



WELLNESS

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#OneTeamOneMIAA

Girls Indoor Track Meet of Champions

February 22, 2025
Reggie Lewis State Track Athletic Center

Growing Courageous Leaders™



2024-25 Indoor Track Schedule & Qualifying Standards

MEET OF CHAMPIONS - Saturday, February 22, 2025

Event	Approx. Time	Min Entries	ADDITIONAL INFO
Girls Shot Put	10:30 AM	24	All field event athletes, regardless of flight, must check in at the event prior to the first flight of their gender beginning; 9+ ties advance to finals for 3 more throws/jumps.
Boys Shot Put	Est 12:00 PM	24	
Girls Weight Throw	Est. 1:30 PM	15 max	4 throws; no finals; Bring own implement - 16cm handles only
Boys Weight Throw	Est. 2:30 PM	15 max	
Girls 55m Hurdles Trials	10:30-10:35 AM	24	Preferred lanes for all infield races: 5-4-6-3-7-2-8-1 with heat winners + next best times to fill 8 advancing to finals. Heat winners advance and the remaining slots in the 8-athlete finals will be by best times from the trials after the heat winners.
Boys 55m Hurdles Trials	10:35-10:40 AM	24	
Girls 55m Dash Trials	10:40-10:45 AM	24	
Boys 55m Dash Trials	10:45-10:50 AM	24	
Girls 55m Hurdles Final	10:50-10:55 AM	8	
Boys 55m Hurdles Final	10:55-11:00 AM	8	
Girls 55m Dash Final	11:00-11:03 AM	8	
Boys 55m Dash Final	11:03-11:05 AM	8	
Girls High Jump	11:10 AM	24	Starts at height of lowest qualifier Up 2" (+1" first if odd opening height) Elevated Runway
Boys High Jump	11:10 AM	24	
Girls Long Jump	11:10 AM	24	
Boys Long Jump	11:10 AM	24	
Girls 1 Mile Final	11:05-11:20 AM	24	Begins after infield races conclude
Boys 1 Mile Final	11:20-11:30 AM	24	
Girls 600 meters Final	11:30-11:40 AM	24	Preferred Lanes: 5-6-4-3-2-1
Boys 600 meters Final	11:40-11:50 AM	24	Preferred Lanes: 5-6-4-3-2-1
Girls 1000 meters Final	11:50-11:58 AM	24	
Boys 1000 meters Final	11:58-12:05 PM	24	
Girls 300 meters Final	12:05-12:10 PM	24	Preferred Lanes: 5-6-4-3-2 (No 1)
Boys 300 meters Final	12:10-12:15 PM	24	Preferred Lanes: 5-6-4-3-2 (No 1)
Girls 2 Mile Final	12:15-12:40 PM	24	
Boys 2 Mile Final	12:40-1:05 PM	24	
Girls 4 x200m Relay	1:05-1:20 PM	24	Preferred Lanes: 5-4-3-2 (No 1 or 6)
Boys 4x200m Relay	1:20-1:35 PM	24	Run with a 3-turn stagger
Girls 4x800m Relay	1:35-1:55 PM	24	2-turn stagger with a barrel start
Boys 4x800m Relay	1:55-2:15 PM	24	2-turn stagger with a barrel start
Girls 4x400m Relay	2:15-2:30 PM	24	Preferred Lanes: 5-6-4-3-2-1
Boys 4x400m Relay	2:30-2:45 PM	24	2-turn stagger in lanes

NOTES:

Entry Deadline for Meet of Champions - Monday, February 17, 2025 (6:00 PM). All races seeded slow to fast (except hurdles and dash trials will be serpentine seeding) and all event start times are approximations only--rolling schedule
300 meters will be run in lanes the entire way. There will be NO cut-in.

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MEET - Records

1	Boys 55 Meter Hurdles Varsity	7.47	2001	Luis Moreira - Somerville HS
2	Girls 55 Meter Hurdles Varsity	8.05	2013	Vanessa Clerveaux - Brockton HS
3	Boys 55 Meter Dash Varsity	6.37	2020	Richmond Kwaateng - Lowell HS
4	Girls 55 Meter Dash Varsity	7.01	2016	Brianna Duncan - Cambridge R&L
5	Boys 1 Mile Run Varsity	4:13.56	2006	Mark Amirault - Xaverian Brothers HS
6	Girls 1 Mile Run Varsity	4:49.70	1981	Lisa Welch - Peabody Veterans HS
7	Boys 600 Meter Run Varsity	1:19.62	2017	Theo Burba - Newton North
8	Girls 600 Meter Run Varsity	1:33.69	2017	Samantha Friborg - Acton-Boxbor
9	Boys 1000 Meter Run Varsity	2:27.24	2007	Mark Amirault - Xaverian Brothers HS
10	Girls 1000 Meter Run Varsity	2:48.72	2016	Ariel Keklak - Lincoln-Sudb
11	Boys 300 Meter Dash Varsity	34.92	2003	Hafiz Greigre - Attleboro HS
12	Girls 300 Meter Dash Varsity	39.69	2014	Domonique Hall - Shrewsbury HS
13	Boys 2 Mile Run Varsity	9:13	1981	Mike Flynn - Woburn HS
14	Girls 2 Mile Run Varsity	10:19	1981	Leslie Welch - Peabody Veterans HS
15	Boys 4x200 Meter Relay Varsity	1:30.02	2010	Andover High School - Andover HS C McConnell, M Vetere, K Stevens, C O'Neill
16	Girls 4x200 Meter Relay Varsity	1:43.57	2010	Boston Latin HS - Bostong Latin HS A Williams, E Rice, T Reid, M Brooks
17	Boys 4x800 Meter Relay Varsity	8:00.62	2013	Lowell High School - Lowell HS N McCarthy, A Whitney, M Kalenoski, P Coppinger
18	Girls 4x800 Meter Relay Varsity	9:16.43	2009	Lincoln-Sudbury Reg HS - Lincoln-Sudbury Reg HS C Arthur, J Griffin, E Hylton, A Keklak
19	Boys 4x400 Meter Relay Varsity	3:24.67	2007	Lexington High School - Lexington HS D Walker, A Lach, B Longo, M Paschal
20	Girls 4x400 Meter Relay Varsity	3:57.71	2011	Newton North HS - Newton North HS S Bennett, M Bellerose, C Forbes, M Gillis
21	Girls High Jump Varsity	5-07	2010	Moira Cronin - Andover HS
22	Boys High Jump Varsity	6-11	2009	Corey Thomas - Boston College HS
23	Boys Long Jump Varsity	23-00.25	2020	Richmond Kwaateng - Lowell HS
24	Girls Long Jump Varsity	19-09	2013	Carla Forbes - Newton North HS
25	Boys Shot Put Varsity	61-03.75	1972	Ray Auger - Leominster HS
26	Girls Shot Put Varsity	42-00	1985	Lisa Stack - Woburn HS
27	Girls Weight Throw Varsity	45-10.50	2024	Yrvicca Paul - O'Bryant HS
28	Boys Weight Throw Varsity	67-11.00	2024	Alex Jackson - Peabody HS
30	Boys Shot Put Wheelchair	10-03.75	2024	Angel Hernandez - Amherst Pelham HS



