



2025

Outdoor Track

Schedule & Qualifying Marks

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DIVISION 1 CHAMPIONSHIP at Tufts University (Thursday 5/29 & Saturday 5/31)

ENTRY DEADLINE: Pentathlon - 5/24/25 (8:00 PM); All Other Events - 5/26/25 (8:00 PM) - NO LATE ENTRIES

Event	Day/Time	Min Entries	Auto Qualifier	ADDITIONAL INFO
Boys Triple Jump	Thurs 2:00 PM	24	40' 7"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Pentathlon 110m H/ Girls Pentathlon 100m H	Thurs 2:00 PM	12 (Max)/12 (Max)	N/A	All Pentathlon event start times after the hurdles are estimates only.
Boys Pentathlon HJ /Girls Pentathlon Shot	Thurs 2:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Girls Discus	Thurs 3:00 PM	24	95' 6"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Pentathlon Shot/Girls Pentathlon LJ	Thurs 3:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys Pole Vault	Thurs 4:00 PM	16	10' 6"	Opens at height of lowest qualifier. Up in 6" increments.
Boys Pentathlon LJ/Girls Pentathlon HJ	Thurs 4:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys Discus	Thurs 5:00 PM	24	122' 5"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys 200m Trials	Thurs 5:00 PM	32	22.86 FAT (22.4h)	Top 8 times to Finals
Girls 200m Trials	Thurs 5:10 PM	32	27.19 FAT (26.7h)	Top 8 times to Finals
Boys 400m Hurdles	Thurs 5:20 PM	32	61:37 (61.1h)	
Girls 400m Hurdles	Thurs 5:30 PM	32	1:14.93 (1:14.6h)	
Girls Triple Jump	Thurs 5:30 PM	24	34' 1"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys 800 meters (+ Para)	Thurs 5:40 PM	32	2:01.49 (2:01.2h)	
Girls 800 meters (+ Para)	Thurs 5:45 PM	32	2:25.09 (2:24.8h)	
Boys Pentathlon 1500m/Girls Pentathlon 800m*	Thurs 5:45 PM	12 (Max)/12 (Max)	N/A	*Subject to rolling schedule
Boys 200m Final/Girls 200m Final	Thurs 6:00 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 2 Mile Run	Thurs 6:15 PM	32	9:52.82 (9:52.5h)	
Girls 2 Mile Run	Thurs 6:45 PM	32	12:15.82 (12:15.5h)	
Boys High Jump	Sat 2:30 PM	24	5' 10"	Opens at height of lowest qualifier. Up 2" (+1" first if odd open height).
Girls Pole Vault	Sat 2:30 PM	16	8' 6"	Opens at height of lowest qualifier. Up in 6" increments.
Boys Shot Put (+ Para)	Sat 3:00 PM	24	45' 6"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Long Jump	Sat 3:00 PM	24	16' 6"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Javelin	Sat 3:00 PM	24	89' 0"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys 110m Hurdle Trials	Sat 4:00 PM	32	16.28 FAT (15.8h)	Top 8 times to Finals
Girls 100m Hurdle Trials	Sat 4:10 PM	32	17.44 FAT (17.0h)	Top 8 times to Finals
Boys 100m Trials (+ Para)	Sat 4:20 PM	32	11.34 FAT (10.9h)	Top 8 times to Finals
Girls 100m Trials (+ Para)	Sat 4:30 PM	32	13.19 FAT (12.7h)	Top 8 times to Finals
Girls Shot Put (+ Para)	Sat 4:30 PM	24	31' 8"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Long Jump	Sat 4:30 PM	24	20' 7"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Javelin	Sat 4:30 PM	24	139' 1"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls High Jump	Sat 4:30 PM	24	4' 10"	Opens at height of lowest qualifier. Up 2" (+1" first if odd open height).
Boys 1 Mile Run	Sat 4:40 PM	32	4:35.47 (4:35.2h)	
Girls 1 Mile Run	Sat 4:55 PM	32	5:33.98 (5:33.7h)	
Boys 400 meters	Sat 5:10 PM	32	52.26 (52.0h)	
Girls 400 meters	Sat 5:20 PM	32	63.23 (62.9h)	
Boys 110m Hurdle Final/Girls 100m Hurdle Final	Sat 5:30 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 110m Final (+ Para)/Girls 100m Final (+ Para)	Sat 5:40 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 4x800m Relay	Sat 5:50 PM	24	8:21.63 (8:21.3h)	
Girls 4x800m Relay	Sat 6:10 PM	24	10:27.66 (10:27.4h)	
Boys 4x100m Relay	Sat 6:30 PM	24	44.18 (43.9h)	
Girls 4x100m Relay	Sat 6:35 PM	24	52.15 (51.9h)	
Boys 4x400m Relay	Sat 6:40 PM	24	3:30.85 (3:30.6h)	
Girls 4x400m Relay	Sat 6:55 PM	24	4:18.82 (4:18.5h)	

