

2023-2024 Approved Middle Level Waivers

| District | High School | Middle School(s) | Grade(s) | Sport | Level |
|----------|---|-----------------------------------|----------|-----------------------|---------|
| 1 | Agawam High School (Agawam) | Agawam Junior High School | 7 & 8 | Cross Country - Girls | Varsity |
| 1 | Agawam High School (Agawam) | Agawam Junior High School | 7 & 8 | Swimming - Boys | Varsity |
| 1 | Agawam High School (Agawam) | Agawam Junior High School | 7 & 8 | Swimming - Girls | Varsity |
| 1 | Agawam High School (Agawam) | Agawam Junior High School | 7 & 8 | Tennis - Boys | Varsity |
| 1 | Agawam High School (Agawam) | Agawam Junior High School | 7 & 8 | Softball | JV |
| 1 | Athol High School (Athol) | Athol Royalston Middle School | 7 & 8 | Volleyball - Fall | JV |
| 1 | Athol High School (Athol) | Athol Royalston Middle School | 7 & 8 | Wrestling - Boys | Varsity |
| 1 | Athol High School (Athol) | Athol Royalston Middle School | 7 & 8 | Indoor Track - Boys | Varsity |
| 1 | Athol High School (Athol) | Athol Royalston Middle School | 7 & 8 | Indoor Track - Girls | Varsity |
| 1 | Athol High School (Athol) | Athol Royalston Middle School | 6-8 | Outdoor Track - Boys | Varsity |
| 1 | Athol High School (Athol) | Athol Royalston Middle School | 6-8 | Outdoor Track - Girls | Varsity |
| 1 | Athol High School (Athol) | Athol Royalston Middle School | 6-8 | Volleyball - Spring | JV |
| 1 | Athol High School (Athol) | Athol Royalston Middle School | 7 & 8 | Soccer - Boys | JV |
| 1 | Athol High School (Athol) | Athol Royalston Middle School | 7 & 8 | Soccer - Girls | JV |
| 1 | Athol High School (Athol) | Athol Royalston Middle School | 7 & 8 | Basketball - Girls | JV |
| 1 | Athol High School (Athol) | Athol Royalston Middle School | 7 & 8 | Softball | JV |
| 1 | Belchertown High School (Belchertown) | Jabish Brook Middle School | 8 | Ice Hockey - Boys | Varsity |
| 1 | Chicopee Comprehensive HS (Chicopee) | Bellamy and Dupont Middle Schools | 8 | Lacrosse - Boys | JV |
| 1 | Chicopee Comprehensive HS (Chicopee) | Bellamy and Dupont Middle Schools | 7 & 8 | Gymnastics - Girls | Varsity |
| 1 | Chicopee Comprehensive HS (Chicopee) | Bellamy and Dupont Middle Schools | 7 & 8 | Cross Country - Boys | Varsity |
| 1 | Chicopee Comprehensive HS (Chicopee) | Bellamy and Dupont Middle Schools | 7 & 8 | Cross Country - Girls | Varsity |
| 1 | Chicopee Comprehensive HS (Chicopee) | Bellamy and Dupont Middle Schools | 7 & 8 | Soccer - Girls | JV |
| 1 | Chicopee Comprehensive HS (Chicopee) | Bellamy and Dupont Middle Schools | 7 & 8 | Lacrosse - Girls | JV |
| 1 | Chicopee Comprehensive HS (Chicopee) | Bellamy and Dupont | 7 & 8 | Softball | JV |
| 1 | Chicopee High School (Chicopee) | Dupont and Bellamy Middle Schools | 8 | Ice Hockey - Boys | JV |
| 1 | Chicopee High School (Chicopee) | Dupont and Bellamy Middle Schools | 8 | Baseball | JV |
| 1 | Chicopee High School (Chicopee) | Dupont and Bellamy Middle Schools | 7 & 8 | Cross Country - Boys | Varsity |
| 1 | Chicopee High School (Chicopee) | Dupont and Bellamy Middle Schools | 7 & 8 | Cross Country - Girls | Varsity |
| 1 | Chicopee High School (Chicopee) | Dupont and Bellamy Middle Schools | 7 & 8 | Soccer - Boys | JV |
| 1 | Chicopee High School (Chicopee) | Dupont and Bellamy Middle Schools | 7 & 8 | Soccer - Girls | JV |
| 1 | Chicopee High School (Chicopee) | Dupont and Bellamy Middle Schools | 7 & 8 | Golf - Fall | Varsity |
| 1 | Chicopee High School (Chicopee) | Dupont and Bellamy Middle Schools | 7 & 8 | Wrestling - Boys | Varsity |
| 1 | Chicopee High School (Chicopee) | Dupont and Bellamy Middle Schools | 7 & 8 | Swimming - Boys | Varsity |
| 1 | Chicopee High School (Chicopee) | Dupont and Bellamy Middle Schools | 7 & 8 | Swimming - Girls | Varsity |
| 1 | Chicopee High School (Chicopee) | Dupont and Bellamy Middle Schools | 7 & 8 | Cheer - Winter | Varsity |
| 1 | Chicopee High School (Chicopee) | Dupont and Bellamy | 7 & 8 | Lacrosse - Girls | JV |
| 1 | Chicopee High School (Chicopee) | Dupont and Bellamy Middle Schools | 7 & 8 | Softball | JV |
| 1 | East Longmeadow High School (East Longmeadow) | Birchland Park Middle School | 8 | Ice Hockey - Boys | JV |
| 1 | East Longmeadow High School (East Longmeadow) | Birchland Park Middle School | 8 | Wrestling - Boys | Varsity |
| 1 | East Longmeadow High School (East Longmeadow) | Birchland Park Middle School | 8 | Swimming - Girls | Varsity |
| 1 | East Longmeadow High School (East Longmeadow) | Birchland Park Middle School | 8 | Swimming - Boys | Varsity |
| 1 | East Longmeadow High School (East Longmeadow) | Birchland Park Middle School | 8 | Softball | Varsity |
| 1 | East Longmeadow High School (East Longmeadow) | Birchland Park Middle School | 7 & 8 | Alpine Skiing | Varsity |
| 1 | Easthampton High School (Easthampton) | Mountain View | 7 & 8 | Cheer - Winter | Varsity |
| 1 | Easthampton High School (Easthampton) | Mountain View | 7 & 8 | Cheer - Winter | Varsity |
| 1 | Easthampton High School (Easthampton) | Mountain View | 7 & 8 | Soccer - Girls | JV |
| 1 | Easthampton High School (Easthampton) | Mountain View | 7 & 8 | Soccer - Boys | JV |
| 1 | Easthampton High School (Easthampton) | Mountain View | 7 & 8 | Cross Country - Boys | Varsity |
| 1 | Easthampton High School (Easthampton) | Mountain View | 7 & 8 | Cross Country - Girls | Varsity |
| 1 | Easthampton High School (Easthampton) | Mountain View | 7 & 8 | Golf - Fall | Varsity |
| 1 | Easthampton High School (Easthampton) | Mountain View | 7 & 8 | Swimming - Boys | Varsity |
| 1 | Easthampton High School (Easthampton) | Mountain View | 7 & 8 | Swimming - Girls | Varsity |
| 1 | Easthampton High School (Easthampton) | Mountain View | 7 & 8 | Basketball - Girls | JV |
| 1 | Easthampton High School (Easthampton) | Mountain View | 7 & 8 | Baseball | JV |
| 1 | Easthampton High School (Easthampton) | Mountain View | 7 & 8 | Softball | JV |
| 1 | Easthampton High School (Easthampton) | Mountain View | 7 & 8 | Outdoor Track - Boys | Varsity |
| 1 | Easthampton High School (Easthampton) | Mountain View | 7 & 8 | Outdoor Track - Girls | Varsity |
| 1 | Granby Jr./Sr. High School (Granby) | Granby Jr. Sr. High School | 7 & 8 | Outdoor Track - Boys | Varsity |
| 1 | Greenfield High School (Greenfield) | Greenfield | 7 | Field Hockey - Girls | JV |

| District | High School | Middle School(s) | Grade(s) | Sport | Level |
|----------|---|---|----------|-----------------------|---------|
| 1 | Greenfield High School (Greenfield) | Greenfield | 7 | Soccer - Girls | JV |
| 1 | Greenfield High School (Greenfield) | Greenfield | 7 | Golf - Fall | Varsity |
| 1 | Greenfield High School (Greenfield) | Greenfield Middle | 7 | Basketball - Girls | JV |
| 1 | Greenfield High School (Greenfield) | Greenfield MS | 7 | Indoor Track - Boys | Varsity |
| 1 | Greenfield High School (Greenfield) | Greenfield MS | 7 | Indoor Track - Girls | Varsity |
| 1 | Greenfield High School (Greenfield) | Greenfield MS | 7 | Baseball | JV |
| 1 | Greenfield High School (Greenfield) | Greenfield MS | 7 | Softball | JV |
| 1 | Greenfield High School (Greenfield) | Greenfield MS | 7 | Tennis - Girls | Varsity |
| 1 | Greenfield High School (Greenfield) | Greenfield MS | 7 | Outdoor Track - Boys | Varsity |
| 1 | Greenfield High School (Greenfield) | Greenfield MS | 7 | Outdoor Track - Girls | Varsity |
| 1 | Hampshire Regional Middle/High School (Westhampton) | Hampshire Regional Middle/High School (Westhampton) | 7 & 8 | Swimming - Girls | Varsity |
| 1 | Hoosac Valley Middle/High School (Cheshire) | Hoosac Valley Middle | 7 | Soccer - Girls | JV |
| 1 | Hoosac Valley Middle/High School (Cheshire) | Hoosac Valley | 7 | Soccer - Boys | JV |
| 1 | Hoosac Valley Middle/High School (Cheshire) | Hoosac Valley Middle | 7 | Golf - Fall | Varsity |
| 1 | Hoosac Valley Middle/High School (Cheshire) | Hoosac Valley Middle | 7 | Cross Country - Boys | Varsity |
| 1 | Hoosac Valley Middle/High School (Cheshire) | Hoosac Valley Middle | 7 | Cross Country - Girls | Varsity |
| 1 | Hoosac Valley Middle/High School (Cheshire) | Hoosac Valley Middle School | 7 | Basketball - Boys | JV |
| 1 | Hoosac Valley Middle/High School (Cheshire) | Hoosac Valley Middle School | 7 | Basketball - Girls | JV |
| 1 | Hoosac Valley Middle/High School (Cheshire) | Hoosac Valley Middle School | 7 | Nordic Skiing | Varsity |
| 1 | Hoosac Valley Middle/High School (Cheshire) | Hoosac Valley | 7 | Outdoor Track - Boys | Varsity |
| 1 | Hoosac Valley Middle/High School (Cheshire) | Hoosac Valley | 7 | Outdoor Track - Girls | Varsity |
| 1 | Hoosac Valley Middle/High School (Cheshire) | Hoosac Valley | 7 | Baseball | JV |
| 1 | Hoosac Valley Middle/High School (Cheshire) | Hoosac Valley | 7 | Lacrosse - Boys | JV |
| 1 | Hoosac Valley Middle/High School (Cheshire) | Hoosac Valley | 7 | Lacrosse - Girls | JV |
| 1 | Hoosac Valley Middle/High School (Cheshire) | Hoosac Valley | 7 | Softball | JV |
| 1 | Longmeadow High School (Longmeadow) | Williams | 8 | Wrestling - Boys | Varsity |
| 1 | Longmeadow High School (Longmeadow) | Glenbrook & Williams | 8 | Lacrosse - Girls | JV |
| 1 | Ludlow High School (Ludlow) | Paul R Baird Middle School | 8 | Ice Hockey - Boys | JV |
| 1 | Ludlow High School (Ludlow) | Paul R Baird Middle School | 8 | Basketball - Girls | JV |
| 1 | Ludlow High School (Ludlow) | Paul R Baird Middle School | 8 | Baseball | JV |
| 1 | Ludlow High School (Ludlow) | Paul R Baird Middle School | 7 & 8 | Swimming - Boys | Varsity |
| 1 | Ludlow High School (Ludlow) | Paul R Baird Middle School | 7 & 8 | Swimming - Girls | Varsity |
| 1 | Ludlow High School (Ludlow) | Paul R Baird Middle School | 7 & 8 | Wrestling - Boys | Varsity |
| 1 | Ludlow High School (Ludlow) | Baird Middle School | 7 & 8 | Softball | JV |
| 1 | Ludlow High School (Ludlow) | Paul R Baird Middle School | 7 & 8 | Tennis - Boys | Varsity |
| 1 | Minnechaug Reg. High School (Wilbraham) | Wilbraham Middle School | 8 | Cheer - Winter | Varsity |
| 1 | Minnechaug Reg. High School (Wilbraham) | Wilbraham Middle School | 7 & 8 | Gymnastics - Girls | Varsity |
| 1 | Minnechaug Reg. High School (Wilbraham) | Wilbraham Middle School | 7 & 8 | Alpine Skiing | Varsity |
| 1 | Monument Mountain Reg HS (Great Barrington) | WEB Du Bois | 7 & 8 | Cross Country - Boys | Varsity |
| 1 | Monument Mountain Reg HS (Great Barrington) | WEB Du Bois | 7 & 8 | Cross Country - Girls | Varsity |
| 1 | Monument Mountain Reg HS (Great Barrington) | WEB Dubois | 7 & 8 | Tennis - Boys | Varsity |
| 1 | Monument Mountain Reg HS (Great Barrington) | WEB Dubois | 7 & 8 | Tennis - Girls | Varsity |
| 1 | Northampton High School (Northampton) | John F. Kennedy Middle School | 7 & 8 | Field Hockey - Girls | JV |
| 1 | Northampton High School (Northampton) | John F. Kennedy Middle School | 7 & 8 | Swimming - Boys | Varsity |
| 1 | Northampton High School (Northampton) | John F. Kennedy Middle School | 7 & 8 | Wrestling - Boys | Varsity |
| 1 | Northampton High School (Northampton) | JFK Middle School | 7 & 8 | Softball | JV |
| 1 | Northampton High School (Northampton) | JFK Middle School | 7 & 8 | Tennis - Boys | Varsity |
| 1 | Pioneer Valley Chinese Immersion Char (Hadley) | Pioneer Valley Chinese Immersion Charter School | 7 & 8 | Ice Hockey - Boys | JV |
| 1 | Pittsfield High School (Pittsfield) | Herberg & Reid Middle School | 8 | Tennis - Boys | Varsity |
| 1 | Pittsfield High School (Pittsfield) | Reid & Herberg Middle School | 8 | Tennis - Girls | Varsity |
| 1 | Pittsfield High School (Pittsfield) | Reid & Herberg Middle School | 8 | Lacrosse - Girls | Varsity |
| 1 | Pittsfield High School (Pittsfield) | Reid & Herberg Middle School | 8 | Lacrosse - Boys | Varsity |
| 1 | South Hadley High School (South Hadley) | Michael E Smith | 8 | Ice Hockey - Boys | JV |
| 1 | South Hadley High School (South Hadley) | Michael E Smith | 8 | Wrestling - Boys | Varsity |
| 1 | South Hadley High School (South Hadley) | Michael E Smith | 8 | Basketball - Girls | JV |
| 1 | South Hadley High School (South Hadley) | Michael E Smith | 7 & 8 | Field Hockey - Girls | JV |
| 1 | South Hadley High School (South Hadley) | Michael E Smith | 7 & 8 | Cross Country - Boys | Varsity |
| 1 | South Hadley High School (South Hadley) | Michael E Smith | 7 & 8 | Cross Country - Girls | Varsity |
| 1 | South Hadley High School (South Hadley) | Michael E Smith | 7 & 8 | Cheer - Winter | Varsity |
| 1 | South Hadley High School (South Hadley) | Michael E Smith | 7 & 8 | Outdoor Track - Boys | Varsity |
| 1 | South Hadley High School (South Hadley) | Michael E Smith | 7 & 8 | Outdoor Track - Girls | Varsity |

