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#OneTeamOneMIAA

Nordic Ski Tournament

*February 11, 2025
Prospect Mountain, Woodford, VT*

Growing Courageous Leaders™



Nordic Ski Tournament Information:

DATE:	Wednesday, February 11, 2025
SITE:	Prospect Mountain, Woodford, VT
REGISTRATION:	9:30 AM
COACHES' MEETING:	10:00 AM
COURSE OFFICIALS' MEETING:	10:30 AM
START OF RACES:	Boys' 11:00 AM / Girls' 12:15 PM
AWARD CEREMONY:	At conclusion of races

2024 Nordic Ski Team Champions



Newton South High School



Mount Greylock High School



Nordic Ski State Champions

Compiled by Mike Richard

Year	Boys	Girls
1983	Concord-Carlisle	Concord-Carlisle
1984	Concord-Carlisle	Concord-Carlisle
1985	Concord-Carlisle	Concord-Carlisle
1986	Concord-Carlisle	Concord-Carlisle
1987	Lenox	Lenox
1988	Lenox	Lenox
1989	Lenox	Mount Greylock
1990	Lenox	Lenox
1991	Lenox	Lincoln-Sudbury
1992	Mount Greylock	Mount Greylock
1993	Lenox	Lenox
1994	Mount Greylock	Lenox
1995	Wahconah	Mount Greylock
1996	Lenox	Lenox
1997	Mount Greylock	Lenox
1998	Mount Greylock	Lenox
1999	Lenox	Lenox
2000	Mount Greylock	Lenox
2001	Mount Greylock	Lenox
2002	Mount Greylock	Lenox
2003	Hoosac Valley	Lenox
2004	Hoosac Valley	Mohawk Trail
2005	Lenox	Lenox
2006	Mount Greylock	Lenox
2007	Mount Greylock	Lenox
2008	Mount Greylock	Mount Greylock
2009	Mount Greylock	Mount Greylock
2010	Lincoln-Sudbury	Mount Greylock
2011	Mount Greylock	Mount Greylock
2012	Mount Greylock	Mount Greylock
2013	Mount Greylock	Lincoln-Sudbury
2014	Mount Greylock	Lincoln-Sudbury
2015	Mount Greylock	Wellesley
2016	Mount Greylock	Mount Greylock
2017	Mount Greylock	Mount Greylock
2018	Concord-Carlisle	Mount Greylock
2019	Concord-Carlisle	Mount Greylock/Concord-Carlisle
2020	Mount Greylock	Lenox
2021	No State Championships - COVID	
2022	Mount Greylock	Concord Carlisle
2023	Mount Greylock	Concord Carlisle
2024	Newton South	Mount Greylock



Nordic Ski State Champions, Teams & Individuals

Compiled by Mike Richard

Boys Skiing

Team Records

Most Championships

21 – Mount Greylock

9 – Lenox

6 – Concord-Carlisle

Consecutive Championships

7 – Mount Greylock (2011-17)

5 – Lenox (1987-91)

4 – Concord-Carlisle (1983-86), Mount Greylock (2006-09)

Individual Champions

Three-time winners

Isaac Hoenig, Lincoln-Sudbury (2008-10)

Two-time winners

Tod Niedeck, Pittsfield (1984-85)

Pat Weaver, Lenox (1986-87)

Art Sanders, Wahconah (1988-89)

Tim Weaver, Lenox (1990-91)

Jon Weaver, Lenox (1992-93)

Evan Dethier, Mount Greylock (2005,07)

Eli Hoenig, Lincoln-Sudbury (2011, 13)

Lewis Nottonson, Acton-Boxboro (2014-15)

Quinn McDermott, Mount Greylock (2022-23)

Girls Skiing

Team Records

Most Championships

17 – Lenox

12 – Mount Greylock

7 – Concord-Carlisle

Consecutive Championships

8 – Lenox (1996-2003)

5 – Mount Greylock (2008-12)

4 – Concord-Carlisle (1983-86), Mount Greylock (2016-19)

