

Online Wellness Resources for Schools

last updated July 21, 2022

In collaboration with the MIAA Partners in Prevention (PIP) organizations, this document of online resources for schools has been created. We hope you will find it useful.

The MIAA and Partners in Prevention are offering webinars, pre-recorded programs, blogs, free access to resources and are updating their websites with new material on an ongoing basis. Please click on the links below for each respective organization for more specific information.

This document will continue to be updated on a regular basis.

Webinars and Online Resources

<u>MIAA</u>

BSAS Youth and Family Resources Page

McLean Hospital

AAA Northeast

ADHD Essentials

Boston vs. Bullies

Botvin LifeSkills Training

Brain Injury Association of MA(BIA-MA)

Caron Treatment Centers

Dana Farber Cancer Institute

| <u>Dynamic Influence</u> |
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| Frameworks Institute/Search Institute |
| Hazelden Betty Ford Foundation |
| Health Resources in Action/Project Here |
| Impact Melanoma-cancer prevention |
| Institute for Health & Recovery |
| International Association of Eating Disorders Professionals |
| <u>Ivy Watts Speaks</u> |
| Jostens Renaissance- Rooted in Love(Mike Smith) |
| <u>Jostens- The Harbor Episodes</u> (username and password both JOSTENS) |
| Jostens Renaissance Leadership Curriculum |
| Jostens-Social-Emotional Well-being Package |
| Jostens Virtual Culture & Climate Series |
| Let's Empower, Advocate and Do |
| Massachusetts Aggression Reduction Center |
| MASBIRT |
| Massachusetts Commission on LGBTQ Youth |
| Massachusetts Health Council |
| Massachusetts Partnerships for Youth(MPY) |

District Attorney Joe Early Office

| The Micheli Center for Sports Injury Prevention-Boston Children's Hospita | The Micheli Center for | Sports Injury | Prevention-Boston | Children' | s Hospit | tal |
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Minding Your Mind

MindWise Innovations/SOS

New England Region of the National Network of Libraries of Medicine

Northeastern University School Health Academy

Positive Coaching Alliance

Project Bread

Project Green Schools

Social Emotional Learning Alliance

Walden Behavioral Care

Additional Online Resources

Mental Health/Mindfulness

ADHD Essentials

<u>American Foundation for Suicide Prevention</u>

Botvin LifeSkills Training

Caron Treatment Centers

<u>Families for Depression Awareness</u>

Girl Power Go

Ivy Watts Speaks

Jon Mattleman

Josten's Renaissance

Let's Empower, Advocate and Do

Massachusetts Department of Mental Health

Massachusetts Partnerships for Youth

McLean Hospital

Minding Your Mind

<u>MindsetGo</u>

MindWise Innovations/SOS

National Suicide Prevention Lifeline

Pam Garramone

Riverside Community Care

Samaritans Inc.

Shine Initiative

Social Emotional Learning Alliance for MA

Youth Health Connection

Substance Misuse

Al-Anon/Alateen

Bureau of Substance Addiction Services(BSAS)

Caron Treatment Centers Digital Learning Information Kit

Central MA Tobacco-Free Community Partnership

<u>District Attorney Joe Early Office</u>

Dynamic Influence

Grayken Center for Addiction at Boston Medical Center

Hazelden Betty Ford Foundation

<u>Health Resources in Action/Project Here</u>

Improbable Players

<u>Institute for Health & Recovery</u>

Learn to Cope

Make Smoking History

MASBIRT

Massachusetts Department of Public Health

Massachusetts Partnerships for Youth

MassTAPP

Massachusetts Tobacco Cessation & Prevention Program(MTCP)

New England Region of Narcotics Anonymous

Partnership for Drug-Free Kids

Project Here

Sexuality/Relationships/Sexual Violence

Cambridge Health Alliance

DESE Safe Schools Program for LGBTQ Students

GLSEN

Jane Doe, Inc.

Massachusetts Aggression Reduction Center

Massachusetts Commission on LGBTQ Youth Reach Beyond Domestic Violence(REACH) The Trevor Project

Disordered Eating

<u>International Association of Eating Disorders Professionals</u>
<u>Multi-Service Eating Disorders Association</u>
Walden Behavioral Care

Bullying Prevention

Boston vs. Bullies
District Attorney Joe Early Office
Dynamic Influence
Massachusetts Aggression Reduction Center
Massachusetts Partnerships for Youth

Leadership

Core Trainings
Dynamic Influence
Lad in a Battle
Let's Empower, Advocate and Do
MindsetGo

Gambling Prevention

Massachusetts Council on Compulsive Gambling

Sports Medicine/Injury Prevention/Brain Injury

<u>Brain Injury Association of MA(BIA-MA)</u>
<u>The Micheli Center for Sports Injury Prevention-Boston Children's Hospital</u>
Sports Medicine Division-Boston Children's Hospital

Driving Safety

AAA Northeast In Control Crash Prevention MADD

Environmental Safety

Project Green Schools

Cancer Prevention

<u>DetecTogether</u> <u>Impact Melanoma</u> Melanoma Education Foundation

Digital Wellness/Technology Addiction

Look Up Live

Dynamic Influence

Additional Resources

Attorney General Maura Healey's Office

Boston Children's Hospital

Cambridge Health Alliance

Centers for Disease Control & Prevention(CDC)

<u>Department of Elementary & Secondary Education(DESE)</u>

Department of Public Health(DPH)

Department of Mental Health

MA COVID-19 Vaccination Program

MA District Attorney's Offices

MA General Hospital

MA Health Council

MIAA

MSAA

NAESP

NASSP

National Federation of State High School Associations(NFHS)

SADD

<u>Substance Abuse & Mental Health Services Administration(SAMHSA)</u>

EDUCATIONAL ATHLETICS