| District | High School | Middle School(s) | Grade(s) | Sport | Level |
|----------|--|------------------------------------|----------|-----------------------|----------|
| 1 | South Hadley High School (South Hadley) | Michael E Smith | 7 & 8 | Softball | JV |
| 1 | Springfield Central High School (Springfield) | STEM | 7 & 8 | Swimming - Boys | Varsity |
| 1 | Veritas Preparatory Charter School (Springfield) | Veritas Preparatory Charter School | 7 & 8 | Basketball - Boys | JV |
| 1 | Veritas Preparatory Charter School (Springfield) | Veritas Preparatory Charter School | 7 & 8 | Volleyball - Spring | Varsity |
| 1 | Wahconah Regional High School (Dalton) | Nessacus Regional Middle School | 8 | Soccer - Girls | JV |
| 1 | Wahconah Regional High School (Dalton) | Nessacus Regional Middle School | 8 | Lacrosse - Boys | JV |
| 1 | Wahconah Regional High School (Dalton) | Nessacus Regional Middle School | 7 & 8 | Soccer - Boys | JV |
| 1 | Wahconah Regional High School (Dalton) | Nessacus Regional Middle School | 7 & 8 | Cross Country - Boys | JV |
| 1 | Wahconah Regional High School (Dalton) | Nessacus | 7 & 8 | Cross Country - Girls | Varsity |
| 1 | Wahconah Regional High School (Dalton) | Nessacus Regional High School | 7 & 8 | Golf - Fall | JV |
| 1 | Wahconah Regional High School (Dalton) | Nessacus Regional Middle School | 7 & 8 | Nordic Skiing | JV |
| 1 | Wahconah Regional High School (Dalton) | Nessacus Regional Middle School | 7 & 8 | Swimming - Boys | Varsity |
| 1 | Wahconah Regional High School (Dalton) | Nessacus Regional Middle School | 7 & 8 | Swimming - Girls | Varsity |
| 1 | Wahconah Regional High School (Dalton) | Nessacus Regional Middle School | 7 & 8 | Alpine Skiing | Varsity |
| 1 | Wahconah Regional High School (Dalton) | Nessacus Regional Middle School | 7 & 8 | Lacrosse - Girls | Varsity |
| 1 | West Springfield High School (West Springfield) | West Springfield Middle School | 8 | Lacrosse - Girls | JV |
| 1 | West Springfield High School (West Springfield) | West Springfield MS | 7 & 8 | Field Hockey - Girls | JV |
| 1 | West Springfield High School (West Springfield) | West Springfield Middle School | 7 & 8 | Swimming - Boys | Varsity |
| 1 | West Springfield High School (West Springfield) | West Springfield Middle School | 7 & 8 | Swimming - Girls | Varsity |
| 1 | West Springfield High School (West Springfield) | West Springfield Middle School | 7 & 8 | Tennis - Boys | Varsity |
| 1 | West Springfield High School (West Springfield) | West Springfield Middle School | 7 & 8 | Softball | JV |
| 2 | Auburn High School (Auburn) | Auburn Middle School | 8 | Soccer - Boys | JV |
| 2 | Auburn High School (Auburn) | Auburn Middle School | 8 | Ice Hockey - Girls | JV |
| 2 | Bartlett High School (Webster) | Webster Middle School | 8 | Baseball | Varsity |
| 2 | Bartlett High School (Webster) | Webster Middle School | 8 | Softball | Varsity |
| 2 | Bartlett High School (Webster) | webster middle school | 7 & 8 | Soccer - Boys | Varsity |
| 2 | Bartlett High School (Webster) | webster middle school | 7 & 8 | Soccer - Girls | Varsity |
| 2 | Bartlett High School (Webster) | webster middle school | 7 & 8 | Golf - Fall | Varsity |
| 2 | Bartlett High School (Webster) | webster middle school | 7 & 8 | Volleyball - Fall | JV |
| 2 | Bartlett High School (Webster) | Webster Middle School | 7 & 8 | Tennis - Girls | Varsity |
| 2 | Bartlett High School (Webster) | Webster Middle School | 7 & 8 | Tennis - Boys | Varsity |
| 2 | Blackstone-Millville Reg HS (Blackstone) | Hartnett Middle School | 8 | Soccer - Girls | Varsity |
| 2 | Blackstone-Millville Reg HS (Blackstone) | Hartnett Middle School | 7 & 8 | Cheer - Winter | Varsity |
| 2 | Blackstone-Millville Reg HS (Blackstone) | Hartnett Middle School | 7 & 8 | Indoor Track - Boys | Varsity |
| 2 | Blackstone-Millville Reg HS (Blackstone) | Hartnett Middle School | 7 & 8 | Indoor Track - Girls | Varsity |
| 2 | Blackstone-Millville Reg HS (Blackstone) | Hartnett Middle School | 7 & 8 | Field Hockey - Girls | Varsity |
| 2 | Blackstone-Millville Reg HS (Blackstone) | Hartnett Middle School | 7 & 8 | Volleyball - Fall | JV |
| 2 | Blackstone-Millville Reg HS (Blackstone) | Hartnett Middle School | 7 & 8 | Basketball - Girls | Varsity |
| 2 | Blackstone-Millville Reg HS (Blackstone) | Hartnett Middle School | 7 & 8 | Basketball - Boys | JV |
| 2 | Blackstone-Millville Reg HS (Blackstone) | Hartnett Middle School | 7 & 8 | Baseball | Varsity |
| 2 | Blackstone-Millville Reg HS (Blackstone) | Hartnett Middle School | 7 & 8 | Softball | Varsity |
| 2 | Blackstone-Millville Reg HS (Blackstone) | Hartnett Middle School | 7 & 8 | Tennis - Girls | Varsity |
| 2 | Blackstone-Millville Reg HS (Blackstone) | Hartnett Middle School | 7 & 8 | Outdoor Track - Girls | Varsity |
| 2 | Blackstone-Millville Reg HS (Blackstone) | Hartnett Middle School | 7 & 8 | Outdoor Track - Boys | Varsity |
| 2 | Burncoat High School (Worcester) | Burncoat Middle School | 8 | Cross Country - Boys | Varsity |
| 2 | Burncoat High School (Worcester) | Burncoat Middle School | 8 | Cross Country - Girls | Varsity |
| 2 | Burncoat High School (Worcester) | Burncoat Middle School | 8 | Field Hockey - Girls | Varsity |
| 2 | Burncoat High School (Worcester) | Burncoat Middle School | 8 | Golf - Fall | Varsity |
| 2 | Burncoat High School (Worcester) | Burncoat Middle School | 8 | Volleyball - Fall | Varsity |
| 2 | Burncoat High School (Worcester) | Burncoat Middle School | 8 | Football | Varsity |
| 2 | Burncoat High School (Worcester) | Burncoat Middle School | 8 | Soccer - Boys | Varsity |
| 2 | Burncoat High School (Worcester) | Burncoat Middle School | 8 | Soccer - Girls | Varsity |
| 2 | Burncoat High School (Worcester) | Burncoat Middle School | 8 | Basketball - Boys | Freshman |
| 2 | Burncoat High School (Worcester) | Burncoat Middle School | 8 | Basketball - Girls | Freshman |
| 2 | Burncoat High School (Worcester) | Burncoat Middle School | 8 | Baseball | JV |
| 2 | Burncoat High School (Worcester) | Burncoat Middle School | 8 | Softball | JV |
| 2 | Burncoat High School (Worcester) | Burncoat Middle School | 8 | Tennis - Boys | JV |
| 2 | Burncoat High School (Worcester) | Burncoat Middle School | 8 | Tennis - Girls | JV |
| 2 | Burncoat High School (Worcester) | Burncoat Middle School | 8 | Volleyball - Spring | JV |
| 2 | David Prouty High School (Spencer) | Knox Trail | 8 | Cross Country - Boys | Varsity |
| 2 | David Prouty High School (Spencer) | Knox Trail | 8 | Cross Country - Girls | Varsity |

| District | High School | Middle School(s) | Grade(s) | Sport | Level |
|----------|--|------------------------------|----------|-----------------------|----------|
| 2 | David Prouty High School (Spencer) | Knox Trail Middle | 8 | Basketball - Boys | JV |
| 2 | David Prouty High School (Spencer) | Knox Trail Middle | 8 | Basketball - Girls | Varsity |
| 2 | David Prouty High School (Spencer) | Knox Trail | 8 | Baseball | JV |
| 2 | David Prouty High School (Spencer) | Knox Trail | 8 | Softball | JV |
| 2 | David Prouty High School (Spencer) | Knox Trail | 7 & 8 | Golf - Fall | Varsity |
| 2 | David Prouty High School (Spencer) | Knox Trail | 7 & 8 | Soccer - Boys | Varsity |
| 2 | David Prouty High School (Spencer) | Knox Trail | 7 & 8 | Soccer - Girls | Varsity |
| 2 | David Prouty High School (Spencer) | Knox Trail Middle | 7 & 8 | Indoor Track - Boys | Varsity |
| 2 | David Prouty High School (Spencer) | Knox Trail Middle | 7 & 8 | Indoor Track - Girls | Varsity |
| 2 | David Prouty High School (Spencer) | Knox Trail Middle School | 7 & 8 | Cheer - Winter | Varsity |
| 2 | David Prouty High School (Spencer) | Knox Trail | 7 & 8 | Outdoor Track - Boys | Varsity |
| 2 | David Prouty High School (Spencer) | Knox Trail | 7 & 8 | Outdoor Track - Girls | Varsity |
| 2 | David Prouty High School (Spencer) | Knox Trail | 7 & 8 | Tennis - Boys | Varsity |
| 2 | David Prouty High School (Spencer) | Knox Trail | 7 & 8 | Tennis - Girls | Varsity |
| 2 | Doherty Memorial High School (Worcester) | Forest Grove Middle School | 8 | Cross Country - Boys | Varsity |
| 2 | Doherty Memorial High School (Worcester) | Forest Grove Middle School | 8 | Cross Country - Girls | Varsity |
| 2 | Doherty Memorial High School (Worcester) | Forest Grove Middle School | 8 | Field Hockey - Girls | Varsity |
| 2 | Doherty Memorial High School (Worcester) | Forest Grove | 8 | Soccer - Boys | Varsity |
| 2 | Doherty Memorial High School (Worcester) | Forest Grove Middle School | 8 | Soccer - Girls | Varsity |
| 2 | Doherty Memorial High School (Worcester) | Forest Grove Middle School | 8 | Volleyball - Fall | Varsity |
| 2 | Doherty Memorial High School (Worcester) | Forest Grove Middle School | 8 | Basketball - Girls | Freshman |
| 2 | Doherty Memorial High School (Worcester) | Forest Grove Middle School | 8 | Baseball | JV |
| 2 | Doherty Memorial High School (Worcester) | Forest Grove Middle School | 8 | Softball | JV |
| 2 | Doherty Memorial High School (Worcester) | Forest Grove Middle School | 8 | Tennis - Boys | JV |
| 2 | Doherty Memorial High School (Worcester) | Forest Grove Middle School | 8 | Tennis - Girls | JV |
| 2 | Doherty Memorial High School (Worcester) | Forest Grove Middle School | 8 | Volleyball - Spring | JV |
| 2 | Douglas High School (Douglas) | Douglas Middle School | 8 | Basketball - Boys | JV |
| 2 | Douglas High School (Douglas) | Douglas Middle School | 8 | Outdoor Track - Girls | Varsity |
| 2 | Douglas High School (Douglas) | Douglas Middle School | 7 & 8 | Golf - Fall | Varsity |
| 2 | Douglas High School (Douglas) | Douglas Middle School | 6-8 | Softball | Varsity |
| 2 | Douglas High School (Douglas) | Douglas Middle School | 7 & 8 | Soccer - Girls | JV |
| 2 | Douglas High School (Douglas) | Douglas Middle School | 7 & 8 | Soccer - Boys | JV |
| 2 | Douglas High School (Douglas) | Douglas Middle School | 7 & 8 | Volleyball - Fall | JV |
| 2 | Douglas High School (Douglas) | Douglas Middle School | 7 & 8 | Indoor Track - Boys | Varsity |
| 2 | Douglas High School (Douglas) | Douglas Middle School | 7 & 8 | Basketball - Girls | JV |
| 2 | Douglas High School (Douglas) | Douglas Middle School | 7 & 8 | Baseball | JV |
| 2 | Grafton High School (Grafton) | Grafton Middle School | 8 | Ice Hockey - Boys | JV |
| 2 | Grafton High School (Grafton) | Grafton Middle School | 7 & 8 | Lacrosse - Girls | JV |
| 2 | Leicester High School (Leicester) | Leicester Middle School | 7 & 8 | Cross Country - Boys | Varsity |
| 2 | Leicester High School (Leicester) | Leicester Middle School | 7 & 8 | Cross Country - Girls | Varsity |
| 2 | Leicester High School (Leicester) | Leicester Middle School | 7 & 8 | Golf - Fall | Varsity |
| 2 | Leicester High School (Leicester) | Leicester Middle School | 7 & 8 | Field Hockey - Girls | JV |
| 2 | Nipmuc Regional High School (Upton) | Miscoe Hill Middle School | 8 | Field Hockey - Girls | JV |
| 2 | Nipmuc Regional High School (Upton) | Miscoe Hill | 8 | Soccer - Girls | JV |
| 2 | Nipmuc Regional High School (Upton) | Miscoe Hill Middle School | 8 | Basketball - Girls | JV |
| 2 | Nipmuc Regional High School (Upton) | Miscoe Hill MS | 8 | Ice Hockey - Girls | Varsity |
| 2 | Nipmuc Regional High School (Upton) | Miscoe Hill | 7 & 8 | Alpine Skiing | Varsity |
| 2 | North High School (Worcester) | Worcester East Middle School | 8 | Football | Varsity |
| 2 | North High School (Worcester) | Worcester East Middle School | 8 | Volleyball - Fall | Varsity |
| 2 | North High School (Worcester) | Worcester East Middle School | 8 | Basketball - Girls | Freshman |
| 2 | North High School (Worcester) | Worcester East Middle School | 8 | Baseball | JV |
| 2 | North High School (Worcester) | Worcester East Middle School | 8 | Softball | JV |
| 2 | North High School (Worcester) | Worcester East Middle School | 8 | Volleyball - Spring | JV |
| 2 | Northbridge High School (Whitinsville) | Northbridge Middle School | 8 | Cross Country - Girls | Varsity |
| 2 | Northbridge High School (Whitinsville) | Northbridge Middle School | 8 | Cross Country - Boys | Varsity |
| 2 | Northbridge High School (Whitinsville) | Northbridge Middle School | 8 | Ice Hockey - Boys | Varsity |
| 2 | Northbridge High School (Whitinsville) | Northbridge middle school | 8 | Basketball - Boys | JV |
| 2 | Northbridge High School (Whitinsville) | Northbridge middle school | 8 | Basketball - Girls | JV |
| 2 | Northbridge High School (Whitinsville) | Northbridge Middle School | 8 | Cheer - Winter | Varsity |
| 2 | Northbridge High School (Whitinsville) | Northbridge Middle School | 8 | Tennis - Boys | Varsity |
| 2 | Northbridge High School (Whitinsville) | Northbridge Middle School | 8 | Outdoor Track - Girls | Varsity |

