



MIAA Wrestling
All-State Champions
1994 through 2023



**No individual tournament in 2021*

| <u>1994</u> | <u>1995</u> | <u>1996</u> | <u>1997</u> |
|--|---|---|--|
| 103- J. Royds, Burlington 112- PJ Cameron, Waltham 119- D. Diamond, Wellesley 125- J. Morrison, Quabbin 130- R. Belangery, Shawsheen 135- J. Rogers, Carver 140- V. Biasin, Monument Mt. 145- D. Connetta, Franklin 152- E. Onohua, Carver 160- L. Baden, Framingham 171- C. Gellis, Framingham 189- P. Connery, Framingham HW- B. Myers, Scituate | 103- J. Touch, Lowell 112- J. Dimare, Saugus 119- J. Oakes, Westford Acad. 125- S. Cimpher, Stoughton 130- A. Paquin, Wayland 135- D. Diamond, Wellesley 140- Y. Diamond, Wellesley 145- J. McCarthy, Malden 152- J. D'Ambrosia, Wakefield 160- J. Ahern, Central Catholic 171- R. Monkiewicz, Plymouth N. 189- D. Boffo, Winchester HW- D. Tillberg, Needham | 103- A. Royds, Burlington 112- J. Oliver, Billerica 119- S. Wouri, BC High 125- M. Ingalls, Woburn 130- J. Curran, Weymouth 135- J. Ranaldi, Foxboro 140- D. Diamond, Wellesley 145- Y. Diamond, Wellesley 152- N. Long, Lowell 160- K. Cote, St. Johns Prep 171- D. Medford, Quabbin 189- M. Howell, Tewksbury 215- F. Fodera, Winchester 275- D. Tillberg, Needham | 103- D. Nguyen, Quincy 112- R. Raymond, Winchester 119- M. Riley, Gr, Lowell 125- M. Laramee, Rockland 130- M. Ingalls, Woburn 135- K. Duffy, Cohasset 140- A. Botchan, Weston 145- J. Leighton, Foxboro 152- D.C. Lashmit, Marlboro 160- S. Milovanovic, Methuen 171- M. Sweezey, Melrose 189- D. Shunamon, Tewksbury 215- F. Fodera, Winchester 275- B. Lingamfelter, A/B |

| <u>1998</u> | <u>1999</u> | <u>2000</u> | <u>2001</u> |
|--|--|--|---|
| 103- M. Flores, Methuen 112- M. Casaubon, Lowell 119- C. So , Lowell 125- G. Sinclair, Natick 130- M. Laramee, Rockland 135- D. Warshafsky, Chelmsford 140- A. Botchan, Weston 145- J. Leighton, Foxboro 152- Sung Soo Lim,Mt. Everett 160- D.C. Lashmit, Marlboro 171- K. Dixon, Boston Latin 189- D. Shunamon, Tewksbury 215- J. Oliver, Xaverian 275- B. Lingamfelter, A/B | 103- R. Soun, Lowell 112- B. Lewis, Carver 119- P.J. Silva, Weymouth 125- M. Parziale, Woburn 130- T. Perry, Plymouth South 135- M. Mendes, Brockton 140- D. Warshafsky, Chelmsford 145- J. Tully, Weymouth 152- N. Cote, St. Johns Prep 160- C. Buckley, Hingham 171- D. Currier, Haverhill 189- S. Heleniak, Franklin 215- J. Sullivan, Lowell 275- J. Melehev, Wachusett | 103- C. Roderick, Brockton 112- D. Ahrens, Newton North 119- B. Lewis, Carver 125- S. McCarty, Somerset 130- R. Cassidy, Shawsheen 135- M. Parziale. Woburn 140- G. Armeen, No. Andover 145- D. Warshafsky, Chelmsford 152- P. O'Rielly, Wellesley 160- C. Lopez, Gr. Lowell 171- M. Pedro, St.John'sPrep 189- D. Venne, Ludlow 215- S. Heleniak, Franklin 275- L. Piantini, Gr. Lawrence | 103- CJ Annunziata, Waltham 112- S. Jacobs, Springfield Central 119- J. Suslavich, Winchester 125- R. LeRoux, Bridgew/Ray 130- T. McDonald, Weymouth 135- M. Parziale. Woburn 140- J. Gilbert, Agawam 145- R. Brestyan, Burlington 152- B. Viglione, Chelmsford 160- C. Lopez, Gr. Lowell 171- M. Pedro, St.John's Prep 189- J. Fendone, Central Cath. 215- C. Bliss, Somerset 275- L. Beane, Bridgewater-Rayn |

