# Student Leadership Summit

MIAA

**Thursday, October 10, 2024** DoubleTree Hotel, Westborough, MA

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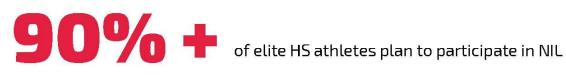
WELLNESS SPORTSMANSHIP COACHES' EDUCATION LEADERSHIP COMMUNITY SERVICE



OFFICIAL NAME, IMAGE AND LIKENESS (NIL) EDUCATION PARTNER

## WHY NAME IMAGE AND LIKENESS **DEVELOPS BETTER LEADERS!**

- Empowerment Through Developing Your Personal Brand
- 2. Entrepreneurship & Financial Literacy Experience
- 3. Enhanced Leadership Skills
- 4. Influence and Social Impact
- 5. Networking Opportunties



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## **Student Leadership Summit**

"Growing Courageous Leaders"

7:30 - 8:30 am	Registration and Continental Breakfast
8:30 - 9:45 am	Opening General SessionWelcome:Peter Smith, MIAA Associate Director Phil Napolitano, MIAA Assistant Director MIAA Student Advisory CommitteeKeynote:Omari Pearson, Passion to Purpose
9:45 - 10:00 am	Transition to Workshops
10:00 - 10:50 am	<b>Workshop Session 1</b> See program pages 4-6 for workshop descriptions and locations. Each workshop will be repeated during Workshop Session 2.
10:50 - 11:00 am	Transition to Workshops
11:00 - 11:50 am	<b>Workshop Session 2</b> See program pages 4-6 for workshop descriptions and locations.
11:50 - 12:00 pm	Transition to General Session
12:00 - 12:15 pm	Closing General Session Remarks: Omari Pearson, Passion to Purpose
12:15 - 1:00pm	<b>Lunch</b> Attendees will be invited to the buffet stations by hotel staff.



## **Workshop Sessions**

## **Ballroom Edgewood**

## Building LGBTQ Inclusive and Affirming School Communities

Join student leaders from across Massachusetts for an engaging session focused on fostering school environments that are welcoming and inclusive for LGBTQ+ students and those with intersecting identities. Through discussions and activities, this session will equip you with practical tools and strategies to help create queer-inclusive, gender-expansive schools where all students, including LGBTQ+ youth, can thrive and feel affirmed. Let's work together to build a community that supports and uplifts everyone.

Presented by: Landon Callahan, Senior Trainer Gabriel Rivas, Youth Programs Coordinator Jason Wheeler, Program Director DESE Safe Schools Program for LGBTQ Students www.doe.mass.edu/sfs/lgbtq

## **Ballroom Chandler/Baldwin**

Student Leadership and Teamwork

Teamwork is defined as the ability to work together to accomplish common goals. Members of the MIAA Student Advisory Committee will conduct group discussions and audience participation exercises that explore the essential elements of teamwork and how student leaders can encourage their teams to function at higher levels.

Presented by: Phil Napolitano and Student Advisory Committee Members Massachusetts Interscholastic Athletic Association (MIAA) pnapolitano@miaa.net www.miaa.net



## Workshop Sessions

### **Ballroom Autumn**

### Unlock Your Future: How Collegiate Recruitment and Athletic Skills Can Open Doors for You

This presentation will give you the tools to pursue the collegiate recruitment process in a financially intelligent way, as well as recognize how your skills gained from high school athletics can aid your college/career application process. We are local graduate students who are extremely passionate about addressing the lack of diversity in collegiate sports by highlighting the systemic barriers that impact access and recruitment. Our mission is to spread the message that collegiate athletics can be accessible, and we do this by sharing the information we have gained through research and our own personal experiences.

**Presented by:** Lilly Fellows, B.A., Masters of Athletic Counseling Candidate, Springfield College Karlie Guimond, B.A., Masters of Special Education Candidate, Smith College

## **Ballroom Viking**

Got Dreams? What's Your Plan?

This workshop focuses on helping participants identify their dreams and ambitions while developing a clear, actionable plan to achieve them. It encourages individuals to align their goals with a structured personal and professional success roadmap.

