



WELLNESS

SPORTSMANSHIP

COACHES' EDUCATION

LEADERSHIP

COMMUNITY SERVICE

#OneTeamOneMIAA

North & South Girls Sectional
Swimming & Diving
Tournament

February 8, 2025

@MIT

Growing Courageous Leaders™

Time Line for the M.I.A.A. 2024 Winter Girls South Sectional Swim & Dive Championships

Al and Barrie Zesiger Sports & Fitness Center @ MIT

M.I.A.A. Sportsmanship guidelines and behavioral expectations will be strictly enforced throughout the meet. These guidelines specifically prohibit all noisemakers and signs. Shirts must be worn in the spectator gallery at all times and body painting is not allowed. Only school or team banners are allowed and these must be hung by meet staff. Only participants and team staff listed on the roster may be on deck during the meet.

- 7:00 Swimmers & Coaches check-in at Entrance Hall Lobby to the left of the Balcony Stairs
- 7:15 Warm-ups begin in the Competition Pool and the Diving Lap Pool. Feet first entries only.
- TBA Sprint Lanes (One Length). Time and lanes will be announced by the meet referee.
- 7:40 – 8:00 Coaches' Meeting - in the DuPont Entry Hall lobby behind the Diving Board Complex
Meet Information, medley relay declarations, scratches, declared false starts, etc.
- 7:45 Balcony open for Spectators
- 7:55 Officials meeting with divers and dive coaches – beneath the platform diving boards
- 8:00 Timers meeting. Zesiger Sports Center Lobby. Timers report with watches
- 8:15 Warm-up Ends. Diving Lap Pool Open.
- 8:25 Senior introductions (gather at awards area near lane (1). followed by the National Anthem.
- 8:30 Fall South Sectional Championship in Swimming & Diving begin - 8 Lane Swimming
- 15 minute Swim Break in lieu of Diving. (Championship pool open for warm –up)
- Five minute Swim Break prior to 400 F.S. Relay. (Championship pool closed)

Swim Referee: Marian Nihan

Officials: Jen Kelly, Val Kilduff,
Harruru Lee, Flavio Texiera

Dive Referee: Sue Gaspar

Officials: Keith Meliones, Paul Perz
Kelly Pierce, Billy Walker

Meet Director: Peter Foley
Chief Swim Clerk: Kimberly Whitworth

Swim Announcer: Bryan King
Dive Announcer: Janelle Burke

***Participating Schools South Girls
2024 – 25***

<u>School</u>	<u>Athletic Director</u>	<u>Coaching Staff</u>
Archbishop Williams	Sean McDonough	Brian Kowalsky, Patti Curran
Ashland	Kevin Anderson	Mike Kotch, John Barrett
Attleboro	Mark Houle	Darbie Sawyer, Sarah Butteg, Katelyn Gibson
Barnstable St. Pope John II	Henry Stevens	Ellen Gage, Kate LaPlume,, Elizabeth Wareham, Hannah Goeffrion, Alex Stampfl
Bishop Feehan	Christian Schatz	Kathy White Matt Suarez, Ben Goho, Jackson Perry
Bishop Stang	Nate Greene	Dave Ponte, Ben Carusi
Brockton	Kevin Karo	Gina Polisenio, Dodhy Saint – Amand, Kelly Ortendahl, Gavin Rocha
Canton	Danny Erickson	Cheryl Cavanaugh, Chris Murттаugh
Cardinal Spellman	Mike Gerrish	Kara McInnis
Cohasset	Steve Rotundi	George Stamides
Dedham	Steve Traister	Kathleen Megan, Juliette Byrnes, Maura O’Brien
Dover Sherborn	Emily Sullivan	Carly Eckles, Kyle Browning, Maura O’Brien
Durfee	Brad Bustin	Chris Polisenio, Adam Katz, Emma Jacinto
Duxbury	Jeff Maidment	Krysten Davis, Doug Backlund , Chris Benisch
Foxboro	Joe Cusak	Joel Stein, Julie Foley, Brian Burke
Franklin	Karrah Ellis	Carl Cedarquist, Colleen Gordon, Maria Napoli
Hingham	Jim Quatromoni	Kaitlyn McDonough, Kara McInnis, Theresa Kerigan
Hopkinton	Ricky Andrade	Blake Briner, Mary Lauren Burke
King Philip	Gary Brown	Susan Antonellis, Nicole Cleasby
Mansfield	Timothy Selmon	Brian Schwartz, Austin Schwartz, Abbie Grant, Steve Dubois
Marshfield Hanover	William Battis	Barb Toohey, Lily Courtney, Matt Nugent, Nikki Sheehan, Chris Benisch

Medfield	Eric Scott	Karen O'Connell, Jeff Moran, Maura O'Brien
Middleboro	Ryan Sylvia	Sean Siciliano, Kayla Gisherman
Milford	Pete Boucher	Kate Lemire, Dave Chaplin, Oliver Michalewski
Nantucket	Travis Lombardi	Dylan Jones, Doreen Allen, Andrew Trott, Kielawa
Nauset Regional	John Mattson	Jennifer Stevens, Justin Bohannon
New Bedford	Thomas Tarpey	Tim Curry, Koby Verran, Michael Gryss, Geraldine Fortes, Maya Sylvia
Norton	Aaron Sumner	Ruston Eastman, Kendra Cerce, Kathryn Nugent, Steven Dubois
Norwell So.Shore Tech	J.J. Niamkey	Julie Fox, Jen Schad,, Bridget Lawson, Chris Benisch
Norwood	Jonathan Longley	Jen Rodger, Kate Curtin, Paul Ferraro, Juliana Melchionda, Bobby O'Connell, Bella Inzodda
Old Rochester	Chris Carrig	Alex Desrochers, Sarah Robertson, Christina Bonney
Oliver Ames	Merry MacDonald	Morgan O'Hara, Makayla Paquin
Pembroke	Brian Phillips	Brian Noyes, Rebecca Biathras
Plymouth North & South	Justin Domingos	Bob Bell
Quincy North Quincy	Kevin Mahoney	Thomas Whittico,Shae Aiguer, Caroline Wilbur, Theresa Kerrigan
Sandwich	Sean Donovan	Wendy Pierce, John Cahill, Tony Compton
Scituate	Scott Paine	Eric Fagerlund, Jessica Whittier
Seekonk (COOP)	Kasey Squires	Brook Michaud, Matt Wills
Sharon	Mike Vitelli	Sara Barbera, Ryan Stringfellow
Silver Lake Whitman Hanson	Richard Swanson	Jonathan Munro, Meghan Donaghey
Stoughton	Robin Ireland	Wyatt Callander
Westwood	Matt Gillis	Mary Holt Wilson, Maureen Erickson, Allie Cuccoli

2025 MIAA Winter Girl's South Sectional - 2/8/2025

Meet Program

Event 1 Women 200 Yard Medley Relay

Meet Record: 1:46.66 2/10/2018 Duxbury

J Ali, M Buckley, G Ali, A Jamieson

State Record: 1:44.80 2/17/2018 Duxbury High School

J Ali, M Buckley, G Ali, A Jamieson

State QualD1: 2:05.60

State QualD2: 2:03.85

AA Automatic: 1:44.31

AA Consider: 1:46.22

Meet Qualifying: 2:05.89

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Finals

2			
3			
4	Hingham		2:05.20
5	COHA		2:02.64
6	NORW		2:04.82
7	ASHL		2:05.34
8			
9			