Individual Champions

Three-time winners

Suzy Svalek, Concord-Carlisle (1984-86)

Kate Whitcomb, Wahconah (1996-98)

Kate Crawford, Mohawk Trail (1999-2001)

Corey Stock, Lincoln-Sudbury (2009-11)

Two-time winners

Wendy Osterling, Lincoln-Sudbury (1989-90)

Laura Spector, Lenox (2002-03)

Rita Marcotte, Mohawk Trail (2005-06)

Sonya Jampel, Newton North (2013, 15)

Laura Appleby, Lincoln-Sudbury (2018-19)





Nordic Ski Individual Champions Compiled by Mike Richard

Year **Boys**

1983 Elliot Harvey, Concord 24:11
1984 Tod Niedeck, Pittsfield 24:03
1985 Tod Niedeck, Pittsfield 27:26
1986 Pat Weaver, Lenox 19:15
1987 Pat Weaver, Lenox 20:02
1988 Art Sanders, Wahconah 22:30
1989 Art Sanders, Wahconah 20:54
1990 Tim Weaver, Lenox 22:39
1991 Tim Weaver, Lenox 20:00
1992 Jon Weaver, Lenox 23:08
1993 Jon Weaver, Lenox 18:49
1994 P. J. Spina, Lenox 24:35
1995 Nik Kennedy, Lenox 25:04
1996 Matt Whitcomb, Wahconah 24:22
1997 Jason Lemieux, Wahconah 2:25
1998 Matt Holland, Mount Greylock 19:15
1999 Tom Keefe, Wahconah 19:02
2000 Peter Leonard, Wayland 17:34
2001 Bret Bedard, Hoosac Valley 19:00
2002 Lionel Welch, Wahconah 16:39
2003 Chris Ellis-Ferrara, Concord-Carl 23:43
2004 Zach Wetherell, Wahconah 19:48
2005 Evan Dethier, Mount Greylock 15:43
2006 Peter Rummel, Dover-Sherborn 19:08
2007 Evan Dethier, Mount Greylock 21:42
2008 Isaac Hoenig, Lincoln-Sudbury 21:30
2009 Isaac Hoenig, Lincoln-Sudbury 20:36
2010 Isaac Hoenig, Lincoln-Sudbury 22:38
2011 Eli Hoenig, Lincoln-Sudbury 19:17
2012 Gregory Holdman, Lincoln-Sudbury 20:57
2013 Eli Hoenig, Lincoln-Sudbury 19:41
2014 Lewis Nottonson, Acton-Boxboro 21:10
2015 Lewis Nottonson, Acton-Boxboro 19:13
2016 Will Rhatigan, Newton South 16:06
2017 Jacob Jampel, Newton North 23:00.1
2018 Henry Johnstone, Concord-Carlisle 13:45.4
2019 Ayden Nichols, Concord-Carlisle 25:34
2020 Lucas Bodkins, Dover-Sherborn 21:41
2021 No State Championships – COVID
2022 Quinn McDermott, Mount Greylock 18:06
2023 Quinn McDermott, Mount Greylock 18:24
2024 Liam Sakakeeny, Newton South 18:49