When using a hand time for qualification, enter time to the tenth only, followed by an "h"

The Tournament Director will add 0.24 to each hand time for entry and seeding purposes

All races seeded slow to fast (except races with trials and finals seeded fast to slow)

Meet will follow the time schedule--up to a 15 minute early allowance

DIVISION 2 CHAMPIONSHIP at Merrimack College (Thursday 5/29 & Saturday 5/31)

ENTRY DEADLINE: Pentathlon - 5/24/25 (8:00 PM); All Other Events - 5/26/25 (8:00 PM) - NO LATE ENTRIES

Event	Day/Time	Min Entries	Auto Qualifier	ADDITIONAL INFO
Boys Pentathlon 110m H/ Girls Pentathlon 100m H	Thurs 3:00 PM	12 (Max)/12 (Max)	N/A	All Pentathlon event start times after the hurdles are estimates only.
Girls Discus	Thurs 3:00 PM	24	91' 11"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Triple Jump	Thurs 3:00 PM	24	40' 3"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Pentathlon HJ /Girls Pentathlon LJ	Thurs 3:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys Pole Vault	Thurs 4:00 PM	16	10' 0"	Opens at height of lowest qualifier. Up in 6" increments.
Boys Pentathlon LJ/Girls Pentathlon Shot	Thurs 4:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys Discus	Thurs 5:00 PM	24	127' 5"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Triple Jump	Thurs 5:00 PM	24	33' 8"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys 200m Trials	Thurs 5:00 PM	32	23.46 FAT (23.0h)	Top 8 times to Finals
Girls 200m Trials	Thurs 5:10 PM	32	27.62 FAT (27.2h)	Top 8 times to Finals
Boys 400m Hurdles	Thurs 5:20 PM	32	62.01 (61.7h)	
Girls 400m Hurdles	Thurs 5:30 PM	32	1:14.46 (1:14.2h)	
Boys 800 meters (+ Para)	Thurs 5:40 PM	32	2:03.38 (2:03.1h)	
Girls 800 meters (+ Para)	Thurs 5:45 PM	32	2:28.03 (2:27.7h)	
Boys Pentathlon Shot/Girls Pentathlon HJ	Thurs 5:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys 200m Final/Girls 200m Final	Thurs 6:00 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 2 Mile Run	Thurs 6:15 PM	32	10:13.25 (10:13.0h)	
Girls 2 Mile Run	Thurs 6:45 PM	32	12:14.34 (12:14.1h)	
Boys Pentathlon 1500m/Girls Pentathlon 800m	Thurs 6:40 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys High Jump	Sat 2:30 PM	24	5' 8"	Opens at height of lowest qualifier. Up 2" (+1" first if odd open height).
Girls Pole Vault	Sat 2:30 PM	16	8' 0"	Opens at height of lowest qualifier. Up in 6" increments.
Boys Shot Put (+ Para)	Sat 3:00 PM	24	43' 2"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Long Jump	Sat 3:00 PM	24	16' 2"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Javelin	Sat 3:00 PM	24	96' 9"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys 110m Hurdle Trials	Sat 4:00 PM	32	17.00 FAT (16.6h)	Top 8 times to Finals
Girls 100m Hurdle Trials	Sat 4:10 PM	32	17.30 FAT (16.9h)	Top 8 times to Finals
Boys 100m Trials (+ Para)	Sat 4:20 PM	32	11.56 FAT (11.1h)	Top 8 times to Finals
Girls 100m Trials (+ Para)	Sat 4:30 PM	32	13.38 FAT (12.9h)	Top 8 times to Finals
Girls Shot Put (+ Para)	Sat 4:30 PM	24	31' 7"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Long Jump	Sat 4:30 PM	24	20' 4"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Javelin	Sat 4:30 PM	24	144' 3"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls High Jump	Sat 4:30 PM	24	5' 0"	Opens at height of lowest qualifier. Up 2" (+1" first if odd open height).
Boys 1 Mile Run	Sat 4:40 PM	32	4:39.16 (4:38.9h)	
Girls 1 Mile Run	Sat 4:55 PM	32	5:32.70 (5:32.4h)	
Boys 400 meters	Sat 5:10 PM	32	53.93 (53.6h)	
Girls 400 meters	Sat 5:20 PM	32	63.58 (63.3h)	
Boys 110m Hurdle Final/Girls 100m Hurdle Final	Sat 5:30 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 110m Final (+ Para)/Girls 100m Final (+ Para)	Sat 5:40 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 4x800m Relay	Sat 5:50 PM	24	8:39.01 (8:38.7h)	
Girls 4x800m Relay	Sat 6:10 PM	24	10:36.07 (10:35.8h)	
Boys 4x100m Relay	Sat 6:30 PM	24	45.32 (45.0h)	
Girls 4x100m Relay	Sat 6:35 PM	24	52.34 (52.1h)	
Boys 4x400m Relay	Sat 6:40 PM	24	3:37.28 (3:37.0h)	
Girls 4x400m Relay	Sat 6:55 PM	24	4:22.61 (4:22.3h)	
When using a hand time for qualification, enter time to the tenth only, followed by an "h"				
The Tournament Director will add 0.24 to each hand time for entry and seeding purposes				
All races seeded slow to fast (except races with trials and finals seeded fast to slow)				
Meet will follow the time schedule--up to a 15 minute early allowance				