| District | High School | Middle School(s) | Grade(s) | Sport | Level |
|----------|--|---|----------|-----------------------|---------|
| 2 | Northbridge High School (Whitinsville) | Northbridge Middle School | 8 | Outdoor Track - Boys | Varsity |
| 2 | Northbridge High School (Whitinsville) | Northbridge Middle School | 8 | Outdoor Track - Boys | Varsity |
| 2 | Northbridge High School (Whitinsville) | Northbridge Middle School | 8 | Baseball | JV |
| 2 | Northbridge High School (Whitinsville) | Northbridge Middle School | 8 | Lacrosse - Girls | JV |
| 2 | Northbridge High School (Whitinsville) | Northbridge middle school | 8 | Lacrosse - Girls | JV |
| 2 | Northbridge High School (Whitinsville) | Northbridge middle school | 7 & 8 | Indoor Track - Girls | Varsity |
| 2 | Northbridge High School (Whitinsville) | Northbridge middle school | 7 & 8 | Indoor Track - Boys | Varsity |
| 2 | Northbridge High School (Whitinsville) | Northbridge middle school | 7 & 8 | Indoor Track - Boys | Varsity |
| 2 | Oxford High School (Oxford) | Oxford Middle School | 8 | Football | JV |
| 2 | Oxford High School (Oxford) | Oxford Middle School | 8 | Volleyball - Fall | JV |
| 2 | Oxford High School (Oxford) | Oxford Middle School | 8 | Cross Country - Boys | Varsity |
| 2 | Oxford High School (Oxford) | Oxford Middle School | 8 | Cross Country - Girls | Varsity |
| 2 | Oxford High School (Oxford) | Oxford Middle School | 8 | Indoor Track - Boys | Varsity |
| 2 | Oxford High School (Oxford) | Oxford Middle School | 8 | Indoor Track - Girls | Varsity |
| 2 | Oxford High School (Oxford) | Oxford Middle School | 8 | Baseball | JV |
| 2 | Oxford High School (Oxford) | Oxford Middle School | 8 | Outdoor Track - Boys | Varsity |
| 2 | Oxford High School (Oxford) | Oxford Middle School | 8 | Outdoor Track - Girls | Varsity |
| 2 | Oxford High School (Oxford) | Oxford Middle School | 7 & 8 | Field Hockey - Girls | Varsity |
| 2 | Oxford High School (Oxford) | Oxford Middle School | 7 & 8 | Golf - Fall | Varsity |
| 2 | Oxford High School (Oxford) | Oxford High School | 7 & 8 | Tennis - Boys | Varsity |
| 2 | Oxford High School (Oxford) | Oxford Middle School | 7 & 8 | Tennis - Girls | Varsity |
| 2 | Oxford High School (Oxford) | Oxford Middle School | 7 & 8 | Softball | JV |
| 2 | South High Community School (Worcester) | Sullivan Middle School | 8 | Cross Country - Boys | Varsity |
| 2 | South High Community School (Worcester) | Sullivan Middle School | 8 | Cross Country - Girls | Varsity |
| 2 | South High Community School (Worcester) | Sullivan Middle School | 8 | Soccer - Boys | Varsity |
| 2 | South High Community School (Worcester) | Sullivan Middle School | 8 | Soccer - Girls | Varsity |
| 2 | South High Community School (Worcester) | Sullivan Middle School | 8 | Volleyball - Fall | Varsity |
| 2 | South High Community School (Worcester) | Sullivan Middle School | 8 | Field Hockey - Girls | Varsity |
| 2 | South High Community School (Worcester) | Sullivan Middle School | 8 | Tennis - Boys | JV |
| 2 | South High Community School (Worcester) | Sullivan Middle School | 8 | Tennis - Girls | JV |
| 2 | South High Community School (Worcester) | Sullivan Middle School | 8 | Volleyball - Spring | JV |
| 2 | South High Community School (Worcester) | Sullivan Middle School | 8 | Baseball | JV |
| 2 | South High Community School (Worcester) | Sullivan Middle School | 8 | Softball | JV |
| 2 | Southbridge High School (Southbridge) | Southbridge Middle School | 7 & 8 | Outdoor Track - Girls | Varsity |
| 2 | Sutton High School (Sutton) | Sutton Middle School | 8 | Golf - Fall | Varsity |
| 2 | Sutton High School (Sutton) | Sutton Middle School | 8 | Soccer - Boys | JV |
| 2 | Sutton High School (Sutton) | Sutton Middle School | 8 | Volleyball - Fall | JV |
| 2 | Sutton High School (Sutton) | Sutton Middle School | 8 | Cheer - Fall | Varsity |
| 2 | Sutton High School (Sutton) | Sutton Memorial Middle School | 8 | Indoor Track - Boys | Varsity |
| 2 | Sutton High School (Sutton) | Sutton Memorial Middle School | 8 | Indoor Track - Girls | Varsity |
| 2 | Sutton High School (Sutton) | Sutton Middle School | 8 | Tennis - Boys | Varsity |
| 2 | Sutton High School (Sutton) | Sutton Middle School | 8 | Baseball | JV |
| 2 | Sutton High School (Sutton) | Sutton Middle School | 7 & 8 | Field Hockey - Girls | JV |
| 2 | Sutton High School (Sutton) | Sutton Middle School | 7 & 8 | Soccer - Girls | JV |
| 2 | Sutton High School (Sutton) | Sutton Memorial Middle School | 7 & 8 | Basketball - Girls | JV |
| 2 | Sutton High School (Sutton) | Sutton Memorial Middle School | 7 & 8 | Cheer - Winter | Varsity |
| 2 | Sutton High School (Sutton) | Sutton Middle School | 7 & 8 | Softball | JV |
| 2 | Tantasqua Regional Senior High School (Fiskdale) | Tantasqua Regional Junior High School | 8 | Softball | JV |
| 2 | Tantasqua Regional Senior High School (Fiskdale) | Tantasqua Regional Junior High School | 8 | Lacrosse - Girls | JV |
| 2 | Uxbridge High School (Uxbridge) | Whitin Intermediate School | 7 | Soccer - Boys | JV |
| 2 | Uxbridge High School (Uxbridge) | Whitin Intermediate School | 7 | Soccer - Girls | JV |
| 2 | Uxbridge High School (Uxbridge) | Whitin Intermediate School | 7 | Basketball - Girls | JV |
| 2 | Uxbridge High School (Uxbridge) | Whitin Intermediate School | 7 | Cheer - Winter | JV |
| 2 | Uxbridge High School (Uxbridge) | Whitinsville Intermediate School | 7 | Softball | JV |
| 2 | Uxbridge High School (Uxbridge) | Whitin Intermediate School (not relevant) | 8 | Ice Hockey - Boys | JV |
| 3 | Ayer Shirley Regional High School (Ayer) | Ayer Shirley Middle School | 8 | Soccer - Boys | JV |
| 3 | Ayer Shirley Regional High School (Ayer) | Ayer Shirley Regional Middle School | 8 | Softball | JV |
| 3 | Ayer Shirley Regional High School (Ayer) | Ayer Shirley Regional MS | 8 | Volleyball - Spring | Varsity |
| 3 | Ayer Shirley Regional High School (Ayer) | Ayer Shirley Regional Middle School | 8 | Outdoor Track - Girls | Varsity |
| 3 | Ayer Shirley Regional High School (Ayer) | Ayer Shirley Regional Middle | 8 | Outdoor Track - Girls | Varsity |
| 3 | Ayer Shirley Regional High School (Ayer) | Ayer Shirley Middle School | 7 & 8 | Soccer - Girls | JV |

| District | High School | Middle School(s) | Grade(s) | Sport | Level |
|----------|--|--|----------|-----------------------|----------|
| 3 | Ayer Shirley Regional High School (Ayer) | Ayer Shirley Middle School | 7 & 8 | Football | JV |
| 3 | Ayer Shirley Regional High School (Ayer) | Ayer Shirley Middle School | 7 & 8 | Cross Country - Boys | JV |
| 3 | Ayer Shirley Regional High School (Ayer) | Ayer Shirley Middle School | 7 & 8 | Cross Country - Girls | JV |
| 3 | Ayer Shirley Regional High School (Ayer) | Ayer Shirley Middle School | 7 & 8 | Cheer - Fall | JV |
| 3 | Ayer Shirley Regional High School (Ayer) | Ayer Shirley Regional Middle School | 7 & 8 | Basketball - Girls | JV |
| 3 | Ayer Shirley Regional High School (Ayer) | Ayer Shirley Regional Middle School | 7 & 8 | Indoor Track - Boys | JV |
| 3 | Ayer Shirley Regional High School (Ayer) | Ayer Shirley Regional Middle School | 7 & 8 | Indoor Track - Girls | JV |
| 3 | Bromfield School (Harvard) | The Bromfield School | 8 | Field Hockey - Girls | JV |
| 3 | Bromfield School (Harvard) | The Bromfield School | 8 | Soccer - Boys | JV |
| 3 | Bromfield School (Harvard) | The Bromfield School | 8 | Soccer - Girls | JV |
| 3 | Bromfield School (Harvard) | The Bromfield School | 8 | Basketball - Boys | JV |
| 3 | Bromfield School (Harvard) | The Bromfield School | 8 | Basketball - Girls | JV |
| 3 | Bromfield School (Harvard) | The Bromfield Middle School | 8 | Baseball | JV |
| 3 | Bromfield School (Harvard) | Bromfield Middle School | 8 | Softball | JV |
| 3 | Bromfield School (Harvard) | Bromfield Middle School | 8 | Outdoor Track - Boys | Varsity |
| 3 | Bromfield School (Harvard) | Bromfield Middle School | 8 | Outdoor Track - Girls | Varsity |
| 3 | Bromfield School (Harvard) | Bromfield Middle School | 8 | Lacrosse - Girls | JV |
| 3 | Bromfield School (Harvard) | The Bromfield School | 7 & 8 | Cross Country - Boys | Varsity |
| 3 | Bromfield School (Harvard) | The Bromfield School | 7 & 8 | Cross Country - Girls | Varsity |
| 3 | Bromfield School (Harvard) | The Bromfield School | 7 & 8 | Golf - Fall | Varsity |
| 3 | Bromfield School (Harvard) | The Bromfield School | 7 & 8 | Indoor Track - Boys | Varsity |
| 3 | Bromfield School (Harvard) | The Bromfield School | 7 & 8 | Indoor Track - Girls | Varsity |
| 3 | Bromfield School (Harvard) | The Bromfield School | 7 & 8 | Swimming - Boys | Varsity |
| 3 | Bromfield School (Harvard) | The Bromfield School | 7 & 8 | Swimming - Girls | Varsity |
| 3 | Bromfield School (Harvard) | Bromfield Middle School | 7 & 8 | Tennis - Boys | Varsity |
| 3 | Bromfield School (Harvard) | Bromfield Middle School | 7 & 8 | Tennis - Girls | Varsity |
| 3 | Clinton High School (Clinton) | Clinton Middle School | 8 | Football | JV |
| 3 | Clinton High School (Clinton) | Clinton Middle School | 8 | Cheer - Winter | Varsity |
| 3 | Clinton High School (Clinton) | Clinton Middle School | 8 | Softball | JV |
| 3 | Clinton High School (Clinton) | Clinton Middle School | 8 | Outdoor Track - Girls | Varsity |
| 3 | Clinton High School (Clinton) | Clinton Middle School | 7 & 8 | Soccer - Girls | JV |
| 3 | Clinton High School (Clinton) | Clinton Middle School | 7 & 8 | Cross Country - Girls | Varsity |
| 3 | Clinton High School (Clinton) | Clinton Middle School | 7 & 8 | Cross Country - Boys | Varsity |
| 3 | Clinton High School (Clinton) | Clinton Middle School | 7 & 8 | Golf - Fall | Varsity |
| 3 | Clinton High School (Clinton) | Clinton Middle School | 7 & 8 | Field Hockey - Girls | JV |
| 3 | Clinton High School (Clinton) | Clinton Middle School | 7 & 8 | Basketball - Girls | JV |
| 3 | Clinton High School (Clinton) | clinton middle school | 7 & 8 | Indoor Track - Girls | Varsity |
| 3 | Clinton High School (Clinton) | Clinton Middle School | 7 & 8 | Indoor Track - Boys | Varsity |
| 3 | Fitchburg High School (Fitchburg) | Longsjø Middle School | 8 | Baseball | JV |
| 3 | Fitchburg High School (Fitchburg) | Longsjø Middle School | 6-8 | Softball | JV |
| 3 | Fitchburg High School (Fitchburg) | Longsjø Middle School | 6-8 | Lacrosse - Girls | Varsity |
| 3 | Groton-Dunstable Reg. High School (Groton) | Groton Dunstable Middle School | 8 | Field Hockey - Girls | JV |
| 3 | Groton-Dunstable Reg. High School (Groton) | Groton Dunstable Middle School | 8 | Soccer - Boys | JV |
| 3 | Groton-Dunstable Reg. High School (Groton) | Groton Dunstable MS | 8 | Lacrosse - Girls | JV |
| 3 | Groton-Dunstable Reg. High School (Groton) | Groton Dunstable MS | 8 | Lacrosse - Boys | JV |
| 3 | Hudson High School (Hudson) | Quinn Middle School | 7 | Basketball - Girls | JV |
| 3 | Hudson High School (Hudson) | Quinn Middle School | 7 | Softball | JV |
| 3 | Hudson High School (Hudson) | Quinn Middle School | 7 | Lacrosse - Girls | JV |
| 3 | Leominster High School (Leominster) | Samoset/Sky View | 8 | Soccer - Girls | Varsity |
| 3 | Leominster High School (Leominster) | Samoset Middle School and Sky View Middle School | 8 | Ice Hockey - Boys | JV |
| 3 | Leominster High School (Leominster) | Samoset and Sky View | 8 | Baseball | Freshman |
| 3 | Leominster High School (Leominster) | Samoset Middle School | 8 | Softball | JV |
| 3 | Leominster High School (Leominster) | Sky View and Samoset | 7 & 8 | Softball | JV |
| 3 | Littleton High School (Littleton) | Littleton Middle School | 8 | Lacrosse - Boys | JV |
| 3 | Littleton High School (Littleton) | Littleton Middle School | 8 | Lacrosse - Girls | JV |
| 3 | Littleton High School (Littleton) | Littleton Middle School | 7 & 8 | Baseball | JV |
| 3 | Littleton High School (Littleton) | Littleton Middle School | 7 & 8 | Softball | JV |
| 3 | Marlborough High School (Marlborough) | Whitcomb Middle School | 8 | Basketball - Girls | JV |
| 3 | Marlborough High School (Marlborough) | Whitcomb | 8 | Lacrosse - Girls | JV |
| 3 | Marlborough High School (Marlborough) | Whitcomb Middle school | 8 | Softball | JV |
| 3 | Marlborough High School (Marlborough) | Whitcomb Middle School | 8 | Outdoor Track - Girls | Varsity |