Girls

Kathy Maddock, Wayland 13:18
Suzy Svalek, Concord-Carlisle 24:41
Suzy Svalek, Concord-Carlisle 21:41
Suzy Svalek, Concord-Carlisle 17:22
Lindley Hall, Concord-Carlisle 18:57
Kim Airoidi, Lenox 20:59
Wendy Osterling, Lincoln-Sudbury 17:33
Wendy Osterling, Lincoln-Sudbury 18:30
Sarah Walker, Lincoln-Sudbury 20:18
Katie Gould, Mount Greylock 23:19
Michelle Spina, Lenox 15:33
Greta Facchetti, Hoosac Valley 24:40
Anna Filipczak, Mount Greylock 20:25
Kate Whitcomb, Wahconah 17:44
Kate Whitcomb, Wahconah 16:00
Kate Whitcomb, Wahconah 22:00
Kate Crawford, Mohawk Trail 23:55
Kate Crawford, Mohawk Trail 21:57
Kate Crawford, Mohawk Trail 22:05
Laura Spector, Lenox 19:47
Laura Spector, Lenox 25:50
Alyssa Sessions, Mohawk Trail 23:42
Rita Marcotte, Mohawk Trail 18:24
Rita Marcotte, Mohawk Trail 22:15
Katie Miller, Lenox 26:09
Janet Barry, Lenox 25:49
Corey Stock, Lincoln-Sudbury 23:41
Corey Stock, Lincoln-Sudbury 23:31
Corey Stock, Lincoln-Sudbury 21:58
Olivia Cannon, Dover-Sherborn 26:20
Sonya Jampel, Newton North 24:32
*Charlotte Cole, Brookline 24:45.4
Sonya Jampel, Newton North 23:33
Grace Smith, Mount Greylock 19:02
Isabel Cole, Brookline 23:47
Laura Appleby, Lincoln-Sudbury 16:20.9
Laura Appleby, Lincoln-Sudbury 30:58
Sofia Scirica, Wellesley 23:27

Isabella Synnestvedt, Conc.-Carlisle 20:20
Clara Lake, Newton North 21:30
Alexandria Taylor, Lincoln-Sudbury 21:47

*beat Sonya Jampel (24:45.9) by ½ second



2025 Nordic Ski

Acton Boxborough Regional High School

Coach: Sarah Shamel
Shay Bernard
Caroline Burianek
Cailin David
Abby Depew
Charlotte Duhamel
Liam Garnett
Henry Gateman
Sean Hardt
Max Kaufman
Liesel Kaufman
Matthew Krieger
Matias Kvalsvik
Alyssa Morano
Alex Pearce
Lucy Romeo
Alicia Tang
Espen Wellner

Amherst-Pelham Regional High School

Coach: Nat Woodruff
Coach: Carl Cignoni
Ian Burns
Zoey Candito
Benjamin Cianfrani-Shin
Isla Cusick
Otis Fairey
Alexander Fitz-Gibbon
Geoffrey Fitz-Gibbon
Aria Haupt
Addie Mager
Calvin Miller
HUnter Pete
Annika Redington
Ellis Rubin
Elizabeth Sawicki
Ozzy Wolaver
River Wolaver
Elizabeth Woodruff
Ella Workman

Arlington High School

Coach: Christian Farrar
Ada Bickmeier
Matthias Farrar
Mori Finlayson-Johnecheck
Tessa Fraley
Elizabeth Gregory
Abigail Shapiro
Ruhaan Sharma-Soneja
Ella Sugarman

Brookline High School

Coach: Simon Rakov
Madelyn Bracken
Rain Carlile
Joseph Elasmarr
George Elasmarr
David Katsman
Anna Katsman
Daniel Leary
Alexa Lieberman-Wingarter
Hannah Petersen
Milp Roberts Ratnathicam
Daphne Spunt
Adelaide Stone
Rachael Strock

Concord-Carlisle High School

Coach: Marika Massey-Bierman
Tyler Abrams
Tricia Cronin
Esma Dirrane
Razvan Folgar
Henry Gaasch
Marina Grein
Evan Hultgren
Beckett Johnson
Roman Lin
Reid Purwin
Catherine Richardson
Phebe Richardson
Elizabeth Schmidt
Zachary Scoponich-Burgel
Adam Synnstedt

Dover Sherborn High School

Coach: Susannah Wheelwright
Emily Van Rhijn
Iman El-Hilali
Francesco Arena
Madeleine Boudreau
Audrey Capone
Nicole Chen
Addie Cullum
Eleanor Healey
Janie Hyde
Nathan Primack
Anna Schneider

Hoosac Valley High School

Coach: Greta Facchetti
Kim Mach

Lenox Memorial Middle & High School

Coach: Tom Keefe
Chase Candee
Jackson Carhart
Hannah Carhart
Sarah Chevalier
Jude Chiem
Jane Elliot
Ivan Healey
William Keefe
Caleb Ketchen
Lila Kousch
Gianna Love
Noah Pinsonneault
Allie Rivers-Lussier
Everett Shepardson
Audra Tresp
Fiona Ward
Catherine Welch
Ben Westlake

