



Dear Athletic Trainer,

I am contacting you today to invite you to participate in the National High School Sports-Related Injury Surveillance Study, more commonly known as High School RIO. The 2023-24 academic year marks the 19th year of the High School RIO study, which is funded by the National Federation of State High School Associations (NFHS) and is managed by researchers at the Datalys Center for Sports Injury Research and Prevention, a 501c(3) non-profit organization. By participating in this important study, you can help us move toward the goal of reducing the rate and severity of sports-related injuries among high school athletes.

This study uses RIO™ (Reporting Information One), an internet-based surveillance system, to collect data from a national sample of high school athletes to identify rates and patterns of injury as well as risk and protective factors for sports injuries at the high school level. ATs who participate in High School RIO will receive a virtual gift card to thank them for their participation. While the amount of the incentive varies slightly based on the number of sports reported, last year's participants received \$300 each for reporting ten sports. Participating ATs will also receive ten category B CEUs and an individual school report that can be directly compared to the larger High School RIO summary reports.

This year, High School RIO will capture data on 21 sports/activities (boys' football, boys' and girls' soccer, girls' volleyball, boys' and girls' basketball, boys' wrestling, boys' baseball, girls' softball, girls' field hockey, boys' ice hockey, boys' and girls' lacrosse, boys' and girls' swimming and diving, boys' and girls' track and field, boys' and girls' cross country, cheerleading, and marching band). You are not expected to report for all 21 sports/activities. Instead, you will be asked to report for 10 randomly selected sports/activities that are offered at your school and that you provide services for.

If you and your school would like to participate in the 2023-24 National High School Sports-Related Injury Surveillance Study or would like to learn more about this important study, please click on the following link: https://www.surveymonkey.com/r/highschoolrio23_24

Thank you for your time and consideration. We look forward to working with you! Also, please feel free to forward this invitation to any other ATs who work in the high school setting who may also be interested in participating.

Sincerely,

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