| District | High School | Middle School(s) | Grade(s) | Sport | Level |
|----------|---|---|----------|-----------------------|----------|
| 3 | Maynard High School (Maynard) | Fowler Middle School | 8 | Football | Varsity |
| 3 | Maynard High School (Maynard) | Fowler Middle School | 8 | Baseball | Varsity |
| 3 | Maynard High School (Maynard) | Fowler Middle School | 8 | Softball | Varsity |
| 3 | Maynard High School (Maynard) | Fowler Middle School | 7 & 8 | Cross Country - Boys | Varsity |
| 3 | Maynard High School (Maynard) | Fowler Middle School | 7 & 8 | Cross Country - Girls | Varsity |
| 3 | Maynard High School (Maynard) | Fowler Middle School | 7 & 8 | Field Hockey - Girls | JV |
| 3 | Maynard High School (Maynard) | Fowler Middle School | 7 & 8 | Golf - Fall | Varsity |
| 3 | Maynard High School (Maynard) | Fowler Middle School | 7 & 8 | Soccer - Boys | JV |
| 3 | Maynard High School (Maynard) | Fowler Middle School | 7 & 8 | Soccer - Girls | JV |
| 3 | Maynard High School (Maynard) | Fowler Middle School | 7 & 8 | Basketball - Boys | JV |
| 3 | Maynard High School (Maynard) | Fowler Middle School | 7 & 8 | Basketball - Girls | JV |
| 3 | Maynard High School (Maynard) | Fowler Middle School | 7 & 8 | Indoor Track - Boys | Varsity |
| 3 | Maynard High School (Maynard) | Fowler Middle School | 7 & 8 | Indoor Track - Girls | Varsity |
| 3 | Maynard High School (Maynard) | Fowler Middle School | 7 & 8 | Outdoor Track - Boys | Varsity |
| 3 | Maynard High School (Maynard) | Fowler Middle School | 7 & 8 | Outdoor Track - Girls | Varsity |
| 3 | North Middlesex Regional HS (Townsend) | Hawthorne Brook | 8 | Basketball - Girls | JV |
| 3 | North Middlesex Regional HS (Townsend) | Hawthorne Brook | 8 | Ice Hockey - Boys | JV |
| 3 | North Middlesex Regional HS (Townsend) | Hawthorne Brook | 8 | Softball | JV |
| 3 | North Middlesex Regional HS (Townsend) | Hawthorn Brook | 7 & 8 | Field Hockey - Girls | JV |
| 3 | North Middlesex Regional HS (Townsend) | Hawthorne Brook | 7 & 8 | Lacrosse - Girls | JV |
| 3 | Oakmont Regional High School (Ashburnham) | Overlook Middle School | 8 | Field Hockey - Girls | JV |
| 3 | Oakmont Regional High School (Ashburnham) | Overlook Middle School | 8 | Soccer - Girls | JV |
| 3 | Oakmont Regional High School (Ashburnham) | Overlook Middle School | 8 | Football | Freshman |
| 3 | Oakmont Regional High School (Ashburnham) | Overlook Middle School | 8 | Indoor Track - Boys | Varsity |
| 3 | Oakmont Regional High School (Ashburnham) | Overlook Middle School | 8 | Indoor Track - Girls | Varsity |
| 3 | Oakmont Regional High School (Ashburnham) | Overlook Middle School | 8 | Basketball - Girls | JV |
| 3 | Oakmont Regional High School (Ashburnham) | Overlook Middle School | 8 | Ice Hockey - Boys | JV |
| 3 | Oakmont Regional High School (Ashburnham) | Overlook Middle School | 8 | Ice Hockey - Boys | Varsity |
| 3 | Oakmont Regional High School (Ashburnham) | Overlook Middle School | 8 | Lacrosse - Boys | JV |
| 3 | Shepherd Hill Regional HS (Dudley) | Charlton/Dudley Middle Schools | 8 | Field Hockey - Girls | Varsity |
| 3 | Shepherd Hill Regional HS (Dudley) | Charlton/Dudley Middle Schools | 8 | Cross Country - Girls | Varsity |
| 3 | Shepherd Hill Regional HS (Dudley) | Charlton & Dudley Middle Schools | 8 | Wrestling - Boys | Varsity |
| 3 | Shepherd Hill Regional HS (Dudley) | Charlton/Dudley Middle Schools | 8 | Lacrosse - Boys | JV |
| 3 | Shepherd Hill Regional HS (Dudley) | Charlton/Dudley Middle Schools | 8 | Lacrosse - Girls | Varsity |
| 3 | Shepherd Hill Regional HS (Dudley) | Dudley/Charlton Middle School | 8 | Outdoor Track - Girls | Varsity |
| 3 | Shrewsbury High School (Shrewsbury) | Shrewsbury Oak Middle School | 8 | Softball | JV |
| 3 | Tyngsborough High School (Tyngsborough) | Tyngsborough Middle School | 8 | Soccer - Girls | JV |
| 3 | Tyngsborough High School (Tyngsborough) | Tyngsborough Middle School | 8 | Soccer - Boys | JV |
| 3 | Tyngsborough High School (Tyngsborough) | Tyngsborough Middle School | 8 | Basketball - Girls | JV |
| 3 | Tyngsborough High School (Tyngsborough) | Tyngsborough Middle School | 8 | Wrestling - Boys | Varsity |
| 3 | Tyngsborough High School (Tyngsborough) | Tyngsborough Middle School | 8 | Baseball | JV |
| 3 | Tyngsborough High School (Tyngsborough) | Tyngsborough Middle School | 8 | Softball | JV |
| 3 | Tyngsborough High School (Tyngsborough) | Tyngsborough Middle School | 8 | Lacrosse - Boys | JV |
| 3 | Tyngsborough High School (Tyngsborough) | Tyngsborough Middle School | 8 | Outdoor Track - Boys | Varsity |
| 3 | Tyngsborough High School (Tyngsborough) | Tyngsborough Middle School | 8 | Outdoor Track - Girls | Varsity |
| 3 | Tyngsborough High School (Tyngsborough) | Tyngsborough Middle School | 7 & 8 | Cross Country - Boys | Varsity |
| 3 | Tyngsborough High School (Tyngsborough) | Tyngsborough Middle School | 7 & 8 | Cross Country - Girls | Varsity |
| 3 | Tyngsborough High School (Tyngsborough) | Tyngsborough Middle School | 7 & 8 | Lacrosse - Girls | JV |
| 3 | Westborough High School (Westborough) | Gibbons Middle School | 8 | Ice Hockey - Boys | JV |
| 4 | Acton-Boxborough Reg H.S. (Acton) | R J Grey Junior High | 8 | Ice Hockey - Girls | Varsity |
| 4 | Acton-Boxborough Reg H.S. (Acton) | rj grey middle | 8 | Lacrosse - Girls | JV |
| 4 | Acton-Boxborough Reg H.S. (Acton) | R J Grey Middle | 7 & 8 | Ice Hockey - Girls | Varsity |
| 4 | Andover High School (Andover) | West, Doherty, Wood Hill Middle Schools | 8 | Ice Hockey - Girls | JV |
| 4 | Arlington High School (Arlington) | Ottoson Middle School | 8 | Ice Hockey - Girls | Varsity |
| 4 | Bedford High School (Bedford) | John Glenn Middle School | 8 | Ice Hockey - Girls | Varsity |
| 4 | Bedford High School (Bedford) | John Glenn Middle School | 8 | Softball | JV |
| 4 | Burlington High School (Burlington) | msms | 7 | Ice Hockey - Girls | Varsity |
| 4 | Burlington High School (Burlington) | MSMS | 8 | Soccer - Girls | JV |
| 4 | Burlington High School (Burlington) | MSMS | 8 | Soccer - Girls | JV |
| 4 | Burlington High School (Burlington) | MSMS | 8 | Field Hockey - Girls | JV |
| 4 | Burlington High School (Burlington) | MSMS | 8 | Cheer - Fall | Varsity |

| District | High School | Middle School(s) | Grade(s) | Sport | Level |
|----------|--|--|----------|-----------------------|----------|
| 4 | Burlington High School (Burlington) | Marshall Simonds Middle School | 8 | Basketball - Girls | Freshman |
| 4 | Burlington High School (Burlington) | Marshall Simonds Middle School | 8 | Ice Hockey - Girls | Varsity |
| 4 | Burlington High School (Burlington) | Marshall Simonds Middle School | 8 | Cheer - Winter | Varsity |
| 4 | Burlington High School (Burlington) | Msms | 8 | Baseball | JV |
| 4 | Burlington High School (Burlington) | Marshall Simonds Middle School | 8 | Softball | Freshman |
| 4 | Burlington High School (Burlington) | MsMS | 8 | Lacrosse - Boys | Freshman |
| 4 | Burlington High School (Burlington) | MSMS | 8 | Lacrosse - Girls | Freshman |
| 4 | Cambridge Rindge & Latin Schl. (Cambridge) | Putnam Avenue Upper School, Cambridge Street Upper School, Rindge Avenue Upper School, Vassal Lane Upper School, Amigos | 8 | Wrestling - Boys | Varsity |
| 4 | Cambridge Rindge & Latin Schl. (Cambridge) | Putnam Avenue Upper School, Cambridge Street Upper School, Rindge Avenue Upper School, Vassal Lane Upper School, Amigos | 8 | Ice Hockey - Boys | JV |
| 4 | Cambridge Rindge & Latin Schl. (Cambridge) | Putnam Avenue Upper School, Cambridge Street Upper School, Rindge Avenue Upper School, Vassal Lane Upper School, Amigos | 7 & 8 | Ice Hockey - Girls | Varsity |
| 4 | Chelmsford High School (North Chelmsford) | McCarthy Middle School | 8 | Ice Hockey - Boys | JV |
| 4 | Concord-Carlisle High School (Concord) | Concord Middle School | 8 | Field Hockey - Girls | Freshman |
| 4 | Dracut Senior High School (Dracut) | Richardson Middle School | 8 | Ice Hockey - Boys | JV |
| 4 | Dracut Senior High School (Dracut) | Richardson Middle School | 8 | Basketball - Girls | JV |
| 4 | Dracut Senior High School (Dracut) | Richardson Middle School | 8 | Cheer - Winter | Varsity |
| 4 | Dracut Senior High School (Dracut) | Richardson Middle School | 8 | Indoor Track - Boys | Varsity |
| 4 | Dracut Senior High School (Dracut) | Richardson Middle School | 8 | Baseball | Freshman |
| 4 | Dracut Senior High School (Dracut) | Richardson Middle School | 8 | Lacrosse - Boys | JV |
| 4 | Dracut Senior High School (Dracut) | Richardson Middle School | 8 | Lacrosse - Girls | JV |
| 4 | Dracut Senior High School (Dracut) | Richardson Middle School | 8 | Softball | JV |
| 4 | Haverhill High School (Haverhill) | Consentino, Whittier, Hunking, Nettle | 8 | Field Hockey - Girls | Varsity |
| 4 | Haverhill High School (Haverhill) | Consentino, Whittier, Nettle, Hunking | 8 | Soccer - Girls | JV |
| 4 | Haverhill High School (Haverhill) | Consentino, Hunking, Whittier, Nettle | 8 | Cross Country - Girls | Varsity |
| 4 | Haverhill High School (Haverhill) | Hunking, Consentino, Whittier, Nettle | 8 | Ice Hockey - Boys | JV |
| 4 | Haverhill High School (Haverhill) | Hunking, Consentino, Whittier, Nettle | 8 | Basketball - Girls | Freshman |
| 4 | Haverhill High School (Haverhill) | Hunking, Nettle, Whittier, Consentino | 8 | Softball | Freshman |
| 4 | Haverhill High School (Haverhill) | Hunking, Consentino, Whittier, Nettle | 8 | Volleyball - Spring | JV |
| 4 | Lawrence High School (Lawrence) | We have 13 middle schools | 8 | Cross Country - Girls | Varsity |
| 4 | Lawrence High School (Lawrence) | we have 13 | 8 | Basketball - Girls | JV |
| 4 | Lexington High School (Lexington) | Clarke & Diamond | 8 | Ice Hockey - Girls | Varsity |
| 4 | Lincoln-Sudbury Reg. High School (Sudbury) | Curtis Middle School | 8 | Ice Hockey - Girls | Varsity |
| 4 | Lowell High School (Lowell) | Lowell Public Schools | 8 | Baseball | Freshman |
| 4 | Lowell High School (Lowell) | Lowell Public Schools | 8 | Softball | JV |
| 4 | Lowell High School (Lowell) | Lowell Public Schools | 8 | Lacrosse - Boys | Varsity |
| 4 | Lowell High School (Lowell) | Lowell Public Schools | 8 | Lacrosse - Girls | Varsity |
| 4 | Melrose High School (Melrose) | Melrose Veterans Memorial Middle School | 8 | Swimming - Girls | Varsity |
| 4 | Melrose High School (Melrose) | Melrose Veterans Memorial Middle School | 8 | Gymnastics - Girls | Varsity |
| 4 | Melrose High School (Melrose) | Melrose Veterans Memorial Middle School | 8 | Ice Hockey - Boys | JV |
| 4 | Melrose High School (Melrose) | Melrose Veterans Memorial Middle School | 8 | Ice Hockey - Girls | Varsity |
| 4 | Melrose High School (Melrose) | Melrose Veterans Memorial Middle School | 8 | Basketball - Girls | Freshman |
| 4 | Methuen High School (Methuen) | Timony Grammar School | 8 | Field Hockey - Girls | Varsity |
| 4 | Methuen High School (Methuen) | Marsh Grammar | 8 | Cross Country - Boys | Varsity |
| 4 | Methuen High School (Methuen) | Timony | 8 | Cross Country - Girls | Varsity |
| 4 | Methuen High School (Methuen) | Marsh Grammar | 8 | Soccer - Girls | JV |
| 4 | Methuen High School (Methuen) | Marsh Grammar School | 8 | Ice Hockey - Boys | JV |
| 4 | Methuen High School (Methuen) | Donald P Timony | 8 | Basketball - Girls | Freshman |
| 4 | Methuen High School (Methuen) | Tenney Upper Grammar School, Marsh Upper Grammar School, Comprehensive Upper Grammar School, Timony Upper Grammar School | 8 | Tennis - Boys | Varsity |
| 4 | Methuen High School (Methuen) | Tenney Upper Grammar School, Marsh Upper Grammar School, Comprehensive Upper Grammar School, Timony Upper Grammar School | 8 | Softball | Freshman |
| 4 | North Andover High School (North Andover) | North Andover Middle School | 8 | Basketball - Girls | Freshman |
| 4 | Reading Memorial High School (Reading) | Coolidge Middle School | 8 | Cross Country - Girls | Varsity |
| 4 | Reading Memorial High School (Reading) | Coolidge Middle School | 8 | Swimming - Girls | Varsity |
| 4 | Reading Memorial High School (Reading) | Coolidge/Parker MiddleSchools | 8 | Ice Hockey - Girls | Varsity |
| 4 | Reading Memorial High School (Reading) | Coolidge and Parker Middle Schools | 8 | Basketball - Girls | Freshman |
| 4 | Reading Memorial High School (Reading) | Coolidge Middle School | 8 | Lacrosse - Boys | Freshman |
| 4 | Stoneham High School (Stoneham) | Stoneham Central Middle School | 7 | Cross Country - Girls | Varsity |
| 4 | Stoneham High School (Stoneham) | Stoneham Central Middle school | 8 | Cross Country - Boys | Varsity |
| 4 | Stoneham High School (Stoneham) | Stoneham Central Middle School | 8 | Soccer - Girls | JV |
| 4 | Stoneham High School (Stoneham) | Stoneham Central Middle school | 8 | Soccer - Boys | JV |
| 4 | Stoneham High School (Stoneham) | Stoneham Central Middle School | 8 | Field Hockey - Girls | JV |
| 4 | Stoneham High School (Stoneham) | Stoneham Central Middle School | 8 | Softball | JV |
| 4 | Stoneham High School (Stoneham) | Stoneham Central Middle School | 8 | Gymnastics - Girls | Varsity |