| <u>2002</u> | <u>2003</u> | <u>2004</u> | <u>2005</u> |
|---|---|---|---|
| 103- M. Atlas, Burlington 112- D. Villanova, Weymouth 119- M. Arone, Waltham 125- K. McCarthy, Duxbury 130- F. Sforza, Rockland 135- R. LeRoux, Bridgewater-Rayn 140- D. Provencer, Lowell 145- J. Murray, Central Catholic 152- J. Bakanowski, St.John's Prep 160- J. Dolan, Lowell 171- J. DaCruz, Ludlow 189- M.Pedro, St.John's Prep 215- J. Fendone, Central Catholic 275- L. Beane, Bridgewater-Rayn | 103- R. Peterkin, Wellesley 112- M. Atlas, Burlington 119- T. Gammons, Natick 125- M. Arone, Waltham 130- K. Mahoney, Savio Prep 135 M. Kahill, Central Catholic 140- C. Mange, Ludlow 145- D. Hanley, Wilmington 152- M. Ragusa, Foxboro 160- S. Namvar, Needham 171- P. Sheehan, Lowell 189- J. DaCruz, Ludlow 215- J. Fendone, Central Catholic 275- J. Parker, Foxboro | 103- P. Nolin, Dracut 112- R. Peterkin, Wellesley 119- C. Boyle, Lowell 125 - P. Wayne, Lowell 130- R. Doherty, Woburn 135- J. Marsh, New Bedford 140- B. Sheehan, Lowell 145- T. Palleria, Central Catholic 152- D. Rokas, Central Catholic 160- S. Lashmit, Marlboro 171- S. Namvar, Needham 189- D. Fox, Needham 215- J. Fendone, Central Catholic 275- J. Donnelly, Carver | 103- J. Sughrue, Methuen 112- N. Capello, Burlington 119- C. Boyle, Lowell 125- D. Hennessey, Bridgewater-Rayn 130- M. Klinoff, Concord/Carlisle 135- B. Sanchez, Leominister 140- B. Murray, Central Catholic 145- M. Foss, Longmeadow 152- B. Sheehan, Lowell 160- C.J. Colace, Franklin 171- J. Hamel, Natick 189- S. Fendone, Central Catholic 215- G. Matisis, Hingham 275- J. Connors, Mansfield |

| <u>2006</u> | <u>2007</u> | <u>2008</u> | <u>2009</u> |
|----------------------------------|-------------------------------------|-----------------------------------|---------------------------------|
| 103- J. Cabrera, Spr. Central | 103- K. Anderson, Billerica | 103- N. Flannery, Framingham | 103- S. Shames, Newton North |
| 112- T. Rich, Chelmsford | 112- S. Boyle, Lowell | 112- B. Gauthier, Lowell | 112- M. Buco, Gr. Lawrence |
| 119- D. Bloom, Sharon | 119- J. Coutoumas, Waltham | 119- K. Anderson, Billerica | 119- M. Guzman, Gr. Lawrence |
| 125- C. Carpenter, Catholic Mem. | 125- J. Sughrue, Methuen | 125- S. Coull, Plymouth, South | 125- N. Flannery, Framingham |
| 130- M. Betty, Lowell | 130- T. Rich, Chelmsford | 130- J. Sughrue, Methuen | 130- A. Medina, Putnam |
| 135- J. Archambeault, Ludlow | 135- C. Carpenter, Catholic Mem. | 135- T. Rich, Chelmsford | 135- I. Mello, Somerset |
| 140- B. Murray, Central Catholic | 140- C. Jaramillo, Bridgewater-Rayn | 140- D. Golner, Tyngsboro | 140- W. Pope, Framingham |
| 145- V. Renaut, Plymouth South | 145- R. Donovan, Franklin | 145- J. Tarpey, Tewksbury | 145- V. DeJesus, Lowell |
| 152- B. Sheehan, Lowell | 152- V. Renaut, Plymouth South | 152- R. Tetrault, Ludlow | 152- R. Harding, St. Johns Prep |
| 160- D. Cardenas, Framingham | 160- G. Hargrove, Sp. Central | 160- T. Moran, Natick | 160- I. Williams, Haverhill |
| 171- N. Avery, Foxboro | 171- P. Gauthier, Lowell | 171- N. Colace, Franklin | 171- J. Altavesta, Tewksbury |
| 189- J. Hamel, Natick | 189- R. Mayo, St. Johns Prep | 189- M. Leavitt, Central Catholic | 189- J. DeCarlo, Lexington |
| 215- AJ Hunte, Brookline | 215- C. Tierney, No. Andover | 215- B. Wyman, Bridgewater-Rayn | 215- P. Hologitas, Rockland |
| 275- A. Regan, Central Catholic | 285- M. Sidebottom, Franklin | 285- R. Wapenyi, Bridgewater-Rayn | 285- J. Muirhead, Middleborough |