Heat 2 of 3 Finals

2	DEDH		2:02.37
3	SAND		2:02.29
4	NAUS		2:01.80
5	DUXB		2:01.10
6	SEEK		2:01.52
7	NEWB		2:02.25
8	MAHA		2:02.32
9	Norton		2:02.60

Heat 3 of 3 Finals

2	SHAR		2:00.50
3	NANT		1:59.96
4	DOVE		1:57.18
5	ATTL		1:53.45
6	FRAN		1:53.80
7	QUIN		1:59.74
8	Feehan		2:00.08
9	SCIT		2:00.71

Event 2 Women 200 Yard Freestyle

Meet Record: 1:49.94 2/10/2018 Ashley Loomis

State Record: 1:48.32 11/17/2019 Malia Amuan

State QualD1: 2:08.99

State QualD2: 2:08.51

AA Automatic: 1:48.79

AA Consider: 1:50.65

Meet Qualifying: 2:11.41

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Finals

2	Georgia Pearson	26	MAHA	2:08.71
3	Deryn Collins	25	SCIT	2:08.61
4	Ava Gallagher	25	FOXB	2:06.55
5	Evie Phelps	27	NANT	2:05.86
6	Alison Sham	26	DOVE	2:06.28
7	Molly Lutz	25	PLYM	2:06.79
8	Laura Kaser	26	NAUS	2:08.67
9	Jordan Iovino	26	Medfield	2:09.25

Heat 2 of 2 Finals

2	Dakota Callahan	28	DOVE	2:02.25
3	Lydia Craft	27	SEEK	2:02.05
4	Ally Jacques	25	Norton	2:01.45
5	Cora Shea	27	SHAR	1:58.16
6	Feining Huang	26	SHAR	1:58.23
7	Ava Pecora	27	FRAN	2:01.81
8	Addison MacDonald	25	MANS	2:02.11
9	Alexa Lopez Vergara	26	BSTA	2:05.46

Event 3 Women 200 Yard IM

Meet Record: 2:04.16 2/8/2020 Megan Kramer

State Record: 2:01.56 2/15/2014 Jen Marrkand

State QualD1: 2:27.56

State QualD2: 2:26.17

AA Automatic: 2:01.38

AA Consider: 2:04.11

Meet Qualifying: 2:29.46

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Finals

2	Nora Dinneen	25	CARD	2:28.40
3	Maeve Gleeson	27	CARD	2:27.15
4	Leila Evans	25	BARN	2:26.86
5	Alera Michaud	28	NAUS	2:26.56
6	Brooke Carline	26	Norton	2:26.82
7	Brielle Shelly	25	SLWH	2:26.90
8	Rose Lindblom	27	SCIT	2:27.19
9	Brigid Steele	30	SAND	2:29.18

Heat 2 of 2 Finals

2	Noelle Sanmarco	25	DUXB	2:25.58
3	Sara Dussault	26	NANT	2:23.57
4	Emily Tonino	27	SEEK	2:20.69
5	Zuri Ferguson	25	ATTL	2:14.34
6	Sarah Pescod	26	Norton	2:16.16
7	Molly Connors	26	ASHL	2:22.00
8	Norah Yang	28	DOVE	2:24.29
9	Ava Dougherty	26	ATTL	2:25.96

2025 MIAA Winter Girl's South Sectional - 2/8/2025

Meet Program

Event 4 Women 50 Yard Freestyle

Meet Record:	23.63	2/8/2015	Dorian McMenemy
State Record:	23.18	11/17/2019	Michaela Chokureva
State QualD1:	26.84		
State QualD2:	26.72		
AA Automatic:	23.08		
AA Consider:	23.54		

Meet Qualifying: 27.14

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Finals

2				
3				
4	Mackenzie Roy	27	MILF	X27.13
5	Trinity Coleman	26	NEWB	27.04
6	Avery Antunes	26	DURF	27.10
7				
8				
9				

Heat 2 of 4 Finals

2	Amelia Byrne	28	Hingham	26.85
3	Wilma Zeng	28	SHAR	26.80
4	Liv Berte	27	SLWH	26.75
5	Gianna Guerriero	25	ARCH	26.70
6	Kari Cabral	25	Feehan	26.71
7	Emily Pelchat	28	Feehan	26.76
8	Addison Rhodes	25	MAHA	26.83
9	Ashley Wagner	28	COHA	26.93

Heat 3 of 4 Finals

2	Caroline Huston	26	NEWB	26.65
3	Daniela Vernot	26	STOU	26.47
4	Kayla Ngo	28	QUIN	26.28
5	Taylor O'Neil	25	FRAN	26.13
6	McKenzie Gilmore	26	SCIT	26.24
7	Audrey Hannigan	25	MAHA	26.47
8	Ryan Colleran	28	WWOO	26.55
9	Sasha Baghdasaryan	27	FRAN	26.67

Heat 4 of 4 Finals

2	Michelle Asriyan	28	WWOO	26.06
3	Serenity Coleman	27	NEWB	25.82
4	Anna Szafran	27	DUXB	25.53
5	Samantha Lee	29	NORW	24.82
6	Avary Serpa	25	Feehan	25.43
7	Myah Johnson	26	NANT	25.73
8	Annie McLean	25	CANT	26.03
9	Nora Olson	26	DOVE	26.11

Event 5 Women 1 mtr Diving

Meet Record:	539.55	2/17/2005	Tess Waresmit
State Record:	579.30	2/14/2015	Meghan O'Brien
State QualD1:	187.00		
State QualD2:	192.00		

Meet Qualifying: 180.00

Lane	Name	Yr	School	Seed Time
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Flight 1 of 1 Prelims

1	Maddie Reif	26	NORL	294.10
2	Colleen Sisk	25	NORW	249.05
3	Brooklyn Hairston	30	SAND	196.50
4	Sophie Shield	25	Medfield	219.83
5	Harper Morrison	25	WWOO	222.40
6	Keira Smid	27	DEDH	222.20
7	Greta Ten Hagen	25	Medfield	200.55
8	Marlyss Wagner	26	BROC	200.50
9	Jacqui Bank	26	NEWB	211.40
10	Madison Ferreira	25	DURF	246.05
11	Izzy deMedeiros	26	Feehan	204.00
12	Casey Carvalho	25	DURF	228.40
13	Rachael Silva	25	DURF	291.80
14	Sadie Him	26	Norton	244.90
15	Brooke Kudrle	27	SAND	200.00
16	Claire Bjerre	26	DURF	190.35
17	Shea Larkee	25	NORW	237.90

Event 6 Women 100 Yard Butterfly

Meet Record:	54.69	2/8/2014	Taylor Strachan
State Record:	53.31	11/21/2021	Anna Boemer
State QualD1:	1:06.35		
State QualD2:	1:05.96		
AA Automatic:	54.32		
AA Consider:	55.58		

Meet Qualifying: 1:07.12

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Finals

2	Paige Stewart	27	NORL	1:06.75
3	Molly Lutz	25	PLYM	1:06.69
4	Clara Schreiber	26	MANS	1:06.47
5	Rose Lindblom	27	SCIT	1:05.78
6	Kasey Joyce	26	PLYM	1:05.79
7	Molly Lockwood	26	FOXB	1:06.63
8	Martina Savova	25	NANT	1:06.74
9	Maeve Gleeson	27	CARD	1:06.90

