

Legal Cross-face Far ankle to an **Illegal** Back Bow

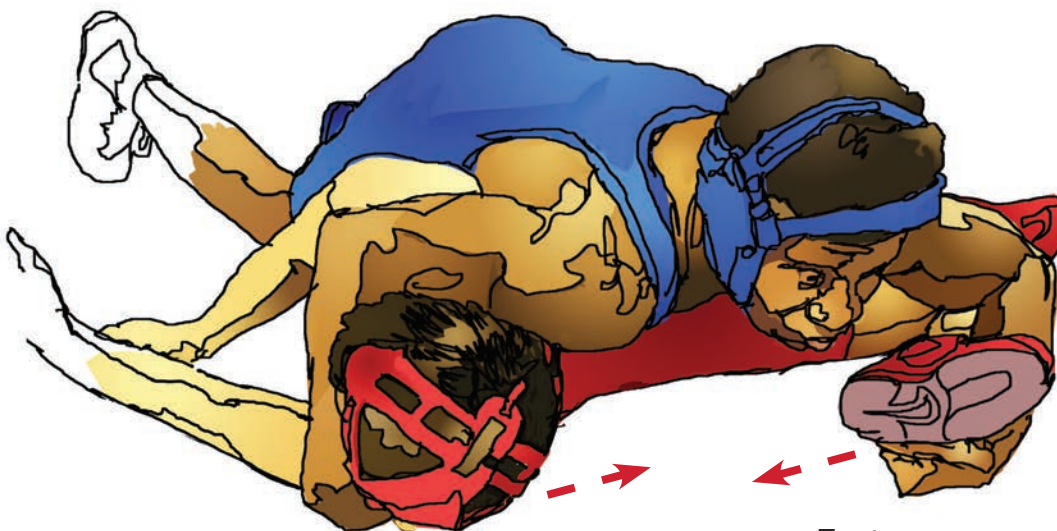
Frame 1.

Frame #1. SET-UP: Wrestler "B" has wrestler "A" broken down and has applied tight cross-face to far shoulder **LEGAL**.



Frame 2: Wrestler "B" drives with his chest to turn wrestler "A" for near fall. Official must watch the cross-face is not across the throat, that wrestler "B" does not grab and pull wrestler "A's" foot up to the head and/or presses wrestler "A's" head to his feet. **Back bow is ILLEGAL** by application.

Frame 2



Head moves toward foot
ILLEGAL

Foot moves toward head
ILLEGAL

**SECTION 7 INFRACTIONS
BACK BOW**
Rule 7-1-5q
Rule 7-1-5p
bending, twisting or forcing the head or any limb beyond its normal limits of movement.