DIVISION 3 CHAMPIONSHIP at Westfield State University (Friday 5/30 & Sunday 6/1)

ENTRY DEADLINE: Pentathlon - 5/24/25 (8:00 PM); All Other Events - 5/26/25 (8:00 PM) - NO LATE ENTRIES

<u>Event</u>	<u>Day/Time</u>	<u>Min Entries</u>	<u>Auto Qualifier</u>	<u>ADDITIONAL INFO</u>
Boys Pentathlon 110m H/ Girls Pentathlon 100m H	Fri 3:00 PM	12 (Max)/12 (Max)	N/A	All Pentathlon event start times after the hurdles are estimates only.
Girls Discus	Fri 3:00 PM	24	88' 5"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Triple Jump	Fri 3:00 PM	24	40' 0"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Pentathlon HJ /Girls Pentathlon LJ	Fri 3:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys Pole Vault	Fri 4:00 PM	16	9' 6"	Opens at height of lowest qualifier. Up in 6" increments.
Boys Pentathlon LJ/Girls Pentathlon Shot	Fri 4:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys Discus	Fri 5:00 PM	24	116' 7"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Triple Jump	Fri 5:00 PM	24	33' 0"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys 200m Trials	Fri 5:00 PM	32	23.63 FAT (23.2h)	Top 8 times to Finals
Girls 200m Trials	Fri 5:10 PM	32	27.25 FAT (26.8h)	Top 8 times to Finals
Boys 400m Hurdles	Fri 5:20 PM	32	62.78 (62.5h)	
Girls 400m Hurdles	Fri 5:30 PM	32	1:15.36 (1:15.1h)	
Boys 800 meters (+ Para)	Fri 5:40 PM	32	2:05.81 (2:05.5h)	
Girls 800 meters (+ Para)	Fri 5:45 PM	32	2:32.01 (2:31.7h)	
Boys Pentathlon Shot/Girls Pentathlon HJ	Fri 5:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys 200m Final/Girls 200m Final	Fri 6:00 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 2 Mile Run	Fri 6:15 PM	32	10:17.23 (10:16.9h)	
Girls 2 Mile Run	Fri 6:45 PM	32	12:27.41 (12:27.1h)	
Boys Pentathlon 1500m/Girls Pentathlon 800m	Fri 6:40 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys High Jump	Sun 2:30 PM	24	5' 10"	Opens at height of lowest qualifier. Up 2" (+1" first if odd open height).
Girls Pole Vault	Sun 2:30 PM	16	7' 6"	Opens at height of lowest qualifier. Up in 6" increments.
Boys Shot Put (+ Para)	Sun 3:00 PM	24	42' 0"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Long Jump	Sun 3:00 PM	24	15' 10"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Javelin	Sun 3:00 PM	24	91' 0"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys 110m Hurdle Trials	Sun 4:00 PM	32	16.84 FAT (16.4h)	Top 8 times to Finals
Girls 100m Hurdle Trials	Sun 4:10 PM	32	17.43 FAT (17.0h)	Top 8 times to Finals
Boys 100m Trials (+ Para)	Sun 4:20 PM	32	11.67 FAT (11.2h)	Top 8 times to Finals
Girls 100m Trials (+ Para)	Sun 4:30 PM	32	13.32 FAT (12.9h)	Top 8 times to Finals
Girls Shot Put (+ Para)	Sun 4:30 PM	24	30' 7"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Long Jump	Sun 4:30 PM	24	19' 11"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Javelin	Sun 4:30 PM	24	136' 4"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls High Jump	Sun 4:30 PM	24	4' 10"	Opens at height of lowest qualifier. Up 2" (+1" first if odd open height).
Boys 1 Mile Run	Sun 4:40 PM	32	4:43.47 (4:43.2h)	
Girls 1 Mile Run	Sun 4:55 PM	32	5:43.72 (5:43.4h)	
Boys 400 meters	Sun 5:10 PM	32	53.52 (53.2h)	
Girls 400 meters	Sun 5:20 PM	32	64.33 (64.0h)	
Boys 110m Hurdle Final/Girls 100m Hurdle Final	Sun 5:30 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 110m Final (+ Para)/Girls 100m Final (+ Para)	Sun 5:40 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 4x800m Relay	Sun 5:50 PM	24	8:36.01 (8:35.7h)	
Girls 4x800m Relay	Sun 6:10 PM	24	10:49.75 (10:49.5h)	
Boys 4x100m Relay	Sun 6:30 PM	24	45.46 (45.2h)	
Girls 4x100m Relay	Sun 6:35 PM	24	52.41 (52.1h)	
Boys 4x400m Relay	Sun 6:40 PM	24	3:37.14 (3:36.9h)	
Girls 4x400m Relay	Sun 6:55 PM	24	4:23.15 (4:22.9h)	