Heat 2 of 3 Finals

2	Mackenzie Roy	27	MILF	X1:05.67
3	Molly McKinnon	28	FRAN	1:05.36
4	Dakota Callahan	28	DOVE	1:05.02
5	Bonnie Arrigo	28	SEEK	1:03.97
6	Alexa Lopez Vergara	26	BSTA	1:04.98
7	Brooke Carline	26	Norton	1:05.11
8	Noelle Sanmarco	25	DUXB	1:05.62
9	Laura Kaser	26	NAUS	1:05.71

2025 MIAA Winter Girl's South Sectional - 2/8/2025

Meet Program

Heat 3 Finals (#6 Women 100 Yard Butterfly)

2	Ava Gallagher	25	FOXB	1:02.29
3	Raina Wu	28	DOVE	1:00.53
4	Kseniya Baghdasaryan	25	FRAN	59.63
5	Annie McLean	25	CANT	58.82
6	Feining Huang	26	SHAR	59.22
7	Samantha Provost	27	ATTL	1:00.26
8	Olivia Erwin	27	Feehan	1:01.74
9	Emily Tonino	27	SEEK	1:03.29

Event 7 Women 100 Yard Freestyle

Meet Record:	51.68	2/8/2014	Marie Chamberlain
State Record:	49.73	11/12/2021	Malia Amuan
State QualD1:	58.91		
State QualD2:	58.67		
AA Automatic:	50.16		
AA Consider:	50.99		

Meet Qualifying: 59.87

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Finals

2				
3				
4	Darcy Pollender	27	KING	59.71
5	Annabelle Martin	25	COHA	59.38
6	Ryan Colleran	28	WWOO	59.57
7	Grace Baldassi	26	SEEK	59.75
8				
9				

Heat 2 of 3 Finals

2	McKenzie Gilmore	26	SCIT	58.98
3	Kayla Ngo	28	QUIN	58.62
4	Ashley Wagner	28	COHA	57.85
5	Nora Olson	26	DOVE	57.31
6	Myah Johnson	26	NANT	57.65
7	Michelle Asriyan	28	WWOO	58.08
8	Emma Izmirlic	26	Hingham	58.97
9	Caroline Huston	26	NEWB	59.27

Heat 3 of 3 Finals

2	Taylor O'Neil	25	FRAN	56.18
3	Harikalal Birali	25	FRAN	55.85
4	Audrey Hannigan	25	MAHA	55.41
5	Samantha Lee	29	NORW	54.71
6	Ally Jacques	25	Norton	55.16
7	Bella Trevaskis	28	SCIT	55.61
8	Serenity Coleman	27	NEWB	55.87
9	Avary Serpa	25	Feehan	56.54

Event 8 Women 500 Yard Freestyle

Meet Record:	4:52.38	1999	Samantha Arsenault
State Record:	4:50.79	2/17/2018	Ashley Loomis
State QualD1:	5:47.39		
State QualD2:	5:48.05		
AA Automatic:	4:53.16		
AA Consider:	4:58.35		

Meet Qualifying: 5:55.73

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Finals

2				
3				
4	Leila Evans	25	BARN	5:55.10
5	Sophia Warnetski	27	ASHL	5:52.01
6	Murron McGillicuddy	27	NORL	5:53.77
7	Bridget Travers	28	FRAN	5:55.33
8				
9				

Heat 2 of 3 Finals

2	Molly McKinnon	28	FRAN	5:51.10
3	Cora Shea	27	SHAR	5:49.44
4	Kasey Joyce	26	PLYM	5:45.59
5	Liv Berte	27	SLWH	5:41.60
6	Alison Sham	26	DOVE	5:44.60
7	Maeve Lynch	27	SCIT	5:48.93
8	Molly Lockwood	26	FOXB	5:50.38
9	Deryn Collins	25	SCIT	5:51.55

Heat 3 of 3 Finals

2	Molly St.Gelais	26	PLYM	5:35.42
3	Ava Pecora	27	FRAN	5:29.63
4	Samantha Provost	27	ATTL	5:24.39
5	Sarah Pescod	26	Norton	5:16.62
6	Zuri Ferguson	25	ATTL	5:22.72
7	Addison MacDonald	25	MANS	5:25.00
8	Jordan Iovino	26	Medfield	5:34.55
9	Amelia Byrne	28	Hingham	5:37.46

2025 MIAA Winter Girl's South Sectional - 2/8/2025

Meet Program

Event 9 Women 200 Yard Freestyle Relay

Meet Record: 1:40.75 2/10/2018 Nantucket

C Hofford, J Jordin, S Gerardi, K Pittman

State Record: 1:35.64 2/15/2012 Weston High School

J Avila, V Bryson, M Pierce, B Tocci

State QualD1: 1:51.63

State QualD2: 1:51.12

AA Automatic: 1:35.48

AA Consider: 1:37.15

Meet Qualifying: 1:53.83

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Finals

2	ASHL		1:52.47
3	ARCH		1:51.94
4	PLYM		1:51.54
5	NANT		1:51.30
6	CARD		1:51.43
7	NAUS		1:51.69
8	MANS		1:52.09
9	HOPK		1:53.27

Heat 2 of 3 Finals

2	DURF		1:50.95
3	DEDH		1:50.59
4	Hingham		1:50.38
5	QUIN		1:50.21
6	MAHA		1:50.38
7	NORW		1:50.39
8	CANT		1:50.76
9	Wwoo		1:50.96

Heat 3 of 3 Finals

2	NEWB		1:48.32
3	Norton		1:47.81
4	FRAN		1:46.80
5	DOVE		1:44.32
6	ATTL		1:45.42
7	SCIT		1:47.37
8	DUXB		1:47.81
9	Feehan		1:48.94

Event 10 Women 100 Yard Backstroke

Meet Record: 57.07 2/10/2018 Julia Ali

State Record: 52.78 2/21/2016 Kaitlin Harty

State QualD1: 1:06.78

State QualD2: 1:06.98

AA Automatic: 54.69

AA Consider: 55.91

Meet Qualifying: 1:07.98

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Finals

2				
3				
4	Vivian Ma	26	DOVE	1:07.93
5	Addison Rhodes	25	MAHA	1:07.35
6	Sam Jesson	28	Hingham	1:07.73
7	Iryna Prukhnitska	28	MANS	1:07.96
8				
9				

Heat 2 of 3 Finals

2	Addison McDonagh	25	OLIV	1:06.43
3	Anna Burke	26	HOPK	1:06.20
4	Leann Ruan	27	QUIN	1:05.68
5	Bonnie Arrigo	28	SEEK	1:04.82
6	Annabelle Martin	25	COHA	1:05.29
7	Emma Izmirlis	26	Hingham	1:05.99
8	Daniela Vernot	26	STOU	1:06.22
9	Isabel Colella	25	NAUS	1:07.27

Heat 3 of 3 Finals

2	Raina Wu	28	DOVE	1:03.79
3	Bella Trevaskis	28	SCIT	1:03.36
4	Molly St.Gelais	26	PLYM	1:02.85
5	Harikalal Birali	25	FRAN	1:00.07
6	Lydia Craft	27	SEEK	1:02.66
7	Olivia Erwin	27	Feehan	1:03.19
8	Sasha Baghdasaryan	27	FRAN	1:03.74
9	Kseniya Baghdasaryan	25	FRAN	1:04.21

Event 11 Women 100 Yard Breaststroke

Meet Record: 1:02.67 2/10/2018 Mary Buckley

State Record: 1:01.74 2/17/2018 Mary Buckley

State QualD1: 1:16.48

State QualD2: 1:16.21

AA Automatic: 1:02.53

AA Consider: 1:03.85

Meet Qualifying: 1:19.12

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Finals

2				
3				
4	Lexi Eastman	25	SAND	1:19.05
5	Maeve Lynch	27	SCIT	1:18.64
6	Vivian Ma	26	DOVE	1:18.97
7				
8				
9				

