



*Special
Olympics*
Massachusetts



Unified
Champion
Schools

2023

Unified Track & Field

Information

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2023 Unified Track & Field Information

Schedule and Season Commitment

- March 20:** Practices Begin
- April 7:** Intent to Enter Postseason and Final Roster Number Deadline
Schools must submit this information to MIAA/Special Olympics MA by this date
- May 4:** Sectional Meet Entries Deadline
Schools must submit meet entries via Direct Athletics by 11:59pm. Entries will be posted on Direct Athletics
- May 5:** Team Sportsmanship Award Nomination Deadline
Click here for the nomination form
- May 8-17:** Sectional Meets*
Sites TBD
Estimated start time 1:00pm
- May 18:** Notification of Advancement to State Meet
Advancement results from Sectional Meets will be posted on the MIAA website
- May 24:** State Championship Meet*
Site TBD
Estimated start time 10:00am

**Decisions regarding meet postponements will be made by the MIAA staff, Special Olympics Massachusetts staff and Site Managers.*

General Information

1. Rules:

MIAA and Special Olympics Massachusetts rules will be followed.

2. Divisions:

- A. Team divisions and sections will be developed based upon the number of competition slots available for each team. The competition slots are determined based upon roster sizes (partners and athletes) that must be reported to MIAA and Special Olympics MA by April 7 (see page 4). Divisions 1 and 2 will be divided as evenly as possible after the competition slot data is finalized.
- B. Team scores will be calculated for both Division 1 and Division 2 at the Sectional Meets and State Championship Meets.

3. Qualifying Standards:

- A. At the Sectional Meets the student-athletes will be placed into pre-defined tiers within each event based on submitted performances to Direct Athletics.
- B. For the State Championship Meet student-athletes will qualify based on performances from the Sectional Meets.

4. Exhibition Competition

Exhibition races will be conducted for students that utilize wheelchairs or assistive devices that are not self-propelled.

5. Medical Coverage:

A licensed athletic trainer will be available at all MIAA/Special Olympics Massachusetts meets.



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6. Responsibility of Participating Schools:

All schools are responsible before, during and after a meet for the proper conduct of their coaches, student-athletes and spectators.

7. Team Sportsmanship Award:

Nominations for the MIAA/Special Olympics Massachusetts Unified Track and Field Team Sportsmanship Award are due by **May 5, 2023**.

8. Contact Information:

MIAA Staff
Peter Smith
psmith@miaa.net
508-541-9834

Special Olympics Massachusetts Staff
Kathy Lutz
kathy.lutz@specialolympicsma.org
508-485-0986

9. Jury of Appeals:

Will be composed of the referee, three officials and two coaches.

10. Free Admission:

Admission will be free for spectators at all meets.

11. Media:

It is anticipated that newspaper and television reporters will be present to interview coaches and student-athletes. A media area will be setup.

12. Awards Ceremonies:

At both the Sectional Meets and the State Championship Meet:

- A. The individual events awards ceremonies will take place at the conclusion of each event.
- B. The team awards ceremonies will take place at the conclusion of the meet.



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Sectional Championship Meet Information

Date	Section	Location	Timeframe
Monday, May 8	_____ Meet	_____ HS	_____ arrival, _____ Opening Ceremony
Tuesday, May 9	_____ Meet	_____ HS	_____ arrival, _____ Opening Ceremony
Wednesday, May 10	_____ Meet	_____ HS	_____ arrival, _____ Opening Ceremony
Thursday, May 11	_____ Meet	_____ HS	_____ arrival, _____ Opening Ceremony
Monday, May 15	_____ Meet	_____ HS	_____ arrival, _____ Opening Ceremony
Tuesday, May 16	_____ Meet	_____ HS	_____ arrival, _____ Opening Ceremony
Wednesday, May 17	_____ Meet	_____ HS	_____ arrival, _____ Opening Ceremony

A. Entry Information

1. Meet entries are due via Direct Athletics on **Thursday, May 4** by 11:59pm.
2. Changes will not be permitted after the entry deadline – scratches only.
3. The defined tiers within each event are listed on Page 6 and submitted performances will be placed accordingly.
4. Entries will be posted on Direct Athletics.

