



*Special
Olympics*
Massachusetts



**Unified
Champion
Schools**

2022

Unified Track & Field

Information

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2022 Unified Track & Field Information

Schedule and Season Commitment

March 21:	Practices Begin
April 4:	Regular Season Meets Begin
April 8:	Intent to Enter Postseason and Final Roster Number Deadline <i>Schools must submit this information to MIAA by this date</i>
May 3:	Sectional Meet Entries Deadline <i>Schools must submit meet entries via Direct Athletics by 11:59pm. Entries will be posted on Direct Athletics</i>
May 6:	Team Sportsmanship Award Nomination Deadline <i>Click here for the nomination form</i>
May 9-18:	Sectional Meets* <i>Sites TBD Estimated start time 1:00pm</i>
May 19-20:	State Meet Qualification Information <i>Advancement results from Sectional Meets will be posted on the MIAA website</i>
May 25:	State Championship Meet* <i>Site TBD Estimated start time 10:00am</i>

**Decisions regarding meet postponements will be made by the MIAA staff, Special Olympics Massachusetts staff and Site Managers.*

General Information

1. Rules:

MIAA and Special Olympics Massachusetts rules will be followed.

2. Divisions:

- A. Team divisions and sections will be determined based upon roster numbers submitted to MIAA and Special Olympics Massachusetts as of the April 8 reporting deadline.
- B. Team scores will be calculated for both Division 1 and Division 2 at the Sectional Meets and State Championship Meets.

3. Qualifying Standards:

- A. At the Sectional Meets the student-athletes will be placed into pre-defined tiers within each event based on submitted performances to Direct Athletics.
- B. For the State Championship Meet student-athletes will qualify based on performances from the Sectional Meets.

4. Exhibition Competition

Exhibition races will be conducted for students that utilize wheelchairs or assistive devices that are not self-propelled.

5. Medical Coverage:

A licensed athletic trainer will be available at all MIAA/Special Olympics Massachusetts meets.



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6. Responsibility of Participating Schools:

All schools are responsible before, during and after a meet for the proper conduct of their coaches, student-athletes and spectators.

7. Team Sportsmanship Award:

Nominations for the MIAA/Special Olympics Massachusetts Unified Track and Field Team Sportsmanship Award are due by May 6, 2022.

8. Contact Information:

MIAA Staff

Peter Smith

psmith@miaa.net

508-541-9834

Special Olympics Massachusetts Staff

Kathy Lutz

kathy.lutz@specialolympicsma.org

508-485-0986

9. Jury of Appeals:

Will be composed of the referee, three officials and two coaches.

10. Free Admission:

Admission will be free for spectators at all meets.

11. Media:

It is anticipated that newspaper and television reporters will be present to interview coaches and student-athletes. A media area will be setup.

12. Awards Ceremonies:

At both the Sectional Meets and the State Championship Meet:

A. The individual events awards ceremonies will take place at the conclusion of each event.

B. The team awards ceremonies will take place at the conclusion of the meet.



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Sectional Championship Meet Information

Monday, May 9	Central Meet	Millbury HS	12:30pm arrival, 1:00pm Opening Ceremony
Tuesday, May 10	South Meet	Middleboro HS	2:15pm arrival, 3:00pm Opening Ceremony
Wednesday, May 11	West Meet	Holyoke HS	2:30pm arrival, 3:00pm Opening Ceremony
Monday, May 16	Metro Meet	Walpole HS	1:00pm arrival, 1:30pm Opening Ceremony
Monday, May 16	North Meet	Dracut HS	3:30pm arrival, 4:00pm Opening Ceremony

A. Entry Information

1. Meet entries are due via Direct Athletics on Tuesday, May 3 by 11:59pm.
2. Changes will not be permitted after the entry deadline – scratches only.
3. The defined tiers within each event are listed on Page 6 and submitted performances will be placed accordingly.
4. Entries will be posted on Direct Athletics.

5. Individual Entry Limitations

Participants may be entered in a maximum of 1 field event, 1 running event, and 1 relay event. Please see #6 and #7 below for additional details regarding the differences between *Athlete* and *Partner* entry limitations.

6. Athlete Entries

All Athletes may be entered in 1 field event, 1 running event, and 1 relay event.