When using a hand time for qualification, enter time to the tenth only, followed by an "h"

The Tournament Director will add 0.24 to each hand time for entry and seeding purposes

All races seeded slow to fast (except races with trials and finals seeded fast to slow)

Meet will follow the time schedule--up to a 15 minute early allowance

DIVISION 4 CHAMPIONSHIP at Merrimack College (Friday 5/30 & Sunday 6/1)

ENTRY DEADLINE: Pentathlon - 5/24/25 (8:00 PM); All Other Events - 5/26/25 (8:00 PM) - NO LATE ENTRIES

<u>Event</u>	<u>Day/Time</u>	<u>Min Entries</u>	<u>Auto Qualifier</u>	<u>ADDITIONAL INFO</u>
Boys Pentathlon 110m H/ Girls Pentathlon 100m H	Fri 3:00 PM	12 (Max)/12 (Max)	N/A	All Pentathlon event start times after the hurdles are estimates only.
Girls Discus	Fri 3:00 PM	24	85' 10"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Triple Jump	Fri 3:00 PM	24	40' 0"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Pentathlon HJ /Girls Pentathlon LJ	Fri 3:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys Pole Vault	Fri 4:00 PM	16	9' 6"	Opens at height of lowest qualifier. Up in 6" increments.
Boys Pentathlon LJ/Girls Pentathlon Shot	Fri 4:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys Discus	Fri 5:00 PM	24	118' 7"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Triple Jump	Fri 5:00 PM	24	32' 10"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys 200m Trials	Fri 5:00 PM	32	23.84 FAT (23.4h)	Top 8 times to Finals
Girls 200m Trials	Fri 5:10 PM	32	27.62 FAT (27.2h)	Top 8 times to Finals
Boys 400m Hurdles	Fri 5:20 PM	32	64.71 (64.4h)	
Girls 400m Hurdles	Fri 5:30 PM	32	1:15.86 (1:15.6h)	
Boys 800 meters (+ Para)	Fri 5:40 PM	32	2:04.38 (2:04.1h)	
Girls 800 meters (+ Para)	Fri 5:45 PM	32	2:33.11 (2:32.8h)	
Boys Pentathlon Shot/Girls Pentathlon HJ	Fri 5:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys 200m Final/Girls 200m Final	Fri 6:00 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 2 Mile Run	Fri 6:15 PM	32	10:21.70 (10:21.4h)	
Girls 2 Mile Run	Fri 6:45 PM	32	12:33.57 (12:23.3h)	
Boys Pentathlon 1500m/Girls Pentathlon 800m	Fri 6:40 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys High Jump	Sun 2:30 PM	24	5' 8"	Opens at height of lowest qualifier. Up 2" (+1" first if odd open height).
Girls Pole Vault	Sun 2:30 PM	16	7' 6"	Opens at height of lowest qualifier. Up in 6" increments.
Boys Shot Put (+ Para)	Sun 3:00 PM	24	41' 9"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Long Jump	Sun 3:00 PM	24	16' 1"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Javelin	Sun 3:00 PM	24	87' 5"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys 110m Hurdle Trials	Sun 4:00 PM	32	17.17 FAT (16.7h)	Top 8 times to Finals
Girls 100m Hurdle Trials	Sun 4:10 PM	32	17.95 FAT (17.5h)	Top 8 times to Finals
Boys 100m Trials (+ Para)	Sun 4:20 PM	32	11.63 FAT (11.2h)	Top 8 times to Finals
Girls 100m Trials (+ Para)	Sun 4:30 PM	32	13.33 FAT (12.9h)	Top 8 times to Finals
Girls Shot Put (+ Para)	Sun 4:30 PM	24	30' 8"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Long Jump	Sun 4:30 PM	24	19' 4"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Javelin	Sun 4:30 PM	24	135' 1"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls High Jump	Sun 4:30 PM	24	5' 0"	Opens at height of lowest qualifier. Up 2" (+1" first if odd open height).
Boys 1 Mile Run	Sun 4:40 PM	32	4:41.85 (4:41.6h)	
Girls 1 Mile Run	Sun 4:55 PM	32	5:37.92 (5:37.6h)	
Boys 400 meters	Sun 5:10 PM	32	53.99 (53.7h)	
Girls 400 meters	Sun 5:20 PM	32	64.37 (64.1h)	
Boys 110m Hurdle Final/Girls 100m Hurdle Final	Sun 5:30 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 110m Final (+ Para)/Girls 100m Final (+ Para)	Sun 5:40 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 4x800m Relay	Sun 5:50 PM	24	8:50.94 (8:50.7h)	
Girls 4x800m Relay	Sun 6:10 PM	24	10:47.65 (10:47.4h)	
Boys 4x100m Relay	Sun 6:30 PM	24	45.48 (45.2h)	
Girls 4x100m Relay	Sun 6:35 PM	24	52.65 (52.4h)	
Boys 4x400m Relay	Sun 6:40 PM	24	3:39.51 (3:39.2h)	
Girls 4x400m Relay	Sun 6:55 PM	24	4:24.73 (4:24.4h)	