Lincoln Sudbury Regional High School

Coach: Dan Lee
Connor Bonk
Emily Donnelly
Eli Gavrilman
Isabella Leguia
William Mendelson
Blue Muir
James Neal
Evelyn Nichols
Oliver Ouellet
Alex Portelli
Lucy Reiner
Sierra Smith
Tess Van Der Voorn
Ava Whitebone

Mohawk Trail Reg. High School

Coach: Mark Pollard
Connor Bonk
Emily Donnelly
Eli Gavrilman
Isabella Leguia
William Mendelson
Blue Muir
James Neal
Evelyn Nichols
Oliver Ouellet
Alex Portelli
Lucy Reiner
Sierra Smith
Tess Van Der Voorn
Ava Whitebone

Mt. Greylock Regional School

Coach: Hilary Greene
Coach: Ian Nesbitt
Josie Bay
Oliver Bingemann
Maya Filson
Nathan Gill
Lucy Gregg
Patrick Holland
Andrew Holland
Mia Holmgren
Luke Irwin
Maeve Madrigal
Ben Mandel
Lauren Miller
Simon Shin
Zeke Singer
Elizabeth Spelman
Knowl Stroud
Avery Wied
Nina Wied

Natick High School

Coach: Christian Farrar
April Padilla-Hrones
Rowan Verghese
June Verghese

Newton North High School

Coach: Rohan Thomas
Eleanor Bergman-Igra
Finley Crane
Leyla Gustin
Ella Hamel
Colin Kane
James Lake
Collin McNeil
Gabriella Moen
Pearl Neafsey
Henry Pozen
Max Preston
Madeline Rhine
James Sloan
Sana Takamatsu
Venkat Tatituri
Justin Yee
Lilah Zarwan



2025 Nordic Ski

Newton South High School

Coach: Shayna Fidler
Claire Bonner-Stewart
Levin Brenner
Elijah Eckholm-Jacobson
Cecily Farrow
Oliver Glass
Rohan Harrison
Oiva Helenius
Benjamin Hong
Kalyna Konrad
Polina Kontorovich
Hannah Leese
Ellie Lemberg
Dashiel Martin
AJ Nguyen
Tadgh O'Donoghue
Charlotte Ottemer
Colin Sakakeeny
Linnea Shannon

Pioneer Valley Chinese Immersion Charter

Coach: Chris Sims
Emma Bankert
Laszlo Hermann-Gwilliam
Sebastian Jung
Ryan Kim
Kristofer Knyt
Astrid Knyt
Ella Maier
Dashiell Rendulic
Stephen Sims
Joseph Sims
Frank Sup
Owen Sup

Wahconah Regional High School

Coach: Ryan Touponce
Lily Cook
Jack Curtiss
Cadighan Gladu
Christopher Hyatt
Ava Irene
Chaz Mahar
Vienna Mahar
Dominic Marcella
Natylee Martin
Lilliana Penna-Ward
Colby Robb
Fritz Sanders
Sienna Shannon
Brooke Thomas
Owen Tucker
Megan Tucker
Noah Wesley
Emma Wrinn

Wayland High School

Coach: Chris Li
Abigail Conley
Noah Goldstein
Finn Jay
Ainsley Jay
Sasha Libenzon
Gavin Lloyd
Courtney Lloyd
Chloe Madsen
Colin McHugh
Sawyer Miles
Jack Morris
Adrian Narvaez
Naomi Rice
Zachary Thoen
Ryan Young

Wellesley High School

Coach: Mark Jacobson
Sloan Batka
Luca Buchbinder
William Carroll
Jason Chen
Ellery Franceschini
Brynn Franceschini
Ellery Gerhart
James Gordon
Parker Lee
Mina Lien
Sarah Lindquist
Cooper Munro
Wyatt Park
Antonio Romeo
Katherine Snow
Leo Ventimiglia
Angela Zhang
Grace Zhao

