

Weigh In Form

Event: Home School _____ vs Visiting School _____

Home Team: _____ Event Start Date: _____ Printed Date: _____

Exact weights must be recorded on this sheet

Name	Traditional Weight Classes	Girls' Weight Classes	Weigh in Date	Exact Weight	Target Weight	Minimum Weight	Maximum Weight
	106	100					
	113	107					
	120	114					
	126	120					
	132	126					
	138	132					
	144	138					
	150	145					
	157	152					
	165	165					
	175	185					
	190	235					
	215						
	285						

Home Coach Name (Printed):

Opposing Coach or Tournament Director Name (Printed):

Home Coach Signature:

Opposing Coach or Tournament Director Name (Printed):

Head Official (Printed):

Head Official Signature:
