



# Official Pitch Count Worksheet

Date: \_\_\_\_\_

Home Team: \_\_\_\_\_

Visiting Team: \_\_\_\_\_

Conference Game: \_\_\_\_\_ Non-Conference Game: \_\_\_\_\_

## Notes

- Coaches will designate on their line up cards which players are *not eligible to pitch* that day.
- Coaches or their designee confirm pitch counts after every 2 innings and at the conclusion of the game.
- At the conclusion of each contest, both coaches will sign the official MIAA pitch count sheet

Varsity	
1-25	0 days rest
26-40	1 days rest
41-55	2 days rest
56-70	3 days rest
71-115*	4 days rest

Sub-Varsity	
1-25	0 days rest
26-40	1 days rest
41-55	2 days rest
56-70	3 days rest
71-95	4 days rest

\*If a pitcher has thrown 71-90 pitches on the day he last pitched, on his fourth day of rest, he would be eligible to throw a maximum of 25 pitches.

HOME TEAM: \_\_\_\_\_

Player #	Player's Name	# of Pitches

VISITING TEAM: \_\_\_\_\_

Player #	Player's Name	# of Pitches

*\* I hereby certify that the above pitch counts are correct:*

Home Team Head Coach: \_\_\_\_\_

Date: \_\_\_\_\_

Visiting Team Head Coach: \_\_\_\_\_

Date: \_\_\_\_\_

