



April 30, 2021

The Massachusetts Interscholastic Athletic Association (MIAA) COVID-19 Task Force representatives presented today to the MIAA Board of Directors on wrestling modifications and recommendations for the 2021 spring season.

The presentation culminated the MIAA governance process, which included wrestling sub-committee meetings where current Executive Office of Energy and Environmental Affairs (EEA) and Massachusetts Department of Elementary and Secondary (DESE) guidelines were reviewed. The committee created specific modifications, received sport committee approval, Sports Medicine Committee (SMC) approval and Covid-19 Task Force approval prior to moving them to the Board of Directors for approval.

The MIAA Board of Directors voted to approve boys and girls wrestling modifications. You may view the presentation [HERE](#).

The following wrestling modifications/guidelines are highlighted:

- Masks are to be worn at all times by participants, officials, coaches, spectators and facility personnel.
- Wrestling rooms are permitted, however, six foot social distancing, mask wearing and occupancy limitations must be followed. Using an outdoor venue, where and when possible, is encouraged.
- Scheduling of dual or tri-meets only is permitted. Quads and multiple school meets/tournaments are prohibited.
- Locker rooms are permitted to be open at 50% occupancy, with local support.
- Morning-weigh-ins are encouraged to be utilized at the home school of each team, with no additional weigh-in prior to the meet. Any on site weigh-ins are only to be administered separately by team, rather than by weight class, and shoulder to shoulder weigh-ins are prohibited. The plus 3lb allowance at night is eliminated for the spring 2021.

As has been the case throughout the year, the final decision for a school to partake in a particular sport is decided at the local level.

The established MIAA governance process, which includes communication with the EEA, will take place if any updates are made to the current EEA guidelines.

Additional Resources:

MIAA Wrestling Modifications are found [HERE](#)

MIAA COVID-19 page is found [HERE](#)

Current EEA Guidelines are found [HERE](#)