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Event 4 Girls 55 Meter Dash Varsity Prelims

	Name	Year	School	Seed Time
1	Nina Kyei-Aboagye	11	Sharon	7.03
2	Lauren Quarm	11	Methuen	7.06
3	Breanna Braham	12	Dennis-Yarmouth Regional	7.17
4	Chloe Guthrie	12	Mansfield	7.21
5	Lavender Kozaka	10	Oliver Ames	7.23
6	Keoni Savoie	11	Tantasqua Regional Senior	7.24
7	Annie Comella	12	Wellesley	7.26
8	Sydney Trout	12	Pentucket Regional	7.26
9	Liv Coperine	10	Duxbury	7.29
10	Sophia Guzman	12	Chicopee	7.31
11	Yasani Thompson	11	Holyoke	7.32
12	Leah Sun	11	Andover	7.36
13	Emily Dunn	11	Walpole	7.37
14	Alexis LeBlanc	11	Wilmington	7.37
15	Linda Jenner	9	Sharon	7.37
16	Sadie Nugent	12	Pembroke	7.39
17	Ava Chiappinelli	12	Needham	7.39
18	Kamryn Encarnacao	11	Reading Memorial	7.40
19	Nora Kisiel	12	Essex North Shore Agricultur	7.40
20	Kaitlyn Burke	11	Archbishop Williams	7.42
21	Ava Machado	12	Marblehead	7.43
22	Natalia Clarke	11	Minnechaug Reg	7.43
23	Ianna Blenman	10	Boston Latin	7.43
24	Alex D'Amadio	11	King Philip Regional	7.44
25	LaAnna Draper	12	Fitchburg	7.44
26	Katelyn Maniero	12	Medway	7.44
27	Arianna Gentile	12	Algonquin Regional	7.44
28	Alexandra Sawicki	12	Chicopee Comprehensive	7.44



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Event 12 Girls 300 Meter Dash Varsity

	Name	Year	School	Seed Time
1	Breanna Braham	12	Dennis-Yarmouth Regional	39.26
2	Nina Kyei-Aboagye	11	Sharon	39.70
3	Chloe Elder	11	Natick	40.12
4	Macey Shriner	12	Plymouth North	40.23
5	Nicole Gangi	11	Woburn Memorial	40.56
6	Yasani Thompson	11	Holyoke	40.59
7	Leanna Lynch	12	Boston Latin Academy	40.88
8	Rahma Giwa	12	Wachusett Regional	41.27
9	Nora Kisiel	12	Essex North Shore Agricultur	41.33
10	Solana Varela	11	Weston	41.42
11	Kaitlyn Quealy	12	Holliston	41.45
12	Kamryn Encarnacao	11	Reading Memorial	41.48
13	Brooke Bennett	11	Newton North	41.58
14	Audrey Thomas	12	Old Rochester Regional	41.65
15	Isabella Fiore	12	Methuen	41.91
16	Carli Stanford	12	Lunenburg	41.97
17	Chloe Guthrie	12	Mansfield	41.97
18	Liv Coperine	10	Duxbury	41.97
19	Mackenzie Loudon	12	Southwick Regional	42.03
20	Piper Testa	12	Masconomet Regional	42.05
21	Kerri Clark	9	Dennis-Yarmouth Regional	42.07
22	Arianna Gentile	12	Algonquin Regional	42.08
23	Ashley Vinith	12	Westford Academy	42.22
24	Kaitlyn Burke	11	Archbishop Williams	42.30



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Event 8 Girls 600 Meter Run Varsity