| <u>2010</u> | <u>2011</u> | <u>2012</u> | <u>2013</u> |
|---------------------------------|-----------------------------------|-----------------------------------|---------------------------------------|
| 103- M. Mui, Hingham | 103- C. Monserret, Methuen | 106- Jon Ryan, Dracut | 106- B. Wong, Pembroke |
| 112- S. Shames, Newton North | 112- M. Mui, Hingham | 113- C. Monserret, Methuen | 113- D. Thompson, Lowell |
| 119- C. Melo, New Bedford | 119- P. Sughrue, Methuen | 120- M. Mui, Hingham | 120- N. DeRosa, Billerica |
| 125- J. Sherman, Burlington | 125- M. Buco, Gr. Lawrence | 126- P. Sughrue, Methuen | 126- C. Monserret, Methuen |
| 130- N. Flannery, Framingham | 130- J. Carroll, Needham | 132- M. Tamaradze, W. Springfield | 132- P. Sughrue, Methuen |
| 135- M. Sherman, Burlington | 135- J. Smith, Natick | 138- J. Smith, Natick | 138- M. Stewart, Dracut |
| 140- J. Michelson, Needham | 140- TJ Crabtree, St. Johns Prep | 145- CJ Doherty, Methuen | 145- Jim Ryan, Dracut |
| 145- D. Telhada, Franklin | 145- D. Visconti, Malden Catholic | 152- R. Niven, Tyngsborough | 152- R. Viruet, Springfield Central |
| 152- M. Donohoe, Tyngsboro | 152- B. Banks, Sp. Central | 160- J. Straight, Pathfinder | 160- J. Viruet, Springfield Central |
| 160- D. Golner, Tyngsboro | 160- R. Therrien, Masconomet | 170- W. Henson, Barnstable | 170- A. Restiva-Lage, Natick |
| 171- I. Williams, Haverhill | 171- J. Rodriques, Lawrence | 182- D. Dubin, Holliston | 182- A. Conrad, Bridgewater-Rayn |
| 189- A. Najjar, Shawsheen | 189- V. Avery, Foxboro | 195- L. Trindade, Billerica | 195- L. Trindade, Billerica |
| 215- A. Companeschi, Shawsheen | 215- B. Battles-Santos, Nauset | 220- M. Usmanov, W. Springfield | 220- I. Butterbrodt, St. John's Prep |
| 285- T. Jean-Jacques, Haverhill | 285- Z. Smerlas, Lincoln-Sudbury | 285- B. Battles-Santos, Nauset | 285- C. Jean-Jacques, St. John's Prep |