Key Topics:

- 1. Dream Identification
- 2. Goal Setting
- 3. Action Planning
- 4. Resources and Support
- 5. Mindset and Motivation

By the end of the workshop, participants will have a personalized, actionable plan to pursue their dreams, with clear goals, a timeline, and a support strategy in place.

Presented by: Omari Pearson Passion to Purpose www.passtopurpose.com



## **Workshop Sessions**

## **Ballroom Nugget/Wellington**

# Transitioning from High School to College Athletics (10:00-10:50am session only)

Megan Gaedje (All Army Rugby Team; National All Guard Endurance Team; Softball - University of New England) and Rob Licciardi (National All Guard Endurance Team; Coach - Cambridge Rindge and Latin Wrestling; Captain - Peabody High School Wrestling) share their best practices for juggling athletics, school and work.

Presented by: Megan Gaedje, Sergeant First Class Rob Licciardi, Sergeant First Class Massachusetts Army National Guard www.manationalguard.net

# Sports Nutrition and Performance (11:00-11:50am session only)

Brittany Welton (M.Ed. Specialized Nutrition; M.S. Exercise Science; CrossFit Coach CF-L2) and Holli Eckhardt (Military Police Officer; Cheerleading Coach) provide a detailed overview of sports nutrition, meal planning/supplements, and the importance of diet and hydration for performance. This session will also cover tricks and tips for the busy athlete.

Presented by: Brittany Welton, Staff Sergeant Holli Eckhardt, Staff Sergeant Massachusetts Army National Guard www.manationalguard.net



## **Keynote Presentation**



### **Omari Pearson** Passion to Purpose

www.passtopurpose.com

"Dreaming With Your Eyes Open"

This presentation encourages participants to pursue their dreams with intentionality and focus actively. It emphasizes turning aspirations into actionable plans while maintaining awareness of the steps required to succeed. By "dreaming with your eyes open," participants learn to combine vision with practical execution, setting realistic goals and staying mindful of the opportunities and challenges along the way. The presentation inspires self-reflection, resilience, and a proactive mindset to achieve long-term personal and professional ambitions.

#### About Omari Pearson:

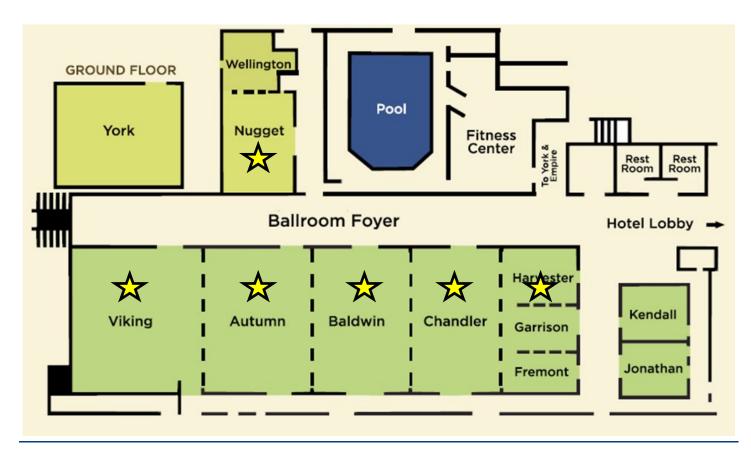
Omari Pearson is a distinguished leader in education-driven life skills, mentoring, and coaching professional development. As the Founder and President of Passion to Purpose LLC (P2P), a company dedicated to educational development and mentoring, Omari has committed his career to empowering students, coaches, athletic directors, and administrators with the knowledge and skills they need to become more effective and productive within their current sphere of society.

Leveraging his extensive background as a former high school, collegiate, and professional basketball player, Omari has seamlessly transitioned into an author, speaker, and consultant role. His unique experiences, including his academic and athletic excellence at the University of Nevada, Las Vegas, enable him to inspire and guide the next generation toward achieving their life goals through education and mentoring.