	Name	Year	School	Seed Time
1	Macey Shriner	12	Plymouth North	1:31.75
2	Sasha Lamakina	11	Framingham	1:32.85
3	Giuliana Ligor	12	North Reading	1:33.82
4	Madison Roach	10	Needham	1:35.52
5	Morgan Felts	12	Newburyport	1:36.11
6	Tea Pagnotti	11	Westwood	1:36.50
7	Devin Stroope	12	Newburyport	1:36.75
8	Kayla Bohlin	11	Wellesley	1:37.19
9	Hayden Robinson	11	Seekonk	1:37.49
10	Anna Leschly	12	Brookline	1:37.71
11	Maddy McGillicuddy	11	North Quincy	1:37.79
12	Maeve Gavin	11	Westwood	1:38.62
13	Ella Govostes	10	Pembroke	1:38.92
14	Brie Louise McSheffrey	12	Newton North	1:38.96
15	Avery Lehman	11	Weston	1:39.20
16	Sadie Ruth	12	Milton	1:39.23
17	Tanvi Mehta	10	Algonquin Regional	1:39.57
18	Sabrina Cady	12	Lowell	1:39.71
19	Quin Wilcox	10	Wakefield Memorial	1:39.85
20	Olivia Coronella	10	Lunenburg	1:39.86
21	Meghan McEleney	11	Groton-Dunstable Reg	1:40.57
22	Sophia Viveiros	9	Lunenburg	1:40.60
23	Emma Drago	11	Melrose	1:41.02
24	Hailey Cashman	10	Westwood	1:41.20



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Event 10 Girls 1000 Meter Run Varsity

	Name	Year	School	Seed Time
1	Lauren Downer	12	Haverhill	2:54.08
2	Emily Frawley	11	Newton South	2:58.92
3	Ila Zollo	11	Walpole	3:00.42
4	Grace Danielson	9	Milton	3:00.82
5	Maggie Abely	10	Newton North	3:02.11
6	Maggie Kuchman	12	Holliston	3:02.21
7	Meghan McEleney	11	Groton-Dunstable Reg	3:02.50
8	Ava Burl	12	Triton Regional	3:02.85
9	Delaney Dyer	12	Wellesley	3:03.13
10	Quin Wilcox	10	Wakefield Memorial	3:03.13
11	Avery Murphy	12	Murdock	3:03.22
12	Madeline Tuxbury	9	Wellesley	3:03.40
13	Zadie Buckley	11	Bedford	3:04.38
14	Maeve O'Neil	12	Northampton	3:04.79
15	Audrey Adam	12	Needham	3:04.88
16	Kelsey Kwiatek	10	Saint Mary's	3:04.90
17	Danielle Lomuscio	12	King Philip Regional	3:05.23
18	Braelyn Graham	12	Oliver Ames	3:05.41
19	Rose Kiley	11	Andover	3:05.73
20	Emilia Smith	12	Attleboro	3:06.24
21	Sophia Adams	12	Plymouth South	3:06.57
22	Lailee Joyce	12	Nashoba Reg	3:06.92
23	Ella Yorkey	10	Melrose	3:07.19
24	Annabelle Lynch	12	Holliston	3:07.57



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Event 6 Girls 1 Mile Run Varsity

	Name	Year	School	Seed Time
1	Dana Lehr	12	Belmont	4:57.74
2	Ciara Evans	12	Newton North	4:57.76
3	Emersyn DePonte	12	Taunton	4:59.92
4	Megan Moran	12	Westfield	5:04.49
5	Kylie Donahue	9	Billerica Memorial	5:04.77
6	Emilia Smith	12	Attleboro	5:07.91
7	Riley Newman	10	Winchester	5:08.32
8	Sophia Juanes Seto	11	Cambridge Rindge & Latin	5:09.18
9	Maggie Kuchman	12	Holliston	5:09.46
10	Maeve O'Neil	12	Northampton	5:11.19
11	Caitlyn Chang	12	Braintree	5:11.19
12	Evie Lauzon	12	Arlington	5:11.92
13	Kate Leonard	11	Chelmsford	5:12.24
14	Isabelle Monaghan	10	Newton South	5:12.96
15	Emma Tuxbury	11	Wellesley	5:13.26
16	Natalie Martin	12	Norwood Senior	5:13.40
17	Kelsey Kwiatek	10	Saint Mary's	5:13.67
18	Madalyn Duarte	11	Greater New Bedford Rvt	5:14.21
19	Fiona Litman	11	Cambridge Rindge & Latin	5:15.71
20	Reilly Powell	10	Melrose	5:16.06
21	Madelynn LaRosa	10	Billerica Memorial	5:17.89
22	Lily Sallee	12	Wakefield Memorial	5:18.02
23	Anna Massaro	12	Bedford	5:18.61
24	Mia McCusker	10	Chelmsford	5:19.77



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Event 14 Girls 2 Mile Run Varsity

	Name	Year	School	Seed Time
1	Emily Flagg	10	Whitinsville Christian	10:45.38
2	Emily Wedlake	11	Westford Academy	10:49.55
3	Dana Lehr	12	Belmont	10:56.10
4	Gianna McGowan	10	Billerica Memorial	10:56.57
5	Aoife Shovlin	12	Cambridge Rindge & Latin	10:57.73
6	Greta Hammer	11	Needham	10:59.76
7	Rosie Bradley	11	Bromfield	11:09.54
8	Megan Moran	12	Westfield	11:10.09
9	Evelyn Wool	12	Bromfield	11:10.29
10	Hartlie Siegal	10	Billerica Memorial	11:12.06
11	Caitlyn Donahue	9	Billerica Memorial	11:15.35
12	Maria Chopas	10	Concord-Carlisle	11:16.19
13	Madeline Courtemanche	12	Central Catholic	11:18.34
14	Natalie Martin	12	Norwood Senior	11:18.43
15	Katie Galgoczy	12	North Attleborough	11:19.56
16	Katelyn Massey	12	Advanced Math & Science Acad	11:21.03
17	Nicole Kroon	12	North Andover	11:33.09
18	Molly Hackett	12	Reading Memorial	11:34.40
19	Kate Carnes	12	Weymouth	11:34.88
20	Taylor Partridge	12	Needham	11:36.16
21	Elyse Srodawa	12	Hopkinton	11:36.77
22	Sabrina Vitale	12	Dracut Senior	11:37.38
23	Sonia Souto	9	Weymouth	11:38.85
24	Collette Heil	12	Swampscott	11:42.10