When using a hand time for qualification, enter time to the tenth only, followed by an "h"

The Tournament Director will add 0.24 to each hand time for entry and seeding purposes

All races seeded slow to fast (except races with trials and finals seeded fast to slow)

Meet will follow the time schedule--up to a 15 minute early allowance

DIVISION 5 CHAMPIONSHIP at Westfield State University (Thursday 5/29 & Saturday 5/31)

ENTRY DEADLINE: Pentathlon - 5/24/25 (8:00 PM); All Other Events - 5/26/25 (8:00 PM) - NO LATE ENTRIES

Event	Day/Time	Min Entries	Auto Qualifier	ADDITIONAL INFO
Boys Pentathlon 110m H/ Girls Pentathlon 100m H	Thurs 3:00 PM	12 (Max)/12 (Max)	N/A	All Pentathlon event start times after the hurdles are estimates only.
Girls Discus	Thurs 3:00 PM	24	87' 7"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Triple Jump	Thurs 3:00 PM	24	40' 8"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Pentathlon HJ /Girls Pentathlon LJ	Thurs 3:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys Pole Vault	Thurs 4:00 PM	16	9' 6"	Opens at height of lowest qualifier. Up in 6" increments.
Boys Pentathlon LJ/Girls Pentathlon Shot	Thurs 4:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys Discus	Thurs 5:00 PM	24	121' 2"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Triple Jump	Thurs 5:00 PM	24	32' 10"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys 200m Trials	Thurs 5:00 PM	32	23.96 FAT (23.5h)	Top 8 times to Finals
Girls 200m Trials	Thurs 5:10 PM	32	28.12 FAT (27.7h)	Top 8 times to Finals
Boys 400m Hurdles	Thurs 5:20 PM	32	63.65 (63.4h)	
Girls 400m Hurdles	Thurs 5:30 PM	32	1:13.38 (1:13.1h)	
Boys 800 meters (+ Para)	Thurs 5:40 PM	32	2:07.27 (2:07.0h)	
Girls 800 meters (+ Para)	Thurs 5:45 PM	32	2:34.13 (2:33.8h)	
Boys Pentathlon Shot/Girls Pentathlon HJ	Thurs 5:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys 200m Final/Girls 200m Final	Thurs 6:00 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 2 Mile Run	Thurs 6:15 PM	32	10:40.15 (10:39.9h)	
Girls 2 Mile Run	Thurs 6:45 PM	32	12:57.86 (12:57.6h)	
Boys Pentathlon 1500m/Girls Pentathlon 800m	Thurs 6:40 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys High Jump	Sat 2:30 PM	24	5' 10"	Opens at height of lowest qualifier. Up 2" (+1" first if odd open height).
Girls Pole Vault	Sat 2:30 PM	16	7' 6"	Opens at height of lowest qualifier. Up in 6" increments.
Boys Shot Put (+ Para)	Sat 3:00 PM	24	41' 4"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Long Jump	Sat 3:00 PM	24	16' 0"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Javelin	Sat 3:00 PM	24	89' 8"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys 110m Hurdle Trials	Sat 4:00 PM	32	17.75 FAT (17.3h)	Top 8 times to Finals
Girls 100m Hurdle Trials	Sat 4:10 PM	32	18.06 FAT (17.6h)	Top 8 times to Finals
Boys 100m Trials (+ Para)	Sat 4:20 PM	32	11.67 FAT (11.2h)	Top 8 times to Finals
Girls 100m Trials (+ Para)	Sat 4:30 PM	32	13.42 FAT (13.0h)	Top 8 times to Finals
Girls Shot Put (+ Para)	Sat 4:30 PM	24	31' 4"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Long Jump	Sat 4:30 PM	24	19' 10"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Javelin	Sat 4:30 PM	24	139' 3"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls High Jump	Sat 4:30 PM	24	5' 0"	Opens at height of lowest qualifier. Up 2" (+1" first if odd open height).
Boys 1 Mile Run	Sat 4:40 PM	32	4:46.89 (4:46.6h)	
Girls 1 Mile Run	Sat 4:55 PM	32	5:43.33 (5:43.1h)	
Boys 400 meters	Sat 5:10 PM	32	53.82 (53.5h)	
Girls 400 meters	Sat 5:20 PM	32	64.11 (63.8h)	
Boys 110m Hurdle Final/Girls 100m Hurdle Final	Sat 5:30 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 110m Final (+ Para)/Girls 100m Final (+ Para)	Sat 5:40 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 4x800m Relay	Sat 5:50 PM	24	8:57.64 (8:57.4h)	
Girls 4x800m Relay	Sat 6:10 PM	24	11:07.52 (11:07.4h)	
Boys 4x100m Relay	Sat 6:30 PM	24	45.27 (45.0h)	
Girls 4x100m Relay	Sat 6:35 PM	24	52.60 (52.3h)	
Boys 4x400m Relay	Sat 6:40 PM	24	3:41.78 (3:41.5h)	
Girls 4x400m Relay	Sat 6:55 PM	24	4:25.77 (4:25.5h)	
When using a hand time for qualification, enter time to the tenth only, followed by an "h"				
The Tournament Director will add 0.24 to each hand time for entry and seeding purposes				
All races seeded slow to fast (except races with trials and finals seeded fast to slow)				
Meet will follow the time schedule--up to a 15 minute early allowance				

DIVISION 6 CHAMPIONSHIP at Tufts University (Friday 5/30 & Sunday 6/1)

ENTRY DEADLINE: Pentathlon - 5/24/25 (8:00 PM); All Other Events - 5/26/25 (8:00 PM) - NO LATE ENTRIES