5. Individual Entry Limitations

Participants may be entered in a maximum of 1 field event, 1 running event, and 1 relay event. Please see #6 and #7 below for additional details regarding the differences between *Athlete* and *Partner* entry limitations.

6. Athlete Entries

All Athletes may be entered in 1 field event, 1 running event, and 1 relay event.

7. Partner Entries

If a team roster includes more partners than athletes, the number of competition slots for *Partner* entries will be based upon the number of *Athletes* competing on a team multiplied by three (not to exceed a maximum of 1 field event, 1 running event and 1 relay event per *Partner*). Please see the chart below for additional guidance regarding *Partner* entries.

Number of Athletes on Team	Maximum Competition Slots for Athletes	Maximum Competition Slots for Partners	Partner Participation Slots
1	2	2	1 Field, 1 Track
2	4	6	3 Field, 3 Track
3	6	9	5 Field, 4 Track (vice versa)
4	8	12	6 Field, 6 Track
5	10	15	8 Field, 7 Track (vice versa)
6	12	18	9 Field, 9 Track
7	14	21	11 Field, 10 Track (vice versa)
8	16	24	12 Field, 12 Track
9	18	27	14 Field, 13 Track (vice versa)
10	20	30	15 Field, 15 Track
11	22	33	17 Field, 16 Track (vice versa)



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12	24	36	18 Field, 18 Track
13	26	39	20 Field, 19 Track (vice versa)
14	28	42	21 Field, 21 Track
15	30	45	23 Field, 22 Track (vice versa)
16	32	48	24 Field, 24 Track
17	34	51	26 Field, 25 Track (vice versa)
18	36	54	27 Field, 27 Track
19	38	57	29 Field, 28 Track (vice versa)
20	40	60	30 Field, 30 Track
21	42	63	32 Field, 31 Track (vice versa)
22	44	66	33 Field, 33 Track
23	46	69	35 Field, 34 Track (vice versa)
24	48	72	36 Field, 36 Track
25	50	75	38 Field, 37 Track (vice versa)

8. Relay Entries:

All schools may enter **one** 4 x 100 Meter Relay Team and **one** 4 x 400 Meter Relay Team. Relay teams must be comprised of two athletes and two partners.

B. Events

The order of competition will be determined by division. Division 1 schools will begin with the Field Events and Division 2 schools will begin with the Running Events.

Field Events: Long Jump, Shot Put, and Javelin

Running Events: 800 Meter, 400 Meter, 100 Meter

Relay Events: 4 x 100 Meter Relay, 4 x 400 Meter Relay

C. Individual and Team Awards

1. The top six places in **each tier within each event** in Division 1 and Division 2 will score. Points will be 10-8-6-4-2-1
2. Award ceremonies will take place after the completion of each flight (field events) or heat (running events) throughout the entire meet. Ribbons will be awarded for up to 6 places for each flight or heat.
3. Medals will be awarded to the Champion and Finalist teams in Division 1 and Division 2.



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State Championship Meet Information

Wednesday, May 24
Natick High School
10:00am Arrival

A. State Championship Meet Advancement

1. **Running Events:** A total of 12 students within each tier of each running event will advance to the State Meet.
2. **Field Events:** A total of 8 students within each tier of each field event will advance to the State Meet.
3. The champions of each tier at the Sectional Meets automatically advance to the State Meet. If the tier champion's performance exceeds the tier range from the Sectional Meet, that student will be placed in the corresponding tier of their performance for the State Meet.
4. After sectional champions are placed in the State Meet, the remaining spaces within each tier of each event will be filled by the next fastest/farthest performances from the results of all Sectional Meets combined.
5. If a student performs better than the performance range of their entered tier during the Sectional Meet, that student will be pushed to the higher tier to determine qualification for the State Championship Meet. ***Please note—a student who wins their event tier at the Sectional Meet, is not guaranteed to advance to the State Championship Meet.***
 - A student's Sectional performance may bump that student into a higher performing tier for the State meet (example: from Tier 3 to Tier 4)
 - A student's Sectional performance will not bump the student into a lower performing tier for the State Meet. (example: if entered in Tier 6 for the Sectional meet – cannot move down to Tier 5 for the State Meet. The student will remain in Tier 6).
- ~~6. An equal number of competitors from each Sectional Meet will advance to the State Championship Meet.~~
7. Division 1 and Division 2 will compete separately.
~~*The results of the West and North Meets will be combined to determine advancement to the State Championship Meet.~~
8. The heats and flights for the State Championship Meet will be posted on Direct Athletics and the MIAA websites by **Friday, May 19.**
9. All schools may enter **one** 4 x 100 Meter Relay Team and **one** 4 x 400 Meter Relay Team.
Relay teams must be comprised of two athletes and two partners.