| District | High School | Middle School(s) | Grade(s) | Sport | Level |
|----------|--|-------------------------------------|----------|-----------------------|----------|
| 4 | Stoneham High School (Stoneham) | Stoneham Central Middle School | 8 | Softball | JV |
| 4 | Tewksbury Memorial High School (Tewksbury) | John Wynn Middle School | 8 | Cross Country - Boys | Varsity |
| 4 | Tewksbury Memorial High School (Tewksbury) | John Wynn Middle School | 8 | Cross Country - Girls | Varsity |
| 4 | Tewksbury Memorial High School (Tewksbury) | John Wynn Middle School | 8 | Cheer - Winter | Varsity |
| 4 | Tewksbury Memorial High School (Tewksbury) | John Wynn Middle School | 8 | Softball | JV |
| 4 | Tewksbury Memorial High School (Tewksbury) | John Wynn Middle School | 8 | Baseball | Freshman |
| 4 | Waltham High School (Waltham) | Kennedy Middle School | 8 | Ice Hockey - Girls | Varsity |
| 4 | Waltham High School (Waltham) | Kennedy Middle School | 8 | Softball | JV |
| 4 | Watertown High School (Watertown) | Watertown Middle School | 8 | Field Hockey - Girls | JV |
| 4 | Watertown High School (Watertown) | Watertown Middle School | 8 | Golf - Fall | JV |
| 4 | Watertown High School (Watertown) | Watertown Middle School | 8 | Basketball - Girls | JV |
| 4 | Watertown High School (Watertown) | Watertown Middle School | 7 & 8 | Soccer - Girls | JV |
| 4 | Wayland High School (Wayland) | Wayland Middle School | 8 | Football | Freshman |
| 4 | Westford Academy (Westford) | Stony Brook/Blanchard Middle School | 8 | Gymnastics - Girls | Varsity |
| 4 | Wilmington High School (Wilmington) | Wilmington Middle School | 8 | Soccer - Boys | Freshman |
| 4 | Wilmington High School (Wilmington) | Wilmington Middle School | 8 | Soccer - Girls | Freshman |
| 4 | Wilmington High School (Wilmington) | Wilmington Middle School | 8 | Field Hockey - Girls | JV |
| 4 | Wilmington High School (Wilmington) | Wilmington Middle School | 8 | Cross Country - Girls | Varsity |
| 4 | Wilmington High School (Wilmington) | Wilmington Middle School | 8 | Cross Country - Boys | Varsity |
| 4 | Wilmington High School (Wilmington) | Wilmington Middle School | 8 | Baseball | Freshman |
| 4 | Wilmington High School (Wilmington) | Wilmington Middle School | 7 & 8 | Golf - Fall | Varsity |
| 4 | Wilmington High School (Wilmington) | Wilmington Middle School | 7 & 8 | Softball | JV |
| 4 | Wilmington High School (Wilmington) | Wilmington Middle School | 7 & 8 | Softball | JV |
| 4 | Winchester High School (Winchester) | McCall Middle School | 8 | Softball | JV |
| 4 | Woburn Memorial High School (Woburn) | Joyce and Kenndey middle school | 8 | Ice Hockey - Girls | Varsity |
| 5 | Amesbury High School (Amesbury) | Amesbury Middle School | 8 | Softball | JV |
| 5 | Amesbury High School (Amesbury) | Amesbury Middle School | 8 | Baseball | JV |
| 5 | Beverly High School (Beverly) | Beverly Middle school | 8 | Field Hockey - Girls | JV |
| 5 | Beverly High School (Beverly) | Beverly Middle School | 8 | Ice Hockey - Girls | Varsity |
| 5 | Chelsea High School (Chelsea) | Clark Ave Middle School | 7 & 8 | Indoor Track - Boys | Varsity |
| 5 | Chelsea High School (Chelsea) | Clark Ave Middle School | 7 & 8 | Indoor Track - Girls | Varsity |
| 5 | Chelsea High School (Chelsea) | Clark Ave Middle School | 7 & 8 | Cheer - Winter | Varsity |
| 5 | Chelsea High School (Chelsea) | Clark Ave Middle School | 7 & 8 | Soccer - Girls | Varsity |
| 5 | Chelsea High School (Chelsea) | Clark Ave Middle School | 7 & 8 | Baseball | Varsity |
| 5 | Chelsea High School (Chelsea) | Clark Ave Middle School | 7 & 8 | Softball | Varsity |
| 5 | Danvers High School (Danvers) | Holten Richmond Middle School | 8 | Field Hockey - Girls | JV |
| 5 | Danvers High School (Danvers) | Holten Richmond | 8 | Soccer - Girls | JV |
| 5 | Danvers High School (Danvers) | Holten Richmond Middle School | 8 | Ice Hockey - Boys | JV |
| 5 | Danvers High School (Danvers) | Holten Richmond Middle School | 8 | Basketball - Girls | JV |
| 5 | Danvers High School (Danvers) | Holten Richmond Middle School | 8 | Lacrosse - Boys | JV |
| 5 | Danvers High School (Danvers) | Holten Richmond Middle School | 8 | Lacrosse - Girls | JV |
| 5 | Danvers High School (Danvers) | Holten Richmond Middle School | 8 | Wrestling - Boys | Varsity |
| 5 | Danvers High School (Danvers) | Holten Richmond Middle School | 8 | Ice Hockey - Girls | JV |
| 5 | Everett High School (Everett) | Parlin School | 8 | Baseball | JV |
| 5 | Everett High School (Everett) | Parlin School | 8 | Softball | Freshman |
| 5 | Gloucester High School (Gloucester) | O'Maley Middle School | 8 | Soccer - Boys | JV |
| 5 | Gloucester High School (Gloucester) | O'Maley Middle School | 8 | Field Hockey - Girls | JV |
| 5 | Gloucester High School (Gloucester) | O'Maley Middle School | 8 | Indoor Track - Boys | Varsity |
| 5 | Gloucester High School (Gloucester) | O'Maley Middle School | 8 | Indoor Track - Girls | Varsity |
| 5 | Gloucester High School (Gloucester) | O'Maley Middle School | 8 | Basketball - Girls | JV |
| 5 | Gloucester High School (Gloucester) | O'Maley Middle School | 8 | Wrestling - Boys | Varsity |
| 5 | Gloucester High School (Gloucester) | O'Maley Middle School | 8 | Wrestling - Girls | Varsity |
| 5 | Gloucester High School (Gloucester) | O'Maley Middle School | 8 | Tennis - Boys | Varsity |
| 5 | Gloucester High School (Gloucester) | O'Maley Middle School | 8 | Baseball | Freshman |
| 5 | Gloucester High School (Gloucester) | O'Maley Middle School | 8 | Lacrosse - Boys | JV |
| 5 | Gloucester High School (Gloucester) | O'Maley Middle School | 7 & 8 | Soccer - Girls | JV |
| 5 | Gloucester High School (Gloucester) | O'Maley Middle School | 7 & 8 | Swimming - Boys | Varsity |
| 5 | Gloucester High School (Gloucester) | O'Maley Middle School | 7 & 8 | Swimming - Girls | Varsity |
| 5 | Gloucester High School (Gloucester) | O'Maley Middle School | 7 & 8 | Ice Hockey - Girls | Varsity |
| 5 | Gloucester High School (Gloucester) | O'Maley Middle School | 7 & 8 | Softball | Freshman |
| 5 | Gloucester High School (Gloucester) | O'Maley Middle School | 7 & 8 | Lacrosse - Girls | JV |

| District | High School | Middle School(s) | Grade(s) | Sport | Level |
|----------|--|-------------------------------------|----------|-----------------------|----------|
| 5 | Hamilton-Wenham Reg HS (South Hamilton) | Miles River Middle School | 8 | Field Hockey - Girls | Varsity |
| 5 | Hamilton-Wenham Reg HS (South Hamilton) | Miles River Middle School | 8 | Ice Hockey - Girls | Varsity |
| 5 | Hamilton-Wenham Reg HS (South Hamilton) | Miles River Middle School | 8 | Softball | Varsity |
| 5 | Hamilton-Wenham Reg HS (South Hamilton) | Miles River Middle School | 8 | Lacrosse - Boys | Varsity |
| 5 | Hamilton-Wenham Reg HS (South Hamilton) | Miles River Middle School | 8 | Outdoor Track - Boys | Varsity |
| 5 | Hamilton-Wenham Reg HS (South Hamilton) | Miles River Middle School | 8 | Outdoor Track - Girls | Varsity |
| 5 | Ipswich High School (Ipswich) | Ipswich Middle School | 8 | Field Hockey - Girls | JV |
| 5 | Ipswich High School (Ipswich) | Ipswich Middle School | 8 | Swimming - Boys | Varsity |
| 5 | Ipswich High School (Ipswich) | Ipswich Middle School | 8 | Swimming - Girls | Varsity |
| 5 | Ipswich High School (Ipswich) | Ipswich Middle School | 8 | Softball | JV |
| 5 | Ipswich High School (Ipswich) | Ipswich Middle School | 8 | Lacrosse - Girls | JV |
| 5 | Lynnfield High School (Lynnfield) | Lynnfield Middle School | 8 | Soccer - Boys | Freshman |
| 5 | Lynnfield High School (Lynnfield) | Lynnfield Middle School | 8 | Soccer - Girls | JV |
| 5 | Lynnfield High School (Lynnfield) | Lynnfield Middle School | 8 | Wrestling - Boys | Varsity |
| 5 | Lynnfield High School (Lynnfield) | Lynnfield Middle School | 7 & 8 | Cheer - Fall | Varsity |
| 5 | Malden High School (Malden) | Malden Middle Schools | 8 | Field Hockey - Girls | Varsity |
| 5 | Malden High School (Malden) | Malden Middle Schools | 8 | Soccer - Girls | JV |
| 5 | Malden High School (Malden) | Malden Public Middle Schools | 8 | Basketball - Girls | Freshman |
| 5 | Malden High School (Malden) | Malden Public Middle Schools | 8 | Lacrosse - Girls | Varsity |
| 5 | Malden High School (Malden) | Malden Public Middle Schools | 8 | Lacrosse - Boys | Varsity |
| 5 | Malden High School (Malden) | Malden Public Middle School | 8 | Baseball | JV |
| 5 | Malden High School (Malden) | Malden Public Middle School | 7 & 8 | Gymnastics - Girls | Varsity |
| 5 | Malden High School (Malden) | Malden Public Middle Schools | 7 & 8 | Swimming - Girls | Varsity |
| 5 | Malden High School (Malden) | Malden Public Middle Schools | 7 & 8 | Softball | JV |
| 5 | Manchester Essex Reg. High School (Manchester) | Manchester Essex Reg. Middle School | 8 | Field Hockey - Girls | JV |
| 5 | Manchester Essex Reg. High School (Manchester) | Manchester Essex Reg. Middle School | 8 | Soccer - Boys | JV |
| 5 | Manchester Essex Reg. High School (Manchester) | Manchester Essex Reg. Middle School | 8 | Soccer - Girls | JV |
| 5 | Manchester Essex Reg. High School (Manchester) | Manchester Essex Reg. Middle School | 8 | Basketball - Girls | Freshman |
| 5 | Manchester Essex Reg. High School (Manchester) | Manchester Essex Reg. Middle School | 8 | Baseball | JV |
| 5 | Manchester Essex Reg. High School (Manchester) | Manchester Essex Reg. Middle School | 8 | Lacrosse - Boys | JV |
| 5 | Manchester Essex Reg. High School (Manchester) | Manchester Essex Reg. Middle School | 8 | Lacrosse - Girls | JV |
| 5 | Manchester Essex Reg. High School (Manchester) | Manchester Essex Reg. Middle School | 8 | Softball | JV |
| 5 | Manchester Essex Reg. High School (Manchester) | Manchester Essex Reg. Middle School | 8 | Baseball | Varsity |
| 5 | Manchester Essex Reg. High School (Manchester) | Manchester Essex Reg. Middle School | 7 & 8 | Alpine Skiing | Varsity |
| 5 | Manchester Essex Reg. High School (Manchester) | Manchester Essex Reg. Middle School | 7 & 8 | Indoor Track - Boys | JV |
| 5 | Manchester Essex Reg. High School (Manchester) | Manchester Essex Reg. Middle School | 7 & 8 | Indoor Track - Girls | JV |
| 5 | Manchester Essex Reg. High School (Manchester) | Manchester Essex Reg. Middle School | 7 & 8 | Swimming - Boys | Varsity |
| 5 | Manchester Essex Reg. High School (Manchester) | Manchester Essex Reg. Middle School | 7 & 8 | Swimming - Girls | Varsity |
| 5 | Marblehead High School (Marblehead) | Marblehead Veteran's Middle School | 8 | Softball | JV |
| 5 | Marblehead High School (Marblehead) | Marblehead Veteran's Middle School | 7 & 8 | Gymnastics - Girls | Varsity |
| 5 | Marblehead High School (Marblehead) | Marblehead Veteran's Middle School | 7 & 8 | Ice Hockey - Girls | Varsity |
| 5 | Marblehead High School (Marblehead) | Marblehead Veteran's Middle School | 7 & 8 | Wrestling - Boys | Varsity |
| 5 | Masconomet Reg. High School (Boxford) | Masconomet Regional Middle School | 8 | Ice Hockey - Girls | Varsity |
| 5 | Masconomet Reg. High School (Boxford) | Masconomet regional Middle School | 8 | Basketball - Girls | Freshman |
| 5 | Masconomet Reg. High School (Boxford) | Masconomet Regional Middle School | 8 | Softball | JV |
| 5 | Medford High School (Medford) | Andrews and McGlynn Middle Schools | 8 | Soccer - Girls | JV |
| 5 | Medford High School (Medford) | Andrews and McGlynn Middle Schools | 8 | Golf - Fall | Varsity |
| 5 | Medford High School (Medford) | McGlynn & Andrews Middle Schools | 8 | Ice Hockey - Boys | JV |
| 5 | Medford High School (Medford) | Andrews and McGlynn Middle Schools | 8 | Lacrosse - Girls | JV |
| 5 | Medford High School (Medford) | Andrews & McGlynn Middle Schools | 8 | Baseball | JV |
| 5 | Medford High School (Medford) | Andrews & McGlynn Middle Schools | 8 | Tennis - Boys | Varsity |
| 5 | Medford High School (Medford) | Andrews & McGlynn Middle Schools | 8 | Tennis - Boys | Varsity |
| 5 | Medford High School (Medford) | McGlynn & Andrews Middle Schools | 7 & 8 | Gymnastics - Girls | Varsity |
| 5 | Medford High School (Medford) | McGlynn & Andrews Middle Schools | 7 & 8 | Ice Hockey - Girls | Varsity |
| 5 | Medford High School (Medford) | Andrews & McGlynn Middle Schools | 6-8 | Lacrosse - Boys | JV |
| 5 | Newburyport High School (Newburyport) | Rupert Nock Middle School | 8 | Softball | JV |
| 5 | Newburyport High School (Newburyport) | Rupert Nock Middle School | 8 | Ice Hockey - Boys | JV |
| 5 | North Reading High School (North Reading) | North Reading High School | 8 | Field Hockey - Girls | JV |
| 5 | North Reading High School (North Reading) | North Reading Middle School | 8 | Wrestling - Boys | Varsity |
| 5 | North Reading High School (North Reading) | North Reading Middle School | 8 | Basketball - Girls | JV |
| 5 | North Reading High School (North Reading) | North Reading Middle School | 8 | Softball | JV |