7. Partner Entries

If a team roster includes more partners than athletes, the number of competition slots for *Partner* entries will be based upon the number of *Athletes* competing on a team multiplied by three (not to exceed a maximum of 1 field event, 1 running event and 1 relay event per *Partner*). Please see the chart below for additional guidance regarding *Partner* entries.

Number of Athletes on Team	Maximum Competition Slots for Athletes	Maximum Competition Slots for Partners	Partner Participation Slots
1	2	2	1 Field, 1 Track
2	4	6	3 Field, 3 Track
3	6	9	5 Field, 4 Track (vice versa)
4	8	12	6 Field, 6 Track
5	10	15	8 Field, 7 Track (vice versa)
6	12	18	9 Field, 9 Track
7	14	21	11 Field, 10 Track (vice versa)
8	16	24	12 Field, 12 Track
9	18	27	14 Field, 13 Track (vice versa)
10	20	30	15 Field, 15 Track
11	22	33	17 Field, 16 Track (vice versa)
12	24	36	18 Field, 18 Track
13	26	39	20 Field, 19 Track (vice versa)
14	28	42	21 Field, 21 Track



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15	30	45	23 Field, 22 Track (vice versa)
16	32	48	24 Field, 24 Track
17	34	51	26 Field, 25 Track (vice versa)
18	36	54	27 Field, 27 Track
19	38	57	29 Field, 28 Track (vice versa)
20	40	60	30 Field, 30 Track
21	42	63	32 Field, 31 Track (vice versa)
22	44	66	33 Field, 33 Track
23	46	69	35 Field, 34 Track (vice versa)
24	48	72	36 Field, 36 Track
25	50	75	38 Field, 37 Track (vice versa)

8. Relay Entries:

All schools may enter **one** 4 x 100 Meter Relay Team and **one** 4 x 400 Meter Relay Team. Relay teams must be comprised of two athletes and two partners.

B. Events

The order of competition will be determined by division. Division 1 schools will begin with the Field Events and Division 2 schools will begin with the Running Events.

Field Events: Long Jump, Shot Put, and Javelin

Running Events: 800 Meter, 400 Meter, 100 Meter

Relay Events: 4 x 100 Meter Relay, 4 x 400 Meter Relay

C. Individual and Team Awards

1. The top six places in **each tier within each event** in Division 1 and Division 2 will score. Points will be 10-8-6-4-2-1
2. Award ceremonies will take place after the completion of each flight (field events) or heat (running events) throughout the entire meet. Ribbons will be awarded for up to 6 places for each flight or heat.
3. Medals will be awarded to the Champion and Finalist teams in Division 1 and Division 2.



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State Championship Meet Information

Wednesday, May 25
Natick High School
10:00am Arrival

A. State Championship Meet Advancement

1. The top 3 finishers by performance for Running events and top 2 finishers by performance for Field events from each tier within each event during Sectional Meets will advance to the State Championship Meet. Division 1 and Division 2 will compete separately. The performances from the Sectional Meets will be placed into the defined tiers within each event as listed on Page 7.
***The results of the West and North Meets will be combined to determine advancement to the State Championship Meet.**
2. If a student performs better than the range of their entered tier during the Sectional Meet, that student will be pushed to the higher tier to determine qualification for the State Championship Meet. ***Please note – a student who wins their event tier at the Sectional Meet, is not guaranteed to advance to the State Championship Meet.***
 - A student's Sectional performance may bump that student into a higher performing tier for the State meet (example: from Tier 3 to Tier 4)
 - A student's Sectional performance will not bump the student into a lower performing tier for the State Meet. (example: if entered in Tier 6 for the Sectional meet – cannot move down to Tier 5 for the State Meet. The student will remain in Tier 6).
3. An equal number of competitors from each Sectional Meet will advance to the State Championship Meet.
4. The heats and flights for the State Championship Meet will be posted on Direct Athletics and the MIAA websites by Friday, May 20.
5. All schools may enter **one** 4 x 100 Meter Relay Team and **one** 4 x 400 Meter Relay Team.
Relay teams must be comprised of two athletes and two partners.