2025 MIAA Winter Girl's South Sectional - 2/8/2025

Meet Program

Heat 2 Finals (#11 Women 100 Yard Breaststroke)

2	Evie Lassonde	28	ASHL	1:18.57
3	Kari Cabral	25	Feehan	1:18.35
4	Ashley Powers	26	OLIV	1:17.56
5	Brielle Shelly	25	SLWH	1:16.70
6	Georgia Pearson	26	MAHA	1:17.01
7	Sophia Unger	28	DEDH	1:17.77
8	Nora Dinneen	25	CARD	1:18.37
9				

Heat 3 of 3 Finals

2	MAHA	4:00.50
3	Feehan	3:55.40
4	DOVE	3:53.35
5	FRAN	3:46.80
6	SEEK	3:53.21
7	Norton	3:54.93
8	SHAR	3:58.80
9	SCIT	4:01.90

Heat 3 of 4 Finals

2	Alera Michaud	28	NAUS	1:16.61
3	Chloe Blette	29	MIDD	1:16.46
4	Christina Guan	26	QUIN	1:16.14
5	Wilma Zeng	28	SHAR	1:14.94
6	Bridget Sople	25	NORW	1:15.58
7	Elizabeth Chubb	26	OLDR	1:16.37
8	Trinity Coleman	26	NEWB	1:16.61
9	Murron McGillicuddy	27	NORL	1:16.66

Heat 4 of 4 Finals

2	Sara Dussault	26	NANT	1:14.47
3	Evie Phelps	27	NANT	1:14.29
4	Anna Szafran	27	DUXB	1:12.57
5	Molly Connors	26	ASHL	1:09.05
6	Norah Yang	28	DOVE	1:11.68
7	Ava Dougherty	26	ATTL	1:13.33
8	Tracey Brown	28	DEDH	1:14.39
9	Sophia Warnetski	27	ASHL	1:14.84

Event 12 Women 400 Yard Freestyle Relay

Meet Record: 3:34.04 2/10/2018 Duxbury

M Buckley, A Jamieson, J Ali, G Ali

State Record: 3:27.71 2010 Andover High School

A Korsberg, M Patterson, M D'Innocenzo, R Moore

State QualD1: 4:06.10

State QualD2: 4:04.35

AA Automatic: 3:27.68

AA Consider: 3:31.16

Meet Qualifying: 4:13.24

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Finals

2			
3	DEDH		4:12.73
4	OLIV		4:12.19
5	NAUS		4:09.54
6	WVVO		4:10.50
7	HOPK		4:12.66
8			
9			

Heat 2 of 3 Finals

2	NORW		4:08.38
3	CANT		4:07.86
4	MANS		4:05.73
5	COHA		4:02.61
6	PLYM		4:02.88
7	NEWB		4:07.61
8	Hingham		4:08.09
9	ASHL		4:08.83

Time Line for the M.I.A.A. 2025 Winter North Girls Sectional Swim & Dive Championships

Al and Barrie Zesiger Sports & Fitness Center @ MIT

M.I.A.A. Sportsmanship guidelines and behavioral expectations will be strictly enforced throughout the meet. These guidelines specifically prohibit all noisemakers and signs. Shirts must be worn in the spectator gallery at all times and body painting is not allowed. Only school or team banners are allowed and these must be hung by meet staff. Only participants and team staff listed on the roster may be on deck during the meet.

- 2:30 Swimmers & Coaches check-in at Entrance Hall Lobby to the left of the Balcony Stairs
- 2:45 Warm-ups begin in the Competition Pool and the Diving Lap Pool. Feet first entries only.
- TBA Sprint Lanes (One Length). Time and lanes will be announced by the meet referee.
- 3:00 – 3:20 Coaches' Meeting - in the DuPont Entry Hall lobby behind the Diving Board Complex
Meet Information, medley relay declarations, scratches, declared false starts, etc.
- 3:10 Officials meeting with divers and dive coaches – beneath the platform diving boards
- 3:15 Balcony open for Spectators
- 3:15 Timers meeting. Zesiger Sports Center Lobby. Timers report with watches
- 3:45 Warm-up Ends. Diving Lap Pool Open.
- 3:50 Senior introductions (gather at awards area near lane 1), followed by the National Anthem.
- 4:00 Winter North Sectional Championship in Swimming & Diving begin - 8 Lane Swimming
- 15 minute Swim Break in lieu of Diving. (Championship pool open for warm –up)
- Five minute Swim Break prior to 400 F.S. Relay. (Championship pool closed

Swim Referee: Marian Nihan

Officials: Jen Kelly, Val Kilduff
Haruru Lee, Flavio Texiera

Dive Referee: Sue Gaspar

Officials: Paul Perz, Kelly Pierce,
Billy Walker, Kim Whitworth

Meet Director: Peter Foley
Chief Swim Clerk: Kimberly Whitworth

Swim Announcer: Bryan King
Dive Announcer: Janelle Burke

***Participating Schools North Girls
2024 – 25***

<u>School</u>	<u>Athletic Director</u>	<u>Coaching Staff</u>
Bedford	Keith Mangan	Julia Doucette, Beth Billouin, Kim Donovan
Bishop Fenwick	Scott Connolly	Gabby Trahant, Emily Ambeliotis, Stephanie Forte
Cambridge R&L	Tom Arria	Georgia Kostopoulous, Harry Delgado, Sarah, Zack Teffahi
Concord Carlisle	Aaron Jocos	Matt Goldberg Jerry Moss, Jenny Wolf, Shane Conroy, Amy Hesbach, Jon Grayzel, Simon Li, Kristi Pucillo, Kim Donovan,
Gloucester Beverly	Bryan Lafatta	Laura Dale, Mercedes Lane, Stepanie Forte
Hamilton Wen. Man. Essex	Craig Genualdo	Angela Ceriello, Cindy Lee
Ipswich	Tom Gallagher	Barbara Machaiek, Erin Brahus
Lincoln Sudbury	Dan Lee	Julie Nocka, Caroline Singler, Catherine Oppenheim, Shawn Powers
Lynnfield Wakefield	Mia Muzio	Jeff Boyd, Kelsey Duggan , Stephanie Forte
Malden	Charlie Conefrey	Jessica Bisson, Julie Grillan
Marblehead	Kent Wheeler	Susan Guertin, Jennifer Brehob, Luc Duran, Brendan Graffum
Masconomet	John Daileanes	Heather Rousseau, Carol Yunker, Stephanie Forte, Sarah Guido, Stephanie Curley
Mystic Valley Charter	Eric Martin	Andrew DiGiacomo, Hallie Campbell
Newton South	Patricia Gonzales	lyse Herman, Sam Herman, Michael Kennedy
North Reading Wilmington	Dave Johnson	Sue Hunter, John Hunter
Peabody Essex Tech	Dennis Desroches	Nicole O’Neil, Timothy Savidge, Stephanie Forte
St. Mary Lynn	Jeff Newhall	Michelle Brewster, Kayla Landry, Michael Kallielis
Swampscott	Kelly Wolff	Ashley Viera, Brandon O’Donnell, Brendan Graffum