| District | High School | Middle School(s) | Grade(s) | Sport | Level |
|----------|---|---|----------|-----------------------|----------|
| 5 | North Reading High School (North Reading) | North Reading High School | 7 & 8 | Lacrosse - Boys | JV |
| 5 | Peabody Vet. Mem. High School (Peabody) | Higgins Middle School | 8 | Field Hockey - Girls | Varsity |
| 5 | Peabody Vet. Mem. High School (Peabody) | Higgins Middle School | 8 | Cross Country - Boys | Varsity |
| 5 | Peabody Vet. Mem. High School (Peabody) | Higgins Middle School | 8 | Cross Country - Girls | Varsity |
| 5 | Peabody Vet. Mem. High School (Peabody) | Higgins Middle School | 8 | Gymnastics - Girls | Varsity |
| 5 | Peabody Vet. Mem. High School (Peabody) | Higgins Middle School | 8 | Gymnastics - Boys | Varsity |
| 5 | Peabody Vet. Mem. High School (Peabody) | Higgins Middle School | 8 | Softball | JV |
| 5 | Peabody Vet. Mem. High School (Peabody) | Higgins Middle School | 8 | Lacrosse - Girls | Varsity |
| 5 | Peabody Vet. Mem. High School (Peabody) | Higgins Middle School | 8 | Tennis - Boys | Varsity |
| 5 | Peabody Vet. Mem. High School (Peabody) | Higgins Middle School | 8 | Tennis - Girls | Varsity |
| 5 | Revere High School (Revere) | Susan B Anthony, Garfield Middle School, Rumney Marsh Academy Middle School | 8 | Cheer - Fall | JV |
| 5 | Revere High School (Revere) | Rumney Marsh Academy, Garfield Middle School, Susan B Anthony Middle School | 8 | Cheer - Winter | Varsity |
| 5 | Revere High School (Revere) | Rumney Marsh Academy, Susan B Anthony, Garfield | 8 | Lacrosse - Girls | Varsity |
| 5 | Rockport High School (Rockport) | Rockport Middle School | 8 | Soccer - Boys | JV |
| 5 | Rockport High School (Rockport) | Rockport Middle School | 8 | Basketball - Girls | JV |
| 5 | Rockport High School (Rockport) | Rockport Middle School | 8 | Softball | JV |
| 5 | Rockport High School (Rockport) | Rockport Middle School | 8 | Baseball | JV |
| 5 | Rockport High School (Rockport) | Rockport Middle School | 8 | Tennis - Boys | Varsity |
| 5 | Rockport High School (Rockport) | Rockport Middle School | 8 | Tennis - Girls | Varsity |
| 5 | Rockport High School (Rockport) | Rockport Middle School | 7 & 8 | Field Hockey - Girls | JV |
| 5 | Rockport High School (Rockport) | Rockport Middle School | 7 & 8 | Soccer - Girls | JV |
| 5 | Salem High School (Salem) | Collins Middle School | 8 | Soccer - Boys | JV |
| 5 | Salem High School (Salem) | Collins Middle School | 8 | Soccer - Girls | JV |
| 5 | Salem High School (Salem) | Collins Middle School | 8 | Basketball - Girls | JV |
| 5 | Salem High School (Salem) | Collins Middle School | 8 | Wrestling - Boys | JV |
| 5 | Salem High School (Salem) | Collins Middle School | 8 | Baseball | JV |
| 5 | Salem High School (Salem) | Collins Middle School | 8 | Softball | Varsity |
| 5 | Salem High School (Salem) | Collins Middle School | 8 | Lacrosse - Boys | JV |
| 5 | Salem High School (Salem) | Collins Middle School | 8 | Lacrosse - Girls | JV |
| 5 | Somerville High School (Somerville) | East Somerville, Winter Hill, Argenziano, Kennedy, West Somerville | 8 | Golf - Fall | Varsity |
| 5 | Somerville High School (Somerville) | East Somerville, Argenziano, Winter Hill, Kennedy, Healey, Capuano | 8 | Basketball - Girls | Freshman |
| 5 | Somerville High School (Somerville) | East Somerville, Argenziano, Winter Hill, Kennedy, Healey, Capuano | 8 | Ice Hockey - Boys | Varsity |
| 5 | Somerville High School (Somerville) | East Somerville, Capuano, Argenziano, West Somerville, Kennedy, Healey School | 8 | Swimming - Boys | Varsity |
| 5 | Somerville High School (Somerville) | East Somerville, Argenziano, Winter Hill, Kennedy, Healey, Capuano | 8 | Swimming - Girls | Varsity |
| 5 | Somerville High School (Somerville) | East Somerville, Argenziano, Winter Hill, Kennedy, Healey, Capuano | 8 | Tennis - Boys | Varsity |
| 5 | Somerville High School (Somerville) | East Somerville, Argenziano, Winter Hill, Kennedy, Healey, Capuano | 8 | Tennis - Girls | Varsity |
| 5 | Somerville High School (Somerville) | East Somerville, Winter Hill, Kennedy, West Somerville, Argenziano, | 7 & 8 | Softball | Varsity |
| 5 | Swampscott High School (Swampscott) | Swampscott Middle School | 8 | Ice Hockey - Boys | Varsity |
| 5 | Swampscott High School (Swampscott) | Swampscott Middle School | 8 | Basketball - Girls | Freshman |
| 5 | Swampscott High School (Swampscott) | Swampscott Middle School | 8 | Baseball | Freshman |
| 5 | Swampscott High School (Swampscott) | Swampscott Middle School | 8 | Lacrosse - Girls | JV |
| 5 | Swampscott High School (Swampscott) | Swampscott Middle School | 8 | Lacrosse - Boys | JV |
| 5 | Swampscott High School (Swampscott) | Swampscott Middle School | 8 | Tennis - Boys | Varsity |
| 5 | Swampscott High School (Swampscott) | Swampscott Middle School | 8 | Tennis - Girls | Varsity |
| 5 | Swampscott High School (Swampscott) | Swampscott Middle School | 7 & 8 | Ice Hockey - Girls | Varsity |
| 5 | Swampscott High School (Swampscott) | Swampscott Middle School | 7 & 8 | Wrestling - Boys | Varsity |
| 5 | Swampscott High School (Swampscott) | Swampscott Middle School | 7 & 8 | Gymnastics - Girls | Varsity |
| 5 | Swampscott High School (Swampscott) | Swampscott Middle School | 7 & 8 | Swimming - Boys | Varsity |
| 5 | Swampscott High School (Swampscott) | Swampscott Middle School | 7 & 8 | Softball | JV |
| 5 | Triton Regional High School (Byfield) | Triton Middle School | 8 | Field Hockey - Girls | JV |
| 5 | Triton Regional High School (Byfield) | Triton Middle School | 8 | Soccer - Girls | JV |
| 5 | Triton Regional High School (Byfield) | Triton Middle School | 8 | Soccer - Boys | JV |
| 5 | Triton Regional High School (Byfield) | Triton Middle School | 8 | Basketball - Girls | JV |
| 5 | Triton Regional High School (Byfield) | Triton Middle School | 8 | Swimming - Boys | Varsity |
| 5 | Triton Regional High School (Byfield) | Triton Middle School | 8 | Swimming - Girls | Varsity |
| 5 | Triton Regional High School (Byfield) | Triton Middle School | 8 | Wrestling - Boys | Varsity |
| 5 | Triton Regional High School (Byfield) | Triton Middle School | 8 | Indoor Track - Girls | Varsity |
| 5 | Triton Regional High School (Byfield) | Triton Middle School | 8 | Indoor Track - Boys | Varsity |
| 5 | Triton Regional High School (Byfield) | Triton Middle School | 8 | Cheer - Winter | Varsity |
| 5 | Triton Regional High School (Byfield) | Triton Regional | 8 | Lacrosse - Girls | JV |
| 5 | Triton Regional High School (Byfield) | Triton Regional Middle School | 8 | Softball | JV |

| District | High School | Middle School(s) | Grade(s) | Sport | Level |
|----------|---------------------------------------|---|----------|-----------------------|----------|
| 5 | Triton Regional High School (Byfield) | Triton Regional Middle School | 8 | Outdoor Track - Girls | Varsity |
| 5 | Winthrop High School (Winthrop) | Winthrop Middle School | 7 | Soccer - Boys | JV |
| 5 | Winthrop High School (Winthrop) | Winthrop Middle School | 8 | Soccer - Girls | JV |
| 5 | Winthrop High School (Winthrop) | Winthrop Middle School | 8 | Golf - Fall | Varsity |
| 5 | Winthrop High School (Winthrop) | Winthrop Middle School | 8 | Ice Hockey - Boys | JV |
| 5 | Winthrop High School (Winthrop) | Winthrop Middle School | 8 | Ice Hockey - Girls | Varsity |
| 5 | Winthrop High School (Winthrop) | Winthrop Middle School | 8 | Basketball - Girls | JV |
| 5 | Winthrop High School (Winthrop) | Winthrop Middle School | 8 | Indoor Track - Boys | Varsity |
| 5 | Winthrop High School (Winthrop) | Winthrop Middle School | 8 | Indoor Track - Girls | Varsity |
| 5 | Winthrop High School (Winthrop) | Winthrop Middle School | 8 | Lacrosse - Girls | JV |
| 5 | Winthrop High School (Winthrop) | Winthrop Middle School | 8 | Lacrosse - Boys | JV |
| 5 | Winthrop High School (Winthrop) | Winthrop Middle School | 8 | Outdoor Track - Girls | Varsity |
| 5 | Winthrop High School (Winthrop) | Winthrop Middle School | 8 | Outdoor Track - Boys | Varsity |
| 5 | Winthrop High School (Winthrop) | Winthrop Middle School | 8 | Baseball | JV |
| 5 | Winthrop High School (Winthrop) | Winthrop Middle School | 8 | Outdoor Track - Boys | Varsity |
| 5 | Winthrop High School (Winthrop) | Winthrop middle School | 8 | Outdoor Track - Girls | Varsity |
| 5 | Winthrop High School (Winthrop) | Winthrop Middle School | 7 & 8 | Gymnastics - Girls | Varsity |
| 5 | Winthrop High School (Winthrop) | Winthrop Middle School | 7 & 8 | Softball | JV |
| 7 | Ashland High School (Ashland) | Ashland Middle School | 8 | Swimming - Boys | Varsity |
| 7 | Ashland High School (Ashland) | Ashland High School | 8 | Basketball - Girls | JV |
| 7 | Ashland High School (Ashland) | Ashland Middle School | 8 | Softball | JV |
| 7 | Bellingham High School (Bellingham) | Bellingham Memorial School | 7 | Cheer - Fall | JV |
| 7 | Bellingham High School (Bellingham) | Bellingham Memorial School | 7 | Cheer - Winter | JV |
| 7 | Bellingham High School (Bellingham) | Bellingham Memorial School | 7 | Soccer - Girls | JV |
| 7 | Bellingham High School (Bellingham) | Bellingham Memorial School | 7 | Football | Freshman |
| 7 | Bellingham High School (Bellingham) | Bellingham Memorial Middle School | 7 | Softball | JV |
| 7 | Bellingham High School (Bellingham) | Bellingham Memorial School | 7 | Baseball | Freshman |
| 7 | Bellingham High School (Bellingham) | Bellingham Memorial Middle School | 7 | Volleyball - Spring | JV |
| 7 | Braintree High School (Braintree) | East Middle School and South Middle School | 7 & 8 | Ice Hockey - Girls | JV |
| 7 | Brookline High School (Brookline) | NA - eight kindergarten through 8th grade schools | 8 | Ice Hockey - Boys | JV |
| 7 | Dedham High School (Dedham) | Dedham Middle School | 8 | Swimming - Boys | Varsity |
| 7 | Dedham High School (Dedham) | Dedham Middle School | 8 | Swimming - Girls | Varsity |
| 7 | Dedham High School (Dedham) | Dedham Middle School | 8 | Ice Hockey - Girls | Varsity |
| 7 | Foxborough High School (Foxborough) | Ahern Middle School | 8 | Soccer - Boys | JV |
| 7 | Foxborough High School (Foxborough) | Ahern Middle School | 8 | Softball | JV |
| 7 | Hopkinton High School (Hopkinton) | Hopkinton Middle School | 8 | Ice Hockey - Girls | Varsity |
| 7 | Hopkinton High School (Hopkinton) | Hopkinton Middle School | 8 | Ice Hockey - Boys | JV |
| 7 | King Philip Regional H.S. (Wrentham) | King Philip Regional Middle School | 8 | Ice Hockey - Girls | Varsity |
| 7 | King Philip Regional H.S. (Wrentham) | King Philip Regional Middle School | 8 | Softball | JV |
| 7 | Mansfield High School (Mansfield) | Qualters Middle School | 8 | Softball | JV |
| 7 | Medfield High School (Medfield) | Thomas A Blake Middle School | 8 | Ice Hockey - Girls | Varsity |
| 7 | Medway High School (Medway) | Medway Middle School | 8 | Field Hockey - Girls | JV |
| 7 | Medway High School (Medway) | Medway Middle School | 8 | Soccer - Boys | JV |
| 7 | Medway High School (Medway) | Medway Middle School | 8 | Soccer - Girls | JV |
| 7 | Medway High School (Medway) | Medway Middle School | 8 | Ice Hockey - Boys | Varsity |
| 7 | Medway High School (Medway) | Medway Middle School | 8 | Softball | JV |
| 7 | Medway High School (Medway) | Medway Middle School | 8 | Lacrosse - Girls | JV |
| 7 | Medway High School (Medway) | Medway Middle School | 8 | Lacrosse - Boys | JV |
| 7 | Milford High School (Milford) | Stacy Middle | 8 | Soccer - Girls | JV |
| 7 | Milford High School (Milford) | Stacy Middle School | 8 | Field Hockey - Girls | JV |
| 7 | Milford High School (Milford) | Stacy Middle School | 8 | Softball | JV |
| 7 | Millis High School (Millis) | Millis MS | 8 | Golf - Fall | JV |
| 7 | Millis High School (Millis) | Millis Middle School | 8 | Ice Hockey - Girls | Varsity |
| 7 | Millis High School (Millis) | Millis MS | 7 & 8 | Cross Country - Boys | JV |
| 7 | Millis High School (Millis) | Millis MS | 7 & 8 | Cross Country - Girls | JV |
| 7 | Millis High School (Millis) | Millis MS | 7 & 8 | Soccer - Boys | Freshman |
| 7 | Millis High School (Millis) | Millis MS | 7 & 8 | Volleyball - Fall | Freshman |
| 7 | Millis High School (Millis) | Millis Middle School | 6-8 | Baseball | JV |
| 7 | Millis High School (Millis) | Millis Middle School | 6-8 | Softball | JV |
| 7 | Millis High School (Millis) | Millis Middle School | 6-8 | Outdoor Track - Boys | JV |
| 7 | Millis High School (Millis) | Millis Middle School | 6-8 | Outdoor Track - Girls | JV |

