



Martha's Vineyard Regional High School Student Receives MIAA Student-Athlete of the Month Award February 2023

Penelope Long – Martha's Vineyard Regional High School
Nominated by Rebecca Claussen, Mentor

Penelope "Nellie" Long is a senior at Martha's Vineyard Regional High School and has participated in three sports (Field Hockey, Lacrosse and Ice Hockey). A captain in both Field Hockey and Lacrosse. Nellie has earned numerous team awards including Team MVP, Defensive MVP, Most Improved Player, and the Resilience Character Award.

During the school day, Nellie is also very active in student activities serving as the Student Body Vice President, Student Council Historian, and a Freshmen Class Representative. Nellie is also a member in many clubs at MVRHS including Interact Club, Protect Your Environment Club, and also writes for the High School View, the student newspaper. Her accolades are numerous as she has received recognition and awards in AP Spanish, AP Chemistry, the Community Award, the Curiosity Character Award, and Excellence in Humanities Award.

Although extremely busy at school, Nellie also finds time to volunteer at the Island Food Pantry, the Clothes to Go Distribution, the Island Clean-up Project that cleans the beaches, and also serves as a volunteer coach for several leagues.