Westford Academy

Coach: Mr. Andrew Norander
Connor Billington
Jakoby Dickson
Natalie Eckroth
Greg Hennessy
Alex Huesgen
Sophia Huesgen
Martha Khusid
Oriana Khusid
Joshua Meldrum
Marie Morris
Abby Owen
Eliza Owen
Nina Pierson
Ella Raker
Ben Richards
Matt Skeya
Lochlainn Stevenson
Perry Whitmore

Weston High School

Coach: Nicole Freedman
Leah Berger
Neeve Callanan
Rose Callanan
Eleanor Fischer
Gabriel Friel
Oyon Ganguli
George Ghazarian
Jacob Inbar
Natalie Joe
Cooper Kakabeeke
Hudson Kakabeeke
Maggie Ngo
Zade Parks
Samuel Quintero
Augustus Raymond
Elliot Shafer-Davidson
Laura Shepard
Linda Wang

Winchester High School

Coach: Scott Carlson
Abigail Bastien
Lila Beauchamp
Barrett Davidson
John Eichelberger
Heidi Ernst
Leila Flummerfelt
Kuan Fu
Jonathan Gilmer
Michael Lanz
Caroline Lanz
Alanna Lee
Alta Oswald
Piper Oswald
Lukas Schemmel
Quinn Shanley
Grace Siciliano
Robert Torres



OFFICIAL EVENT MERCHANDISE

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Nominate Outstanding Individuals from Your School



MIAA Coach of the Year Award recognizes and honors “teacher coaches” who have had an impact on the lives of student-athletes by encouraging them to succeed.



MIAA Official of the Year Award recognizes and honors officials who have displayed character, integrity and dignity, while displaying the highest standards of ethical conduct.



Student-Athlete of the Month Award is presented on a monthly basis to two student-athletes who display excellence in the areas of academics, athletics and community service.

Diversity Equity and Inclusion (DEI)



The mission of the MIAA/MSAA Diversity, Equity & Inclusion Committee is to foster diversity among member schools, athletic administrators, coaches and student-athletes by promoting inclusiveness, awareness, and acceptance. The focus is to celebrate all differences by creating associations that are welcoming and engaging for all.

Appreciation of Service Certificate



The MIAA and MSAA extend sincere gratitude and appreciation to senior students who have committed to joining the Armed Forces of the United States of America after their graduation. In the 2022-23 year of this program, school leadership recognized 156 students. We commend their dedication and service!

2024 MIAA Sportsmanship Essay/Multimedia Contest

Multi Media Contest Winners
First Place
 Thomas Stachowicz, Thomas Waldron, Leah Rivers-Wright, and Henry Waguespack
 Maynard High School
Second Place
 Samuel Jansen and Michael Rapson
 Dartmouth High School

Essay Contest Winners
First Place
 Zachary Iannacone
 Ayer Shirley Regional High School
Second Place
 Harris Fagan
 Oakmont Regional High School

Student Advisory Committee

STUDENT ADVISORY COMMITTEE (SAC) is comprised of student leaders from MIAA member schools across the state. These students attend seasonal meetings and help facilitate student leadership workshops throughout the school year. They participate in various association activities and provide continual feedback from the perspective of students on how to improve the Educational Athletic offerings of the MIAA.





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MIAA

WELLNESS

to empower students to make healthy life choices

SPORTSMANSHIP

to teach respect for self, team, opponents, officials, rules, and the game itself

COACHES' EDUCATION

to provide resources for teacher-coaches who serve as curriculum instructors of educational athletics

LEADERSHIP

to promote the power of positive influence that student athletes and teacher-coaches share as role models

COMMUNITY SERVICE

to recognize the privilege of athletic participation and the responsibility of giving back to the community

Growing Courageous Leaders™



MASSACHUSETTS INTERSCHOLASTIC ATHLETIC ASSOCIATION

33 Forge Parkway • Franklin, MA 02038

Phone: 508-541-7997

www.miaa.net



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