



## **Partners in Prevention**

**Meeting Minutes  
November 18, 2019**

### **Call to Order**

Meeting was called to order at 10:05 am.

Minutes from the September 23, 2019 meeting were reviewed and accepted.

### **Welcome, Introductions, and Partner “Headlines”**

MIAA staff and PIP members introduced themselves.

PIP members updated the group about their respective initiatives and upcoming events.

### **PIP Members Present**

Cheryl Bailey, Carolyn Bohmiller, Robert Colandreo, Jeff Lemberg, Mary Maguire, Erin Mahoney, Michelle Palladini, Jennifer Rago, Peter Smith, Ivy Watts, Ann Zelesky

### **Conflict of Interest Statement**

Partners were asked to sign a conflict of interest statement for the current school year.

### **2019-2020 Upcoming Partners in Prevention Meetings**

Monday, March 23, 2020

Monday, June 8, 2020

### **2019-2020 Wellness Initiatives**

#### **Wellness Conferences: (Doubletree Hotel, Westborough, MA)**

23rd Annual Wellness Summit October 25, 2019

6th Annual Mental Health Summit April 15, 2020

#### **Wellness Workshop Series: (MIAA Office)**

January 22, 2020 Opioid Misuse Prevention(concurrent sessions)

February 12, 2020 Teen Wellness(concurrent sessions) \*students welcome\*

March 20, 2020 Wellness Educator Showcase (concurrent sessions)

April 8, 2020 Faces of Addiction: Marijuana & Vaping

May 11, 2020 Teen Sexuality & Healthy Relationships

## **Regional Meetings**

### **You LEAD**

January 10, 2020 at Lasell College sponsored by MPY

### **So You're a Leader**

January 17, 2020 at Nashoba Valley RTHS sponsored by MPY

## **Regional Workshops**

There will be a focus this year on regional workshop offerings. Partners expressed an interest in participating in these programs, in an effort to reach more MIAA member schools and students. The MIAA will work with leagues and districts to provide half day programs and opportunities for students and staff. Stay tuned for more details and information.

## **Wellness Summit (October 25, 2019) Review:**

- Full house! 402 registrants, 494 total attendance
- 32 Exhibitors, 12 Workshops
- Jennifer Flanagan, MA Cannabis Control Commission, Morning Keynote
- Rick Birt, SADD President & CEO, Afternoon Keynote
- 4 Award presentations
- 2 Sponsors(Shine Initiative & AAA)
- McLean Hospital, Official Mental Health Care partner of the MIAA
- Very positive evaluation data on all aspects of Summit

## **Workshop Presenters at Wellness Summit:**

MIAA Student Advisory Committee

Tom Hermanowski, ADAPT Consultants

Aaron Polansky, Old Colony RVTTHS

Jennifer Flanagan, MA Cannabis Control Commission

Rob Hackenson, Dynamic Influence

Michelle Gormley/Kim Storey, Boston vs. Bullies

Kyrah Altman, Let's Empower, Advocate and Do

Charity Bell, DMH

Pam Garramone, Positive Psychology

Tina Grosowsky, Central MA Tobacco-Free Community Partnership

Dr. Safdar Medina, Tri River Health Center

Kathleen Herr-Zaya/Andy Robinson, DPH/BSAS

There was some discussion on ways to improve workshops presentations. This included imposing criteria on power point presentations, so they are

more easily read by attendees and more enticing with fewer words per page and more pictures/video/cartoons etc... to garner more interest. The goal is for all workshops to be as interactive as possible.

### **Mental Health Summit Planning**

There will be a keynote presentation by McLean Hospital in the morning session, followed by two breakout workshop sessions and then a panel discussion after lunch. There was discussion on how to make sure the panel is a success, by being prepared, having questions in advance, being cohesive, getting students involved, etc.... Summit presenter and exhibitor opportunities are still available. Please contact Carolyn Bohmiller at [cbohmler@miaa.net](mailto:cbohmler@miaa.net) if interested.

### **Leadership Training Institute**

Leadership Training will be held on January 27-29, 2020. This free, residential leadership program is a tremendous opportunity for member schools. Please contact Peter Smith at [psmith@miaa.net](mailto:psmith@miaa.net) with questions. Space is limited.

Business portion of meeting adjourned at 11:35am.

Please be sure to follow us via social media on Twitter and Instagram  
Facebook coming soon!

