



2022-2023
Gymnastics
Information

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2022-2023 Gymnastics Tournament Format

BOYS GYMNASTICS STATE CHAMPIONSHIP INFORMATION

Burlington High School

February 3, 2023

1. **Qualifying Information**
 - a. **Team Championship** - The team championship meet will involve up to the top eight teams with the highest dual meet average. Only MIAA registered boys' teams will be eligible to compete for the team championship. Championship trophies will be awarded to highest scoring team and the runner-up.
 - b. **Individual Championship/ Open Invitational** – The boys' individual championship meet will be an open invitational meet. All boys who are competing on MIAA member teams may participate. Medals will be awarded to top 6 individuals plus ties in each event.
2. **Boys Entry Information**
 - a. Entries should be emailed to the Boys' Tournament Director with gymnasts in the listed events according to ability with best gymnast last. The entered gymnasts must meet all MIAA eligibility requirements.
 - b. Each team may enter up to six gymnasts in each event.
 - c. No more than three gymnasts per team may compete for the All-Around competition. In order to be considered for the all-around championship, a gymnast must compete in all six events.
 - d. No competitor or team will be allowed to compete without wearing the team uniform that has the school's name and/or insignia and/or colors.
3. **Medical Coverage** – A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available at the State Meet.

GIRLS GYMNASTICS SECTIONAL CHAMPIONSHIP INFORMATION

Algonquin Regional High School

Saturday, February 25th, 2023

North – 9am; South 2pm

1. **Qualifying Information**
 - a. The Sectional team meets will include **twelve (12) teams**. Teams will be seeded on the basis of the average of their top four (4) scores throughout the year. Please note the following when submitting scores:
 - Dual meet scores may be submitted and counted once.
 - Tri-meet scores may be submitted and counted once.
 - League championship meet scores may be submitted and counted once.
 - League championship meet scores may only be submitted if a traditional "team score" was received (i.e. No more than two all-around competitors are allowed. All other gymnasts may enter no more than three events).
 - Individual scores may not be added to calculate a "team score" for league championship meets that do not provide a traditional "team score" as mentioned above.
 - Scores that were earned on one specific date against multiple opponents may not be submitted multiple times.
 - b. League champions / runners-up **will not** automatically qualify for the tournament.
 - c. Qualifying information and roster must be submitted to the Girls' Tournament Director by February 16, 2023 at 12:00 PM or sooner.
 - d. A seeding meeting with the MIAA Liaison, Tournament Director and league representatives will take place on February 16, 2023 at 1:00 PM at the MIAA Office. Following the meeting, the 12 qualifying teams from the North Section and 12 qualifying teams from the South Section will be posted on the MIAA website. Phone calls will not be made.
 - e. No competitor or team will be allowed to compete without wearing the team uniform that has the school's name



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and/or insignia and/or colors.

2. Warm Up

Each team will be allotted a 10 minute warm up for each event. In addition, each team will be allowed a 90 second touch warm up prior to each competitive event. *(When meets are conducted in a capital cup format, the allotted warm up time will not be 10 minutes.)*

3. Sectional Team Meet

- a. Entered gymnasts must meet all MIAA eligibility requirements.
- b. Each team may enter six gymnasts in each event, not more than two of whom may be all-around performers.
- c. A team may compete 0, 1, or 2 all-arounds which must be designated on the entry form, as per the MIAA Handbook.

4. State Team Meet Qualifiers

- a. At the sectional tournament, the top four (4) teams from the North Sectional and South Sectional will advance to the state tournament.
- b. The state meet will be hosted on Saturday March 4th, 2023 at Algonquin Regional High School. All teams must check in by 1pm.

4. Medical Coverage

A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available at the Sectional Meets and the State Meet.