Triton	Joel McKenna	Rebecca Burrell, Kelly Binder, Erin Brahms
Waltham	Steve LaForest	Skip Farkas, Jason Ciccariello, Mary Ellen Clark
Wayland	Heath Rollins	Mike Foley, Keith Meliones, Ben Downs, Becca Wuerfl, Melissa Rappaport, Drew Foley, Shawn O’Leary, Richard Davies
Westford Academy	Jeff Bunyon	Caitlin Klick McHugh, Harriet Kinnett, Shauna Klick McHugh, Christin Monaghan, Lindsay Gillies, Katherine O’Shea, Kim Donovan
Weston	Mike McGrath	Jim McLaughlin, Mike Gavin, Cary Monz, Sarah Altman,

2025 MIAA Winter Girl's North Sectional - 2/8/2025

Meet Program

Event 1 Women 200 Yard Medley Relay

Meet Record: 1:46.52 2/8/2014 Weston High School

B Tocci, M Pierce, J Avila, V Bryson

State Record: 1:44.80 2/17/2018 Duxbury High School

J Ali, M Buckley, G Ali, A Jamieson

State QualD1: 2:05.60

State QualD2: 2:03.85

AA Automatic: 1:44.31

AA Consider: 1:46.22

Meet Qualifying: 2:13.22

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Finals

2			
3			
4	CRLS		2:11.08
5	NRWI		2:08.95
6	WALT		2:10.83
7			
8			
9			

Heat 2 of 3 Finals

2			
3	MASC		2:07.24
4	LYNF		2:03.10
5	NEWS		2:01.91
6	Hamilton Wenham		2:02.26
7	Malden		2:04.95
8	SWAM		2:08.19
9			

Heat 3 of 3 Finals

2	Westford		1:58.22
3	WAYL		1:57.43
4	MYST		1:55.54
5	LINC		1:53.12
6	CCHS		1:54.91
7	Weston		1:56.25
8	TRIT		1:57.71
9	MARB		1:59.63

Event 2 Women 200 Yard Freestyle

Meet Record: 1:51.04 2/10/2018 Jacey Hinton

State Record: 1:48.32 11/17/2019 Malia Amuan

State QualD1: 2:08.99

State QualD2: 2:08.51

AA Automatic: 1:48.79

AA Consider: 1:50.65

Meet Qualifying: 2:10.76

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Finals

2				
3				
4	Defne Russo	28	LINC	2:10.56
5	Caroline Rent	26	WAYL	2:10.44
6	Rhianna Barrett	26	Westford	2:10.55
7				
8				
9				

Heat 2 of 3 Finals

2	Catherine Sperry	26	Westford	2:09.54
3	Madeline Young	28	Weston	2:07.25
4	Bess Sterman	27	CRLS	2:06.70
5	Maayan Levvari	26	NEWS	2:05.72
6	Miriam Qureshi	26	WAYL	2:06.41
7	Maddie Werner	28	CCHS	2:06.81
8	Bella Newbern	25	LINC	2:07.36
9	Charlotte Aeder	25	Westford	2:09.89

Heat 3 of 3 Finals

2	Katherine Reed	25	Hamilton Wenham	2:03.25
3	Sarah Nadzo	26	CCHS	2:01.58
4	Jenna Whitaker	27	TRIT	2:01.00
5	Bea Turrettini	26	CCHS	1:57.95
6	Zoey Ceriello-Sachetta	28	Hamilton Wenham	1:59.23
7	Lyla Travers	27	TRIT	2:01.36
8	Caroline Blatchford	26	BFEN	2:01.80
9	Hana Baldini	26	CCHS	2:05.17

Event 3 Women 200 Yard IM

Meet Record: 2:02.79 2/8/2014 Jen Marrkand

State Record: 2:01.56 2/15/2014 Jen Marrkand

State QualD1: 2:27.56

State QualD2: 2:26.17

AA Automatic: 2:01.38

AA Consider: 2:04.11

Meet Qualifying: 2:28.59

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Finals

2				
3				
4	Hannah Robinson	25	LINC	2:28.56
5	Mena Sheth	26	CCHS	2:27.32
6	Phoebe Renyi	26	CCHS	2:27.72
7				
8				
9				

2025 MIAA Winter Girl's North Sectional - 2/8/2025

Meet Program

Heat 2 Finals (#3 Women 200 Yard IM)

2	Evelyn Hale	27	Westford	2:26.96
3	Giuliana Cogliani	27	TRIT	2:25.37
4	Lucia Antonucci	26	MYST	2:23.87
5	Audrey Heath	27	SWAM	2:23.70
6	Isabelle Pennachio	26	MYST	2:23.85
7	Colby Graff	25	LINC	2:25.18
8	Claire Slomski	26	SWAM	2:26.03
9				

Heat 3 of 3 Finals

2	Sherry Ye	27	Westford	2:20.13
3	Isabella Cirame	26	MYST	2:18.69
4	Brynne Curley	26	MASC	2:15.20
5	Kate Krueger	26	Weston	2:11.62
6	Ava Robitaille	28	TRIT	2:14.73
7	Isabella Morillo	SR	St. Mary's	2:17.85
8	Grace Laduceur	28	MARB	2:18.87
9	Zichen Zhang	27	Weston	2:20.96

Event 4 Women 50 Yard Freestyle

Meet Record:	23.53	2/8/2019	Maggie Summit
State Record:	23.18	11/17/2019	Michaela Chokureva
State QualD1:	26.84		
State QualD2:	26.72		
AA Automatic:	23.08		
AA Consider:	23.54		

Meet Qualifying: 26.98

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Finals

2				
3				
4	Sydney Cao	25	MYST	26.97
5	Lauren Malone	26	Westford	26.90
6	Kiarra Shouder	25	WAYL	26.91
7	Arpi Abrahamian	25	WAYL	26.98
8				
9				

Heat 2 of 4 Finals

2	Maddy Rhoden	25	TRIT	26.87
3	Caroline Hollywood	27	CCHS	26.78
4	Paulina Ilyin	26	WAYL	26.71
5	Lyla Palmer	26	LINC	26.62
6	Madeleine Poirier	25	Westford	26.65
7	Nola Dickie	25	Weston	26.75
8	Bree Gouldson	27	Westford	26.83
9	Olivia Fountain	27	WAYL	26.88

Heat 3 of 4 Finals

2	Benitah Mwebaza	30	MYST	26.60
3	Isabel Murphy	25	LINC	26.48
4	Maayan Levari	26	NEWS	26.15
5	Catherine Newark	26	Westford	26.12
6	Amy Robson	25	Weston	26.14
7	Lana Santos Albuquerque	25	MYST	26.37
8	Hailey Tran	25	Malden	26.50
9	Mary Pierce	25	NEWS	26.61

Heat 4 of 4 Finals

2	Britney Nayiga	26	MYST	25.77
3	Sadie Nelson	26	Weston	25.58
4	Maya Particelli	27	LINC	24.87
5	Joslin Halsey	25	LINC	24.48
6	Elisabeth Reiling	27	CCHS	24.62
7	Margaret Liu	26	Weston	25.51
8	Allie Anderson	28	TRIT	25.66
9	Katherine Reed	25	Hamilton Wenham	25.93

Event 5 Women 1 mtr Diving

Meet Record:	569.35	2/8/2014	Meghan O'Brien
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State Record:	579.30	2/14/2015	Meghan O'Brien
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State QualD1:	187.00		
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State QualD2:	192.00		
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Meet Qualifying: 180.00

Lane	Name	Yr	School	Seed Time
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Flight 1 of 1 Prelims

