



MIAA Sports Medicine Committee Meeting Highlights - May 9, 2022

The Sports Medicine Committee met at the Franklin office on May 9, 2022 with 9 committee members in attendance.

Hygiene, Sanitary Procedures: In the winter, the committee started discussion on this topic. Members asked the question what did we learn from the COVID pandemic and are there any new procedures and protocols to continue going forward? Many members were pleased that the spring is starting to feel more like pre-pandemic conditions. Some procedures like individual water bottles are continuing. A resource, [BOC Guiding Principles for AT Policy and Procedure Development](#) (page 36-40 Infection Prevention and Control; www.BOCATC.org) was mentioned for best practices for ATC's and the athletic trainer room/area.

MIAA Recommended [Pre-Participation Form](#): During this school year, the committee has had discussion about the recommended form, its currency and use. Members discussed what is happening in their schools, current practices such as Family ID and other online submission of pre-participation physicals. The committee acknowledged the current form is only a recommendation. Various forms from physicians are used and/or updated. The committee supported recommending the American Academy of Pediatrics (AAP) [PPE History Form \(Interim Guidance - COVID 19 questions\)](#), [PPE History Form \(Standard Form\)](#) and [Physical Evaluation Form](#).

Motion: Recommend the use of the AAP PPE forms. (J. Stone/J.Saperstein)
Approved 9-0-0

Two other areas of discussion were athletic trainers at tournament games and future discussion about the [Stop The Bleed](#) program. No action take on these topics at this time.

Finally, the committee mentioned the upcoming ATOM (Athletic Trainers of Massachusetts) [Spring Symposium](#) on May 26 and an upcoming Mass General Brigham Program: [Comprehensive Management of the Interscholastic Athlete](#) on June 23.

Next meeting dates scheduled Fall 2022. TBD

