



# Online Wellness Resources for Schools

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In collaboration with the MIAA Partners in Prevention (PIP) organizations, this document of online resources for schools has been created. We hope you will find it useful.

The MIAA and Partners in Prevention are offering webinars, pre-recorded programs, blogs, free access to resources and are updating their websites with new material on an ongoing basis. Please click on the links below for each respective organization for more specific information.

This document will continue to be updated on a regular basis.

## **Webinars and Online Resources**

[MIAA](#)

[BSAS Youth and Family Resources Page](#)

[McLean Hospital](#)

[AAA Northeast](#)

[ADHD Essentials](#)

[Boston vs. Bullies](#)

[Botvin LifeSkills Training](#)

[Brain Injury Association of MA\(BIA-MA\)](#)

[Caron Treatment Centers](#)

[Dana Farber Cancer Institute](#)

District Attorney Joe Early Office

Dynamic Influence

Frameworks Institute/Search Institute

Hazelden Betty Ford Foundation

Health Resources in Action/Project Here

Impact Melanoma-cancer prevention

Institute for Health & Recovery

International Association of Eating Disorders Professionals

Ivy Watts Speaks

Jostens Renaissance- Rooted in Love(Mike Smith)

Jostens- The Harbor Episodes (username and password both JOSTENS)

Jostens Renaissance Leadership Curriculum

Jostens-Social-Emotional Well-being Package

Jostens Virtual Culture & Climate Series

Let's Empower, Advocate and Do

Massachusetts Aggression Reduction Center

MASBIRT

Massachusetts Commission on LGBTQ Youth

Massachusetts Health Council

Massachusetts Partnerships for Youth(MPY)

The Micheli Center for Sports Injury Prevention-Boston Children's Hospital

Minding Your Mind

MindWise Innovations/SOS

New England Region of the National Network of Libraries of Medicine

Northeastern University School Health Academy

Positive Coaching Alliance

Project Bread

Project Green Schools

Social Emotional Learning Alliance

Walden Behavioral Care

### **Additional Online Resources**

#### **Mental Health/Mindfulness**

ADHD Essentials

American Foundation for Suicide Prevention

Botvin LifeSkills Training

Caron Treatment Centers

Families for Depression Awareness

Girl Power Go

Ivy Watts Speaks

Jon Mattleman

Josten's Renaissance

Let's Empower, Advocate and Do

Massachusetts Department of Mental Health

Massachusetts Partnerships for Youth

McLean Hospital

Minding Your Mind

MindsetGo

MindWise Innovations/SOS

National Suicide Prevention Lifeline  
Pam Garramone  
Riverside Community Care  
Samaritans Inc.  
Shine Initiative  
Social Emotional Learning Alliance for MA  
Youth Health Connection

### **Substance Misuse**

Al-Anon/Alateen  
Bureau of Substance Addiction Services(BSAS)  
Caron Treatment Centers Digital Learning Information Kit  
Central MA Tobacco-Free Community Partnership  
District Attorney Joe Early Office  
Dynamic Influence  
Grayken Center for Addiction at Boston Medical Center  
Hazelden Betty Ford Foundation  
Health Resources in Action/Project Here  
Improbable Players  
Institute for Health & Recovery  
Learn to Cope  
Make Smoking History  
MASBIRT  
Massachusetts Department of Public Health  
Massachusetts Partnerships for Youth  
MassTAPP  
Massachusetts Tobacco Cessation & Prevention Program(MTCP)  
New England Region of Narcotics Anonymous  
Partnership for Drug-Free Kids  
Project Here

### **Sexuality/Relationships/Sexual Violence**

Cambridge Health Alliance  
DESE Safe Schools Program for LGBTQ Students  
GLSEN  
Jane Doe, Inc.  
Massachusetts Aggression Reduction Center

Massachusetts Commission on LGBTQ Youth  
Reach Beyond Domestic Violence(REACH)  
The Trevor Project

## **Disordered Eating**

International Association of Eating Disorders Professionals  
Multi-Service Eating Disorders Association  
Walden Behavioral Care

## **Bullying Prevention**

Boston vs. Bullies  
District Attorney Joe Early Office  
Dynamic Influence  
Massachusetts Aggression Reduction Center  
Massachusetts Partnerships for Youth

## **Leadership**

Core Trainings  
Dynamic Influence  
Lad in a Battle  
Let's Empower, Advocate and Do  
MindsetGo

## **Gambling Prevention**

Massachusetts Council on Compulsive Gambling

## **Sports Medicine/Injury Prevention/Brain Injury**

Brain Injury Association of MA(BIA-MA)  
The Micheli Center for Sports Injury Prevention-Boston Children's Hospital  
Sports Medicine Division-Boston Children's Hospital

## **Driving Safety**

AAA Northeast

In Control Crash Prevention

MADD

## **Environmental Safety**

Project Green Schools

## **Cancer Prevention**

DetecTogether

Impact Melanoma

Melanoma Education Foundation

## **Digital Wellness/Technology Addiction**

Look Up Live

Dynamic Influence

## **Additional Resources**

Attorney General Maura Healey's Office

Boston Children's Hospital

Cambridge Health Alliance

Centers for Disease Control & Prevention(CDC)

Department of Elementary & Secondary Education(DESE)

Department of Public Health(DPH)

Department of Mental Health

MA COVID-19 Vaccination Program

MA District Attorney's Offices

MA General Hospital

MA Health Council

MIAA

MSAA

NAESP

NASSP

National Federation of State High School Associations(NFHS)

SADD

Substance Abuse & Mental Health Services Administration(SAMHSA)

# EDUCATIONAL ATHLETICS



MIAA | 33 Forge Pkwy | Franklin, MA 02038 | 508-541-7997

