



# Partners in Prevention

## Meeting Minutes June 7, 2021

### **Call to Order**

Meeting was called to order at 10:00am.

Minutes from the December 17, 2020 meeting were reviewed and accepted.

### **Meeting Attendance**

Cheryl Bailey, Tara Bennett, Carolyn Bohmiller, Lisa Borges, Lisa Brodeur, Justine Cote, Bill Gaine, Pam Garramone, Nicole Good, Michelle Gormley, Samantha Graham, Doreen Iovanna, Catherine Madden, Mary Maguire, Andy Robinson, Lindsay Scola, Peter Smith, Amy Welch, Jill Wooldridge

### **Welcome, Introductions, Partner “Headlines” and Best Practices**

MIAA staff and PIP members introduced themselves.

PIP members updated the group about their respective initiatives, upcoming events and how they have continued to pivot during COVID-19. Partner updates will continue to be posted on the MIAA wellness resources for schools document on the MIAA website.

### **MIAA Spring Educational Athletics Newsletter**

All PIP members should have received a copy of the recent newsletter.

It is available on the MIAA website as well.

There has been a great deal of Educational Athletics programming (wellness, sportsmanship, leadership, community service, coaches' education and DEI, since the onset of COVID-19.

### **Online Wellness Resource Document for Schools**

Document is posted on the MIAA homepage and wellness pages.

Please continue to provide updated information on programming and resources.

## **2020-2021 MIAA Wellness Initiatives Review**

### **MIAA Wellness Webinar Series-Virtual**

April-June, 2020- 15 webinars offered

September-December, 2020- 25 webinars offered

January-February, 2021- 9 webinars offered

Webinar topics focused on mental health and SEL, but included other topics such as substance abuse prevention, disordered eating/nutrition, social media addiction, bullying prevention, motivational leadership, sports specialization and injury prevention.

Evaluation feedback was overwhelmingly positive.

### **Virtual Wellness Summit- March 9-11, 2021**

Three day, six session, 12 workshops

Included Awards presentations, both in person prior to the Summit and virtually during the Summit.

Over 500 in attendance over the course of six sessions.

Summit topics included mental health/SEL/mindfulness, promoting resilience and healthy outcomes for LGBTQ+ students, substance abuse prevention, student leadership and teamwork, sports injury prevention and nutrition.

Summit was attended by school personnel and students.

Evaluation feedback was overwhelmingly positive.

Award recipients were as follows:

Michael J. Kane Wellness Award, Jeff Perrotti, DESE Safe Schools Program for LGBTQ+ Students

Champions of Wellness Student Award, Jhoan Perez, Cristo Rey Boston High School

Wellness Coordinator of the Year Award, Dorothy Pearl, Director of Wellness for Norfolk, Plainville, Wrentham & King Philip Schools

Wellness Partner of the Year Award, Ivy Watts, Ivy Watts Speaks

### **PIP Best Practices/Lessons Learned/Moving Forward**

Most partners quickly pivoted to a virtual platform at the onset of COVID-19.

Virtual programming allowed for many more people to attend who otherwise

would not be in attendance. Some organizations had better numbers than ever before and will continue offering virtual options in the future. It was difficult at times to schedule a presentation and fit into a school or classroom schedule during the school year, and more so when classes were in hybrid form. This became less of an issue when all students returned to in-person learning. Many partners created online resources and programs, now available on their websites 24/7.

### **2021-2022 Wellness Planning**

The MIAA Wellness Summit will be held in person on Friday, October 15, 2021 at the Doubletree Hotel in Westborough, MA.

The 2021-2022 Call for Program was sent to PIP members last week.

PIP Committee meetings will likely alternate between in person and virtual next school year...stay tuned.

Wellness programming will likely be a combination of in person workshops and virtual webinars next school year....stay tuned.

Meeting was adjourned at 11:15am.