| District | High School | Middle School(s) | Grade(s) | Sport | Level |
|----------|---|---|----------|-----------------------|----------|
| 7 | Millis High School (Millis) | Millis Middle School | 6-8 | Tennis - Boys | JV |
| 7 | Millis High School (Millis) | Millis Middle School | 6-8 | Tennis - Girls | JV |
| 7 | Millis High School (Millis) | Millis MS | 7 & 8 | Football | Freshman |
| 7 | Millis High School (Millis) | Millis MS | 7 & 8 | Soccer - Girls | Freshman |
| 7 | Millis High School (Millis) | Millis Middle School | 7 & 8 | Volleyball - Spring | JV |
| 7 | Milton High School (Milton) | Pierce Middle School | 8 | Lacrosse - Boys | JV |
| 7 | Natick High School (Natick) | Kennedy and Wilson MS | 8 | Ice Hockey - Girls | JV |
| 7 | Newton North High School (Newtonville) | Day Middle School and Bigelow Middle School | 8 | Ice Hockey - Boys | JV |
| 7 | Norton High School (Norton) | Norton Middle School | 8 | Football | JV |
| 7 | Norton High School (Norton) | Norton Middle School | 8 | Soccer - Boys | JV |
| 7 | Norton High School (Norton) | Norton Middle School | 8 | Soccer - Girls | JV |
| 7 | Norton High School (Norton) | Norton Middle School | 8 | Swimming - Girls | Varsity |
| 7 | Norton High School (Norton) | Norton Middle School | 8 | Gymnastics - Girls | Varsity |
| 7 | Norton High School (Norton) | Norton Middle School | 8 | Basketball - Girls | JV |
| 7 | Norton High School (Norton) | Norton Middle School | 8 | Wrestling - Boys | JV |
| 7 | Norton High School (Norton) | Norton Middle School | 8 | Lacrosse - Boys | Varsity |
| 7 | Norton High School (Norton) | Norton Middle School | 8 | Lacrosse - Girls | Varsity |
| 7 | Norton High School (Norton) | Norton Middle School | 8 | Softball | JV |
| 7 | Norton High School (Norton) | Norton Middle School | 8 | Tennis - Boys | Varsity |
| 7 | Norwood Senior High School (Norwood) | Coakley Middle School | 8 | Swimming - Boys | Varsity |
| 7 | Norwood Senior High School (Norwood) | Coakley Middle School | 8 | Swimming - Girls | Varsity |
| 7 | Norwood Senior High School (Norwood) | Coakley Middle School | 8 | Tennis - Boys | Varsity |
| 7 | Stoughton High School (Stoughton) | O'Donnell Middle School | 8 | Ice Hockey - Boys | JV |
| 7 | Wellesley High School (Wellesley) | Wellesley Middle School | 8 | Wrestling - Boys | Varsity |
| 7 | Westwood High School (Westwood) | Thurston Middle School | 8 | Ice Hockey - Girls | Varsity |
| 8 | Apponequet Regional H.S. (Lakeville) | Freetown-Lakeville Middle School | 8 | Basketball - Girls | JV |
| 8 | Apponequet Regional H.S. (Lakeville) | Freetown-Lakeville Middle school | 7 & 8 | Swimming - Boys | Varsity |
| 8 | Apponequet Regional H.S. (Lakeville) | Freetown-Lakeville Middle school | 7 & 8 | Swimming - Girls | Varsity |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 8 | Football | JV |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 8 | Volleyball - Fall | Freshman |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 8 | Soccer - Boys | JV |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 8 | Soccer - Girls | JV |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 8 | Golf - Fall | Varsity |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 8 | Basketball - Boys | Freshman |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 8 | Basketball - Girls | JV |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 8 | Indoor Track - Boys | Varsity |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 8 | Indoor Track - Girls | Varsity |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 8 | Ice Hockey - Boys | JV |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 8 | Baseball | JV |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 8 | Softball | JV |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 8 | Lacrosse - Girls | JV |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 8 | Lacrosse - Boys | JV |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 7 & 8 | Cross Country - Girls | Varsity |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 7 & 8 | Field Hockey - Girls | Varsity |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 7 & 8 | Cross Country - Boys | Varsity |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 7 & 8 | Outdoor Track - Boys | Varsity |
| 8 | Bourne High School (Bourne) | Bourne Middle School | 7 & 8 | Outdoor Track - Girls | Varsity |
| 8 | Bridgewater-Raynham Reg High School (Bridgewater) | Bridgewater Middle & Raynham Middle | 8 | Tennis - Boys | Varsity |
| 8 | Bridgewater-Raynham Reg High School (Bridgewater) | Bridgewater Middle School | 8 | Softball | JV |
| 8 | Bridgewater-Raynham Reg High School (Bridgewater) | Raynham Middle & Bridgewater Middle | 7 & 8 | Ice Hockey - Girls | Varsity |
| 8 | Brockton High School (Brockton) | West Middle School | 8 | Cross Country - Boys | Varsity |
| 8 | Brockton High School (Brockton) | West Middle School | 8 | Cross Country - Girls | Varsity |
| 8 | Brockton High School (Brockton) | West Middle School | 8 | Field Hockey - Girls | Varsity |
| 8 | Brockton High School (Brockton) | Plouffe Academy | 8 | Swimming - Girls | Varsity |
| 8 | Dartmouth High School (South Dartmouth) | Dartmouth Middle School | 8 | Football | Freshman |
| 8 | Dartmouth High School (South Dartmouth) | Dartmouth Middle School | 8 | Soccer - Boys | Freshman |
| 8 | Dartmouth High School (South Dartmouth) | Dartmouth Middle School | 8 | Cross Country - Girls | Varsity |
| 8 | Dartmouth High School (South Dartmouth) | Dartmouth Middle School | 8 | Cross Country - Boys | Varsity |
| 8 | Dartmouth High School (South Dartmouth) | Dartmouth Middle School | 8 | Soccer - Girls | Freshman |
| 8 | Dartmouth High School (South Dartmouth) | Dartmouth Middle School | 8 | Baseball | Freshman |
| 8 | Dartmouth High School (South Dartmouth) | Dartmouth Middle School | 8 | Softball | JV |

| District | High School | Middle School(s) | Grade(s) | Sport | Level |
|----------|---|---|----------|-----------------------|----------|
| 8 | Dighton-Rehoboth Regional HS (North Dighton) | Beckwith/ Dighton Middle | 8 | Cheer - Winter | Varsity |
| 8 | Dighton-Rehoboth Regional HS (North Dighton) | Beckwith /Dighton middle | 8 | Lacrosse - Girls | Varsity |
| 8 | Dighton-Rehoboth Regional HS (North Dighton) | Beckwith/Digtgon | 8 | Lacrosse - Boys | Varsity |
| 8 | Dighton-Rehoboth Regional HS (North Dighton) | Beckwith/Dighton Middle | 7 & 8 | Field Hockey - Girls | JV |
| 8 | Durfee High School (Fall River) | Kuss, Talbot, Henry Lord, Doran, Morton | 8 | Cross Country - Boys | Varsity |
| 8 | Durfee High School (Fall River) | Kuss, Morton, Doran, Henry Lord, Talbot | 8 | Cross Country - Girls | Varsity |
| 8 | Durfee High School (Fall River) | Kuss, Morton, Henry Lord, Doran, Talbot | 8 | Softball | Varsity |
| 8 | Durfee High School (Fall River) | Kuss, Talbot, Henry Lord, Morton, Doran | 8 | Baseball | Freshman |
| 8 | Durfee High School (Fall River) | Kuss, Talbot, Henry Lord, Doran, Morton | 7 & 8 | Field Hockey - Girls | JV |
| 8 | Fairhaven High School (Fairhaven) | Elizabeth Hastings Middle School | 8 | Football | Freshman |
| 8 | Fairhaven High School (Fairhaven) | Elizabeth Hastings Middle School | 8 | Soccer - Girls | JV |
| 8 | Fairhaven High School (Fairhaven) | Elizabeth Hastings Middle School | 8 | Soccer - Boys | JV |
| 8 | Fairhaven High School (Fairhaven) | Hastings Middle School | 8 | Lacrosse - Boys | JV |
| 8 | Fairhaven High School (Fairhaven) | Hastings Middle School | 8 | Outdoor Track - Boys | Varsity |
| 8 | Fairhaven High School (Fairhaven) | Hastings Middle School | 8 | Outdoor Track - Girls | Varsity |
| 8 | Fairhaven High School (Fairhaven) | Hastings Middle School | 8 | Baseball | Freshman |
| 8 | Fairhaven High School (Fairhaven) | Elizabeth Hastings Middle School | 7 & 8 | Field Hockey - Girls | JV |
| 8 | Fairhaven High School (Fairhaven) | Elizabeth Hastings Middel School | 7 & 8 | Basketball - Girls | JV |
| 8 | Fairhaven High School (Fairhaven) | Hastings Middle School | 7 & 8 | Softball | JV |
| 8 | Fairhaven High School (Fairhaven) | Hastings Middle School | 7 & 8 | Lacrosse - Girls | JV |
| 8 | Joseph Case High School (Swansea) | Joseph Case Junior High | 8 | Cheer - Fall | Varsity |
| 8 | Joseph Case High School (Swansea) | Joseph Case High School | 8 | Golf - Fall | Varsity |
| 8 | Joseph Case High School (Swansea) | Joseph Case Junior High School | 8 | Cheer - Winter | Varsity |
| 8 | Joseph Case High School (Swansea) | Joseph Case Junior High School | 8 | Basketball - Boys | JV |
| 8 | Joseph Case High School (Swansea) | Joseph Case Junior High School | 8 | Basketball - Girls | JV |
| 8 | Joseph Case High School (Swansea) | Joseph Case Junior High School | 8 | Softball | JV |
| 8 | Joseph Case High School (Swansea) | Joseph Case Junior High School | 8 | Baseball | JV |
| 8 | Joseph Case High School (Swansea) | Joseph Case Junior High School | 7 & 8 | Field Hockey - Girls | JV |
| 8 | Joseph Case High School (Swansea) | Joseph Case Junior High School | 7 & 8 | Soccer - Boys | JV |
| 8 | Joseph Case High School (Swansea) | Joseph Case Junior High School | 7 & 8 | Soccer - Boys | JV |
| 8 | Joseph Case High School (Swansea) | Joseph Case Junior High School | 7 & 8 | Soccer - Girls | JV |
| 8 | New Bedford High School (New Bedford) | Keith, Normandin, Roosevelt | 8 | Cross Country - Boys | Varsity |
| 8 | New Bedford High School (New Bedford) | Keith, Normandin, Roosevelt | 8 | Cross Country - Girls | Varsity |
| 8 | New Bedford High School (New Bedford) | Keith, Normandin, Roosevelt | 8 | Soccer - Girls | JV |
| 8 | New Bedford High School (New Bedford) | Keith, Normandin, Roosevelt | 8 | Field Hockey - Girls | JV |
| 8 | New Bedford High School (New Bedford) | Keith, Normandin, Roosevelt | 8 | Golf - Fall | Varsity |
| 8 | New Bedford High School (New Bedford) | Keith, Normandin, Roosevelt | 8 | Swimming - Boys | Varsity |
| 8 | New Bedford High School (New Bedford) | Keith, Normandin, Roosevelt | 8 | Indoor Track - Boys | Varsity |
| 8 | New Bedford High School (New Bedford) | Keith, Normandin, Roosevelt | 8 | Indoor Track - Girls | Varsity |
| 8 | New Bedford High School (New Bedford) | Keith, Normandin, Roosevelt | 8 | Tennis - Boys | Varsity |
| 8 | New Bedford High School (New Bedford) | Keith, Normandin, Roosevelt | 8 | Softball | JV |
| 8 | Old Rochester Reg. High School (Mattapoisett) | Old Rochester Regional Junior High School | 8 | Softball | JV |
| 8 | Old Rochester Reg. High School (Mattapoisett) | Old Rochester Regional Junior High School | 8 | Football | Freshman |
| 8 | Old Rochester Reg. High School (Mattapoisett) | Old Rochester Regional Junior High School | 8 | Soccer - Boys | Freshman |
| 8 | Old Rochester Reg. High School (Mattapoisett) | Old Rochester Regional Junior High School | 8 | Volleyball - Fall | Freshman |
| 8 | Old Rochester Reg. High School (Mattapoisett) | Old Rochester Regional Junior High School | 8 | Basketball - Girls | JV |
| 8 | Old Rochester Reg. High School (Mattapoisett) | Old Rochester Regional Junior High School | 8 | Ice Hockey - Boys | Varsity |
| 8 | Old Rochester Reg. High School (Mattapoisett) | Old Rochester Regional Junior HS | 8 | Swimming - Boys | Varsity |
| 8 | Old Rochester Reg. High School (Mattapoisett) | Old Rochester Regional Junior High School | 8 | Swimming - Girls | Varsity |
| 8 | Old Rochester Reg. High School (Mattapoisett) | Old ROchester Regional Junior High School | 8 | Baseball | Freshman |
| 8 | Seekonk High School (Seekonk) | Hurley Middle School | 8 | Lacrosse - Boys | JV |
| 8 | Seekonk High School (Seekonk) | Hurley Middle School | 8 | Lacrosse - Girls | JV |
| 8 | Seekonk High School (Seekonk) | Hurley Middle School | 8 | Outdoor Track - Girls | Varsity |
| 8 | Seekonk High School (Seekonk) | Hurley Middle School | 7 & 8 | Golf - Fall | Varsity |
| 8 | Seekonk High School (Seekonk) | Hurley Middle School | 7 & 8 | Field Hockey - Girls | JV |
| 8 | Seekonk High School (Seekonk) | Hurley Middle School | 7 & 8 | Ice Hockey - Boys | Varsity |
| 8 | Seekonk High School (Seekonk) | Hurley Middle School | 7 & 8 | Swimming - Boys | Varsity |
| 8 | Seekonk High School (Seekonk) | Hurley Middle School | 7 & 8 | Soccer - Girls | Varsity |
| 8 | Seekonk High School (Seekonk) | Hurley Middle School | 7 & 8 | Swimming - Girls | Varsity |
| 8 | Seekonk High School (Seekonk) | Hurley Middle School | 7 & 8 | Swimming - Boys | Varsity |
| 8 | Wareham High School (Wareham) | Wareham Middle School | 7 | Baseball | Varsity |

