



MASSACHUSETTS INTERSCHOLASTIC
ATHLETIC ASSOCIATION



MIAA Cross Country/Track Meeting Highlights May 11, 2021

The MIAA Cross Country/Track Committee meeting was conducted virtually on Tuesday, May 11, 2021. The meeting was attended by 14 voting committee members, tournament directors, MIAA staff and media members.

2021 Outdoor Track Format

A subcommittee presented the 2021 Outdoor Track Tournament format with proposed modifications to the sectional/divisional structure and updated field limitations. In addition, changes to individual entry limits were proposed along with changes to the schedule of events in order to keep unique participants numbers at an approved level.

Motion: The MIAA Cross Country & Track committee approves the 2021 Outdoor Track Tournament Format to be presented to the Tournament Management Committee for further approval.

APPROVED: 14-0-0 (Jim H./Jeff L.)

A motion was also made surrounding a recommendation to the Sports Medicine Committee about masks during competition.

Motion: Recommend to the Sports Medicine Committee that while athletes are competing in their event, they may remove their mask during competition in accordance with EEA guidance.

APPROVED: 14-0-0 (Art R./Joe L.)

2021 Cross Country Format

A review of the Cross Country subcommittee's work on the 2021 Cross Country Tournament Format was provided as the committee adopted a statewide format during the alignment process. Criteria for each divisional meet was reviewed as well as the selection process for the all-state meet.

Motion: The MIAA Cross Country & Track committee approves the 2021 Cross Country Tournament Format to be presented to the Tournament Management Committee for further approval.

APPROVED: 14-0-0 (Jim H./Joe L.)

NFHS Rule Updates

A reminder was provided on NFHS Track & Field Rule Updates for the 2021 season. An emphasis was placed on the new rule for *Relay Zones*, which states "In the 4x100 meter relay and 4x200 meter relay, and other relays with legs of 200 meters or less, each exchange zone will be 30 meters long. All exchange zones for races in excess of 200 meters will remain at 20 meters." (refer to NFHS Rule 5.3.3, 5.3.4 and 5.10.16 thru 11).

For more information on this update and more, please visit the NFHS Track & Field/Cross Country Rules Update page by clicking [here](#).

Sportsmanship

Team Sportsmanship Awards and Coach of the Year nominations were solicited for the 2020-21 seasons.



EDUCATIONAL ATHLETICS

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