<u>Event</u>	<u>Day/Time</u>	<u>Min Entries</u>	<u>Auto Qualifier</u>	<u>ADDITIONAL INFO</u>
Boys Pentathlon 110m H/ Girls Pentathlon 100m H	Fri 3:00 PM	12 (Max)/12 (Max)	N/A	All Pentathlon event start times after the hurdles are estimates only.
Girls Discus	Fri 3:00 PM	24	88' 8"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Triple Jump	Fri 3:00 PM	24	39' 7"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Pentathlon HJ /Girls Pentathlon LJ	Fri 3:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys Pole Vault	Fri 4:00 PM	16	9' 0"	Opens at height of lowest qualifier. Up in 6" increments.
Boys Pentathlon LJ/Girls Pentathlon Shot	Fri 4:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys Discus	Fri 5:00 PM	24	126' 1"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Triple Jump	Fri 5:00 PM	24	32' 7"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys 200m Trials	Fri 5:00 PM	32	23.79 FAT (23.3h)	Top 8 times to Finals
Girls 200m Trials	Fri 5:10 PM	32	28.06 FAT (27.6h)	Top 8 times to Finals
Boys 400m Hurdles	Fri 5:20 PM	32	64.47 (64.2h)	
Girls 400m Hurdles	Fri 5:30 PM	32	1:16.43 (1:16.1h)	
Boys 800 meters (+ Para)	Fri 5:40 PM	32	2:08.79 (2:08.5h)	
Girls 800 meters (+ Para)	Fri 5:45 PM	32	2:33.11 (2:32.8h)	
Boys Pentathlon Shot/Girls Pentathlon HJ	Fri 5:45 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys 200m Final/Girls 200m Final	Fri 6:00 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 2 Mile Run	Fri 6:15 PM	32	10:45.70 (10:45.4h)	
Girls 2 Mile Run	Fri 6:45 PM	32	12:59.07 (12:58.8h)	
Boys Pentathlon 1500m/Girls Pentathlon 800m	Fri 6:40 PM	12 (Max)/12 (Max)	N/A	30 minutes between events
Boys High Jump	Sun 2:30 PM	24	5' 8"	Opens at height of lowest qualifier. Up 2" (+1" first if odd open height).
Girls Pole Vault	Sun 2:30 PM	16	8' 0"	Opens at height of lowest qualifier. Up in 6" increments.
Boys Shot Put (+ Para)	Sun 3:00 PM	24	40' 6"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Long Jump	Sun 3:00 PM	24	15' 1"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Javelin	Sun 3:00 PM	24	89' 5"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys 110m Hurdle Trials	Sun 4:00 PM	32	18:02 FAT (17.6h)	Top 8 times to Finals
Girls 100m Hurdle Trials	Sun 4:10 PM	32	17.93 FAT (17.5h)	Top 8 times to Finals
Boys 100m Trials (+ Para)	Sun 4:20 PM	32	11.68 FAT (11.2h)	Top 8 times to Finals
Girls 100m Trials (+ Para)	Sun 4:30 PM	32	13.52 FAT (13.1h)	Top 8 times to Finals
Girls Shot Put (+ Para)	Sun 4:30 PM	24	30' 1"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Long Jump	Sun 4:30 PM	24	19' 11"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Javelin	Sun 4:30 PM	24	133' 3"	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls High Jump	Sun 4:30 PM	24	4' 10"	Opens at height of lowest qualifier. Up 2" (+1" first if odd open height).