| District | High School | Middle School(s) | Grade(s) | Sport | Level |
|----------|---|---|----------|-----------------------|----------|
| 9 | Abington High School (Abington) | Abington Middle School | 8 | Soccer - Boys | JV |
| 9 | Abington High School (Abington) | Abington Middle School | 8 | Soccer - Girls | JV |
| 9 | Abington High School (Abington) | Abington Middle School | 8 | Volleyball - Fall | Freshman |
| 9 | Abington High School (Abington) | Abington Middle School | 8 | Cross Country - Girls | Varsity |
| 9 | Abington High School (Abington) | Abington Middle School | 8 | Cross Country - Boys | Varsity |
| 9 | Abington High School (Abington) | Abington Middle School | 8 | Basketball - Girls | JV |
| 9 | Abington High School (Abington) | Abington Middle School | 8 | Ice Hockey - Boys | JV |
| 9 | Abington High School (Abington) | Abington Middle School | 8 | Softball | Varsity |
| 9 | Abington High School (Abington) | Abington Middle School | 8 | Outdoor Track - Boys | Varsity |
| 9 | Abington High School (Abington) | Abington Middle School | 8 | Outdoor Track - Girls | Varsity |
| 9 | Barnstable High School (Hyannis) | Barnstable Intermediate School | 7 | Swimming - Boys | Varsity |
| 9 | Cohasset High School (Cohasset) | Cohasset Middle School | 8 | Alpine Skiing | Varsity |
| 9 | Cohasset High School (Cohasset) | Cohasset Middle School | 8 | Basketball - Girls | JV |
| 9 | Cohasset High School (Cohasset) | Cohasset Middle School | 8 | Lacrosse - Girls | JV |
| 9 | Duxbury High School (Duxbury) | Duxbury Middle School | 8 | Ice Hockey - Girls | JV |
| 9 | Falmouth High School (Falmouth) | Lawrence School | 8 | Football | Freshman |
| 9 | Falmouth High School (Falmouth) | Lawrence Jr High | 8 | Ice Hockey - Girls | Varsity |
| 9 | Falmouth High School (Falmouth) | Lawrence Jr High | 8 | Softball | JV |
| 9 | Falmouth High School (Falmouth) | Lawrence Jr. High | 8 | Tennis - Boys | Varsity |
| 9 | Hanover High School (Hanover) | Hanover Middle School | 8 | Soccer - Boys | JV |
| 9 | Hanover High School (Hanover) | Hanover Middle School | 7 & 8 | Cross Country - Boys | Varsity |
| 9 | Hanover High School (Hanover) | Hanover Middle School | 7 & 8 | Cross Country - Girls | Varsity |
| 9 | Hingham High School (Hingham) | Hingham Middle School | 8 | Softball | JV |
| 9 | Hingham High School (Hingham) | Hingham Middle School | 8 | Baseball | Freshman |
| 9 | Marshfield High School (Marshfield) | Furnace Brooke Middle School | 8 | Tennis - Boys | Varsity |
| 9 | Martha's Vineyard Reg. High Sch. (Oak Bluffs) | Oak Bluffs, West Tisbury, Tisbury, Edgartown, MV Charter School | 8 | Ice Hockey - Boys | JV |
| 9 | Martha's Vineyard Reg. High Sch. (Oak Bluffs) | Tisbury, Oak Bluffs, Edgartown, West Tisbury, Charter School | 7 & 8 | Swimming - Boys | Varsity |
| 9 | Martha's Vineyard Reg. High Sch. (Oak Bluffs) | Tisbury, Oak Bluffs, Edgartown, West Tisbury, Charter School | 7 & 8 | Swimming - Girls | Varsity |
| 9 | Martha's Vineyard Reg. High Sch. (Oak Bluffs) | Tisbury, Oak Bluffs, West Tisbury, Edgartown, MV Charter | 7 & 8 | Softball | Varsity |
| 9 | Middleboro High School (Middleboro) | Nichols Middle School | 8 | Soccer - Boys | JV |
| 9 | Middleboro High School (Middleboro) | Nichols Middle School | 8 | Wrestling - Boys | Varsity |
| 9 | Middleboro High School (Middleboro) | Nichols Middle School | 8 | Swimming - Boys | Varsity |
| 9 | Middleboro High School (Middleboro) | Nichols Middle School | 8 | Lacrosse - Boys | JV |
| 9 | Middleboro High School (Middleboro) | Nichols Middle School | 8 | Softball | JV |
| 9 | Middleboro High School (Middleboro) | Nichols Middle School | 7 & 8 | Basketball - Girls | JV |
| 9 | Nantucket High School (Nantucket) | Cyrus Peirce Middle School | 8 | Cross Country - Boys | Varsity |
| 9 | Nantucket High School (Nantucket) | Cyrus Peirce Middle School | 8 | Cross Country - Girls | Varsity |
| 9 | Nantucket High School (Nantucket) | Cyrus Peirce Middle School | 7 & 8 | Swimming - Boys | Varsity |
| 9 | Nantucket High School (Nantucket) | Cyrus Peirce Middle School | 7 & 8 | Swimming - Girls | Varsity |
| 9 | Nantucket High School (Nantucket) | Cyrus Peirce Middle School | 7 & 8 | Ice Hockey - Girls | Varsity |
| 9 | Nauset Reg. High School (North Eastham) | Nauset Regional Middle School | 8 | Football | JV |
| 9 | Nauset Reg. High School (North Eastham) | Nauset Regional Middle School | 8 | Soccer - Boys | Freshman |
| 9 | Nauset Reg. High School (North Eastham) | Nauset Regional Middle School | 8 | Soccer - Girls | Freshman |
| 9 | Nauset Reg. High School (North Eastham) | Nauset Regional Middle School | 8 | Field Hockey - Girls | JV |
| 9 | Nauset Reg. High School (North Eastham) | Nauset Regional Middle School | 8 | Golf - Fall | JV |
| 9 | Nauset Reg. High School (North Eastham) | Nauset Regional Middle School | 8 | Ice Hockey - Girls | Varsity |
| 9 | Nauset Reg. High School (North Eastham) | Nauset Regional Middle School | 8 | Wrestling - Boys | Varsity |
| 9 | Nauset Reg. High School (North Eastham) | Nauset Regional Middle School | 8 | Swimming - Girls | Varsity |
| 9 | Nauset Reg. High School (North Eastham) | Nauset Regional Middle School | 8 | Swimming - Boys | Varsity |
| 9 | Nauset Reg. High School (North Eastham) | Nauset Regional Middle School | 8 | Basketball - Girls | JV |
| 9 | Nauset Reg. High School (North Eastham) | Nauset Regional Middle School | 8 | Lacrosse - Girls | JV |
| 9 | Nauset Reg. High School (North Eastham) | Nauset Regional Middle School | 8 | Lacrosse - Boys | JV |
| 9 | Nauset Reg. High School (North Eastham) | Nauset Regional Middle School | 8 | Tennis - Girls | Varsity |
| 9 | Nauset Reg. High School (North Eastham) | Nauset Regional Middle School | 8 | Softball | Varsity |
| 9 | North Quincy High School (North Quincy) | Quincy Public Schools | 8 | Ice Hockey - Girls | Varsity |
| 9 | Norwell High School (Norwell) | Norwell Middle School | 8 | Cross Country - Girls | Varsity |
| 9 | Norwell High School (Norwell) | Norwell Middle School | 8 | Softball | JV |
| 9 | Pembroke High School (Pembroke) | Pembroke Community Middle School | 8 | Ice Hockey - Girls | Varsity |
| 9 | Pembroke High School (Pembroke) | Pembroke Community Middle School | 7 & 8 | Gymnastics - Girls | Varsity |
| 9 | Randolph High School (Randolph) | Randolph Community Middle School | 8 | Wrestling - Boys | JV |
| 9 | Randolph High School (Randolph) | Randolph Community Middle School | 8 | Baseball | Varsity |

| District | High School | Middle School(s) | Grade(s) | Sport | Level |
|----------|---|------------------------------------|----------|-------------------------|----------|
| 9 | Randolph High School (Randolph) | Randolph Community Middle School | 8 | Indoor Track - Boys | JV |
| 9 | Randolph High School (Randolph) | Randolph Community Middle School | 8 | Indoor Track - Girls | JV |
| 9 | Randolph High School (Randolph) | Randolph Community Middle School | 8 | Baseball | Varsity |
| 9 | Randolph High School (Randolph) | Randolph Community Middle School | 8 | Softball | Varsity |
| 9 | Randolph High School (Randolph) | Randolph Community Middle School | 8 | Unified Track and Field | Varsity |
| 9 | Randolph High School (Randolph) | Randolph Community Middle School | 8 | Tennis - Girls | Varsity |
| 9 | Randolph High School (Randolph) | Randolph Community Middle School | 7 & 8 | Softball | Varsity |
| 9 | Randolph High School (Randolph) | Randolph Community Middle School | 7 & 8 | Softball | Varsity |
| 9 | Rockland High School (Rockland) | John W. Rogers Middle School | 7 | Basketball - Girls | JV |
| 9 | Rockland High School (Rockland) | John W. Rogers Middle School | 8 | Soccer - Girls | JV |
| 9 | Rockland High School (Rockland) | John W. Rogers Middle School | 8 | Basketball - Girls | JV |
| 9 | Rockland High School (Rockland) | John W. Rogers Middle School | 8 | Wrestling - Boys | Varsity |
| 9 | Rockland High School (Rockland) | John W. Rogers Middle School | 8 | Ice Hockey - Boys | Varsity |
| 9 | Rockland High School (Rockland) | John W. Rogers Middle School | 8 | Indoor Track - Boys | Varsity |
| 9 | Rockland High School (Rockland) | John W. Rogers Middle School | 8 | Indoor Track - Girls | Varsity |
| 9 | Rockland High School (Rockland) | John W. Rogers Middle School | 8 | Outdoor Track - Boys | Varsity |
| 9 | Rockland High School (Rockland) | John W. Rogers Middle School | 8 | Outdoor Track - Girls | Varsity |
| 9 | Rockland High School (Rockland) | John W. Rogers Middle School | 8 | Lacrosse - Boys | JV |
| 9 | Rockland High School (Rockland) | John W. Rogers Middle School | 8 | Softball | Varsity |
| 9 | Rockland High School (Rockland) | John W. Rogers Middle School | 7 & 8 | Cheer - Fall | Varsity |
| 9 | Rockland High School (Rockland) | John W. Rogers Middle School | 7 & 8 | Cross Country - Boys | Varsity |
| 9 | Rockland High School (Rockland) | John W. Rogers Middle School | 7 & 8 | Cross Country - Girls | Varsity |
| 9 | Rockland High School (Rockland) | John W. Rogers Middle School | 7 & 8 | Cheer - Winter | Varsity |
| 9 | Rockland High School (Rockland) | John W. Rogers Middle School | 7 & 8 | Baseball | JV |
| 9 | Rockland High School (Rockland) | John W. Rogers Middle School | 7 & 8 | Lacrosse - Girls | JV |
| 9 | Scituate High School (Scituate) | Gates Middle School | 8 | Wrestling - Boys | Varsity |
| 9 | Scituate High School (Scituate) | Gates Middle School | 8 | Swimming - Boys | Varsity |
| 9 | Scituate High School (Scituate) | Gates Middle School | 8 | Swimming - Girls | Varsity |
| 9 | Scituate High School (Scituate) | Gates Middle School | 8 | Basketball - Girls | Freshman |
| 9 | Scituate High School (Scituate) | Gates Middle School | 8 | Volleyball - Spring | Varsity |
| 9 | Silver Lake Reg. High School (Kingston) | Silver Lake Regional Middle School | 8 | Ice Hockey - Girls | Varsity |
| 9 | Silver Lake Reg. High School (Kingston) | Silver Lake Regional Middle School | 8 | Gymnastics - Girls | Varsity |
| 9 | Whitman-Hanson Regional HS (Whitman) | Whitman and Hanson Middle Schools | 8 | Ice Hockey - Girls | Varsity |