



2022-2023

Nordic Ski

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2022-2023 Ski Tournament Format

2022-2023 MIAA BOYS’/GIRLS’ STATE NORDIC SKI MEET

A. TOURNAMENT ENTRY DEADLINE

1. **Official Entry – Monday, February 6, 2023 at 8:00 PM** – Submit entry to the MIAA to be received by this date.
2. It is the responsibility of each school to check with the Tournament Director to make sure that the entry has been received. This should be done by February 6, 2023.

B. Tournament Information

- | | |
|-----------------------------|---|
| 1. DATE | Tuesday, February 14, 2023
February 15 & 16, 2023 (back-up date) |
| 2. SITE | Prospect Mountain , Woodford, VT |
| 3. REGISTRATION | 9:30am |
| 4. COACHES MEETING | 10:00am |
| 5. COURSE OFFICIALS MEETING | 10:30am |

START OF RACES:

- | | |
|---|----------------------------|
| Boys’ – Boys’ Freestyle, Wave Start | 11:00am |
| Girls’ - Girls’ Freestyle, Wave Start | 12:15pm |
| Award Ceremony..... | At the conclusion of races |

TOURNAMENT DIRECTOR: Joe Miller

C. GENERAL INFORMATION

1. **QUALIFICATIONS:**
Each school is entitled to a maximum of 8 female and 8 male entries.
2. Each participant **MUST** be a member of a school ski team that is registered with the MIAA and has a school appointed coach. The school ski team must be a bona fide member of an MIAA ski league.
3. **Race Date Evaluation / Race Format Information:**

Below are the criteria set forth when conditions require a potential change to the primary date set by the MIAA Ski Committee during the spring meeting. Weather, race site conditions and availability of sites are all factors to be considered by the Race Director and MIAA Ski Committee Liaison to determine if a date/site change might be needed. Once a determination is made that the primary date may need to be changed, the MIAA Ski Committee Liaison will present the proposed change from the Race Director to the MIAA Ski Committee members for their concurrence. At that point the MIAA will communicate any changes to each Athletic Director at participating schools and the AD’s will inform each of their coaches.

Primary Race Date Evaluation:

- 1) Site conditions are safe and allow for, no less than 7 kilometer course or a two lap race for a competitive race event. Distance is at the discretion of the TD based on conditions.
- 2) Weather conditions allow for safe travel to and from the event.
- 3) Primary sites are Prospect Mountain (Woodford, VT) and Notchview Reservation (Windsor, MA) and, since both are cross country race centers with ideal terrain and grooming for the championship race.
- 4) Secondary sites are Weston Ski Track (Weston, MA) and Grafton Ponds (Grafton, VT) since they both have the capacity to provide a man-made loop in the event of no natural snow.



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Criteria:

- 5) The primary date (i.e. Tuesday before the week of school vacation or back-up days Wednesday or Thursday) will be utilized when conditions allow for a competitive race course at one of the primary sites noted in the Primary Race Date Evaluation section above.

4. **SCORING AND TEAM CHAMPIONSHIP:**

- a. Order of finish will determine points, low score will determine the team championship.
- b. The four fastest girls' and four fastest boys' will constitute the team score for their respective teams.
- c. Four girls' and four boys' must leave the starting gate and finish to qualify for the team championship and for any official team position.
- d. Ties in team scoring shall be resolved by comparing the fifth-place finishers from the tying teams. The team with the best fifth-place finisher shall prevail. If one team does not have a fifth-place finisher, the team with the fifth-place finisher shall prevail. If still tied, the process will continue with the 6th, 7th, and 8th place skiers if needed.

5. **RACE RULES:**

- a. USSA/MIAA - Coaches should inform their racers of these rules.
- b. Bibs must be visible at all times.
- c. Participants must possess a valid ticket from the Ski area and abide by all rules and regulations as posted by the Ski area in order to compete.
- d. Non-participants who ski must pay their own daily fee.
- e. In accordance with the Tournament site rules, this is a non-fluoro event.
- f. Race skis that had previously been waxed with fluorinated waxes (LF, HF or pure fluoro), must be thoroughly cleaned with a fluoro solvent and neutralized with a minimum of two non-fluoro glide applications immediately prior to the State Championship competition.

6. **AWARDS:**

- a. A trophy as well as medals for each participant will be awarded to the champion & finalist in each race.
- b. Individuals medals will be awarded to the first ten (10) finishers in both boys' and girls' freestyle race.
- c. MIAA Sportsmanship awards may be presented.

7. **SCHOOL REPRESENTATIVE:** The coach of record must check in the team and must remain at the championship site at all times or skier(s) will not be allowed to compete. Last minute coaching changes must be a member of school personnel and verified in writing by the principal before the skier(s) are allowed to compete.

8. **Medical Coverage** – A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available on site.