



2022

# Cross Country

## Information

### **CROSS COUNTRY SPORTS PAGE**

- Committee Member Listing
- Committee Meeting Dates
- Tournament Dates





# 2022 Cross Country Tournament

## Direct Athletics Process:

1. Each school must have a user name and password for Cross Country, Indoor Track, and Outdoor Track. You need to set this account up as soon as possible, and must be done by Friday, October 28, 2022 at the latest for all Cross Country Teams. Schools have the option of setting up one account for all three seasons, or separate accounts for each season. Athletic Directors with input from their coaches should make this decision. If you already have a Direct Athletics account for your team/school, you do not need to create a new one.
2. Contact information: The coach must be listed as the contact. Each tournament director will have access to this information. Please do not list the school Athletic Assistant or Secretary, as this will delay the process when an issue arises or last minute information is needed. Information should include current e-mail and phone number(s), the number should be accessible beyond school hours, since most meets occur on weekends.
3. Rosters need to be updated as the season goes along, this will make the entry process go smoother at the deadline time.
4. Once your entries are completed you must print out a copy of your entries and check for accuracy. You will make updates and be able to edit changes up to the deadline. After the deadline there is still the MIAA late entry fee process that is listed in the MIAA Cross Country Format (\$30/athlete). **Entry deadline is Monday, November 7, 2022** for Cross Country. After this date, any late entries must be done with the Tournament Director.
5. Cross Country – Each school only has to enter maximum of 10 names (you can enter less); you do not have to declare which 7 will run.

## Order of the Races

### DIVISION 1

SATURDAY, NOVEMBER 12, 2022 @ WRENTHAM DEVELOPMENT CENTER		
10:00 a.m. Girls Division 1B	11:30 a.m. Girls Division 1C	1:00 p.m. Girls Division 1A
10:45 a.m. Boys Division 1B	12:15 p.m. Boys Division 1C	1:45 p.m. Boys Division 1A
11:45 Award Ceremony	1:15 Award Ceremony	2:45 Award Ceremony

### DIVISION 2

SATURDAY, NOVEMBER 12, 2022 @ STANLEY PARK		
10:00 a.m. Girls Division 2B	11:30 a.m. Girls Division 2C	1:00 p.m. Girls Division 2A
10:45 a.m. Boys Division 2B	12:15 p.m. Boys Division 2C	1:45 p.m. Boys Division 2A
11:45 Award Ceremony	1:15 Award Ceremony	2:45 Award Ceremony

### DIVISION 3

SATURDAY, NOVEMBER 12, 2022 @ GARDNER GOLF COURSE		
10:00 a.m. Girls Division 3B	11:30 a.m. Girls Division 3C	1:00 p.m. Girls Division 3A
10:45 a.m. Boys Division 3B	12:15 p.m. Boys Division 3C	1:45 p.m. Boys Division 3A
11:45 Award Ceremony	1:15 Award Ceremony	2:45 Award Ceremony

2. Each school may list ten (10) boys/girls, seven (7) of whom will be allowed to compete. The first five (5) boys/girls to finish will score for their schools. Five (5) boys/girls must leave starting box and finish for a team to score.
3. **Divisional Placement** - See MIAA Fall Tournament Alignments for 2021-22 through 2022-23. Divisional Waves (A, B and C) are created to equalize numbers within each division. The Divisional A, B and C waves are available by clicking [here](#). Waves are also available on the MIAA Cross Country tournament webpage.