Boys 1 Mile Run	Sun 4:40 PM	32	4:49.28 (4:49.0h)	
Girls 1 Mile Run	Sun 4:55 PM	32	5:50.55 (5:50.3h)	
Boys 400 meters	Sun 5:10 PM	32	54.03 (53.7h)	
Girls 400 meters	Sun 5:20 PM	32	65.89 (65.6h)	
Boys 110m Hurdle Final/Girls 100m Hurdle Final	Sun 5:30 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 110m Final (+ Para)/Girls 100m Final (+ Para)	Sun 5:40 PM	8		Top 8 Times from Trials/Top 8 Times from Trials
Boys 4x800m Relay	Sun 5:50 PM	24	9:06.61 (9:06.3h)	
Girls 4x800m Relay	Sun 6:10 PM	24	11:07.37 (11:07.1h)	
Boys 4x100m Relay	Sun 6:30 PM	24	45.59 (45.3h)	
Girls 4x100m Relay	Sun 6:35 PM	24	53.57 (53.3h)	
Boys 4x400m Relay	Sun 6:40 PM	24	3:43.73 (3:43.4h)	
Girls 4x400m Relay	Sun 6:55 PM	24	4:39.76 (4:39.5h)	

When using a hand time for qualification, enter time to the tenth only, followed by an "h"

The Tournament Director will add 0.24 to each hand time for entry and seeding purposes

All races seeded slow to fast (except races with trials and finals seeded fast to slow)

Meet will follow the time schedule--up to a 15 minute early allowance

MEET OF CHAMPIONS QUALIFIERS & PERFORMANCE LISTS

Qualifiers

- Pentathlon - **Top** place winner from each Divisional Championship (1, 2, 3, 4, 5, 6) plus the six highest scores entered from MIAA sanctioned pentathlon competitions during the 2024 outdoor season.
- All Other Events - The **Top 16/24/32** entries in the respective events, including ties, will be selected for the Meet of Champions along with top place winner from each Divisional Championship (1, 2, 3, 4, 5, 6) if not within the top 16/24/32.

All entries, including top place winners, must be completed through Athletic.net: www.athletic.net. All entries must be submitted by Monday, May 26th at 8:00pm. Entries MUST include where and when the performance was achieved (Qualifying performances for the 2025 Outdoor Season can come only from MIAA sanctioned meets contested during the 2025 Outdoor Season). Performances without “where and when” info will be rejected. Additionally, qualifying performances can be challenged by coaches or the Meet Director prior to the start of the meet.

Performance Lists will be posted on <http://www.miaa.net> on Tuesday, May 27, 2025 by 12pm. Individuals qualifying will be posted on MIAA website. If listed, you are in, no further information will be sent. The performance list will be declared final 24 hours after being released. Medals will be awarded to individuals for all eight scoring places in each event.