B. Order of Events (Times are Estimated)

- 10:00am** Division 1 Field Events: Long Jump, Shot Put, Javelin Throw
 Division 2 Running Events: 800 M, 400 M, 100 M, 4 x 100 Relay, 4 x 400 Relay
- 11:30am** Division 2 Field Events: Long Jump, Shot Put, Javelin Throw



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Division 1 Running Events: 800 M, 400 M, 100 M, 4 x 100 Relay, 4 x 400 Relay

C. Individual and Team Awards

1. The top six places in **each tier within each event** in Division 1 and Division 2 will score. Points will be 10-8-6-4-2-1
2. Award ceremonies will take place after the completion of each tier of each event.
3. Trophies and medals will be awarded to the Champion and Finalist teams in Division 1 and 2.

Event Tiers for Sectional and State Championship Meets

Shot Put Tier 1	Under 9'
Shot Put Tier 2	9' – Under 13'
Shot Put Tier 3	13' – Under 16'6"
Shot Put Tier 4	16'6" – Under 20'
Shot Put Tier 5	20' – Under 26'
Shot Put Tier 6	26' – Under 32'6"
Shot Put Tier 7	32'6" – Under 38"
Shot Put Tier 8	38' and over

Long Jump Tier 1	Under 2'
Long Jump Tier 2	2' – Under 3'6"
Long Jump Tier 3	3'6" – Under 5'
Long Jump Tier 4	5' – Under 6'6"
Long Jump Tier 5	6'6" – Under 8'6"
Long Jump Tier 6	8'6" – Under 10'6"
Long Jump Tier 7	10'6" – Under 13'
Long Jump Tier 8	13' and over

Javelin Throw Tier 1	Under 13'
Javelin Throw Tier 2	13' – Under 18'
Javelin Throw Tier 3	18' – Under 23'
Javelin Throw Tier 4	23' – Under 30'
Javelin Throw Tier 5	30' – Under 40'
Javelin Throw Tier 6	40' – Under 55'
Javelin Throw Tier 7	55' – Under 70'
Javelin Throw Tier 8	70' – and over
Javelin Throw Tier 9	85' and over

100 Meter Dash Tier 1	40.0+
100 Meter Dash Tier 2	32.0 – 39.99
100 Meter Dash Tier 3	27.0 – 31.99
100 Meter Dash Tier 4	23.0 – 26.99
100 Meter Dash Tier 5	20.0 – 22.99
100 Meter Dash Tier 6	18.0 – 19.99
100 Meter Dash Tier 7	16.0 – 17.99
100 Meter Dash Tier 8	14.0 – 15.99
100 Meter Dash Tier 9	Up to 13.99

400 Meter Dash Tier 1	2:00 +
400 Meter Dash Tier 2	1:45 – 1:59.99
400 Meter Dash Tier 3	1:30 – 1:44.99
400 Meter Dash Tier 4	1:20 – 1:29.99



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400 Meter Dash Tier 5	Up to 1:19.99
800 Meter Run Tier 1	3:30 +
800 Meter Run Tier 2	3:00 – 3:29.99
800 Meter Run Tier 3	Up to 2:59.99
4x100 Meter Relay Tier 1	
4x400 Meter Relay Tier 1	



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Team Sections and Divisions

Updated _____

Division 1				
<u>West</u>	<u>Central</u>	<u>North</u>	<u>Metro</u>	<u>South</u>

Division 2				
<u>West</u>	<u>Central</u>	<u>North</u>	<u>Metro</u>	<u>South</u>