

# MIAA Sports Medical Committee

## Minutes

### February 13, 2023

**Minutes :** The minutes of the previous meeting Oct. 17, 2022 we reviewed and accepted. (J. Stone, D. Stratton) 16-0-0

**Medical Coverage, Shortage of Trainers, DPH:** R. Pearson introduced this topic of discussion that has been occurring among athletic directors and others related to medical coverage at athletic events as well as a shortage of ATC's. The committee dialogued about numerous thoughts on the topic. Other discussion included: what medical personnel should be permitted to cover events, what sports are mandated by rules for coverage, and thoughts on what is impacting coverage. The topic of pay rates was considered with input that hourly rates can be between \$45-75 but may be more likely \$60-70 per hour.

Members discussed how best to advocate for ATC coverage in all schools and educate school leaders/decision makers on the need for full time ATC. Members offered to be on a subcommittee to consider policy statement for full time ATC. Volunteers: M. Kelly, B. Colandreo, J. Sturtevant, J. Stone, M. Belanger, S. Mackin, T. Hautala

Other areas of discussion: bullet points to help explain EMT and some differences; AD's need to know "scope of practice"; clear checklist to help AD's

**Catastrophic Injury, Emergency Action Plans, Collapsed Athlete:** This topic of discussion allowed for ideas and approaches for schools to plan for injuries and emergencies at events. Discussion areas: neutral site EAP, medical preparedness before the game; should we put together a plan for those games? Possible reminder, EAPS for all schools maybe May for next year

**Mental Wellness in High School Sports/Athletes:** Points of emphasis and discussion:

- NFHS efforts, NCAA
- Anything we can do to promote the effort and the need
- SMC to be aware and help to promote to the membership

**Pre-Participation Forms:** Forms have been updated for membership to AAP recommended forms.

**Other information:**

- NFHS SMAC Unofficial Minutes 1/31/23 (Attached)

Adjourn

**Next meeting:** May 8, 2023 – Committee meeting, *In-Person* @ 4:00pm