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Event 2 Girls 55 Meter Hurdles Varsity Prelims

	Name	Year	School	Seed Time
1	Emmanuella Edozien	11	Natick	7.96
2	Giuliana Ligor	12	North Reading	8.15
3	Nyrah Joseph	12	Billerica Memorial	8.30
4	Arianna DiPietro	11	Central Catholic	8.31
5	Nicole Gangi	11	Woburn Memorial	8.48
6	Georgia Wilson	12	Hamilton-Wenham Regional	8.48
7	Maya Bergamesca	12	Pembroke	8.49
8	Annaliese Aguilar	10	Milton	8.50
9	Mia Lee-Bowens	12	Middleboro	8.55
10	Sydni Chandler	12	Natick	8.74
11	Savannah Liles	12	Littleton	8.74
12	Kayleigh Curll	11	Woburn Memorial	8.79
13	Shaelyn Taylor	12	Notre Dame Academy-Hingham	8.80
14	Lucy Buchmayr	12	Newburyport	8.81
15	Ella Chandaria	12	Franklin	8.81
16	Solana Varela	11	Weston	8.84
17	Paige Tredwell	12	Marblehead	8.86
18	Blake MacNeal	10	Newton North	8.87
19	Josie Hopkins	12	Hopkinton	8.88
20	Isabella Bright	11	East Bridgewater Jr/Sr	8.88
21	Chloe Dubuisson	11	Canton	8.89
22	Lydia Donahue-Wilfred	12	Cardinal Spellman	8.91
23	Hayden Maclellan	12	North Reading	8.91
24	Sazie Wrentmore	10	Wayland	8.94



**38th Annual MIAA Indoor Track & Field
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Event 16 Girls 4x200 Meter Relay Varsity

	Team	Relay	Seed Time
1	Amherst Pelham Regional		1:45.16
	1) Ololara Baptiste 10	2) Ruby Austin 12	3) Emilia Luetjen 11
			4) Moriah Luetjen 12
2	Methuen		1:45.41
	1) Isabella Fiore 12	2) Kiera Fitzpatrick 12	3) Alysha Santana Sosa 11
	5) Alyssa Machado 9		4) Lauren Quarm 11
3	Milton		1:45.85
	1) Danaya Sweeney 10	2) Abigail (Abby) McMenam	3) Sasha Bezy 9
	5) Schmaelle Trazil 12		4) Annaliese Aguilar 10
4	Pembroke		1:46.34
	1) Amelia Nelson 9	2) Maya Bergamesca 12	3) Ella Govostes 10
	5) Caroline Minogue 12		4) Sadie Nugent 12
5	Natick		1:46.82
	1) Sydni Chandler 12	2) Chloe Elder 11	3) Sarah Golden 12
			4) Emmanuella Edozien 11
6	Sharon		1:47.02
	1) Imani Vaughn 10	2) Linda Jenner 9	3) Callie Weader 12
	5) Maria Emilia Sanchez Verk		4) Nina Kyei-Aboagye 11
7	Newton North		1:47.33
	1) Sophie Finkelstein 10	2) Sawyer Gallivan 12	3) Penny Blumenthal 11
	5) Isabella Mangada 11	6) Kara Tsai 9	7) Skye Larson 10
			8) Blake MacNeal 10
8	Newburyport		1:47.40
	1) Penelope Fuentes 10	2) Lucy Buchmayr 12	3) Morgan Felts 12
	5) Audrey Roebuck 9	6) Emily Homer 10	7) Skylar Ikemoto 11
			8) Chloe Raby 11
9	Lowell		1:48.26
	1) Nimatu Johnson 12	2) Alexandra Abrams 12	3) Stella Agyemang 9
	5) Princess Nimely 12	6) Sabrina Cady 12	4) Esther Ofodile 9
10	Reading Memorial		1:48.41
	1) Annabelle Repucci 9	2) Samantha Lake 10	3) Rachel Grady 10
			4) Kamryn Encarnacao 11
11	Chicopee Comprehensive		1:48.42
	1) Alexandra Sawicki 12	2) Gianna Sleeper 12	3) Arberesha Ibrahim 11
			4) Kyla Shumsky 11
12	Bridgewater-Raynham Regional		1:48.45
	1) Allie Dubreus 9	2) Alisha Gomes 12	3) Kelsie Dessaps 12
	5) Annalyne Barrett 10		4) Emily Keefe 12
13	Wilmington		1:48.48
	1) Kayleigh Walker 10	2) Cathryn (Cate) MacDonald	3) Isabel Carriere 10
	5) Avery King 9		4) Alexis LeBlanc 11
14	Franklin		1:48.62
	1) Jossie Camp 10	2) Ella Chandaria 12	3) Grace Marinella 9
	5) Phoebe Cuneo 9	6) Madison Bruno 11	7) Lainey Costa 12
			4) Callie Joyce 10
15	Holliston		1:48.67
	1) Izabella Ross 12	2) Erin Witzell 12	3) Lauren Capela 12
	5) Savana Malo 12		4) Kaitlyn Quealy 12
16	Andover		1:48.69
	1) Leah Sun 11	2) Sana Godhani 12	3) Clare Pawlus 10
			4) Alanna Fleming 10
17	Wellesley		1:48.85
	1) Tara Battaglino 11	2) Annie Comella 12	3) Ava O'Grady 12
			4) Sara Gander 11