| <u>2014</u> | <u>2015</u> | <u>2016</u> | <u>2017</u> |
|--------------------------------------|--------------------------------------|-----------------------------------|-----------------------------------|
| 106- M. Aquino, Catholic Memorial | 106- K. Morris, Tyngsboro | 106- J. Ferri, Shawsheen | 106- H. Adrian, Melrose |
| 113- M. Hamilton Lincoln/Sudbury | 113- C. DeRosa, Billerica | 113- C. Wyman, Brockton | 113- J. Ferri, Shawsheen |
| 120- P. Robinson, St. Johns HS | 120- M. Kelley, Foxboro | 120- C. Derosa, Billerica | 120- C. Wyman, Brockton |
| 126- J. Ryan, Dracut | 126- A. Ellis, Arlington | 126- M. Kelley, Foxboro | 126- R. Attasauov, Wayland |
| 132- Z. Mellilo, North Andover | 132- J. Ryan, Dracut | 132- G. Murray, Chelmsford | 132- J. Lee, Burlington |
| 138- C. Monserret, Methuen | 138- R. Montiero, Minnechaug | 138- H. Costa, St. Johns Prep | 138- P. Ogata, Framingham |
| 145- E. Reyes, Dedham | 145- R. Bell, Nashoba | 145- R. Monterio, Minnechaug | 145- D. Haverly, Woburn |
| 152- R. Viruet, Springfield Central | 152- L. Boyle, Triton | 152- B. Defosses, Cental Catholic | 152- R. Monterio, Minnechaug |
| 160- J. Viruet, Springfield Central | 160- J. Viruet, Springfield Central | 160- B. Weyant, Hampshire Reg | 160- A. Sharif, Putnam |
| 170- B. Drover, North Andover | 170- F. Hoehn, North Andover | 170- E. Reyes, Dedham | 170- J. Bechen, Catholic Memorial |
| 182- N. Dionisotti, Lincoln/Sudbury | 182- C. Humphries, E. Longmeadow | 182- D. Franklin, Methuen | 182- D. Franklin, Methuen |
| 195- G. Tighe, Franklin | 195- D. Wensley, Wakefield | 195- B. Whitley, Minnechaug | 195- H. Behaeghel, Billerica |
| 220- I. Butterbrodt, St. John's Prep | 220- I. Butterbrodt, St. John's Prep | 220- J. Fusco, Shawsheen | 220- B. Whitley, Minnechaug |
| 285- K. Anderson, Springfield Ctrl | 285- O. Murray, Barnstable | 285- J. Carnevale, St. Johns Prep | 285- C. Cabrera, Central Catholic |

| <u>2018</u> | <u>2019</u> | <u>2020</u> | <u>2022</u> |
|--|---|---|---|
| 106- H. Adrian, Melrose | 106- T. Knox, Pentucket | 106- Z. Soda, Burlington | 106- M. Tamaradze, W. Springfield |
| 113- M. Leete, Danvers | 113- H. Adrian, Melrose | 113- E. Kinney, Chelmsford | 113- I. Paulino, Montachusett |
| 120- J. Darling, Masconomet | 120- M. Leete, Danvers | 120- H. Adrian, Melrose | 120- Matt Botello, Hingham |
| 126- C. Wyman, Brockton | 126- J. Valentino, North Andover | 126- M. Leete, Danvers | 126- Tyler Knox, St. John's Prep |
| 132- R. Attasauov, Wayland | 132- J. Darling, Masconomet | 132- K. Bogle, Hingham | 132- Sidney Tildsley, Shawsheen |
| 138- E. Marinilli, Canton | 138- R. Garlitz, St. John's Prep | 138- Mike Glynn, Central Catholic | 138- Ty Stewart, Tyngsboro/Dracut |
| 145- T. Jaklitsch, BC High | 145- C. Bacote, Springfield Central | 145- M. Miller, Springfield Central | 145- Mark Botello, Hingham |
| 152- C. Cincotta, North Andover | 152- B. Cassella, Nashoba Reg. | 152- Sean Herbert, Melrose | 152- R. Iwanicki, St. John's Prep |
| 160- L. Cordio, Nashoba Reg. | 160- C. Alvan, Springfield Central | 160- B. Cassella, Nashoba Regional | 160- M. Bobola, Xaverian |
| 170- J. Vecchione, Chelmsford | 170- J. Curley, Mansfield | 170- CJ Glaropoulos, Mansfield | 170- Des. Mclaughlin, Springfield Central |
| 182- J. Bechen, Catholic Memorial | 182- A. Spurlock, Brookline | 182- Russell Canova, Danvers | 182- J. Cordio, Nashoba |
| 195- T. Manick, Methuen | 195- D. McLaughlin, Springfield Central | 195- D. McLaughlin, Springfield Central | 195- D. Cha, Arlington |
| 220- A. Marshall, Lincoln-Sudbury | 220- O. Eldaly, Shawsheen | 220- Joao Neiva, Milford | 220- H. Kaye-Kuter, Milford |
| 285- C. St. Phard, Springfield Ctrl | 285- M. Kudra, North Attleboro | 285- Antonio Ramos, Agawam | 285- T. Brown, Chelmsford |
| click for full results | click for full results | click for full results | click for full results |