B. Order of Events (Times are Estimated)

10:00am Division 1 Field Events: Long Jump, Shot Put, Javelin Throw
 Division 2 Running Events: 800 M, 400 M, 100 M, 4 x 100 Relay, 4 x 400 Relay

11:30am Division 2 Field Events: Long Jump, Shot Put, Javelin Throw
 Division 1 Running Events: 800 M, 400 M, 100 M, 4 x 100 Relay, 4 x 400 Relay

C. Individual and Team Awards

1. The top six places in **each tier within each event** in Division 1 and Division 2 will score. Points will be 10-8-6-4-2-1
2. Award ceremonies will take place after the completion of each tier of each event.
3. Trophies and medals will be awarded to the Champion and Finalist teams in Division 1 and Division 2.



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Event Tiers for Sectional and State Championship Meets

Shot Put Tier 1	Under 9'
Shot Put Tier 2	9' – Under 13'
Shot Put Tier 3	13' – Under 16'6"
Shot Put Tier 4	16'6" – Under 20'
Shot Put Tier 5	20' – Under 26'
Shot Put Tier 6	26' – Under 32'6"
Shot Put Tier 7	32'6" – Under 38"
Shot Put Tier 8	38' and over

Long Jump Tier 1	Under 2'
Long Jump Tier 2	2' – Under 3'6"
Long Jump Tier 3	3'6" – Under 5'
Long Jump Tier 4	5' – Under 6'6"
Long Jump Tier 5	6'6" – Under 8'6"
Long Jump Tier 6	8'6" – Under 10'6"
Long Jump Tier 7	10'6" – Under 13'
Long Jump Tier 8	13' and over

Javelin Throw Tier 1	Under 13'
Javelin Throw Tier 2	13' – Under 18'
Javelin Throw Tier 3	18' – Under 23'
Javelin Throw Tier 4	23' – Under 30'
Javelin Throw Tier 5	30' – Under 40'
Javelin Throw Tier 6	40' – Under 55'
Javelin Throw Tier 7	55' – Under 70'
Javelin Throw Tier 8	70' – Under 85'
Javelin Throw Tier 9	85' and over

100 Meter Dash Tier 1	40.0+
100 Meter Dash Tier 2	32.0 – 39.99
100 Meter Dash Tier 3	27.0 – 31.99
100 Meter Dash Tier 4	23.0 – 26.99
100 Meter Dash Tier 5	20.0 – 22.99
100 Meter Dash Tier 6	18.0 – 19.99
100 Meter Dash Tier 7	16.0 – 17.99
100 Meter Dash Tier 8	14.0 – 15.99
100 Meter Dash Tier 9	Up to 13.99

400 Meter Dash Tier 1	2:00 +
400 Meter Dash Tier 2	1:45 – 1:59.99
400 Meter Dash Tier 3	1:30 – 1:44.99
400 Meter Dash Tier 4	1:20 – 1:29.99
400 Meter Dash Tier 5	Up to 1:19.99

800 Meter Run Tier 1	3:30 +
800 Meter Run Tier 2	3:00 – 3:29.99
800 Meter Run Tier 3	Up to 2:59.99

4x100 Meter Relay Tier 1

4x400 Meter Relay Tier 1



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Team Sections and Divisions

Updated 5/4/22

Division 1				
<u>West</u>	<u>Central</u>	<u>North</u>	<u>Metro</u>	<u>South</u>
Wahconah	Algonquin	Dracut	Dighton-Rehoboth	Dartmouth
	Franklin	Fitchburg	Milton	Plymouth North
	Natick	Methuen	Needham	Plymouth South
		Salem	Newton North	Riverview
			Newton South	
			Seekonk	
			Weymouth	

Division 2				
<u>West</u>	<u>Central</u>	<u>North</u>	<u>Metro</u>	<u>South</u>
Chicopee	Auburn	Andover	Canton	Apponequet
Chicopee Comp	Grafton	Ayer-Shirley	Foxborough	Bourne
Holyoke	Holliston	Cambridge	Hingham	Durfee
Northampton	Hopkinton	Haverhill	Norton	Duxbury
Palmer	Hudson		Walpole	Fairhaven
Southwick	Milford		Wellesley	Joseph Case
Westfield	Millbury		Westwood	Martha's Vineyard
	Northbridge			Middleboro
	Westborough			Nauset
				New Bedford
				Old Rochester
				Sandwich
				Silver Lake
				Somerset Berkley
				Wareham