1	Claire Callander	26	LINC	227.70
2	Maggie Friedman-Wellisch	25	CRLS	227.00
3	Caroline Janis	27	Weston	246.95
4	Maddy Murray	25	PEAB	220.70
5	Sarah Shann	27	BFEN	246.50
6	Violet Moon	27	Weston	214.30
7	Isla Kerekes	27	LINC	198.53
8	Olivia Scully-Power	25	Weston	193.95
9	Nina Eyeran	25	WAYL	208.06
10	Ava Connolly	26	TRIT	210.76
11	Jazmine Green	26	NEWS	293.25
12	Savanna Ferrucci	26	Weston	252.60
13	Katherine Tan	26	WAYL	214.50
14	Maisey O'Donnell	25	CCHS	306.15
15	Morgan Bilodeau	25	SWAM	279.70
16	Taelor Nichols	26	BEDF	256.35
17	Carolina Sdoia	25	WAYL	199.27
18	Holden Taunton-Rigby	27	CCHS	201.35
19	Izzy Irwin	28	WAYL	240.75
20	Kaleigh O'Brien	26	MASC	270.05
21	Maya Jaffe	27	CCHS	219.65

Event 6 Women 100 Yard Butterfly

Meet Record:	54.46	2/8/2014	Jen Marrkand
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State Record:	53.31	11/21/2021	Anna Boemer
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State QualD1:	1:06.35		
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State QualD2:	1:05.96		
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AA Automatic:	54.32		
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AA Consider:	55.58		
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Meet Qualifying: 1:06.95

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Finals

2				
3				
4	Grace Oppenheim	27	WAYL	1:06.79
5	Catherine Sperry	26	Westford	1:06.68
6	Charlie Wise	27	PEAB	1:06.73
7				
8				
9				

2025 MIAA Winter Girl's North Sectional - 2/8/2025

Meet Program

Heat 2 Finals (#6 Women 100 Yard Butterfly)

2	Khloe Co	26	MYST	1:06.65
3	Amy Robson	25	Weston	1:06.01
4	Isabella Ramirez	26	CCHS	1:05.12
5	Maria Reuther	27	Westford	1:04.58
6	Giuliana Cogliani	27	TRIT	1:04.95
7	Ailish Donahue	26	Westford	1:05.16
8	Mena Sheth	26	CCHS	1:06.65
9				

Heat 3 of 3 Finals

2	Isabelle Pennachio	26	MYST	1:03.75
3	Amelia Gallant	27	BFEN	1:01.75
4	Brynne Curley	26	MASC	1:00.20
5	Bella Newbern	25	LINC	59.57
6	Elisabeth Reiling	27	CCHS	59.93
7	Ava Robitaille	28	TRIT	1:00.41
8	Finn Bergquist	25	MARB	1:01.80
9	Sophie Tran	28	Malden	1:04.22

Event 7 Women 100 Yard Freestyle

Meet Record:	51.20	2/8/2019	Maggie Summit
State Record:	49.73	11/12/2021	Malia Amuan
State QualD1:	58.91		
State QualD2:	58.67		
AA Automatic:	50.16		
AA Consider:	50.99		

Meet Qualifying: 59.51

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Finals

2				
3	Nola Dickie	25	Weston	59.10
4	Ariel Wang	26	Weston	58.79
5	Hannah Ryan	25	BFEN	58.41
6	Emily Deeks	28	Westford	58.47
7	Kiarra Shouder	25	WAYL	58.85
8	Claire Slomski	26	SWAM	59.38
9				

Heat 2 of 3 Finals

2	Caroline Rent	26	WAYL	58.05
3	Defne Russo	28	LINC	57.78
4	Sophia Tramontozzi	27	LYNF	57.67
5	Catherine Newark	26	Westford	57.56
6	Lyla Travers	27	TRIT	57.60
7	Hana Baldini	26	CCHS	57.72
8	Benitah Mwebaza	30	MYST	57.84
9	Reese Phillips	25	CCHS	58.06

Heat 3 of 3 Finals

2	Kalena Imura	26	WAYL	57.21
3	Isabella Cirame	26	MYST	56.45
4	Cara Hill	26	WAYL	55.69
5	Joslin Halsey	25	LINC	52.60
6	Caroline Blatchford	26	BFEN	55.37
7	Maya Particelli	27	LINC	56.06
8	Sadie Nelson	26	Weston	57.04
9	Grace Laduceur	28	MARB	57.40

Event 8 Women 500 Yard Freestyle

Meet Record:	4:57.31	2/8/2014	Megan Alexander
State Record:	4:50.79	2/17/2018	Ashley Loomis
State QualD1:	5:47.39		
State QualD2:	5:48.05		
AA Automatic:	4:53.16		
AA Consider:	4:58.35		

Meet Qualifying: 5:59.16

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Finals

2				
3				
4	Kathryn Dillon	25	CCHS	5:56.44
5	Sona Abrahamyan	26	WAYL	5:55.01
6	Charlotte Aeder	25	Westford	5:56.24
7				
8				
9				

Heat 2 of 3 Finals

2	Maddy Marini	26	IPSW	5:50.49
3	Brinleigh Callahan	25	MARB	5:46.93
4	Rhianna Barrett	26	Westford	5:45.51
5	Madeline Young	28	Weston	5:37.91
6	Colby Graff	25	LINC	5:39.05
7	Shaelyn Callahan	28	MARB	5:46.65
8	Bree Gouldson	27	Westford	5:49.77
9	Lana Santos Albuquerque	25	MYST	5:53.63

Heat 3 of 3 Finals

2	Maddie Werner	28	CCHS	5:35.17
3	Sarah Nadzo	26	CCHS	5:24.97
4	Amelia Gallant	27	BFEN	5:22.46
5	Bea Turrettini	26	CCHS	5:13.08
6	Kate Krueger	26	Weston	5:15.73
7	Jenna Whitaker	27	TRIT	5:23.04
8	Bess Serman	27	CRLS	5:32.52
9	Miriam Qureshi	26	WAYL	5:37.08

2025 MIAA Winter Girl's North Sectional - 2/8/2025

Meet Program

Event 9 Women 200 Yard Freestyle Relay

Meet Record: 1:35.64 2/8/2014 Weston High School
J Avila, V Bryson, M Pierce, B Tocci
State Record: 1:35.64 2/15/2012 Weston High School
J Avila, V Bryson, M Pierce, B Tocci
State QualD1: 1:51.63
State QualD2: 1:51.12
AA Automatic: 1:35.48
AA Consider: 1:37.15

Meet Qualifying: 1:58.71

Lane Team Relay Seed Time

Heat 1 of 3 Finals

2		
3		
4	WALT	1:58.34
5	NRWI	1:56.61
6	GLOU	1:57.34
7		
8		
9		

Heat 2 of 3 Finals

2	IPSW	1:56.17
3	CRLS	1:53.82
4	LYNF	1:50.23
5	NEWS	1:49.15
6	Hamilton Wenham	1:49.33
7	MASC	1:52.76
8	MARB	1:55.39
9	BFEN	1:56.56

Heat 3 of 3 Finals

2	Westford	1:47.63
3	TRIT	1:45.90
4	MYST	1:44.73
5	LINC	1:43.68
6	Weston	1:44.14
7	CCHS	1:45.59
8	WAYL	1:46.08
9	Malden	1:48.37