| <u>2023</u> |
|--|
| 106- Yandel Morales, Andover |
| 113- Alex Schaeubin, St. John's Prep |
| 120- Brayton Carbone, Shawsheen |
| 126- Jack Callahan, Tewksbury |
| 132- Jonah Paulino, Monty Tech |
| 138- Sidney Tildsley, Shawsheen |
| 145- Elliot Humphries, Minnechaug |
| 152- Drew McGourty, Braintree |
| 160- Rawson Iwanicki, St. John's Prep |
| 170- Rafael Knapp, Algonquin |
| 182- Nathan Blanchette, Central Catholic |
| 195- Nathan Leach, Bridgewater-Raynham |
| 220- Jayden Toppan, Gloucester |
| 285- Thomas Brown, Chelmsford |
| click for full results |

| <u>2-time All-State Champs (yrs)</u> | | <u>3-time All-State Champs (yrs)</u> | | <u>4-time All-State Champ (yrs)</u> |
|--------------------------------------|---|--|--|-------------------------------------|
| Y. Diamond, Wellesley (95, 96) | V. Renaut, Plymouth South (06, 07) | D. Diamond, Wellesley (94, 95, 96) | J. Fendone, Central Cath (01,02,03,04) | |
| D. Tillberg, Needham (95, 96) | K. Anderson, Billerica (07, 08) | D. Warshafsky, Chelm. (98, 99, 00) | C. Monserret, Methuen (11,12,13,14) | |
| F. Fodera, Winchester (96, 97) | D. Golner, Tyngsboro (08, 10) | M. Parziale, Woburn (99, 00, 01) | H. Adrian, Melrose (17, 18, 19, 20) | |
| M. Ingalls, Woburn (96, 97) | I. Williams, Haverhill (09, 10) | M. Pedro, St. Johns Prep (00, 01, 02) | | |
| M. Laramee, Rockland (97, 98) | S. Shames, Newton North (09, 10) | B. Sheehan, Lowell (04, 05, 06) | | |
| A. Botchan, Weston (97, 98) | M. Bucu, Gr. Lawrence (09, 11) | J. Sughrue, Methuen (05, 07, 08) | | |
| J. Leighton, Foxboro (97, 98) | J. Smith, Natick (11, 12) | T. Rich, Chelmsford (06, 07, 08) | | |
| D.C. Lashmit, Marlboro (97, 98) | B. Battles Santos, Nauset (11, 12) | N. Flannery, Framingham (08, 09, 10) | | |
| D. Shunamon, Tewksbur (97, 98) | L. Trindade, Billerica (12, 13) | M. Mui, Hingham (10, 11, 12) | | |
| B. Lingamfelter, A/B (97, 98) | R. Viruet, Spring Central (13, 14) | P. Sughrue, Methuen (11, 12, 13) | | |
| B. Lewis, Carver (99, 00) | C. Derosa, Billerica (15, 16) | J. Ryan, Dracut (12,14,15) | | |
| S. Heleniak, Franklin (99, 00) | M. Kelley, Foxboro (15, 16) | J. Viruet, Spring Central (13, 14, 15) | | |
| C. Lopez, Gr. Lowell (00, 01) | E. Reyes, Dedham (14, 16) | I. Butterbrodt, SJP (13, 14, 15) | | |
| R. LeRoux, Bridgew/R (01, 02) | J. Ferri, Shawsheen (16, 17) | R. Monterio, Minnechaug (15,16,17) | | |
| L. Beane, Bridgew/R (01, 02) | D. Franklin, Methuen (16, 17) | C. Wyman, Brockton (16, 17, 18) | | |
| M. Atlas, Burlington (02, 03) | B. Whitley, Minnechaug (16, 17) | M. Leete, Danvers (18, 19, 20) | | |
| M. Arone, Waltham (02, 03) | R. Attasauov, Wayland (17, 18) | | | |
| J. DaCruz, Ludlow (02, 03) | J. Bechen, Catholic Memorial (17, 18) | | | |
| S. Namvar, Needham (03, 04) | J. Darling, Masconomet (18, 19) | | | |
| R. Peterkin, Wellesley (03, 04) | B. Cassella, Nashoba Reg. (19, 20) | | | |
| C. Boyle, Lowell (04, 05) | D. McLaughlin, Springfield Central (19, 20) | | | |
| B. Murray, Central Cath (05, 06) | R. Iwanicki, St. John's Prep (22,23) | | | |
| J. Hamel, Natick (05, 06) | S. Tildsley, Shawsheen (22,23) | | | |
| C. Carpenter, Catholic Mem (06, 07) | T. Brown, Chelmsford (22,23) | | | |