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Event 16 ... (Girls 4x200 Meter Relay Varsity)

	Team	Relay	Seed Time
18	Needham		1:49.32
	1) Madison Swan 11	2) Eva Geddes 9	3) Ava Conti 10
			4) Ava Chiappinelli 12
19	Concord-Carlisle		1:49.34
	1) Alissa Bono 12	2) Maya Feloney 9	3) Rosalie (Rosie) MacClary
			4) Annabella Bono 10
20	Foxborough		1:49.53
	1) Faith Bober 11	2) Lauren Bober 11	3) Mia Flanagan 11
	5) Keira D'Arcy 10	6) Maddy Luck 12	7) Hayden Emerson 10
			8) Elizabeth Brancato 11
21	Haverhill		1:49.78
	1) Gianna Spero 12	2) Mia Ruiz 12	3) Callan Goncalves 10
	5) Lauren Downer 12		4) Avery Lescord 11
22	Canton		1:49.98
	1) Natalia Mallei 10	2) Grace Martinek 10	3) Sally Hoban 12
	5) Lily Duong 12		4) Chloe Dubuisson 11
23	Pentucket Regional		1:50.09
	1) Sydney Trout 12	2) Morgan Trout 12	3) Paige Rosario 11
	5) Addison Roach 10	6) Delaney Meagher 12	4) Regan Breen 11
24	South Hadley		1:50.42
	1) Abigail Gelinis 12	2) Emma Levreault 12	3) Kelcey Zraunig 9
	5) Maegan Pelletier 10	6) Lillian Gelinis 8	4) Maggie Crawford 12



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Event 20 Girls 4x400 Meter Relay Varsity

Event	Team	Relay	Seed Time
1	Amherst Pelham Regional		4:05.34
	1) Ololara Baptiste 10	2) Skylar Fox 12	3) Emilia Luetjen 11
			4) Moriah Luetjen 12
2	Westwood		4:06.20
	1) Susannah Rockers 10	2) Maeve Gavin 11	3) Tea Pagnotti 11
	5) Lindsey Bannister 10		4) Hailey Cashman 10
3	Central Catholic		4:07.34
	1) Laura Fennessy 12	2) Addison Shumsky 9	3) Alyssa Furtado 11
	5) Abigail Bilodeau 9		4) Emma Finch 11
4	North Reading		4:07.74
	1) Callie MacLellan 12	2) Quinlan Kelly 11	3) Abigail Meier 11
	5) Avery Keller 10	6) Katie Zimmerman 11	4) Giuliana Ligor 12
5	Newton North		4:07.77
	1) Lila Anapolle 11	2) Hava Shenkman 11	3) Penny Blumenthal 11
	5) Ciara Evans 12	6) Kara Tsai 9	4) Brie Louise McSheffrey 12
6	Lunenburg		4:07.88
	1) Sophia Viveiros 9	2) Olivia Coronella 10	3) Rylan Arnold 12
			4) Carli Stanford 12
7	Duxbury		4:08.02
	1) Riley Earle 10	2) Addie Slimbaugh 11	3) Maggie Slimbaugh 12
			4) Liv Coperine 10
8	Milton		4:08.09
	1) Annaliese Aguilar 10	2) Lydia Turner 12	3) Grace Danielson 9
	5) Abigail (Abby) McMenamy		4) Sadie Ruth 12
9	Wachusett Regional		4:08.33
	1) Naomi Witt 10	2) McKenna Kadis 9	3) Mackenzie Perry 9
	5) Kailyn Brenn 10		4) Rahma Giwa 12
10	Bishop Feehan		4:09.00
	1) Molly Duignan 12	2) Gigi Colleran 12	3) Tia LaBrecque 10
	5) Grace McGahan 10	6) Ciara Coyne 11	4) Tea Briggs 12
11	Westford Academy		4:09.07
	1) Sydney Weiss 12	2) Ashley Vinith 12	3) Alexa Pantoja 12
	5) Emily Wedlake 11		4) Abigail Hennessy 11
12	Haverhill		4:09.38
	1) Madison Croft 11	2) Meredith Tabb 10	3) Emmalyn Proia 10
	5) Brookelyn Blais 9	6) Jayden Dacey 9	4) Lauren Downer 12
13	Weymouth		4:09.93
	1) Casey Dempsey 12	2) Jessica Harding 11	3) Gracie Richard 12
	5) Emma Daley 12	6) Georgianna Howard 10	7) Ainsley Weber 12
14	Woburn Memorial		4:10.37
	1) Nicole Gangi 11	2) Sydney Metivier 12	3) Leah Finn 11
	5) Chloe Harkins 10	6) Nyla Hughes 9	4) Sinead Butler 12
15	Methuen		4:10.83
	1) Isabella Fiore 12	2) Alyssa Machado 9	3) Alysha Santana Sosa 11
			4) Kiera Fitzpatrick 12
16	Newburyport		4:11.18
	1) Penelope Fuentes 10	2) Audrey Roebuck 9	3) Morgan Felts 12
	5) Morgan Boddy 10	6) McKenna Felts 9	7) Lucy Buchmayr 12
			8) Cameron Todd 9
17	Foxborough		4:11.68
	1) Keira D'Arcy 10	2) Lauren Bober 11	3) Maddy Luck 12
	5) Faith Bober 11	6) Mia Flanagan 11	7) Chloe McGarry 10
			8) Elizabeth Brancato 11



