



a program of the Massachusetts Interscholastic Athletic Association



## **Massachusetts Partners in Prevention Meeting Minutes March 25, 2019**

### **Call to Order**

Meeting was called to order at 10:00 am. Minutes from the September 24, 2018 meeting were reviewed and accepted.

### **Welcome, Introductions, and Partner “Headlines”**

MIAA staff and PIP members introduced themselves

PIP members updated the group about initiatives and upcoming events

### **PIP Members Present**

Cheryl Bailey, Carolyn Bohmiller, Lisa Brodeur, Justine Cote, Michelle Gormley, Samantha Graham, Rob Hackenson, Fiona LaRosa-Waters, Catherine Madden, Mary Maguire, David Martin, MaryEllen McGorry, Beth Williams-Breault, Jill Wooldridge, Ann Zelesky

### **Conflict of Interest Statement**

Partners were asked to sign a conflict of interest statement for the current school year.

### **2018-2019 Partners in Prevention Meeting Schedule**

September 24, 2018

March 25, 2019

June 3, 2019

### **2018-2019 Wellness Initiatives**

#### **Wellness Conferences: (Doubletree Hotel, Westborough, MA)**

22<sup>nd</sup> Annual Wellness Summit October 26, 2018

3<sup>rd</sup> Annual Opioid Misuse Prevention Conference January 16, 2019

5th Annual Mental Health Summit April 26, 2019

**Wellness Workshop Series: (MIAA Office)**

January 9, 2019 Mindfulness and Student Engagement- 70 attended  
February 8, 2019 Teen Wellness (concurrent sessions) - 64 attended  
February 15, 2019 Faces of Addiction-41 attended  
March 15, 2019 Wellness Educator Showcase (concurrent sessions)-105 attended  
April 12, 2019 Teen Sexuality/Healthy Relationships  
May 13, 2019 Social Media Safety/Bullying Prevention

PIP members are encouraged to register for Wellness Workshops at a discounted rate of \$15.00 pp to cover the cost of meals and materials. Partners are reminded to please use the MA PIP logo on all printed material and on slides when presenting a workshop, or providing materials at a resource table. Need the logo? Please send us an email!

**You LEAD**

October 5, 2018 at MIAA Office-105 attended  
January 11, 2019 at Lasell College sponsored by MPY-72 attended  
January 25, 2019 at Nashoba Valley THS sponsored by MPY – 123 attended

**So You're a Leader**

November 30, 2018 at MIAA Office- 60 attended  
January 18, 2019 at Masconomet RHS sponsored by MPY- 92 attended

**22<sup>nd</sup> Annual MIAA Wellness Summit- Review**

October 26, 2018, Doubletree Hotel, Westborough, MA

Conference Overview:

Keynote Speaker: Patricia Henley, MA Department of Public Health  
4 Award presentations  
2 Sponsors- Shine Initiative & AAA  
Biggest Summit yet- 408 registrants(198 students/210 adults), 125 schools/organizations, 498 people total, 29 exhibitors  
Very positive evaluation feedback!

**3<sup>rd</sup> Annual MIAA Opioid Misuse Prevention Conference- Review**

January 16, 2019 Doubletree Hotel, Westborough, MA

Conference Overview:

Keynote Speaker: Fred Muench, President & CEO Partnership for Drug-Free Kids  
204 registrants (43 students/161 adults), 100 schools/organizations, 257 people total, 21 exhibitors

Attendance down from LY- date conflicted with midterms for many schools  
Very positive evaluation feedback!  
Discussion to change name of conference to "Substance Use Prevention Conference" to open up topics and generate attendance

### **MIAA Coalition for the Prevention of Youth Substance Misuse Meeting**

Wednesday, June 5, 2019 10:00am MIAA Office, Franklin

### **5th Annual MSAA-MIAA Mental Health Summit**

April 26, 2019, Doubletree Hotel, Westborough, MA.

Summit Planning:

- Keynote speaker/s TBD
- 3 workshop sessions
- 18 total workshops
- Sponsorship opportunities available
- Limited exhibitor space available
- Discussion to change name of conference in future years to "Mental Health & Co-Occurring Disorders" to open up topics and generate attendance.

### **23<sup>rd</sup> Annual MIAA Wellness Summit 2019 Planning**

Friday, October 25, 2019, Doubletree Hotel, Westborough, MA

- Jennifer Flanagan, Cannabis Control Commission, Keynote Speaker
- Discussion to make sure Jennifer's keynote is appropriate and targeted for student leaders in attendance. Focus will be on education & prevention.
- Workshop speakers and topics TBD
- Will review how 3 workshops sessions worked out at April Mental Health Summit and plan accordingly.

Business portion of meeting adjourned at 11:45am