## 2022 Cross Country Tournament

4. Athletes should come dressed in proper school uniform, (school colors - jersey and shorts) ready to compete. The Uniform Rule will be strictly enforced. In case of inclement weather the Tournament Director MAY modify the Uniform Rule.
5. **Entries:** ALL ENTRIES WILL BE DONE VIA DIRECT ATHLETICS. Entries must be received by the Tournament Director by end of day on November 7, 2022. Any entries received after this date/time will be considered a late entry & there will be a fee of \$30.00 per individual; \$300.00 per team/maximum, and must be entered with Tournament Director. FINAL DEADLINE: Absolutely no entries will be accepted after November 9, 2022 at Noon.
6. Numbers should be distributed only to the seven (7) actually competing. All numbers should be pinned securely on the front of the jersey. The tear-off tags should not be pinned. All will have a chip attached to number.
7. Medals will be awarded to the first fifteen (15) individual finishers in each race.
8. All teams must have adult representation in control of participants at all times. Such representation must be an employee or designated representative of the school district. If not the coach, representative must have written designation from the school principal.
9. The meet shall be run under the rules of the National Federation Track & Field Rule Book except as modified by the MIAA.
10. **Finality of Decisions** - The referee's decision in all matters shall be final and without appeal except in those meets for which a Jury of Appeals has been established for that special purpose. The Jury of Appeals (3 officials and 2 coaches) then will have the final authority. In order to have an appeal processed a coach must submit the appeal in writing to the referee within thirty (30) minutes after the results are announced.
11. **Medical Coverage** – Medical coverage will follow local guidelines and policies. At least one licensed athletic trainer and at least one of the following: physician, physician's assistant, certified EMT, or nurse practitioner will be available at all MIAA Divisional Qualifier and State Championship Meets. The MIAA will compensate for this coverage at these sites.
12. **Awards Ceremonies** – See time schedule above.
13. **Divisional Championship Meet** – Teams qualifying will be posted on MIAA website. If listed, you are in, no further information will be sent. The performance list will be declared final 24 hours after being released.
14. Ties in team scoring shall be resolved by comparing the sixth-place finishers from the tying teams. The team with the best sixth-place finisher shall prevail. If one team does not have a sixth-place finisher, the team with the sixth-place finisher shall prevail.
15. **MIAA Drone Policy** - Prohibiting the Use of Drones (Unmanned Aircraft Systems or UAS's)  
The use of drones (UAS), for any purpose, is not permitted at any MIAA tournament event. This prohibition applies to all fields of play, courts, arena, mats, gym floor or pool, and covers a ban on the entire facility being used as part of the MIAA event, including the spectator stands and parking areas.
16. **CHIPS ARE IN THE BIBS – STUDENT-ATHLETE MUST CROSS FINISH LINE. REMIND THEM NOT TO STOP AND CHECK THEIR WATCH. COULD AFFECT THEIR TIME.**
17. Officials will be assigned by the Tournament Directors.
18. Mountain Bikes or Dogs **ARE NOT ALLOWED** at any of the facilities.



# 2022 Cross Country Tournament

## Division State Championships

**SATURDAY, NOVEMBER 19, 2022 @ FORT DEVENS**

NO MOUNTAIN BIKES & NO DOGS ARE ALLOWED.

Three Divisions of Boys

Three Divisions of Girls

In each division - 23 teams and 30 individuals from non-qualifying teams will compete.

### **Divisional State Championships Qualifications:**

- Top seven (7) teams from wave A, B & C
- Top ten (10) individuals from wave A, B & C - not on one of the qualifying teams
- Wildcard #1 - The fastest 8<sup>th</sup> place team from wave A, B & C
- Wildcard #2 - Will be the next fastest team from the remaining two 8<sup>th</sup> place teams and the 9<sup>th</sup> place team finishing immediately behind Wildcard #1 (Fastest: cumulative time of the top 5 finishers from a team).

### **Starting Times:**

<b>SATURDAY, NOVEMBER 19, 2022 @ FORT DEVENS</b>		
11:00 a.m. Girls Division 2	12:30 p.m. Girls Division 3	2:00 p.m. Girls Division 1
11:45 a.m. Boys Division 2	1:15 p.m. Boys Division 3	2:45 p.m. Boys Division 1
<b>12:45 Award Ceremony</b>	<b>2:15 Award Ceremony</b>	<b>3:45 Award Ceremony</b>

A trophy and medals will be presented to the winning Team Champion and Team Finalist in each division. Medals will be awarded to the first fifteen- (15) finishers in each race.

Responsibility of Participating Schools - All schools are responsible before, during and after a contest for the proper conduct of their coaches, students and spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred.

### **Non-Discrimination Statement**

MIAA does not discriminate in its educational programs or activities on the basis of race, color, national or ethnic origin, ancestry, age, religion or religious creed, disability or handicap, sex or gender, gender identity and/or expression, sexual orientation, military or veteran status, genetic information, or any other characteristic protected under applicable federal, state or local law. Retaliation is also prohibited.