**38th Annual MIAA Indoor Track & Field
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Performance List**

Event 20 ... (Girls 4x400 Meter Relay Varsity)

	Team	Relay	Seed Time
18	Nashoba Reg		4:11.81
	1) Erin Farmer 12	2) Lailee Joyce 12	3) Ella Kerr 11
	4) Lucy Rein 10	5) Zoe Hubbard 10	6) Deirbhile Nagle 11
	7) Ella Rogers 11	8) Valerie Michel 11	
19	Concord-Carlisle		4:13.30
	1) Annabella Bono 10	2) Pelin Turner 10	3) Maria Chopas 10
	4) Alissa Bono 12	5) Rosalie (Rosie) MacClary	6) Maya Feloney 9
	7) Isabel Crowell 12	8) Emerson Wright 11	
20	Canton		4:13.48
	1) Lily Duong 12	2) Sally Hoban 12	3) Grace Martinek 10
	4) Chloe Dubuisson 11	5) Natalia Mallei 10	6) Klara Redquest 12
	7) Nora Giannacopoulos 11	8) Shannon Dervan 11	
21	North Andover		4:13.68
	1) Samantha Schwartz 11	2) Kate Fry 11	3) Julia Kroon 10
	4) Juliana Yankowsky 11		
22	Franklin		4:13.82
	1) Phoebe Cuneo 9	2) Lainey Costa 12	3) Madison Bruno 11
	4) Callie Joyce 10	5) Jossie Camp 10	6) Savannah Copeland 11
	7) Meghan Griffith 12		
23	Braintree		4:15.81
	1) Catherine McPhee 12	2) Chloe Dinh 9	3) Erin Kelley 12
	4) Caitlyn Chang 12	5) Aine Leonard 10	6) Anna Flaherty 10
	7) Maeve McGowan 10	8) Grace Mitchell 12	
24	King Philip Regional		4:16.66
	1) Alex D'Amadio 11	2) Addison Burns 10	3) Ella McDonald 10
	4) Danielle Lomuscio 12	5) Madelyn Ghostlaw 11	



**38th Annual MIAA Indoor Track & Field
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Event 18 Girls 4x800 Meter Relay Varsity

	Team	Relay	Seed Time	
1	Weymouth 1) Gracie Richard 12 5) Kate Carnes 12	2) Jessica Harding 11 6) Sonia Souto 9	3) Emma Daley 12 4) Isabella Galusha 12	9:24.84
2	Bishop Feehan 1) Ally Oram 11 5) Grace McGahan 10	2) Dahlia Cryan 9 6) Noelle Salwierz 10	3) Jillian Olson 12 4) Sophie Shaw 10	9:29.14
3	Needham 1) Greta Hammer 11 5) Aviva Tarsky 10	2) Audrey Adam 12	3) Eva Adam 12 4) Madison Roach 10	9:36.27
4	Wellesley 1) Madeline Tuxbury 9	2) Kayla Bohlin 11	3) Emma Tuxbury 11 4) Delaney Dyer 12	9:37.61
5	Billerica Memorial 1) Hartlie Siegal 10 5) Marlayna Carl 11	2) Caitlyn Donahue 9 6) Sabrina Gorski 9	3) Kylie Donahue 9 4) Gianna McGowan 10	9:40.46
6	Winchester 1) Julia Ramsey 10	2) Riley Newman 10	3) Chloe Walker 10 4) Bridget Higgins 10	9:41.22
7	Braintree 1) Catherine McPhee 12 5) Grace Mitchell 12	2) Chloe Dinh 9	3) Anna Flaherty 10 4) Caitlyn Chang 12	9:41.67
8	Bedford 1) Grace Niu 12 5) Ariane Sweetland 10	2) Anna Massaro 12	3) Addison Poulter 11 4) Zadie Buckley 11	9:43.38
9	Newton South 1) Isabelle Monaghan 10 5) Idahlia Brown 10	2) Molly Johnson 12 6) Haiden Cote 9	3) Jasmine Mozaffarian 10 7) Ava Thomas 10 8) Sophia Mozaffarian 9	9:43.74
10	Westwood 1) Hailey Cashman 10 5) Lindsey Bannister 10	2) Susannah Rockers 10	3) Tea Pagnotti 11 4) Maeve Gavin 11	9:49.30
11	Concord-Carlisle 1) Maria Chopas 10 5) Isabel Crowell 12	2) Pelin Turner 10	3) Liliana Miles 9 4) Emerson Wright 11	9:49.38
12	Chelmsford 1) Kate Leonard 11	2) Sophia Kukla 10	3) Mia McCusker 10 4) Amelia Stroud 11	9:50.05
13	Newton North 1) Salome Laurence 12	2) Maggie Abely 10	3) Adelle Dupere 10 4) Jocelyn Wordell 10	9:53.32
14	Melrose 1) Maizie Frakt 12 5) Reilly Powell 10	2) Cadence L'Heureux 12 6) Emma Drago 11	3) Ella Yorkey 10 4) Nora McCormack 9	9:56.45
15	Cambridge Rindge & Latin 1) Fiona Litman 11 5) Aoife Shovlin 12	2) Neva Hartman 10	3) Sloane Judson 10 4) Sophia Juanes Seto 11	9:58.51
16	Wakefield Memorial 1) Lily Sallee 12	2) Ella Ferrell 9	3) Laurel Renzi 9 4) Quin Wilcox 10	10:01.91
17	Franklin 1) Savannah Copeland 11 5) Lainey Costa 12	2) Meghan Griffith 12 6) Madison Bruno 11	3) Phoebe Cuneo 9 4) Callie Joyce 10	10:02.20



