

## **Fall Season 2021**

**(First practice on 8/23 – First meet on 9/5)**

Sept. 5 – Sept. 19: Forward Group (100's)  
Sept. 20 – Sept. 26: Back Group (200's)  
Sept. 27 – Oct. 3: Inward Group (400's)  
Oct. 4 – Oct. 10: Twist Group (5000's)  
Oct. 11 – Oct. 17: Reverse Group (300's)  
Oct. 18 – Oct. 24: Forward Group (100's)  
Oct. 25 – Oct. 31: Back Group (200's)  
Nov. 1 – Nov. 7: Inward Group (400's)  
Nov. 8 – Nov. 14: Twist Group (5000's)  
Nov. 15 – Nov. 21: Reverse Group (300's)

## **Winter Season 2021 – 2022**

**(First practice on 11/29 – First meet on 12/9)**

Dec. 9 – Dec. 19: Forward Group (100's)  
Dec. 20 – Dec. 26: Back Group (200's)  
Dec. 27 – Jan. 2: Inward Group (400's)  
Jan. 3 – Jan. 9: Twist Group (5000's)  
Jan. 10 – Jan. 16: Reverse Group (300's)  
Jan. 17 – Jan. 23: Forward Group (100's)  
Jan. 24 – Jan. 30: Back Group (200's)  
Jan. 31 – Feb. 6: Inward Group (400's)  
Feb. 7 – Feb. 13: Twist Group (5000's)  
Feb. 14 – Feb. 20: Reverse Group (300's)

### **NOTE: Voluntary Dive**

*In the event of a postponed meet, the voluntary dive **will correspond to the week that the meet is actually held**, not when the meet was initially scheduled*

### **NOTE: League/Conference Championship Meets**

*Most leagues will designate forward as the required dive for their championship meet. Be sure to check with the head of your league/conference to be sure you have the correct dive at this meet prior to showing up with your divers.*