



MIAA Sports Medicine Committee Meeting Highlights October 5, 2020

The MIAA Sports Medicine Committee met virtually on October 5, 2020 with approximately 20 committee members on the call.

Opening: New members were welcomed to the committee. The MIAA Conflict of Interest Form was reviewed, signed and submitted. The Governance Structure of the MIAA was reviewed.

2020-2021 Sports Medicine Committee Officers:

- Chair: Dr. Alan Ashare, Physician
- Vice Chair: Dr. John Jardine, Physician
- Secretary: Bob McQuaid, PA

Summer/Fall Review: The committee reviewed the summer – fall efforts as they related to necessary sports medicine oversight and challenges of the COVID-19 pandemic. The Committee the discussed some of the current dialogue around cardiac conditions for COVID positive students. No action was taken. Links to some current medical documents were provided and linked here:

- [COVID Guidelines AMSSM](#)
- [NCAA-COVID-19-Algorithm-04-AUG-2020](#)
- [NSCA-COVID-infographic](#)
- [UNDERSTANDING RISK RELATED TO COVID-19 AND YOUTH SPORTS](#)
- [COVID-19 GRADUATED RETURN TO PLAY FOR PERFORMANCE ATHLETES](#)
- [Interim-Guidance-PPE-COVID 090220](#)

Winter 2020-21: The committee also discussed needs for the future winter 2020-21 season. They determined no action at this time, rather to continue to support the Association member schools, the COVID-19 Task Force and Board of Directors as needed.

Rule Change Packet for 2021-2023: Rule change proposals were reviewed and voted on. Result tallies have been submitted to MIAA Assistant Executive Director Phil Napolitano and will be added to the rules packet on the MIAA website. This is the first step in the rule change proposal process.

NFHS: Richard Pearson, liaison to the Committee offered the following links to the NFHS Injury Surveillance System - High School Reporting Information Online (RIO). Many of our member schools participated in this collection of information.

- [Final RIO 2019-20 NFHS ISS Summary Report - August 2020](#)
- [2019-20 RIO Summary Report Convenience](#)
- [2019-20 RIO Summary Report Original](#)
- [RIO Flyer 20.21](#)

Next Meeting: November 2, 2020

Other important Sports Medicine Links and Information (separate from meeting notes of 10/5/2020)

MA DPH Update Concussion Form and Website

Below are links to the MA Department of Health updated Medical Clearance Form and Sports Concussion website. At this link there is a new FAQ's, updated contact information and also an updated form.

Medical Clearance Form:

<https://www.mass.gov/info-details/head-injury-and-concussion-information-for-medical-providers#medical-clearance-and-authorization-form>

Sports Concussion website:

<https://www.mass.gov/sports-related-concussions-and-head-injuries>

The National Center for Catastrophic Sport Injury Research (NCCSIR)

The NCCSIR works closely with all NFHS member states to track and collect data relative to catastrophic injury in sports. This research center has tracked data since 1982. The link below can be used to gather more information and/or report data. Many important decisions (rule changes, equipment changes, insurance rates, etc.) are based on this data, and it is essential that accurate information is collected across the entire country. Please visit this link for more information: [NCCSIR Website](#)

EDUCATIONAL ATHLETICS

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