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Event 18 ... (Girls 4x800 Meter Relay Varsity)

	Team	Relay	Seed Time
18	Walpole		10:04.89
	1) Sydney Dias 9	2) Maeve Connors 9	3) Bridget Tierney 11
	5) Madison Walzer 9		4) Ila Zollo 11
19	Holliston		10:09.02
	1) Annabelle Lynch 12	2) Paige Kuchman 12	3) Tea Stucchi 11
			4) Maggie Kuchman 12
20	Norwell		10:12.73
	1) Hadley Amon 9	2) Audrey Birtwell 10	3) Alexandra Ning 12
	5) Hannah Morse 10		4) Ariana Veneto 12
21	Notre Dame Academy-Hingham		10:17.40
	1) Grace Cingel 12	2) Mairead O'Brien 12	3) Lucy Wilson 12
	5) Xion Rondo 8	6) Nora Delaney 12	7) Casey Wilson 12
			8) Claire McManus 8
22	Lunenburg		10:18.48
	1) Casey Corey 11	2) Kendra Eberhardt 10	3) Rylan Arnold 12
	5) Evelyn Mabon 12		4) Jillian Dionne 8
23	Canton		10:18.89
	1) Nora Giannacopoulos 11	2) Klara Redquest 12	3) Daphne Golden 12
	5) Lily Duong 12	6) Shannon Dervan 11	7) Sofia Anastasiou 10
			4) Alexa Piazza 11
24	North Attleborough		10:26.17
	1) Raegan Gagne 12	2) Greta Gouck 10	3) Katie Galgoczy 12
			4) Molly Galgoczy 10
25	Natick		10:27.09
	1) Alice O'Connor 10	2) Madeline Waterhouse 10	3) Megan Joyce 10
			4) Audrey Lin 12



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Event 21 Girls High Jump Varsity

	Name	Year	School	Seed Mark
1	Zoe Santos	12	Norton	5-06.50
2	Ella Turner	10	Milton	5-06.00
3	Grace Flattery	12	Diman Regional Voc/Tech	5-06.00
4	Haley McCormack	12	Tantasqua Regional Senior	5-05.00
5	Callie MacLellan	12	North Reading	5-04.00
6	Violet Roche	11	Nauset Regional	5-04.00
7	Makayla Kokonezis	12	Peabody Vet. Mem.	5-04.00
8	Kaitlyn Quealy	12	Holliston	5-04.00
9	S'Staarr Parham	11	Attleboro	5-04.00
10	Paige Tredwell	12	Marblehead	5-04.00
11	Hannah Benoit	12	Nashoba Reg	5-02.25
12	Nyrah Joseph	12	Billerica Memorial	5-02.25
13	Lucy Rein	10	Nashoba Reg	5-02.00
14	Sydni Chandler	12	Natick	5-02.00
15	Mia Lee-Bowens	12	Middleboro	5-02.00
16	Samaea Campbell	12	Springfield International Ch	5-02.00
17	Camille Brand	12	Martha's Vineyard Reg	5-02.00
18	Delaney Meagher	12	Pentucket Regional	5-02.00
19	Felice Haverly	11	Lexington	5-02.00
20	Faith Keroack	12	Ludlow	5-02.00
21	Bree Simpson-Sliney	11	Hull	5-02.00
22	Elise Burchfield	12	Marblehead	5-02.00
23	Stellina Moore	10	Mahar Regional	5-02.00
24	Tiana-Lei Acevedo	10	Diman Regional Voc/Tech	5-00.25
25	Emma Wall	9	Carver Middle/High	5-00.25
26	Sofia Dos Anjos	12	Newton South	5-00.25
27	Abigail Collins	11	Notre Dame Academy-Hingham	5-00.25
28	Niamh Osullivan	11	Algonquin Regional	5-00.25
29	Tanvi Mehta	10	Algonquin Regional	5-00.25
30	Ciara Shelton	11	Bedford	5-00.25



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Event 24 Girls Long Jump Varsity

	Name	Year	School	Seed Mark
1	Emmanuella Edozien	11	Natick	18-10.00
2	Blake MacNeal	10	Newton North	18-06.75
3	Lavender Kozaka	10	Oliver Ames	18-03.75
4	Aubrey Deardorf	11	Lexington	18-03.75
5	Annaikiah Donahue-Wilfred	10	Cardinal Spellman	18-02.50
6	Aili Spencer	12	Gloucester	18-01.25
7	Mara Siewko	10	Masconomet Regional	18-00.25
8	Elise Burchfield	12	Marblehead	17-11.25
9	Annie Comella	12	Wellesley	17-11.25
10	Nicole Gangi	11	Woburn Memorial	17-11.00
11	Nyrah Joseph	12	Billerica Memorial	17-09.50
12	Violet Roche	11	Nauset Regional	17-09.25
13	Maya Bergamesca	12	Pembroke	17-08.50
14	Georgia Wilson	12	Hamilton-Wenham Regional	17-08.25
15	Danette Nabbsa	9	Acton-Boxborough Reg	17-08.00
16	Alex D'Amadio	11	King Philip Regional	17-04.50
17	Lydia Donahue-Wilfred	12	Cardinal Spellman	17-02.75
18	Lily Bower	12	Billerica Memorial	17-02.75
19	Sophie Finkelstein	10	Newton North	17-01.50
20	Arianna DiPietro	11	Central Catholic	17-01.25
21	Chloe Guthrie	12	Mansfield	17-00.75
22	Esther Ofodile	9	Lowell	17-00.75
23	Jocelyn Bush	12	Middleboro	17-00.50
24	Cadence L'Heureux	12	Melrose	16-11.75



