

2023-24 MIAA Volleyball Modifications of NFHS Rules

Rosters MIAA Modification – Rosters are not required to be submitted to game officials

Warmup Area

Due to MIAA modifications a definition of warmup area must be added to the rules, The warm-up area begins at the end of the team bench or at the end line (whichever is nearer the scorer's table), and is located at least 6 feet from the court and service zone

Coaches standing

MIAA modification All Coaches may stand from the attack line and into the warmup area as long as they remain at least 6 feet from the sideline when the ball is in play. When the ball is out of play coaches may go to the sideline to coach their players.

MIAA modification. Coaches are not required to sit after a misconduct card.

Players standing

MIAA modification

Players may stand in the warmup area but must remain at least 6 feet from the sideline when the ball is in play.

Scoring

MIAA modification - NCAA scoring will be used. As a result;

A re-serve symbol has been added to indicate a re-serve has been awarded. RS is entered in a circle in the scoring section.

R2 is not required to initial scoresheets.

Switching sides

MIAA modification- Varsity Teams MUST switch sides at 8 points in the deciding set.

Padding of Equipment -Padding is required on the net standards, first referee's platform per the standards in the NFHS rulebook. (Per MIAA Volleyball Committee - A match is not to be played if not padded.)

Timelines

Set the clock as soon as possible to count down to the scheduled start time of the match.

First match -. No later than. **20:00** on the clock meet with coaches and captains

Second match - Set the clock for **15:00** but do not start clock until after the pre-match meeting with coaches and Captains.

Court is shared until **13:00**. Teams must stay on their respective sides. **No hitting across the net.**

13:00 - Visiting team takes court.

7:00 – Home team takes court.

3:00 - Line ups are due. Note if submitted early, changes can be made up to 3 mins without penalty. Changes after 3:00 require a substitution.

1:00 - Teams to their benches.

0:00 – Starters to the endline. Introductions

Sets 2 thru 5 line ups due at **1:00** No changes **after** 1:00 without a substitution.

Point of emphasis

Beginning with the 23-24 school year- Rule **4-1-7:** Allows SMALL, secured studs or post jewelry to be worn above the chin. **There is to be no taping over non compliant jewelry.**