

## First Draft Cross-Country Waves 2024:

### BOYS:

DIVISION 1: Bristol-Plymouth (new) goes into wave 1B. Otherwise, leave waves the same as in 2023.

DIVISION 2: Immaculate Heart of Mary (new) goes to wave 2C. Move Longmeadow, Shepherd Hill Regional, and Melrose from the 2A wave to the 2B wave. Otherwise, leave waves the same as in 2023.

DIVISION 3: New teams: Joseph Case and Franklin Tech go into wave 3B. Academy of the Pacific Rim, Charlestown, Libertas Academy, and Turner's Falls go into wave 3C. Otherwise, leave waves the same as in 2023.

### GIRLS:

DIVISION 1: Bristol-Plymouth (new) goes into wave 1B. Move Westford Academy, Durfee, and Natick from wave 1A to wave 1B. Move Worcester Tech and Woburn from wave 1B to wave 1C. Otherwise, leave waves the same as in 2023.

DIVISION 2: Immaculate Heart of Mary and Saint Bernard's (new) go to wave 2C. Move Canton and Grafton from the 2B wave to the 2A wave. Otherwise, leave waves the same as in 2023.

DIVISION 3: New teams: Joseph Case, Blackstone-Millville, and Franklin Tech go into wave 3B. Academy of the Pacific Rim, Charlestown, Libertas Academy, Pioneer Science – Saugus, Pioneer Science - Everett, and Turner's Falls go into wave 3C. Move Lynnfield from wave 3B to wave 3A. Move Sturgis Charter West, Sturgis Charter East, Southwick, and West Bridgewater from wave 3C to wave 3B. Otherwise, leave waves the same as in 2023.

This proposal results in the following schools with boys & girls teams in different waves (fewer than in 2023):

Boston Latin, Braintree 1A girls/ 1B boys

Algonquin, Marshfield 1B girls/ 1C boys

→ if we move boys first for D1 wave races these will be consecutive races (current format has girls first in D1 but boys first in D2 and D3).

Longmeadow, Shepherd Hill, Melrose, Grafton 2A girls/2B boys

North Middlesex, Foxboro 2B girls/ 2C boys

→ These are consecutive races

Frontier Regional, Oxford, Blackstone-Millville, Carver 3C girls, 3B boys

→ if we move girls first for D3 wave races these will be consecutive races.