



MASSACHUSETTS INTERSCHOLASTIC  
ATHLETIC ASSOCIATION



## MIAA Sports Medicine Committee Highlights – August 10, 2020

The MIAA Sports Medicine Committee (SMC) met on August 10 with focused discussion again on topics related to the COVID-19 pandemic and fall 2020 participation in interscholastic athletics.

**Preseason calendar and guidance:** The committee began with detailed discussion about the start of the season.

**\*\*ALL motions will move forward as recommendations to the MIAA COVID Task Force:**

Given that the previous decision of Sept. 14 to start fall sports is earlier than the DESE minimum school start date of Sept. 16, the SMC entertained discussion as to potential start date change.

*Motion:* Start the sport season after school begins. (Hennessey, Sartanowicz)

**APPROVED** 20-0-0

The SMC discussed the preseason calendar, the minimum practice days for student-athletes and the date of the first competition. Students will still need proper preseason training and conditioning.

*Motion:* Keep the same preseason timeframes as listed in the MIAA Handbook. This includes no Sunday practice or play for football. (Colandreo, Carbone)

**APPROVED** 16-2-0

The final discussion was about double sessions during the preseason. Current fall preseason design has limitations on double sessions. Football already has detailed double session limitations and all other sports also have parameters about how many practices during a specific period with no double sessions during the first three days of preseason practice.

*Motion:* Permit double sessions only on the weekend. (Pillsbury, Kelly)

**APPROVED** 16-0-1

The final topics of facemasks during play and weekly limitations were discussed with no resulting vote or recommendation at this time.

Next meeting: August 24, 2020 at 4:00 PM.

**EDUCATIONAL ATHLETICS**

MIAA | 33 Forge Pkwy | Franklin, MA 02038 | 508-541-7997