Event 10 Women 100 Yard Backstroke

Meet Record: 53.79 2/13/2016 Kaitlin Harty
State Record: 52.78 2/21/2016 Kaitlin Harty
State QualD1: 1:06.78
State QualD2: 1:06.98
AA Automatic: 54.69
AA Consider: 55.91

Meet Qualifying: 1:07.83

Lane Name Yr School Seed Time

Heat 1 of 3 Finals

2				
3	Mia Koulopoulos	26	PEAB	1:07.65
4	Emma Gargano	25	WAYL	1:06.99
5	Phoebe Renyi	26	CCHS	1:06.41
6	Charlie Santoro	28	CCHS	1:06.99
7	Brooke Burke	25	MYST	1:07.61
8				
9				

Heat 2 of 3 Finals

2	Kalena Imura	26	WAYL	1:06.24
3	Allie Anderson	28	TRIT	1:05.95
4	Mary Pierce	25	NEWS	1:05.85
5	Emily Deeks	28	Westford	1:05.39
6	Audrey Fricano	26	NEWS	1:05.71
7	Katie Rice	29	Malden	1:05.91
8	Isabella Morillo	SR	St. Mary's	1:06.16
9	Ariel Wang	26	Weston	1:06.26

Heat 3 of 3 Finals

2	Audrey Heath	27	SWAM	1:04.98
3	Evelyn Hale	27	Westford	1:04.08
4	Margaret Liu	26	Weston	1:03.09
5	Cara Hill	26	WAYL	59.54
6	Zoey Ceriello-Sachetta	28	Hamilton Wenham	59.56
7	Finn Bergquist	25	MARB	1:03.19
8	Sydney Cao	25	MYST	1:04.65
9	Sophie Tran	28	Malden	1:05.00

Event 11 Women 100 Yard Breaststroke

Meet Record: 1:05.10 2/8/2019 Amanda Wager
State Record: 1:01.74 2/17/2018 Mary Buckley
State QualD1: 1:16.48
State QualD2: 1:16.21
AA Automatic: 1:02.53
AA Consider: 1:03.85

Meet Qualifying: 1:17.84

Lane Name Yr School Seed Time

Heat 1 of 4 Finals

2				
3				
4	Audrey Larson	26	WAYL	1:17.43
5	Nina Fragale	27	LINC	1:17.18
6	Izzy Irwin	28	WAYL	1:17.41
7				
8				
9				

2025 MIAA Winter Girl's North Sectional - 2/8/2025

Meet Program

Heat 2 Finals (#11 Women 100 Yard Breaststroke)

2	Thanthar San	26	WALT	1:17.16
3	Shaelyn Callahan	28	MARB	1:17.05
4	Natalie Greenaway	27	WAYL	1:16.60
5	Arpi Abrahamian	25	WAYL	1:16.24
6	Cathy Weng	25	CCHS	1:16.59
7	Allison Lu	25	CCHS	1:16.83
8	Crystal Tang	25	MYST	1:17.15
9				

Heat 3 of 3 Finals

2	TRIT	4:00.38
3	WAYL	3:51.88
4	MYST	3:49.01
5	LINC	3:41.36
6	CCHS	3:43.27
7	Weston	3:51.27
8	Westford	3:55.18
9	MARB	4:01.65

Heat 3 of 4 Finals

2	Hailey Tran	25	Malden	1:16.16
3	Anjali Misra	27	Weston	1:15.37
4	Kendall Kulesza	28	Westford	1:14.86
5	Sydney Hemme	26	Hamilton Wenham	1:14.45
6	Hannah Robinson	25	LINC	1:14.45
7	Sophia Tramontozzi	27	LYNF	1:15.15
8	MJ Phelps	27	LINC	1:15.59
9	Rosey Deeks	25	Westford	1:16.23

Heat 4 of 4 Finals

2	Sherry Ye	27	Westford	1:13.59
3	Sarah Fortier	26	CCHS	1:11.45
4	Zichen Zhang	27	Weston	1:10.45
5	Britney Nayiga	26	MYST	1:09.89
6	Lydia Mossi	25	LINC	1:10.40
7	Lucia Antonucci	26	MYST	1:10.79
8	Reese Phillips	25	CCHS	1:11.86
9	Hannah Ryan	25	BFEN	1:14.26

Event 12 Women 400 Yard Freestyle Relay

Meet Record: 3:30.37 2/8/2014 Weston High School

J Avila, V Bryson, M Pierce, B Tocci

State Record: 3:27.71 2010 Andover High School

A Korsberg, M Patterson, M D'Innocenzo, R Moore

State QualD1: 4:06.10

State QualD2: 4:04.35

AA Automatic: 3:27.68

AA Consider: 3:31.16

Meet Qualifying: 4:26.48

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Finals

2			
3			
4	GLOU		4:26.34
5	SWAM		4:15.31
6	IPSW		4:19.58
7			
8			
9			

Heat 2 of 3 Finals

2			
3	BFEN		4:12.60
4	Malden		4:04.99
5	NEWS		4:02.22
6	MASC		4:03.78
7	Hamilton Wenham		4:10.28
8	CRLS		4:12.90
9			

GIRLS SWIMMING

Winter Sectional Champions and Runners – Up

Year	North			Central	South
	<u>Champion</u>	<u>Runner- Up</u>		<u>Champion</u>	<u>Runner - Up</u>
2024	Concord Carlisle	Weston		Duxbury	Seekonk
2023	Concord Carlisle	Lincoln Sudbury		Franklin	Duxbury
2022	Westford Acad	Marblehead		Duxbury	Dover Sherborn
2021	No	Sectional		Meets	COVID 19
2020	Westford Acad	Conc Carlisle		Duxbury	Cohasset
2019	Westford Acad	Wayland		Duxbury	Oliver Ames
2018	Westford Acad	Weston		Duxbury	Hopkinton
2017	Westford Acad	Marblehead		Duxbury	Tyngs – Gr.Dun.
2016	Westford Acad	Marblehead		Duxbury	Hopkinton
2015	Weston	Wayland		Duxbury	Tyngs – Gr.Dun.
2014	Wayland	Westford Ac.		Nauset	Tyngs – Gr.Dun.
2013	All Sectional	Meets		Postponed	Weather
2012	Wayland	Marblehead			King Philip
2011	Wayland	Marblehead		Gard.Oak.Murd.	Duxbury
2010	Wayland	Linc.Sudbury		Gard.Oak.Murd.	Duxbury
2009	Wayland	Linc.Sudbury		Westborough	Barnstable
2008	Wayland	Marblehead		Gardner	Barnstable
2007	Linc.Sudbury	Wayland		Gardner	Barnstable
2006	Weston	Beverly		Gardner	Westborough
2005	Weston	Beverly		Gardner	Dov.Sherb.Med
2004	Weston	Wayland		Dov.Sherb.Med	Gardner
2003	Weston	Wayland		Gardner	Dov.Sherb.Med
2002	Linc.Sudbury	Weston		Gardner	Dov.Sherb.Med

2001	Weston	Linc.Sudbury		Gardner	Dov.Sherb.Med
2000	Weston	Bish.Fenwick		Gardner	Dov.Sherb.Med
1999	Weston	Bish.Fenwick		Gardner	Taunton
		<u>EMASS</u>	<u>SECT.</u>	<u>Meet</u>	
1998	Weston	Marblehead			
1997	Gardner	Bish.Fenwick			
1996	Gardner	Marblehead			
1995	Gardner	Linc.Sudbury			
1994	Linc.Sudbury	Con. Carlise			
1993	Ham.Wenham	Linc.Sudbury			
1992	Weston	Linc.Sudbury			