Omari has served for the past 14 years as a consultant and trainer for the National Federation of State High School Associations (NFHS) and collaborates with several state high school athletic and activity associations. Omari's work is defined by his unwavering commitment to empowering students and educators, fostering an environment where educational achievement and personal development are intertwined. Through Passion to Purpose LLC, he continues to significantly impact countless students' lives, guiding them through their educational journeys and helping them achieve their fullest potential. His work has not only transformed students' lives but also enhanced educators' effectiveness and productivity, leaving a lasting impact on the educational sphere.



## **Doubletree Westborough**



Workshop sessions will take place in the following locations:

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Viking Ballroom Autumn Ballroom Baldwin/Chandler Ballroom Edgewood Ballroom (Harvester/Garrison/Fremont combined) Nugget/Wellington Ballroom

General sessions will take place in the Grand Ballroom (all ballrooms combined).



### **Summit Evaluation**

#### To be completed by student and adult attendees

Please use the QR code below to complete an evaluation for the Student Leadership Summit. Your feedback will provide helpful information to assist in the development of future programs.



### **Upcoming Events**

#### Hosted at the MIAA Office in Franklin unless otherwise noted

Sportsmanship Summit @ Gillette StadiumNovember 7, 2024Becoming a Student of Leadership WorkshopDecember 13, 2024Diversity, Equity and Inclusion Summit @ Holy CrossJanuary 17, 2025Student Ambassador HuddleJanuary 24, 2025Becoming a Student of Leadership WorkshopMarch 14, 2025Girls and Women in Sport Day @ Faneuil HallDate TBD

#### Awards

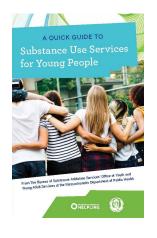
#### Nomination deadlines listed for each award

MIAA Team Sportsmanship Awards MIAA Student-Athlete of the Month Award MIAA Coach of the Year Award MIAA Official of the Year Award Due end of each sport season Due end of the month (September - May) Due June 30, 2025 Due June 30, 2025

## Please visit www.miaa.net for additional program, registration and award nomination information.



## Resources



### Massachusetts Health Promotion Clearinghouse

The Massachusetts Health Promotion Clearinghouse provides free health promotion materials for Massachusetts residents and health and social service providers in the Commonwealth. Funded by the Massachusetts Department of Public Health, the Clearinghouse develops and distributes health promotion materials on a wide variety of topics. To learn more about the Clearinghouse please visit:

#### https://massclearinghouse.ehs.state.ma.us

A sample resource available through the Clearinghouse is "A Quick Guide to Substance Use Services for Young People." The resource can be downloaded directly from the website or ordered in larger quantities.

### **Opioid Misuse Prevention Resources**

In collaboration with the Massachusetts Department of Public Health and MassTAPP, the MIAA has developed opioid misuse prevention resources for schools including:

- Guidance on Communications After a Non-Concussion Sports Injury •
- Injury Management A Key Component of Prescription Opioid Misuse Prevention
- Preventing Prescription Opioid Misuse Among Student-Athletes
- **Opioid Misuse Prevention: Student Athletes**
- What To Know About Prescription Opioids

These resources are located on the "Wellness" page at www.miaa.net and can be utilized for preseason meetings, parent and community forums, wellness classes, pre-prom programs and other school functions. The resources can also be ordered from the Massachusetts Health Promotion Clearinghouse.



### **Bureau of Substance Addiction Services**

The Bureau of Substance Addiction Services (BSAS) oversees the statewide system of prevention, intervention, treatment, and recovery support services for individuals, families, and communities affected by substance addiction. For additional information, please visit:

#### www.mass.gov/orgs/bureau-of-substance-addiction-services

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to empower students to make healthy life choices

## **SPORTSMANSHIP**

to teach respect for self, team, opponents, officials, rules, and the game itself

## **COACHES' EDUCATION**

to provide resources for teacher-coaches who serve as curriculum instructors of educational athletics

## LEADERSHIP

to promote the power of positive influence that student athletes and teacher-coaches share as role models

## **COMMUNITY SERVICE**

to recognize the privilege of athletic participation and the responsibility of giving back to the community





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