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Event 26 Girls Shot Put Varsity

	Name	Year	School	Seed Mark
1	Madeline Goncalves	12	Haverhill	43-00.00
2	Nahla Williams	11	West Springfield	40-02.00
3	Brooke Serak	12	Bishop Feehan	39-11.75
4	Ainsley Cuthbertson	11	Lexington	39-07.75
5	Bella Hayes	12	Arlington	39-04.00
6	Evangeline Emerson	12	Norton	38-11.25
7	Lauren Thompson	12	Scituate	38-06.00
8	Alessandra Forgione	12	Peabody Vet. Mem.	38-05.75
9	Isabel Zukowski	11	Auburn	37-07.00
10	Kearston Nelson	12	Seekonk	36-11.00
11	Sonia D'Ambrosio	11	Lincoln-Sudbury Regional	36-10.50
12	Emeline Boyer	11	Melrose	36-06.75
13	Madison Mello	12	Martha's Vineyard Reg	36-01.75
14	Gabby Hayes	12	Arlington	36-00.25
15	Demya Lee McClure	12	Boston Latin Academy	36-00.00
16	Nialonis Smith	11	New Bedford	35-10.50
17	Meghan Prior	12	Arlington	35-04.75
18	Kiara Ramirez-Villata	12	Chelsea	35-04.50
19	Cyan Scott	11	Central Catholic	35-02.75
20	Kaelyn Faber	11	Hopkinton	34-10.50
21	Abigail Falconi	11	Quabbin Regional	34-05.75
22	Aysha Silva	11	Advanced Math & Science Acad	34-03.25
23	Kaliya Sanon	11	Brockton	34-03.00
24	Cameron Getman	9	Nipmuc Regional	34-00.00



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Event 27 Girls Weight Throw Varsity

	Name	Year	School	Seed Mark
1	Nialonis Smith	11	New Bedford	48-01.50
2	Ainsley Cuthbertson	11	Lexington	46-00.00
3	Demya Lee McClure	12	Boston Latin Academy	43-07.00
4	Kaelyn Faber	11	Hopkinton	41-09.25
5	Meghan Prior	12	Arlington	38-00.00
6	Samantha Schell	12	O'Bryant	36-11.00
7	Bella Hayes	12	Arlington	34-01.50
8	Hannah Laderoute	12	Lowell	33-01.00
9	Ella Wolosoff	11	Lexington	33-00.25
10	Allison Cheverie	11	Silver Lake Regional	32-00.00
11	Jasmine Dosouto	12	Durfee	32-00.00
12	Cameron Getman	9	Nipmuc Regional	31-01.00
13	Emily Wondolowski	11	Lexington	30-07.75
14	Gabby Hayes	12	Arlington	28-09.00
15	Isabella Sharpe	9	King Philip Regional	28-01.50





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Nominate Outstanding Individuals from Your School



MIAA Coach of the Year Award recognizes and honors “teacher coaches” who have had an impact on the lives of student-athletes by encouraging them to succeed.



MIAA Official of the Year Award recognizes and honors officials who have displayed character, integrity and dignity, while displaying the highest standards of ethical conduct.



Student-Athlete of the Month Award is presented on a monthly basis to two student-athletes who display excellence in the areas of academics, athletics and community service.

Diversity Equity and Inclusion (DEI)



The mission of the MIAA/MSAA Diversity, Equity & Inclusion Committee is to foster diversity among member schools, athletic administrators, coaches and student-athletes by promoting inclusiveness, awareness, and acceptance. The focus is to celebrate all differences by creating associations that are welcoming and engaging for all.

Appreciation of Service Certificate



The MIAA and MSAA extend sincere gratitude and appreciation to senior students who have committed to joining the Armed Forces of the United States of America after their graduation. In the 2022-23 year of this program, school leadership recognized 156 students. We commend their dedication and service!

2024 MIAA Sportsmanship Essay/Multimedia Contest

Multi Media Contest Winners
First Place
 Thomas Stachowicz, Thomas Waldron, Leah Rivers-Wright, and Henry Waguespack
 Maynard High School

Second Place
 Samuel Jansen and Michael Rapson
 Dartmouth High School

Essay Contest Winners
First Place
 Zachary Iannacone
 Ayer Shirley Regional High School

Second Place
 Harris Fagan
 Oakmont Regional High School

Student Advisory Committee

STUDENT ADVISORY COMMITTEE (SAC) is comprised of student leaders from MIAA member schools across the state. These students attend seasonal meetings and help facilitate student leadership workshops throughout the school year. They participate in various association activities and provide continual feedback from the perspective of students on how to improve the Educational Athletic offerings of the MIAA.



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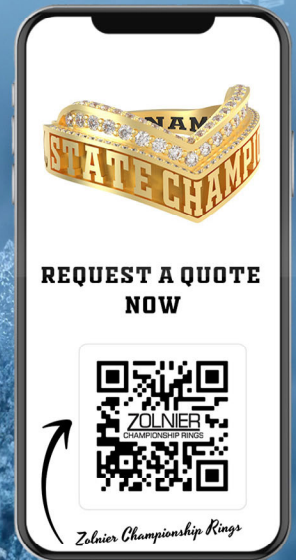
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