MEET OF CHAMPIONS at Fitchburg State University (Thursday 6/5 & Saturday 6/7)

ENTRY DEADLINE: All Events – 6/3/25 (8:00 PM) - NO LATE ENTRIES

Event	Day/Time	Min Entries	ADDITIONAL INFO
Boys Pentathlon 110m H/ Girls Pentathlon 100m H	Thurs 3:00 PM	12 (Max)/12 (Max)	All Pentathlon event start times after the hurdles are estimates only.
Girls Discus	Thurs 3:00 PM	24	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Triple Jump	Thurs 3:00 PM	24	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Pentathlon HJ /Girls Pentathlon LJ	Thurs 3:45 PM	12 (Max)/12 (Max)	30 minutes between events
Boys Pole Vault	Thurs 4:00 PM	16	Opens at height of lowest qualifier. Up in 6" increments.
Boys Pentathlon LJ/Girls Pentathlon Shot	Thurs 4:45 PM	12 (Max)/12 (Max)	30 minutes between events
Boys Discus	Thurs 5:00 PM	24	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Triple Jump	Thurs 5:00 PM	24	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys 200m Trials	Thurs 5:00 PM	32	Top 8 times to Finals
Girls 200m Trials	Thurs 5:10 PM	32	Top 8 times to Finals
Boys 400m Hurdles	Thurs 5:20 PM	32	
Girls 400m Hurdles	Thurs 5:30 PM	32	
Boys 800 meters (+ Para)	Thurs 5:40 PM	32	
Girls 800 meters (+ Para)	Thurs 5:45 PM	32	
Boys Pentathlon Shot/Girls Pentathlon HJ	Thurs 5:45 PM	12 (Max)/12 (Max)	30 minutes between events
Boys 200m Final/Girls 200m Final	Thurs 6:00 PM	8	Top 8 Times from Trials/Top 8 Times from Trials
Boys 2 Mile Run	Thurs 6:15 PM	32	
Girls 2 Mile Run	Thurs 6:45 PM	32	
Boys Pentathlon 1500m/Girls Pentathlon 800m	Thurs 6:40 PM	12 (Max)/12 (Max)	30 minutes between events
Boys High Jump	Sat 2:30 PM	24	Opens at height of lowest qualifier. Up 2" (+1" first if odd open height).
Girls Pole Vault	Sat 2:30 PM	16	Opens at height of lowest qualifier. Up in 6" increments.
Boys Shot Put (+ Para)	Sat 3:00 PM	24	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Long Jump	Sat 3:00 PM	24	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls Javelin	Sat 3:00 PM	24	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys 110m Hurdle Trials	Sat 4:00 PM	32	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls 100m Hurdle Trials	Sat 4:10 PM	32	Heat winners and next 4 fastest times (8 in total) to the finals
Boys 100m Trials (+ Para)	Sat 4:20 PM	32	Heat winners and next 4 fastest times (8 in total) to the finals
Girls 100m Trials (+ Para)	Sat 4:30 PM	32	Heat winners and next 4 fastest times (8 in total) to the finals
Girls Shot Put (+ Para)	Sat 4:30 PM	24	Heat winners and next 4 fastest times (8 in total) to the finals
Boys Long Jump	Sat 4:30 PM	24	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Boys Javelin	Sat 4:30 PM	24	3 attempts in trials; top 9 (+ties) to finals for 3 additional attempts
Girls High Jump	Sat 4:30 PM	24	Opens at height of lowest qualifier. Up 2" (+1" first if odd open height).
Boys 1 Mile Run	Sat 4:40 PM	32	
Girls 1 Mile Run	Sat 4:55 PM	32	
Boys 400 meters	Sat 5:10 PM	32	
Girls 400 meters	Sat 5:20 PM	32	
Boys 110m Hurdle Final/Girls 100m Hurdle Final	Sat 5:30 PM	8	Heat winners and next 4 fastest times (8 in total)
Boys 110m Final (+ Para)/Girls 100m Final (+ Para)	Sat 5:40 PM	8	Heat winners and next 4 fastest times (8 in total)
Boys 4x800m Relay	Sat 5:50 PM	24	
Girls 4x800m Relay	Sat 6:10 PM	24	
Boys 4x100m Relay	Sat 6:30 PM	24	
Girls 4x100m Relay	Sat 6:35 PM	24	
Boys 4x400m Relay	Sat 6:40 PM	24	
Girls 4x400m Relay	Sat 6:55 PM	24	

All running events qualifying times must be FAT

All races seeded slow to fast (except races with trials and finals seeded fast to slow)

Meet will follow the time schedule--up to a 15 minute early allowance