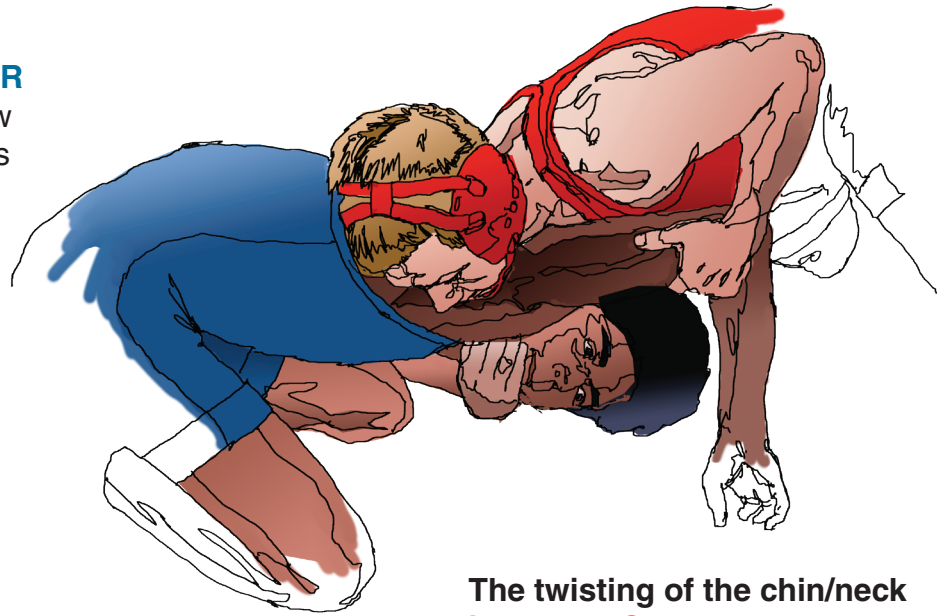


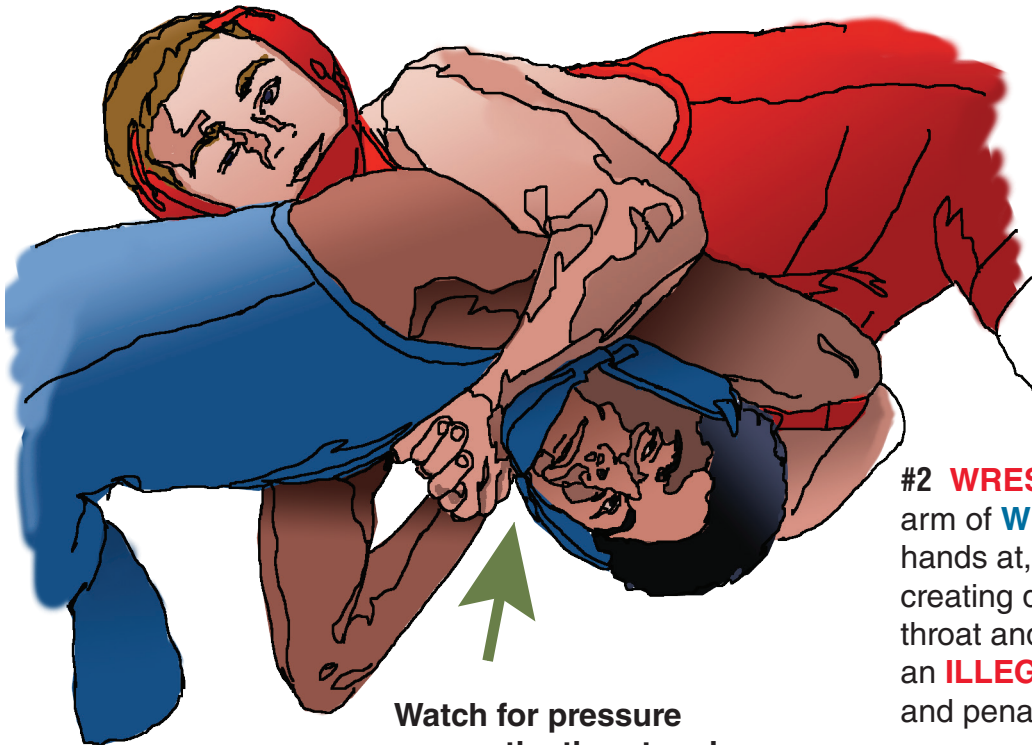


#1 Set-up From the front **WRESTLER A** –grabs **WRESTLER B's** cheek/chin and pulls the elbow up to trap the arm against cheek is **LEGAL**.



The twisting of the chin/neck is an **ILLEGAL** neck wrench.

NOTE: Official needs to lower their level to see up and under wrestler throat.



Watch for pressure across the throat and side of neck.

#2 **WRESTLER A**- releases the arm of **WRESTLER B** and locks his hands at, and under the chin creating direct pressure on the throat and carotid artery making this an **ILLEGAL CHOKER HOLD**, stop and penalize.