



MASSACHUSETTS INTERSCHOLASTIC
ATHLETIC ASSOCIATION



MIAA Sports Medicine Committee Meeting Highlights – October 18, 2021

The Sports Medicine Committee met at the Franklin office on October 18, 2021 with 16 committee members in attendance.

Committee members were welcomed to the in-person meeting by liaison Richard Pearson. After welcoming the committee, and allowing all members to introduce themselves, they proceeded with the election of officers.

Election of Officers:

Chair: Alan Ashare (J. Jardine/J. Saperstein)

Vice Chair: John Jardine (D. Stratton/B.Colandreo)

Secretary: Bob McQuaid (J. Saperstein /C. Kelley)

Fall 2021 Season: Committee members discussed the current fall 2021 season with open dialogue about current conditions and how the season is progressing. It was mentioned there have been football cancellations due to COVID and some forfeit as well. Other challenges discussed were conditioning of athletes and possible overuse injuries coming out of the COVID school year.

Winter 2021-2022 Season: The committee discussed planning ahead for winter 2021-22. Challenges of indoor venues, spectators and regulatory decisions were all topic of discussion. No recommendations or votes were taken for winter planning.

The committee set two additional meeting dates, monthly, to help support any new information for the Association.

Next meeting dates: November 8th and December 13th

EDUCATIONAL ATHLETICS

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