



2024-25 MIAA Wrestling Season Reminders & Resources

Dear Athletic Directors and Coaches,

I hope this message finds you, your student-athletes, and your coaching staff excited for the upcoming winter season! Below are several important items and updates for the 2024-25 wrestling season:

1. MIAA Wrestling Information

- Visit the [MIAA Wrestling page](#) for key information, including important dates, tournament sites, and more.
- The MIAA Wrestling Committee and Officials Association have issued guidance on the treatment of officials and proper gym setup. [Click here to view the memo.](#)

2. Wrestling Coaches Contact Information:

To maintain an up-to-date database of wrestling coaches (head and assistant(s)), Athletics Directors are requested to complete the following survey. Please note that a maximum of three (3) coaches per team will be granted access to postseason tournaments.

- [Click here to complete the coach's information survey](#)

3. FloArena FAQs and Training

- Access the [MIAA FloArena FAQs and Training Videos](#) for assistance with entering rosters, schedules, and results.

4. Regular Season Cut-Off Date

- The cut-off date for the wrestling regular season is **Wednesday, February 12, 2025**. All meets must be completed and results entered into FloArena by this date.
- **FloArena Requirements:**
 - All MIAA wrestling rosters, weight assessments, schedules, and results must be entered into FloArena.
 - Results must be submitted within **96 hours** of a meet.
 - Complete schedules must be entered into FloArena by **December 20, 2024**.

5. Minimum Weight Control Assessments

- Assessments must be completed and entered in FloArena by **December 12, 2024**, or prior to your first varsity contest. Rosters must be entered before adding weight assessments.
- [Click here to access the Minimum Weight Control Certificate Form](#)
 - [Click here guidance on completing the MIAA Minimum Weight Control Certificate](#)

Important Notes:

- **Female Wrestlers:**
 - Athletes competing in the Girls' Divisional and All-State Championships must have weight certifications for both traditional and girls' state weight classes.
 - Enter **all wrestlers** under the "Mixed Gender 2024-25" season and **female wrestlers' weight assessments** in both "Mixed Gender 2024-25" and "Girls 2024-25" seasons.
- **Assessor Permissions:** If the Athletic Director wishes to assign assessor permissions to someone else, please email me directly with the individual's name, FloArena account email, and role.
 - Before entering weight assessments, switch your role from "COACH" to "ASSESSOR" and select the correct season (Mixed Gender 2024-25 or Girls 2024-25). Enter all wrestlers under "Mixed Gender 2024-25," and record female wrestlers' weights in both "Mixed Gender 2024-25" and "Girls 2024-25."

6. Medical Release and Skin Infection Resources

- Must use the [official MIAA Medical Release form](#) for all related matters.
- Additional resources:
 - [Strategies to prevent wrestling skin infection outbreaks](#)
 - [Sample parent letter for skin infection outbreaks](#)

7. MIAA Wrestling Tournament Format

- [View the MIAA Wrestling Tournament Format here](#) for details on individual tournament requirements, deadlines, and seeding information.

Key Updates:

- **Alternates for Mixed Gender All-States:** Alternates will be notified by **8:00 PM on the Wednesday before All-States**, with no changes permitted after this deadline.
- **Weigh-In Procedures:** At two-day tournaments, wrestlers still competing will weigh in on the second day with a **+1 pound allowance**, per NFHS Rule 4-5-5.

8. MIAA Girls Wrestling Tournament Updates

- To qualify for girls' postseason tournaments, athletes must weigh in at their certified girls' weight class at **scratch weight at least once during the season**.
 - Carefully read MIAA Rule 84.4.6, which states in part, *"To qualify at a certain weight for the MIAA Individual Sectional & State Tournaments, including Girls Divisional States & All-States, a wrestler must weigh-in at their certified weight class at scratch weight at least once during the season, shoulder to shoulder in front of an opposing coach. For the Girls Divisional State & All-States qualifier only, wrestlers are not required to compete when weighing in for scratch weight. The opposing coach must sign the weigh-in sheet verifying the scratch weight."*
- The Girls' Wrestling Divisional State Tournament will take place alongside the Mixed Gender State Tournament this season.

- Refer to page 4, items #10-12 of the [MIAA Wrestling Tournament Format](#) for details on qualification for the Girls' Divisional and All-State Tournaments.

9. Additional Notes and Resources

- [2024-25 NFHS Wrestling Rule Changes](#)
- [2023-25 Wrestling Alignments](#)
- New England Championships: **Saturday, March 8, and Sunday, March 9, 2025.**

Best of luck to you and your teams this wrestling season!

Phil Napolitano
MIAA Assistant Executive Director