Scoring the Meet

	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th	12 th	13 th	14 th	15 th	16 th
Rel	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2
Ind	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

2024 - 25 MASSACHUSETT' S LEAGUE CHAMPIONS

BOYS' LEAGUES

	<u>Dual Meet</u>	<u>Champ Meet</u>
Bay State	Newton North	Wellesley
Big 3	New Bedford	New Bedford
Cape Ann	Lynnfield-Wakefield	Triton
Cape & Islands	Martha's Vineyard	Martha's Vineyard
Catholic Conf.	St. John's PREP	St. John's PREP
Dual County – Thorpe	Acton Boxboro	Acton Boxboro
Foley	Wayland	Wayland
Hockomock – Kelly	Milford	Milford
Rex		
Davenport	Canton	
Merrimack Valley	Chelmsford	Chelmsford
Middlesex	Belmont	Belmont
Mid Wach	Algonquin & Bromfield	Algonquin & Bromfield
Patriot	Duxbury	Duxbury
South Shore	Sandwich	Sandwich
Tri Valley	Westwood	Westwood
WMASS Minuteman	Longmeadow	
WMASS Patriot	West Springfield	
WMASS Constitution	Holyoke & Turner's Falls	
Berkshire North Div.	Monument Mountain	
Berkshire South Div.	Wahconah	

GIRLS' LEAGUES

	<u>Dual Meet</u>	<u>Champ Meet</u>
Big 3	New Bedford	New Bedford
Cape Ann	Triton	Triton
Cape & Islands	Nantucket	Nantucket
Dual County – Thorpe	Concord Carlisle	Concord Carlisle
Foley	Weston	Weston
Hockomock – Kelly	Franklin	Franklin
Rex		
Davenport	Mansfield	
Mid Wach	Bromfield	Bromfield
Patriot	Marshfield - Hanover	
South Shore	Cohasset - Middle- Sand	Sandwich
Tri Valley	Dover Sherborn	Dover Sherborn
WMASS Minuteman	Minnechaug	
WMASS Patriot	Amherst	
WMASS Constitution	Holyoke	
Berkshire North	Monument Mountain	
Berkshire South	Wahconah	

CO-ED LEAGUES

	<u>Dual Meet</u>	<u>Champ Meet</u>
Boston City	Boston Latin Academy	Boston Latin Academy
Catholic Central – North South	Bishop Fenwick Bishop Feehan	Bishop Feehan
Commonwealth	Mystic Valley	Mystic Valley
Greater Boston League	Malden	
Northeast	Marblehead	Marblehead

Scoring the Meet

	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th	12 th	13 th	14 th	15 th	16 th
Rel	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2
Ind	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

CONGRATULATIONS

MIAA

2023 – 24

Swimming Coaches of the Year

Dave Arinella – East Boston

Jess Pridham - Franklin



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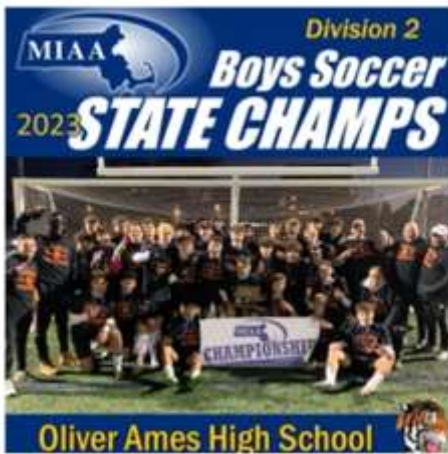
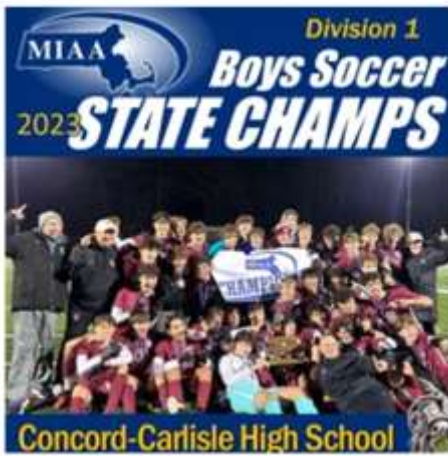
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MIAA





Nominate Outstanding Individuals from Your School



MIAA Coach of the Year Award recognizes and honors “teacher coaches” who have had an impact on the lives of student-athletes by encouraging them to succeed.



MIAA Official of the Year Award recognizes and honors officials who have displayed character, integrity and dignity, while displaying the highest standards of ethical conduct.



Student-Athlete of the Month Award is presented on a monthly basis to two student-athletes who display excellence in the areas of academics, athletics and community service.

Diversity Equity and Inclusion (DEI)



The mission of the MIAA/MSAA Diversity, Equity & Inclusion Committee is to foster diversity among member schools, athletic administrators, coaches and student-athletes by promoting inclusiveness, awareness, and acceptance. The focus is to celebrate all differences by creating associations that are welcoming and engaging for all.

Appreciation of Service Certificate



The MIAA and MSAA extend sincere gratitude and appreciation to senior students who have committed to joining the Armed Forces of the United States of America after their graduation. In the 2022-23 year of this program, school leadership recognized 156 students. We commend their dedication and service!

2024 MIAA Sportsmanship Essay/Multimedia Contest

Multi Media Contest Winners
First Place
 Thomas Stachowicz, Thomas Waldron, Leah Rivers-Wright, and Henry Waguespack
 Maynard High School
Second Place
 Samuel Jansen and Michael Rapson
 Dartmouth High School

Essay Contest Winners
First Place
 Zachary Iannacone
 Ayer Shirley Regional High School
Second Place
 Harris Fagan
 Oakmont Regional High School

Student Advisory Committee

STUDENT ADVISORY COMMITTEE (SAC) is comprised of student leaders from MIAA member schools across the state. These students attend seasonal meetings and help facilitate student leadership workshops throughout the school year. They participate in various association activities and provide continual feedback from the perspective of students on how to improve the Educational Athletic offerings of the MIAA.



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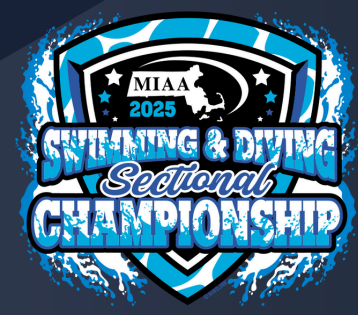
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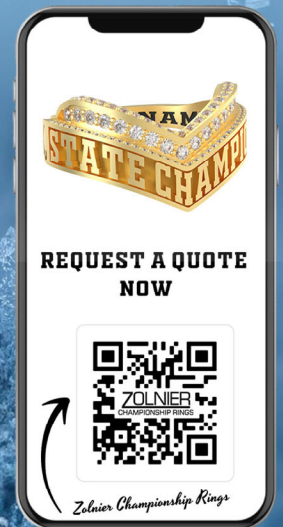
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to empower students to make healthy life choices

SPORTSMANSHIP

to teach respect for self, team, opponents, officials, rules, and the game itself

COACHES' EDUCATION

to provide resources for teacher-coaches who serve as curriculum instructors of educational athletics

LEADERSHIP

to promote the power of positive influence that student athletes and teacher-coaches share as role models

COMMUNITY SERVICE

to recognize the privilege of athletic participation and the responsibility of giving back to the community



MASSACHUSETTS INTERSCHOLASTIC ATHLETIC ASSOCIATION

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