



## Fall 2022 Pre-Season Sports Medicine Update – Heat Modifications & Varsity Football Medical Personnel Requirements

As the fall preseason begins please be attentive to the MIAA Heat Modification Policy found [HERE](#) and on the MIAA Sports Medicine page. The Sports Medicine page [HERE](#) also has other information and links for your use as you manage health and safety with your program.

Additionally, please remember that Rule 69.2 (medical personnel at varsity football games) was voted in by the membership last year but postponed for implementation until this fall 2022. As shared with the Membership in a March 29, 2022 email and in the April 2022 District Dispatch, the rule states:

“For all varsity football games, each team must employ a licensed physician, licensed athletic trainer, or certified EMT to be with their team (MIAA BOD voted to delay implementation until Fall 2022 season). A single medical provider shall be responsible for both teams for all sub-varsity games unless the visiting team has its own medical coverage.” (MIAA Handbook Rule 69.2, page 65)

**Note: The only medical personnel permitted to meet this rule and other MIAA rules are a licensed physician, licensed athletic trainer and certified EMT. Other medical personnel with different licensure and certifications, such as RN, are not permitted under MIAA rules.**

Many of you also revisit and further develop your Emergency Action Plans (EAP) annually. The purpose of the EAP is to facilitate a prompt, efficient, coordinated response in the case of a medical emergency.

The NFHS has developed programs and information to support much of what you plan for every year. In addition to the resources mentioned above, school leaders, athletic directors, coaches, parents, and students should also be made aware of the following resources from the NFHS and the NFHS Sports Medicine Advisory Committee (SMAC):

- **NATA Position Statement: “Emergency Planning in Athletics”**  
<https://www.nata.org/sites/default/files/emergencyplanninginathletics.pdf>
- **KSI: “Emergency Action Plans”**  
<https://ksi.uconn.edu/prevention/emergency-action-plans/>
- **Anyone Can Save a Life – Emergency Action Planning Program**  
<http://www.anyonecansavealife.org/>
- **NFHS “The Collapsed Athlete” Online Course from NFHSLearn.com**  
<https://nfhslearn.com/courses/the-collapsed-athlete>

