe

WORKSHOP STRUCTURE:

MSAA offers this asynchronous workshop in five modules. When the instructor signs off on completed work, registrants will receive an assessment form which will generate a PDP certificate.

Registration is now open. The workshop portal opens October 1, 2021, and closes January 15, 2022.

Content Area: Safe and Supportive Learning Environments

Fees: Members: \$405/all five modules
Non-Members: \$540/all five modules

REGISTER NOW

15 PDPs

Module 1: What is Social Emotional Learning?

Over the past few years Social Emotional Learning has become a buzzword among educators and schools. Most recently, SEL has gained even more attention as schools nationwide continue to re-think teaching and learning in a post-pandemic era. With so much attention on the topic, and with so many opinions about SEL, it can be challenging to know and understand how best to support students with their social emotional development.

This module aims to clear the clutter and simplify social emotional learning; allowing educators to gain the knowledge and confidence needed to teach students the skills they need to be successful in school and in life.

After this module, participants will be able to:

- Define Social Emotional Learning
- Identify the 5 competencies of SEL
- Describe each of the 5 competencies of SEL as a specific skill set
- Discuss the benefits of explicit SEL instruction in schools

Module 2: Research-Based Best Practices that Support Social Emotional Learning

After this module, participants will be able to

- Identify specific strategies for teaching:
 - Self-awareness
 - Social awareness
 - Decision making
 - Self-management
 - Relationship skills
- Discuss academic connections and social emotional learning.
- Evaluate the role of technology in supporting specific SEL strategies.

Module 3: Developing Strong Student-Teacher Relationships

Social Emotional Learning must begin with building strong relationships between students and teachers. Students will be significantly more successful in their social emotional and academic learning when they feel a sense of belonging and know that teachers believe in their ability to be successful. This module will focus on specific strategies for building strong student-teacher relationships.

After this module, participants will be able to:

- Connect theory to research and evaluate the benefits of strong student-teacher relationships.
- Identify examples of direct social emotional learning.
- Identify practices for increasing "Touch Points" with students.
- Evaluate technology as a means for cultivating relationships with ALL students.
- Create a resource to support student connections in your own classroom.

Module 4: Positive Behavior Strategies to Support SEL

Positive behavior strategies are designed to empower students to be agents of their own learning and behavior management. When these strategies are paired with explicit SEL instruction, students can truly begin to develop the skills needed to be self-aware, to appropriately manage their feelings and actions, to build strong social relationships and make responsible decisions. This module will analyze the correlation between Positive Behavior Interventions and Supports (PBIS) and Social Emotional Learning.

After this module, participants will be able to:

- Identify language and strategies to use with students to develop growth mindsets.
- Discuss how positive behavior strategies accelerate learning.
- Create explicit expectations for all learning environments.
- Evaluate the role of rewards and reinforcements in all learning environments.

Module 5: You, Your Classroom, and SEL

Every child, and every classroom is unique, and as we know all too well those factors can change on a daily basis. It is therefore essential that educators approach social emotional learning with a personalized, flexible manner. This module will address the unique factors present in your classroom, and with your students to help develop an approach to social emotional learning that is responsive to those specific needs. In addition, this module will provide educators with an opportunity to address their own personal self-care needs: the more we take care of ourselves the better we can support our students.

After this module, participants will be able to:

- Evaluate research based strategies to determine relevance to your unique classroom.
- Create a personalized plan for SEL that meets the needs of your students.
- Describe the impact of compassion fatigue on educators' well-being.
- Identify specific self-care strategies to mitigate the effects of compassion fatigue.

Maureen Gilman is an adjunct professor with classroom experience teaching in Grades 1–5. She is a trained DESE mentor and works for Merrimack College and Endicott College as a cooperating practitioner for student teachers. Presently, she teaches a course for Endicott College titled "Integrating Technology in the Classroom," which focuses on introducing research-based theories, practices, and curricula related to technology. She understands the importance of incorporating 21st-Century skills that are needed for the future success of our students.



LEADERSHIP MATTERS