*All-State Champions by School is on the next page



All-State Champions by Schools (1994-2023)

315 Individual Champions from 99 different schools



| School | # of All-State Champions | Total # of Championships | School | # of All-State Champions | Total # of Championships |
|---------------------|--------------------------|--------------------------|-------------------|--------------------------|--------------------------|
| Lowell | 18 | 21 | Catholic Memorial | 3 | 5 |
| St. John's Prep | 15 | 20 | Lincoln-Sudbury | 4 | 4 |
| Central Catholic | 14 | 18 | Greater Lawrence | 3 | 4 |
| Springfield Central | 13 | 17 | Haverhill | 3 | 4 |
| Methuen | 8 | 16 | Plymouth South | 3 | 4 |
| Chelmsford | 7 | 12 | Rockland | 3 | 4 |
| Shawsheen | 9 | 11 | Danvers | 2 | 4 |
| Burlington | 9 | 10 | Mansfield | 3 | 3 |
| Bridgewater-Rayn | 8 | 10 | Somerset | 3 | 3 |
| Franklin | 8 | 9 | West Springfield | 3 | 3 |
| Foxboro | 7 | 9 | Greater Lowell | 2 | 3 |
| Framingham | 7 | 9 | Marlboro | 2 | 3 |
| Billerica | 6 | 9 | Masconomet | 2 | 3 |
| Hingham | 6 | 8 | Newton North | 2 | 3 |
| Natick | 6 | 8 | Wayland | 2 | 3 |
| Wellesley | 4 | 8 | Agawam | 2 | 2 |
| North Andover | 7 | 7 | Arlington | 2 | 2 |
| Needham | 5 | 7 | Barnstable | 2 | 2 |
| Woburn | 4 | 7 | BC High | 2 | 2 |
| Ludlow | 5 | 6 | Brookline | 2 | 2 |
| Tewksbury | 5 | 6 | Milford | 2 | 2 |
| Tyngsboro | 5 | 6 | New Bedford | 2 | 2 |
| Dracut | 4 | 6 | Putnam | 2 | 2 |
| Melrose | 3 | 6 | Quabbin | 2 | 2 |
| Minnechaug | 3 | 6 | Wakefield | 2 | 2 |
| Weymouth | 5 | 5 | Xaverian | 2 | 2 |
| Carver | 4 | 5 | Acton/Boxboro | 1 | 2 |
| Nashoba Regional | 4 | 5 | Dedham | 1 | 2 |
| Waltham | 4 | 5 | Nauset Regional | 1 | 2 |
| Winchester | 4 | 5 | Weston | 1 | 2 |
| Brockton | 3 | 5 | Montachusett Tech | 2 | 2 |

Each of the following schools have had one (1) All-State Champion

| | | | |
|------------------|-----------------|-----------------|----------------|
| Algonquin | Hampshire Reg | Monument Mt | Savio Prep |
| Andover | Holliston | Mt. Everett | Scituate |
| Boston Latin | Lawrence | North Attleboro | Sharon |
| Braintree | Leominister | Pathfinder | St. John's (S) |
| Canton | Lexington | Pembroke | Stoughton |
| Cohasset | Longmeadow | Pentucket | Triton |
| Concord-Carlisle | Malden | Plymouth North | Wachusett |
| Duxbury | Malden Catholic | Quincy | Westford Acad |
| E. Longmeadow | Middleborough | Saugus | Wilmington |
| Gloucester | | | |